

2009 - 2010

Give & Get Help Guide

for Marathon County Residents



United Way
Volunteer Connection

United Way of Marathon County's
2009-2010
GIVE & GET HELP GUIDE

August 2009

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This community service information is provided by United Way's 2-1-1 (formerly FIRST CALL) a free, confidential Information & Referral service of the United Way of Marathon County. 2-1-1 has made every attempt to make this guide useful and accurate.

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Abuse

(Adults and Children)

Adult Protective Services

841-5160

APS investigates concerns of adults at risk, including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

Aging & Disability Specialists

261-6070 or (888) 486-9545

www.adrc.co.marathon.wi.us/

Confidential follow-up on reports of elder abuse or self-neglect.

Child Advocacy Center of North Central Wisconsin

848-8600

CAC staff bring together professionals and agencies to respond to reports of child maltreatment, at Children's Service Society.

Investigative Division & Sensitive Crimes Unit-- Marathon County Sheriff's Department

261-1200

or 9-1-1 in an emergency

Call to report child abuse/neglect; or sexual assaults, domestic violence, etc. involving individuals of any age.

Marathon County Protective Services

261-7556

Handles cases of child abuse or neglect in Marathon County. When calling, say you wish to report a child in need of protective services.

SAFE Program-Stopping Abuse for Everyone

675-3458

Help for men and women who are violent with their partners, through Peaceful Solutions Counseling.

The Women's Community

842-5663 (office)

842-7323 (24 hr. support line)

(888) 665-1234 (Toll-free)

www.womenscommunity.org

Provides shelter, legal advocacy, information, support and bi-lingual services to domestic abuse victims and their children.

Addictions

Al-Anon

355-0696 or (888) 425-2666

www.al-anon.alateen.org

12-step group meetings for relatives and friends of alcoholics to share their experience, strength, and hope in order to solve their common problems.

Alano Club of Wausau

845-9914

A gathering place for individuals and families who are either presently experiencing, or have experienced, problems with alcohol.

Alateen

845-7656 or 355-0696

www.al-anon.alateen.org

A fellowship of young people (pre-adolescents and teens) whose lives have been affected by alcoholism in a family member or close friend.

Alcohol and Drug Education for Young Adults

675-3331 ext. 4518

State-approved curriculum for first-time underage drinking offenders, at NTC.

Alcoholics Anonymous

845-9914 (Alano Club)

842-1120 (Cellphone)

www.area74.org/area74_AA_meeting_lists.htm

Provides meeting times for 12-step Alcoholics Anonymous meetings.

ATTIC Correctional Services Center

848-3202

www.correctionalservices.org

Department of Correction's AODA and corrective thinking treatment center.

Chemical Dependency Program

842-3346

Family AODA intervention, individual counseling, educational group therapy, aftercare therapy, and multiple addiction treatment, at Family Counseling Services.

Choices

842-3346

24-wk. intensive outpatient drug and alcohol treatment for adolescents age 12-18, at Family Counseling Services.

Courage to Change Recovery

223-0480

Adult, adolescent and family AODA treatment, in Abbotsford.

Drug Abuse Resistance Education (D.A.R.E.)

261-7853 or 261-7856

Drug prevention program taught in all Wausau public and parochial schools by uniformed Wausau police officers.

DYG

845-2177 (Woodson YMCA)

841-1850 (Aspirus YMCA)

D.A.R.E. graduates and friends continue learning and experiencing the benefits of a drug-free and active lifestyle.

First Breath

261-1900

Public health nurses provide education and support services for pregnant women who desire to quit smoking.

GamAnon

848-4540

Premiere Recovery Services hosts monthly support group for spouses and family members of compulsive gamblers.

Gamblers Anonymous

848-4540

Premiere Recovery Services hosts weekly support group for people to overcome gambling.

Group Dynamics

675-3331 ext. 4518

State-required alcohol education course for first-time DWI (driving while intoxicated) offenders, at NTC.

Mobile Crisis Team

845-4326 or (800) 799-0122

Professional staff from North Central Health Care provide face-to-face intervention for people experiencing alcohol/drug incapacitation.

Narcotics Anonymous-North Central Wisconsin Area

(866) 590-2651

www.wisconsinna.org/hcwa.asp

Call or check website for current information about local meeting times and places.

Needle Exchange Program
355-6867 or (800) 551-3311

www.arcw.org

Program to prevent HIV infection and AIDS in injection drug users by exchanging their old needles or syringes for clean ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

Nicotine Anonymous 12-Step Group

573-4147

www.nicotine-anonymous.org

12-step support group for quitting tobacco.

Overeaters Anonymous
551-1970

www.oa.org/meetings/find-a-meeting.php

A fellowship of individuals who, through shared experience, strength and hope are recovering from compulsive overeating.

Premiere Recovery Services
848-4540

Outpatient treatment for chemical dependence, compulsive gambling, and other addictions, at North Central Health Care.

SMART Recovery (Self-Management and Recovery Training)

846-0159, 571-6394 or 567-9343

www.smartrecovery.org

Helps people recover from all types of self-destructive behaviors and addiction to substances and activities.

Substance Abuse Group
842-3346

8-week program to provide education to adults who have substance usage problems, at Family Counseling Services.

Thinking of Quitting
261-1900

Health Department informs participants about quit tobacco options available locally, and provides group support in quitting tobacco.

Veteran's Outreach
842-2834

Individual mental health counseling for Veterans, at the Wausau V. A. Medical Clinic.

Wausau Health Services
845-3637

Methadone maintenance or suboxone treatment for opiate addictions.

Wisconsin Tobacco Quit Line
(800) 784-8669 (English)
(877) 266-3863 (Spanish)

www.ctri.wisc.edu/quitline2.html

Free telephone counseling for Wisconsin tobacco users who want to quit.

Women's AODA Recovery Group

842-3346

Family Counseling Services offers a safe environment where recovering women can explore the underlying issues they face.

Adoption/Foster Care

BSAB (Breaking the Silence Around Birth)

536-6550

Program helps birthmothers and acknowledges their role in the adoption experience, in Merrill.

Catholic Charities Adoption Services

849-3311 or (866) 849-3311

www.catholiccharitieslax.org

Helps Catholics and non-Catholics alike adopt a domestic or foreign-born child, related or non-related child, or special needs child.

Friends of Adoption
(800) 227-3002

www.friendsofadooption.org

Hotline support 24 hrs./day, and online support group via the website, through Catholic Charities.

Lutheran Social Services Adoption Services

849-3344 or (888) 522-3678

www.lsswis.org

Adoption options include international, independent, and domestic studies for Lutherans and non-Lutherans families.

Marathon County Foster Care
261-7500

Foster home placement for children who have come under the jurisdiction of the juvenile court, through the Department of Social Services.

Marathon County Shelter Home
261-1730

Shelter and supervision for children awaiting a court date or placement.

Special Needs Adoption Unit
836-3399 (Eau Claire)

www.dcf.wisconsin.gov/foster_care_and_adoption.htm

Wisconsin Dept. of Children and Families office helps with adoptions of older or special needs children in Wisconsin, and answers general inquiries about adoption records for the Northcentral Wisconsin area.

Treatment Foster Care
848-1457

www.cssw.org

Foster care services through Children's Service Society of Wisconsin.

AIDS/HIV

Act Smart: HIV/AIDS Prevention
842-2156

www.marathoncounty.redcross.org

Programs help youth make smart lifestyle choices and avoid personal risk behaviors, through the American Red Cross.

AIDS Resource Center of Wisconsin (ARCW)

355-6867 or (800) 551-3311

www.arcw.org

Helps people living with AIDS meet their medical, legal, financial, and emotional needs.

Family Caregiving Program
842-2156

www.marathoncounty.redcross.org

The American Red Cross provides 1-hr. classes to help family members caring for a loved one with AIDS

Family Planning Health Services

675-5395 or (800) 246-5743

www.fphs.org

HIV education, information and testing.

Needle Exchange Program
355-6867 or (800) 551-3311

www.arcw.org

Program to prevent HIV infection and AIDS in injection drug users by exchanging their old needles or syringes for clean ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

**Sexually Transmitted Disease
Clinic**

261-1900 (Health Department)
Confidential HIV testing offered at U. W.
Health--Wausau Family Medicine, 425
Wind Ridge Dr. Wausau.

**Alcohol and Drug Abuse *see*
Addictions**

Animal Services

***Humane Society of Marathon
County***

845-2810

www.catsndogs.org

Provides surrender, shelter, adoption,
rescue and ambulance service for
domestic animals.

New Life Pet Adoption Center
443-6699

www.nlpac.com

A surrender-only, no-kill animal adoption
center for pets that can be adequately
cared for by staff at facility and for which
adoptive parents can be found.

Northwoods Wildlife Center
(715) 356-7400 (Minocqua)

www.northwoodswildlifecenter.com

Provides rehabilitation care for injured
wildlife.

Raptor Education Group
(715) 623-4015 (Antigo)

www.raptoreducationgroup.org

Provides care and rehabilitation for
injured or orphaned raptors (eagles,
hawks, owls) and other native wild birds.

**Budget Counseling *see*
Financial Counseling**

Business Assistance

Agribusiness Incubator Project
261-1240

This project facilitates the entry of new
farmers and farm businesses into the
agricultural community of North Central
Wisconsin, through U. W. - Extension.

Business Assistance Program
(800) 940-7232

www.wenportal.org

Small emerging businesses and non-
profits may receive up to 2 hours of
counseling services from a business
attorney at no cost, through the
Wisconsin Entrepreneurs' Network.

Business Helpline

(800) 435-7287

www.commerce.wi.gov

Management assistance to small
businesses, particularly first-time
entrepreneurs, through the
Wisconsin Department of Commerce.

Business Resource Line

(800) 487-7389

Offers business information through an
automated telephone service 24
hrs./day, 7 days/wk., through the UW-
Stevens Point Small Business
Development Center.

***McDEVCO (Marathon County
Development Corporation)***

845-6231

Local economic development and busi-
ness assistance, including a Revolving
Loan Fund Program, through the
Wausau Region Chamber of
Commerce.

SCORE

845-6231

www.score.org

Counseling and mentoring for people
who operate a business or who wish to
start a business, through the Wausau
Region Chamber of Commerce.

Small Business Administration

(800) 827-5722

www.sba.gov/wi

Aids, counsels, assists and protects the
interests of small business including
making loans to small business con-
cerns.

**Small Business Development
Center (SBDC)**

(800) 898-9472 (Stevens Point)

**(800) 487-7389 (Business Resource
Line)**

www.uwsp.edu/conted/sbdc

Management education and counseling
for small business, through U. W. -
Stevens Point Continuing Education.

**Wausau Business Development
Center**

848-2016

www.wausauincubator.com

Business start-up facility.

**Wisconsin Housing &
Economic Development
Authority (WHEDA)**

(800) 628-4833

www.wheda.com

Small Business Financing Programs
offer loans and guarantees for small
businesses, minority-owned businesses,
and agribusiness.

Workforce Learning Solutions
803-1376

www.ntc.edu/corplearning/geninfo.htm

Information, support, technical assis-
tance and customized training for
business and industry, at NTC.

**Chemical Dependence *see*
Addictions**

Child Care Assistance

***Aspirus YMCA Child
Development Center***

841-1857

Provides child care on a sliding fee
scale.

Child Care Connection

539-9779

www.childcareconnectioninc.org

Helps parents choose quality child care
that will meet their families' needs.

Edgar Child Care Center
352-2000

Provides child care on a sliding fee
scale.

***Marathon County Department
of Social Services***

261-7500

Child care financial assistance for eligi-
ble families in Marathon County that are
in work or work-related activities.

Wausau Child Care

848-1437

www.wausauchildcareinc.com

Provides child care on a sliding fee
scale.

***YWCA Child Development
Center***

842-3381 ext. 107

www.ywca.org/wausau

Provides child care on a sliding fee
scale.

Child/Youth Services

Aspirus YMCA

841-1850

www.woodsonymca.com

Activities help youth build a healthy spirit,
mind and body.

Babysitter Training Classes
842-2156

www.marathoncounty.redcross.org
Classes for youth ages 11-15, by the American Red Cross.

Babysitting Rocks
842-3381 ext. 102

Workshops to train young babysitters ages 10 and over, at the YWCA.

Big Brothers Big Sisters of Northcentral Wisconsin
848-7207

www.bbbsncw.org
For children in need of an adult mentor and companion.

Boy Scouts of America-- Samoset Council

355-1450 or (800) 303-2195
www.samoset.org
Citizenship and character building activities, physical fitness, and leadership training.

Boys & Girls Club of the Wausau Area, Inc.

845-2582 (Wausau)
581-7667 (Greenheck)
www.bgclub.com
Development and activities for youth in grades 4-12 in areas such as: character & leadership development; education & career development; health & life skills; the arts; and sports, fitness & recreation.

Center for the Visual Arts
842-4545

www.cvawausau.org
Art classes and workshops for children and adults.

College for Kids
261-6294

Summer enrichment programs for students in grades K-1, 2-3, and 4-7, at U.W.-Marathon County.

Community Cultural Dance Club

261-0549
Educates and shares cultural traditions as well as recognizing and celebrating diversity.

D. C. Everest Community Services

359-6563
<http://greenheck.dce.k12.wi.us>

Offers a variety of education and recreation opportunities, including swimming lessons, and activities at Greenheck Field House.

Drug Abuse Resistance Education (D.A.R.E.)
261-7853

Drug prevention program taught in all Wausau public and parochial schools by uniformed Wausau police officers.

DYG
845-2177 (Woodson YMCA)
841-1850 (Aspirus YMCA)

D.A.R.E. graduates and friends continue learning and experiencing the benefits of a drug-free and active lifestyle.

4-H
261-1243

<http://marathon.uwex.edu/4h/index.html>
Leadership and community activities for youth through U.W.-Extension.

Girl Scouts of the Northwestern Great Lakes

355-9850 or (800) 243-2371
www.gsnwgl.org
Citizenship and character building activities.

Junior Achievement of Wisconsin Inc.

842-1056
<http://marathonco.ja.org>
Volunteers from the community bring hands-on business, financial literacy and work-force readiness concepts to the classroom.

Kids on the Block
261-1980

Traveling puppet shows that teach school-aged children about divorce, drugs and alcohol, and people with different disabilities, through Marathon County Department of Special Education.

Marathon County Report Center

845-2582
Court-ordered academic assistance, social enrichment, and community service for at-risk youth, through the Boys & Girls Club.

Mosinee Youth Outreach (MYO)
693-7145

www.communitycenterofhope.com

The Community Center of Hope helps connect Mosinee area children with community programs such as tutoring and mentoring, recreation, and cultural opportunities.

The Neighbors' Place
845-1966

www.neighborsplace.org
Neighborhood drop-in center for area youth and their families.

Runaway and Youth Services
848-7238

(877) 920-7238, 24 hrs./day
24 hr. hotline for adolescents in crisis or just to talk about problems and how to solve them, through Lutheran Social Services.

Safe Sitter Program
393-3046

Babysitting classes for ages 11-13 at Saint Clare's Hospital in Weston.

Services for Hmong Youth
842-8390 ext. 220

www.wausauhmong.org
Mentoring, tutoring, and education/counseling for at-risk youth and their families, through the Wausau Area Hmong Mutual Association.

Spencer Kids Group
659-4969

Provides supervised activities and homework help for ages 6-18 in the Spencer area.

Wausau and Marathon County Parks, Recreation and Forestry Department

261-1550
www.co.marathon.wi.us/infosite.asp?dep=25
Maintains Wausau and Marathon County parks, playgrounds and recreational facilities. Also provides recreational activities, sports programs for youth, and educational programs for all ages.

Woodson YMCA
845-2177

www.woodsonymca.com
Activities help youth build a healthy spirit, mind and body.

Woodson YMCA Mosinee Satellite Center
693-7751 (After-School Care & Camp Office)

693-2550 ext. 3441 (Aquatic Office)
www.woodsonymca.com
Activities help youth build a healthy spirit, mind and body.

YWCA
842-3381

www.ywca.org/ausau
Activities and programming designed for girls' personal growth, enrichment and fellowship.

Clubs & Community Groups

To learn about local clubs & community groups in your area of interest, call United Way's 2-1-1 or search on-line at: www.unitedwaymc.org/211.htm
Click at SEARCH ONLINE, then click on **G** for **GROUPS**.

Consumer Protection

Better Business Bureau
Serving Wisconsin
(800) 273-1002

www.wisconsin.bbb.org
Provides information on, and complaints against, companies and charities nationwide.

Consumer Protection Hotline
(800) 422-7128

<http://www.datcp.state.wi.us>
State's consumer protection agency handles consumers' questions and complaints.

Do Not Call Lists
(866) 966-2255 (Wisconsin)
<https://nocall.wisconsin.gov>
and
(888) 382-1222 (National)
<https://www.donotcall.gov>

Counseling

NOTE: To learn more about counseling options in your area of interest, call United Way's 2-1-1 by dialing 2-1-1 or 848-2255, or (800) 922-5590, any time day or night.

Or, search online at: www.unitedwaymc.org/211.htm
Click at SEARCH ONLINE, then click on the first letter of your **Subject** (for example **C** for **COUNSELING**.) Then select the **Subject** to see **Programs** in that category.

Achieve Center, Inc.
845-4900

Affiliated Family Psychiatry of Wausau, S. C.
842-8600

Alliance Counseling Professionals
842-3009

Aspirus Behavioral Medicine Clinic
847-0094

Associated Counseling Services
848-3031

Catherine Bard, PsyD
842-9198

Steven A. Benson, PhD
848-0002

Bridge Community Behavioral Health Clinic
848-4884

Center for Human Development
842-0944

Centre for Well-Being, Inc.
848-5022

Charis Counseling, LLC
848-0525

Children's Service Society of Wisconsin
848-1457

Gregory Cowan, PhD
675-3391

Dix & Gillette Counseling Services, LLP
675-3888

Elmergreen Associates, Inc.
845-7175

Evans Counseling, LLC
849-3988

Family Counseling Services
842-3346

Hmong Counseling Program
843-1864

Lutheran Social Services Counseling Programs
842-5577

Marital & Family Therapy Services
842-3913

Northcentral Health Care Outpatient Mental Health
848-4540

Connie O'Heron, PhD
843-0803

Peaceful Solutions Counseling, Inc.
675-3458

Shannon Schaefer, PhD
842-9500

Stepping Stones Counseling Center, LLC
355-4999

Katherine A. Hamilton Wright, PhD
845-6949

Crisis Intervention

NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line
845-4326 or (800) 799-0122
24 hrs./day

Crisis intervention and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services of Wausau
848-8444, 24 hrs./day

Helps individuals recover from stress reactions and prevent post-traumatic stress.

Lifeline Personal Emergency Response
847-2781

Permits people at home to summon help by pushing a button on a small pendant, through Aspirus Wausau Hospital.

Runaway and Youth Services
848-7238
(877) 920-7238, 24 hrs./day
Crisis intervention for adolescents,
through Lutheran Social Services.

The Women's Community
842-7323 (24 hr. support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Emergency shelter and crisis inter-
vention for victims of abuse and their
children.

Cultural Opportunities

Allegro Regional Dance Theater
845-5199
www.allegrodance.org
Non-profit dance company.

Center for the Visual Arts
842-4545
www.cvawausau.org
Offers an exhibit gallery for local and
regional artists, and art classes and
workshops for children and adults.

**Central Wisconsin Children's
Theatre**
842-4416
Local stage productions for children and
families.

**Central Wisconsin School of
Ballet**
842-4447
www.cwschoolofballet.com
Offers ballet, jazz, and musical theater
instruction.

**Community Cultural Dance
Club**
261-0549
The Dance Club educates and
shares cultural traditions as well as
recognizing and celebrating diversity.

Hmong Art Study Collection
842-3381 ext. 101
Collection of Hmong art and clothing
that preserves cultural history.

**Ingwal S. Horgen Farm
Museum**
675-9963
Collection of historic farm equipment
and tools, at Marathon Park.

Leadership Dance Group
842-5663 (The Women's
Community)
Designed for teen girls interested in
dance, this group combines the creativity
of dance with life lessons.

**Leigh Yawkey Woodson Art
Museum**
845-7010
www.lywam.org
Permanent and changing art exhibits,
specializing in art of the natural world.

LuCille Tack Center for the Arts
659-4499
www.lucilletackcenter.com
Community arts center brings profes-
sional musical, theatrical and dance
performances to the Spencer area.

Performing Arts Foundation
842-0988
www.onartsblock.org
Stages live performances at Wausau's
Grand Theater throughout the year.

**VSA Arts of Wisconsin
North Central District**
359-7944
www.vsawis.org
Very Special Arts expand the capabili-
ties, confidence, and quality of life for
children and adults with disabilities.

Wausau Area Events
843-0748
www.wausauareaevents.org
Coordinates and publicizes special
events in Wausau.

**Wausau/Central Wisconsin
Convention and Visitors
Bureau**
355-8788 or (888) 948-4748
www.visitwausau.com
Provides information about area attrac-
tions and events and publishes an
online *Events Calendar*.

Wausau Community Theatre
359-3972
www.wausaucommunitytheatre.org
Puts on 4-5 stage productions per year
by open tryouts. *Sensory Program for
the Visual Arts* provides special features
that allow theater patrons with vision and
hearing limitations to enjoy productions.

Wausau Concert Band
369-0681 (Rhinelanders)
Performs free Thurs. night summer con-
certs at area parks.

Wausau Conservatory of Music
845-6279
www.wausauconservatory.org
Offers private and group music lessons
for students of any age and ability.

Wausau Lyric Choir
359-0157
www.wausaulyricchoir.com
Audition chorus for mixed voices
emphasizing sacred music.

Wausau Pro Musica
845-6279 ext. 229
Community chorus for women.

Wausau Senior Citizens Chorus
359-6412
Community chorus for seniors.

**Wausau Symphony & Band,
Inc.**
845-2144
www.WSandB.org
Community musicians perform 5-6
concerts a year. Includes symphony
orchestra, symphonic band, and jazz
ensemble.

Yawkey House Museum
848-6143
www.yawkeyhousemuseum.org
The Marathon County Historical Society
operates this historical museum.

**Day Care see
Child Care Assistance**

**Disabilities see
People with Disabilities**

Disaster Relief

American Red Cross
842-2156
www.marathoncounty.redcross.org
Disaster relief in the form of emergency
shelter, clothing, food, and other immediate
disaster-related emergency needs, for indi-
viduals affected by fire, tornado, flood, or
any natural or man-made disaster event.

Marathon County Farm Service Agency (formerly ASCS Office)
848-2330

www.fsa.usda.gov/wi

Farm Disaster Assistance programs provide assistance for natural disaster losses, resulting from drought, flood, fire, freeze, tornadoes, pest infestation, and other calamities.

Marathon County Office of Emergency Management
261-1222

Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army
845-4272

or 845-6583 (after-hours hotline)

www.sawausau.org

Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

Disposal-Household and Hazardous Waste

Household Hazardous Waste Collection Facility
261-1922

Marathon County household residents can drop off their hazardous waste at the County's permanent Household Hazardous Waste Collection Facility on alternating weekends.

Donations

Bare Necessities

workplacevolunteerCouncil@charter.net

The Workplace Volunteer Council collects, stores, and distributes new undergarments and socks to agencies whose clients need a one-week supply.

Freecycle Network Website

www.freecycle.org

A local moderated e-mail group allows members to both donate and acquire items free of charge online.

GoodsMatch

848-2927

www.unitedwaymc.org

An online bulletin board service which allows community members to search requests for donations posted by local organizations, or to publicly post items to donate, such as clothing, office products, toys, personal care items, computers, vehicles and more.

The Neighbors' Place Donations Program

845-1966

www.neighborsplace.org

The Neighbors' Place accepts donated apparel, appliances, furniture, household items, and other items, to distribute free of charge to area residents by Referral or with advance notice through its Free Market.

Rebecca's Closet

rebeccascloset@charter.net

Collection, storage and distribution of infant and children's items to social service agencies that serve families in need.

Education see Schools & Colleges

Elderly see Senior Services

Emergency Shelter

Crisis Stabilization

845-4326 or (800) 799-0122

The Crisis Center at North Central Health Care provides access to a *Crisis Bed Apartment*, which is a non-medical apartment setting for adults in crisis who otherwise would be hospitalized.

Fulton House

842-0681

Transitional housing for the homeless in a 2-bedroom apartment in Wausau, through North Central Community Action Program.

Marathon County Veterans Service Office

261-1141

Emergency temporary assistance for lodging may be available depending on veteran's individual circumstances.

Randlin Adult Family Care Home

581-7343

Anyone who is ineligible for emergency sheltering at the Salvation Army Transitional Living Center may be able to spend a night at Randlin Homes by pre-arrangement.

Runaway and Youth Services

848-7238

(877) 920-7238, 24 hrs./day

Licensed emergency shelters for teens in time of crisis, through Lutheran Social Services.

The Salvation Army Transitional Living Center

845-6583

www.sawausau.org

Community shelter and support for local homeless population.

Women's Community Safe Shelter

842-7323 (24 hr. support line)

(888) 665-1234 (Toll-free)

www.womenscommunity.org

Shelter for victims of domestic abuse and their children at The Women's Community.

Employment & Training

AmeriCorps Team Greater Wausau Area

849-5212

National community service program.

CIC Employment Services

842-2300

Services designed to help adults with disabilities determine vocational goals and secure jobs, through Community Industries Corporation.

Career Connection Center

261-7230

Resources for job seekers include dedicated job computers, job/career books and AV items for check-out, free computer classes, and reference assistance at the Wausau Headquarters Library.

Disability Program Navigator

261-7719 (Job Center)

Helps people with disabilities "navigate" through the challenges of seeking work by connecting them with services that will support them in meeting their employment goals.

Dislocated Worker Office

261-7731 (Job Center)

AFL-CIO/LETC personnel help counsel workers when plant closings will result in lay-offs.

Division of Vocational Rehabilitation (DVR)

261-7760 (Job Center)

www.dwd.state.wi.us/dvr/jobseek.htm

State agency helps people who are disabled enter or re-enter the job market.

Goodwill Industries of North Central Wisconsin

355-6086

www.goodwillncw.org

Provides work experience for people with special needs, in Weston.

Job Center of Wisconsin Website

<https://jobcenterofwisconsin.com>

A self-service computer-aided system that job seekers can easily use to quickly find available job openings locally and statewide.

Job Corps Admissions and Placement

359-7040 or (800) 733-5627

<http://jobcorps.doleta.gov>

Vocational training and guidance, and job placement assistance, for qualifying 16 - 24 year olds.

Job Service

261-7700 (Job Center)

<https://jobcenterofwisconsin.com>

Helps job seekers find employment, and employers recruit qualified job seekers.

Labor Standards Bureau, Wisconsin Department of Workforce Development

(608) 266-6860 (Madison)

www.dwd.state.wi.us/er

Administers Wisconsin rules on minimum wage, overtime pay, child labor laws and wage payments.

Learning Center

803-1152

Basic education and job seeking skills instruction for adult learners, to help them obtain or retain a job, at NTC.

NTC/Salvation Army Basic Skills Program

675-3331 ext. 1479 or 845-4272

Free career exploration, job hunting and interviewing skills, and job search assistance, at the Salvation Army.

North Central Health Care Vocational Services

848-4585

Helps people with mental and developmental disabilities enter the labor force.

Senior AIDES Program

261-7740 (Job Center)

A "stepping stone" program to help income-eligible seniors age 55+ gain unsubsidized employment, through The Job Center. Participants are assigned to non-profit or government sites for 20 hrs./wk. at minimum wage.

Unemployment Insurance

(800) 822-5246 (Initial Claims)

(800) 978-7887 (Weekly Claims)

(800) 494-4944 (Claim Specialist)

www.uclaim-wi.org

Provides payments, based on work, to eligible workers who are temporarily unemployed.

WIA Youth Employment and Training (Job Center)

261-7720

Services for in-school and out-of-school youth include one-on-one career counseling, awareness and assessment, and pre-employment skills training (applications, résumés, and interviewing skills).

Wage-Hour Division, U. S. Department of Labor

(866) 487-9243

www.dol.gov/esa/whd

Enforces federal minimum wages, overtime and child labor laws.

Wausau Area Hmong Mutual Association

842-8390

www.wausauhmong.org

Employability assistance for refugees includes employability development planning, writing résumés, preparation for interviews, interpreting while interviewing, and job placement.

Wausau Fresh Start Construction Project

842-8390 ext. 222

www.wausauhmong.org

Youth aged 17-24 yrs. gain employment skills by building low-income housing while developing and fulfilling a plan to launch themselves toward self-sufficiency.

Wisconsin Farm Center

(800) 942-2474

www.datcp.state.wi.us/mktg/agriculture/farm-center/info-outreach/index.jsp

Career change counseling and retraining information for Wisconsin farmers, farm workers and farmers in transition.

Wisconsin Works Program (W-2)

261-7715 (Job Center)

Employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Workers Compensation

(608) 266-1340 (Madison)

www.dwd.state.wi.us/wc

Provides relief for workers injured or disabled on the job.

Workforce Investment Act (WIA)

261-7736 (Job Center)

Provides local job-related training programs and help paying for tuition, fees, books and supplies for qualifying students who are training or re-training for employment.

Family Caregiver Education

NOTE: To learn about additional services for caregivers, call United Way's 2-1-1 by dialing 2-1-1 or 848-2255, or (800) 922-5590, any time day or night.

Or, search online at:

www.unitedwaymc.org/211.htm

Click at SEARCH ONLINE, then click on the first letter of your **Subject** (for example **C** for **CAREGIVERS' RESOURCES.**)

Then select the **Subject** to see **Programs** in that category.

Alzheimers Association of Greater Wisconsin

393-3950

www.alz.org/gwwi

Provides educational resources aimed at the needs of families involved in the care of someone with Alzheimer's Disease and related dementias.

Family Caregiving Program

842-2156

www.marathoncounty.redcross.org

Help for family caregivers to learn more about home safety, personal caregiving, healthy eating, legal and financial

issues, caring for a loved one with Alzheimer's Disease or dementia, and caring for a loved one with AIDS, through the American Red Cross.

Taking Care of You: Powerful Tools for Caregivers

261-6070 or (888) 486-9545

Educational workshops designed to help family caregivers learn how to reduce stress, improve self-confidence, better communicate their feelings, and locate helpful resources, through the Aging & Disability Resource Center.

Farmers' Resources

Agribusiness Incubator Project **261-1240**

This project facilitates the entry of new farmers and farm businesses into the agricultural community of North Central Wisconsin, at U. W. - Extension.

Easter Seals FARM Program (Farm Assessment and Rehabilitation Methods)

(800) 422-2324

<http://farm.eastersealswisconsin.com>

Helps farm families cope with the effects of a disability and make it possible for them to return to farming after a disabling injury or illness.

Farm Link

(800) 942-2474

Links farmers looking to retire or change careers, with beginning farmers or farmers wanting to relocate, to find a match that fits and provide support through the farm transition process.

Farmers' Health Cooperative of Wisconsin

(800) 539-9370

www.farmershealthcooperative.com

A cooperative service for farmers and others in agribusiness that offers its members health insurance coverage, an accident benefit plan, and dental and vision plans.

Farmland Preservation Program

261-6008

State income tax credits or refunds to local farmers who participate in programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program **261-1922**

Agriculture-related chemicals may qualify for a 50-100% rebate through the Department of Agriculture, Trade & Consumer Protection. Call this number to pre-register with the Marathon County Health Department.

Isidore Community Development Loan Fund **343-7141 (Stevens Point)**

Micro-loan program provides small loans to farm families to use as capital to start or expand farm-related businesses in rural Wisconsin.

Marathon County Farm Service Agency (FSA)

848-2330

www.fsa.usda.gov/wi

Offers agricultural credit to farmers, including loans on property, crops, conservation funds, and disaster relief.

Small Farm Program

842-0681

Provides small operational grants for low-income farmers to meet emergency and farm operational needs, through North Central Community Action Program.

Sowing the Seeds of Hope Counseling Program

(800) 942-2474

Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

U. W.-Extension, Marathon County

261-1230

<http://marathon.uwex.edu>

County Agents can provide information on agriculture issues and agribusiness.

Wisconsin Farm Center

(800) 942-2474

Provides free financial, business and career counseling for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Housing & Economic Development Authority (WHEDA)

(800) 628-4833

www.wheda.com

Agricultural Financing Programs include crop loans, and loans to help new farmers buy land, buildings, machinery and equipment, and livestock.

NOTE: For more information about help for farmers in distress, call United Way's 2-1-1 by dialing 2-1-1 or 848-2255, or (800) 922-5590, any time day or night. Or, search online at:

www.unitedwaymc.org/211.htm

Click at SEARCH ONLINE, then click on the first letter of your **Subject** (for example **F** for **FARMERS**.) Then select the **Subject** to see **Programs** in that category.

Financial Counseling

Catholic Charities Credit Counseling Service

849-3311 or (866) 849-3311

www.catholiccharitieslax.org

Non-profit community action organization designed to help people help themselves and solve their debt problems. Also helps prevent further financial problems by teaching about the wise use of credit, budgeting, and family money management. Once credit is back under control, staff will work with clients to help them re-establish credit.

Food Assistance

AIDS Resource Center of Wisconsin

355-6867 or (800) 551-3311

www.arcw.org

Provides emergency food and other emergency assistance for people infected or affected by HIV/AIDS.

Catholic Charities Emergency Services

849-3311 or (866) 849-3311

www.catholiccharitieslax.org

Grocery vouchers up to \$20 and case management for eligible families in an emergency, when funding is available.

Community Garden

845-1966 (The Neighbors' Place)

Provides public garden plots on Falcon Dr. in Wausau, for families who would otherwise be unable to garden due to economic constraints or unavailability of land.

Community United Pantry (CUP)

223-2166 or 223-2747

Food pantry for Colby, Unity, Curtiss, Abbotsford and Dorchester residents in an emergency, Tues. 9-11am.

Covenant Food Pantry
359-6467

Emergency food and paper products for area families in need distributed the 2nd and 4th Wed. of the month from 3-5pm, at the Covenant Community Presbyterian Church in Schofield.

Elderly Nutrition Program
261-6070 or (888) 486-9545

Mid-day meals and home delivered meals for senior citizens, through the Aging & Disability Resource Center.

First Presbyterian Church Food Pantry

842-2116 (May leave a message for Health Committee)

Church volunteers distribute food on the 1st and 3rd Tues. of mo., 1-2pm, as long as supplies last.

Hope Food Pantry
693-7145

Community food pantry for Mosinee-area residents in need.

Jubilee House
845-6715

A Catholic Worker House that provides hospitality and prayer for anyone in need, and serves a community meal at 1105 S. 10th Ave. in Wausau every Thurs. 4:30-6:30pm.

Marathon County Economic Support

261-7500 (Dept. of Social Services)
<https://access.wisconsin.gov>

Administers *FoodShare/Food Stamps* for all eligible Marathon County residents.

Marathon County Veterans Service Office

261- 1141

Emergency temporary food assistance may be available depending on veteran's individual circumstances.

Meals and More
842-0769

Monthly community meal and Christian fellowship at Trinity Lutheran Church in Wausau on the 4th Wed. of month, 4:30-6pm.

Mobile Meals
848-5848

Mid-day meals prepared at Aspirus Wausau Hospital are delivered to the infirm of any age.

The Neighbors' Place Food Pantry

845-1966

www.neighborsplace.org

Distributes donated and government commodity foods in Wausau, at The Neighbors' Place.

Saint Paul's Neighborhood Meal

551-4166 (Volunteer Coordinator)

Community meal served the last Tues. of mo., 4-6:30pm, at St. Paul's United Church of Christ in Wausau.

Salvation Army

845-4272

or 845-6583 (after-hours hotline)

www.sawausau.org

Free *Hot Lunches* Mon.- Sat., 11:30am-Noon (except holidays), for everyone on walk-in basis; *Bread and Produce Distribution* each Mon., Wed. & Fri. at 10:15am; *Food Pantry* for emergencies of short duration.

Saturday Downtown Lunches
845-6947

A full meal is served to everyone who comes to St. John the Baptist Episcopal Church in Wausau, on the last Sat. of each month, at 11:30am.

SHARE (Self-Help and Resource Exchange)

845-1304 or 359-2126

www.sharewi.org

Boxes of groceries in exchange for community service and a small monthly fee.

SNAC (Senior Nutrition Access Coupons)

261-6070 or (888) 486-9545

The Aging & Disability Resource Center serves elderly rural Marathon County residents' nutritional needs by providing meal coupons to use in local participating restaurants.

Spencer C.O.M.E. (Community Outreach Meal for Everyone)

659-5158

Free hot meal open to all is served the 4th Tues. of the month, 5-6pm, at St. John's Lutheran Church in Spencer.

Spencer King's Pantry
659-4052 (in an emergency)

Helps Spencer area residents who are in emergency need of food, at Christ the King Catholic Church, on Mon. from 10am-2pm.

Stratford Area Pantry
687-3568 or 387-2626

Community pantry for people in the Stratford area who have emergency food needs, by pre-arrangement; please call ahead.

Summer Meal Program
845-2582

The Boys and Girls Club in Wausau makes this *USDA School Lunch Program* available in the summer, Mon.- Fri., Noon-1pm, for anyone age birth to 18 yrs. old.

Sunday Community Supper
842-2116 (May leave message for Supper Coordinator)

Volunteers from area churches serve a Sunday evening meal for community members from all walks of life, 4-5:10pm, at First Presbyterian Church in Wausau.

Wesley Church Food Pantry
842-3768 (Church office)

Church information and food service available by pre-arrangement; please call Church office and speak with a staff member, or leave a message.

WIC--Women, Infants & Children Nutrition Program

675-5449 or (800) 246-5743

Food drafts to meet the nutritional needs of young children and their mothers.

**Fuel Assistance see
Heat Assistance**

**Gambling see
Addictions**

**Handicaps see
People with Disabilities**

Health Services

Aspirus Comfort Care and Hospice Services

847-2424

Comprehensive hospice care for children or adults with end-stage illness and for their families.

Aspirus, Inc. - Walk-In
847-2472 (Family Walk-in in
Wausau)
241-5400 (Weston Clinic)
842-3084 (FastCare at Wausau
Shopko Store)
Walk-in clinics.

Aspirus Wausau Hospital, Inc.
847-2121
Hospital.

BadgerCare Plus
261-7500 (Dept. of Social Services)
<https://access.wisconsin.gov>
Public assistance program that provides health insurance to income-eligible families, children, and pregnant women, to help keep families healthy.

BadgerCare Plus Core Plan for
Childless Adults
(800) 291-2002 (Application
Hotline)
<https://access.wisconsin.gov>
The Core Plan for Childless Adults enrolls adults who do not have dependent children into a limited BadgerCare plan that covers basic health care services, including primary and preventive care as well as generic drugs.

Blood Pressure Screening
Clinics
842-2156
www.marathoncounty.redcross.org
Registered nurses provide free blood pressure screening at 24 monthly sites in Marathon County, through the American Red Cross.

Bridge Community Health
Clinic
848-4884
A primary care clinic that provides medical and dental services at reduced cost for income-eligible patients throughout the Wausau area.

Colonial Center
223-2352
Nursing home in Colby.

Colonial Manor Medical and
Rehabilitation Center
842-2028
Nursing home in Wausau.

Community Care of Central
Wisconsin
261-6070 or (888) 486-9545
(Enrollment through ADRC)
301-1893 (For current enrollees)
<http://communitycareofcentralwisconsin.org>

This organization offers a long-term care benefit package funded by the Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

*** NOTE: On Nov. 1, 2008 Community Care of Central Wisconsin took over the long-term care financing and support services previously provided by Marathon County Long Term Support Services (the Community Options Program-COP) and the Community Integration Program-CIP and Brain Injury Waiver Program. Please call the Aging & Disability Resource Center for details about this new program.**

Compassion Care Clinic
693-7145
Medical care and referral for residents in southern Marathon Co. without health care insurance who have inadequate financial resources to afford health care, at the Community Center of Hope.

Dental Hygiene Clinic
675-3331 ext. 1333
Dental Hygiene students at NTC provide basic teeth cleaning, X-rays and sealants.

Eye Care America
261-8500 or (800) 222-3937
Participating ophthalmologists provide medical eye exams for eligible senior citizens through this project of the Foundation of the American Academy of Ophthalmology.

Family Planning Health
Services, Inc.
675-5395
www.fphs.org
Low-cost reproductive health care and education.

Family Planning Waiver
Program
261-7500 (Dept. of Social Services)
<https://access.wisconsin.gov>
Family Planning Waivers provide limited benefits relating to family planning services for women between the ages of 15 and 45 who are low income.

Golden Living Center-
Continental Manor
223-2359
Nursing home in Abbotsford.

Health Check
(800) 291-2002
Provides complete medical check-ups and needed immunizations to Medicaid and BadgerCare Plus recipients under age 18 (or under 21 if a college student.)

Katie Beckett Program
842-3181
<http://dhs.wisconsin.gov/bdds/kbp>
Helps families with the eligibility process to receive Medical Assistance for the care of their children with disabilities, through Lutheran Social Services.

Kennedy Park Medical &
Rehabilitation Center
359-4257
Nursing home in Schofield.

Marshfield Clinic - Walk-In
257-7521 (Athens Center)
847-3281 (Wausau Center)
393-1482 (Weston Center)
Walk-in clinics.

Marywood
675-9451
Nursing home in Wausau.

Medicaid Program (M.A.)
261-7500 (Dept. of Social Services)
<https://access.wisconsin.gov>
Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

Ministry Home Care--Hospice
Services
(800) 398-1297 (Wausau/Merrill
Branch)
Specialized support to people who have a life limiting disease, and for their families.

Ministry Medical Group
393-3900
Appointments with a physician are available for a flat fee of \$50 at the Weston and Rib Mountain Clinics.

Mount View Care Center
848-4323
Nursing home in Wausau.

Needle Exchange Program
355-6867 or (800) 551-3311
Program to prevent HIV infection and AIDS in injection drug users by

exchanging their old needles or syringes for clean ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment, through the AIDS Resource Center.

**Refugee Health
261-1900**

Bilingual health aid coordinates services for Hmong, through the Health Department.

**Saint Clare's Hospital/
Ministry Health Care
393-3000**
Hospital.

**Sexually Transmitted Disease
Clinic**

261-1900 (Health Department)
Confidential HIV and STD testing offered at U. W. Health-Family Medicine, 425 Wind Ridge Dr., Wausau.

**Shriners Hospitals for Children
842-7701 (Wausau Contact)
(612) 596-6105 (Applications)**

The Shriners Hospitals for Children-Twin Cities provides comprehensive medical, surgical and rehabilitative care for children with orthopedic conditions

**Vision USA--The Wisconsin
Project
(877) 435-2020**

Provides free eye exams and glasses to children from qualifying families, through the Wisconsin Optometric Association and the Wisconsin Foundation for Vision Awareness.

**Wausau Manor Nursing Home
842-0575**

Nursing home in Wausau.

**Wausau V. A. Medical Clinic
842-2834**

Provides primary medical care and mental health counseling for veterans only.

**Wisconsin Managed Care HMO
Enrollment Specialist Program
(800) 291-2002 (Milwaukee)**

Educates recipients regarding managed care enrollment options and resolve problems with managed care providers.

**Wisconsin Medicaid/
BadgerCare Plus Member
Services
(800) 362-3002**

<http://dhs.wisconsin.gov/medicaid>

Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.

**Wisconsin Well Woman
Program
261-1927**

A State Medicaid program that offers preventive health screening (pap tests, pelvic exams, clinical breast exams and mammograms) to income-eligible women between the ages of 45 and 64 who are enrolled through the Marathon County Health Dept.

see also:

Prescription Assistance

Heat Assistance

**AIDS Resource Center of
Wisconsin**

355-6867 or (800) 551-3311

www.arcw.org

Provides utility and other emergency financial assistance for people infected or affected by HIV/AIDS.

**Catholic Charities Emergency
Services**

849-3311 or (866) 849-3311

www.catholiccharitieslax.org

Utilities assistance (up to \$100) and case management for eligible families in an emergency, as funds allow.

Energy Assistance Programs

842-3111

<http://homeenergyplus.wi.gov>

Financial assistance for fuel bills for income-eligible Marathon County residents, through Energy Services, Inc.

**Housing Program--Alternate
Living Department**

848-4473

Adults who are active clients at North Central Health Care may be eligible for grants to help pay for utilities.

**Marathon County Veterans
Service Office**

261-1141

Emergency temporary assistance for utilities may be available depending on veteran's individual circumstances.

**Mosinee Community
Development Block Grant
Program
(800) 762-0665**

Revolving loan funds for City of Mosinee residents include help with furnace repair or replacement.

**North Central Community
Action Program (CAP)
842-0681**

Energy Conservation/Home Weatherization Program provides furnace repairs to improve energy conservation for eligible participants.

**Salvation Army
845-4272**

www.sawausau.org

Limited benefits for utility payment may be available when funding permits.

**Schofield Community
Development Block Grant
Program
359-5230**

Schofield homeowners may be eligible for 0% interest deferred loans for furnace replacement.

**Targeted Home Performance
With Energy Star
(800) 762-7077**

www.focusonenergy.com

Low- and medium-income applicants may be eligible for a home energy evaluation to determine the energy efficiency improvements that need to be made. If an inefficient heater or boiler is targeted, homeowners may pay only 10% of the replacement cost.

**Village of Athens Community
Development Block Grant
Program
257-9170**

Village of Athens residents may be eligible for a revolving loan fund for furnace replacement.

**Village of Edgar Community
Development Block Grant
Program
352-2891**

Village of Edgar residents may be eligible for a revolving loan fund for a furnace.

**Village of Marathon Community
Development Block Grant
Program
443-2221**

Village of Marathon homeowners may be eligible for a loan for a furnace.

**Village of Spencer Community
Development Block Grant
Rehab Loan
659-2441**

Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for emergency furnace repair or replacement.

**Wausau Community
Development Department
261-6680**

Wausau property owners may be eligible for Homeowners' Rehabilitation loans for furnace replacement.

**Wisconsin Rural Development
(866) 474-3600**

www.rurdev.usda.gov/wi

Home Repair Loans and Grants for very low-income elderly in rural areas (under 10,000 population) to replace faulty or unsafe furnaces.

**Home Purchase Assistance
FHA (Federal Housing
Administration)
(800) 225-5342**

www.hud.gov/local/mil

Answers questions about FHA-insured loans.

**Habitat for Humanity of
Wausau, Inc.
848-5042**

www.habitatwausau.org

Eligible low-income families may apply their "sweat equity" toward owning a home built with volunteers.

**Homeowner's HOPE™ Hotline
(888) 995-4673**

www.995hope.org

Provides free telephone or online credit counseling to help homeowners at risk of foreclosure, through Wisconsin Housing & Economic Development Authority.

**Midstate Independent Living
Consultants**

**675-7600 (Wausau) or
(800) 382-8484 (Stevens Point)**

www.milcinc.net

Home buyer education and counseling for consumers with disabilities who are interested in purchasing a home.

**Wausau Community
Development Department
261-6680**

Helps people learn how to find a home to buy, and offers down payment assistance for eligible persons who buy a home in the City of Wausau.

**Wausau Fresh Start Low-
Income Homes
842-8390 (Wausau Area Hmong
Mutual Association)**

www.wausauhmong.org

Local youth build homes which are then available for sale to low-income qualified families. Program offers a no-interest down payment package that is only paid back if the home is sold, and is forgiven if the family lives in the home for 15 years.

**Wisconsin Rural Development
(866) 474-3600**

www.rurdev.usda.gov/wi

Guaranteed Rural Housing Loans for low-income applicants in rural areas (under 10,000 population) who are unable to get a conventional loan from a bank.

Housing Assistance

**Abbotsford Housing Authority
223-4631**

Federally subsidized housing in Abbotsford.

**AIDS Resource Center of
Wisconsin**

355-6867 or (800) 551-3311

www.arcw.org

Provides rent, security deposit, and other emergency financial assistance for people infected or affected by HIV/AIDS.

**Catholic Charities Emergency
Services**

849-3311 or (866) 849-3311

www.catholiccharitieslax.org

Rent payment, mortgage, and security deposit assistance (up to \$100) for eligible families who are in danger of homelessness, when funds are available. Also provides case management.

**Diamond Edge and Diamond
View Apartments
(formerly Randolph Court)**

675-7979

Housing unit subsidized by HUD (Housing & Urban Development.)

**East High Apartments
849-8230**

Select units in the renovated East High School are reserved for income-eligible tenants. Please call for details.

**Emergency Assistance
Program**

261-7715 (Job Center)

Needy families with a child, who have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance (EA) to help keep their home.

**Housing Program--Alternate
Living Department**

848-4473

Adults who are active clients at North Central Health Care may be eligible for security deposit assistance or first month's rent.

**Marathon County Veterans
Service Office**

261-1141

Emergency temporary assistance for lodging may be available for veterans depending on individual circumstances.

**North Central Community
Action Program (CAP)**

842-0681

Administers emergency rent, mortgage, or security deposit assistance for eligible residents who would otherwise be homeless, when funds are available. Also offers temporary accommodations for homeless families in transition.

**One Alexander Place
848-3626**

Housing unit subsidized by The Wausau Area Housing Development Corporation.

**Salvation Army
845-4272**

www.sawausau.org

Limited benefits for rent or security deposit may be available when funding permits.

**Terrace Heights Apartments
355-1016**

Housing unit subsidized by HUD (Housing and Urban Development.)

Wausau Area Hmong Mutual Association

842-8390

www.wausauhmong.org

Can provide housing assistance to the Hmong community and all refugees.

Wausau Community Development Authority

845-4144

Handles *Section 8 Housing Assistance*, "Scattered Site" Public Housing, and Senior/Handicapped Housing at Kannenberg Plaza, Riverview Towers and Riverview Terrace.

Housing for People with Disabilities

To learn about group homes and subsidized rental housing for people with disabilities, call United Way's 2-1-1 by dialing 2-1-1 or 848-2255, or (800) 922-5590, any time day or night.

Or, search online at:

www.unitedwaymc.org/211.htm

Click at SEARCH ONLINE, then click on the first letter of your **Subject** (for example **H** for **HOUSING**.) Then select the **Subject** to see **Programs** in that category.

Housing for Seniors

To learn about the variety of options for older people when choosing a place of residence or long-term care facility, call United Way's 2-1-1 by dialing 2-1-1 or 848-2255, or (800) 922-5590, any time day or night.

Or, search online at:

www.unitedwaymc.org/211.htm

Click at SEARCH ONLINE, then click on the first letter of your **Subject** (for example **H** for **HOUSING**, or **N** for **NURSING HOMES**.) Then select the **Subject** to see **Programs** in that category.

**Immigrant Services
English Language Learner Services**

675-3331 ext. 4760

English language instruction for non-English speaking adults, at NTC.

Family Newcomer Centers

261-0550
Programs to help bridge cultural gaps for new immigrants in Wausau Public Schools.

Family Resource Center

845-6747 or (800) 577-7971

Offers Hmong parenting classes, and in-home parent aide program for Hmong and Hispanic parents.

Hmong Counseling Program

843-1864

Offers family, individual and marriage counseling for individuals and families in the Hmong language, through Children's Service Society.

Hmong Health Website

www.HmongHealth.org

Website funded by the National Library of Medicine and managed by the Northern Wisconsin Area Education Center provides access to health information in English and Hmong.

Latinos Outreach

841-1780 or (866) 773-1780

Bilingual assistance to Spanish-speaking individuals in Marathon County includes help accessing and applying for services, information about community events, referrals to other service providers and programs, and interpretation and translation at the Neighbors' Place per clients' needs.

Migrant Project

(800) 362-3904 (Madison)

Helps ensure that migrant farmworkers in Wisconsin receive wages owed them, are not misled in recruiting, are not housed in substandard quarters, and receive necessary medical care and public benefits for which they qualify, through Legal Action of Wisconsin.

Minority Leadership Initiative

261-1192

Diversity Affairs Office provides training to build leadership skills among minority populations in the community.

The Neighbors' Place

845-1966

www.neighborsplace.org

Neighborhood Center for children and families of all cultures.

Practical Cultural Literacy Classes

845-1966

English as a Second Language (ESL) classes are offered at The Neighbors' Place to those who need to enhance their transition to American culture.

Refugee Cash Assistance

261-7723 (Job Center)

RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. Assistance is available, for refugees who enroll in an employment program at The Job Center, for the first eight months they are in the country.

Refugee Health

261-1900

Bilingual health aid coordinates health services for Hmong, through the Health Department.

Southeast Asian Program (SEAP)

842-5663 or (888) 665-1234

www.womenscommunity.org

Emergency intervention, support, and advocacy for Hmong and Laotian victims or survivors of domestic violence or sexual assault, through The Women's Community.

U. S. Citizenship and Immigration Services (formerly Immigration & Naturalization Service--INS)

(800) 375-5283

www.uscis.gov/portal/site/uscis

This bureau of the Department of Homeland Security offers pre-recorded immigration information via touch-tone phone.

Wausau Area Hmong Mutual Association

842-8390

www.wausauhmong.org

Wide range of personalized services for the Hmong community, including citizenship assistance, employment and training, and intergenerational support.

Wausau-Marathon County Diversity Affairs Office

261-1192

A resource about services, programs and opportunities available to Southeast Asians living in the community.

Immunization Clinics

Community Flu Immunization Clinics

847-2600 or (800) 600-8296

Schedules community flu immunization clinics during flu season, through Aspirus VNA.

**Family Immunization Clinics
261-1900**

Provides childhood immunizations to the public at different sites throughout the County, through the Health Department.

Interim Healthcare

842-7707 or (800) 794-9339

Schedules community flu immunization clinics during flu season,

In-Home Care and Respite

Aspirus VNA

847-2600 or (800) 600-8296

State-licensed home health and personal care agency.

Faith in Action-Marathon County

848-8783

www.faithinactionmc.org

Volunteer help for the elderly and disabled whose needs are not currently being met by, or who do not qualify for, existing respite services, or who do not have friends and family nearby.

In-Home Respite Programs

847-1175

Respite for families of children with disabilities in their own homes, through Opportunity, Inc.

Interim Healthcare

842-7707 or (800) 794-9339

State-licensed home health and personal care agency.

Ministry Home Care

843-9000

State-licensed home health and personal care agency.

Personal Assistant Services

(800) 382-8484 (Stevens Point)

In-home services, ranging from personal needs to simple household tasks, for people with a disability who receives Medical Assistance, through Midstate Independent Living Consultants.

Tyler's Home for Kids

847-1175 or (800) 472-4408 ext. 204

State-licensed group foster care home offers respite services on a 24-hr. basis for families of children with special needs, though Opportunity, Inc. Also provides *Respite Activity Days* one Saturday per month, and in-home respite by appointment.

NOTE: Non-regulated in-home care providers may also be available. In the Yellow Pages of the phone book, look under HOME CARE SERVICES and HOME HEALTH CARE-PROVIDERS & SERVICES. You may learn more by calling the providers listed to compare services and fees.

Landlord/Tenant

Consumer Protection Hotline

(800) 422-7128 (Madison)

State's consumer protection agency handles landlord/tenant complaints.

Environmental Health Program

261-1900

Marathon County Health Department investigates local landlord problems involving heat, sanitation and pest control.

Tenant Resource Center

(877) 238-7368 (Madison)

www.tenantresourcecenter.org

Services for tenants and landlords include information and referrals; education about rental rights and responsibilities; and access to conflict resolution.

U. W. - Extension

261-1242

<http://marathon.uwex.edu/flp>

UW-Extension's *Family Living Educator* offers written information about Wisconsin's landlord/tenant laws.

Legal Assistance

Aging & Disability Resource

Center of Central Wisconsin

261-6070 or (888) 486-9545

Benefit Specialists help seniors 60+ yrs. and other adults with disabilities understand their government benefits and consumer rights.

Lawyer Referral and Information Service

(800) 362-9082

www.legalexplorer.com

Legal hotline and lawyer referral through the State Bar of Wisconsin.

Legal Grounds Wisconsin®

(800) 472-1638 (Wisconsin

Judicare)

A legal "coffeehouse" at the Wausau YWCA where residents with low incomes can ask volunteer attorneys simple legal questions about family law, bankruptcy, SSI/SSDI, utility shut offs, security deposits, landlord/tenant issues, tax issues, and other civil matters.

Modest Means Referral Program

(888) 529-7599

www.legalexplorer.com

State Bar of Wisconsin provides referrals for legal assistance to clients whose income is too high to qualify for free legal aid but too low to pay an attorney's regular fees.

Public Defenders Office

842-1603

Legal counsel to low-income residents who have been accused of criminal activity.

Wisconsin Judicare, Inc.

842-1681 (Judicare Office)

(800) 472-1638 (Judicare Helpline

Mon.-Fri., 9am-4pm)

www.judicare.org

Legal aid for low-income residents.

Libraries

Marathon County Public

Library

261-7200

www.mcpl.us

Public library system serves Marathon County residents with Branches in:

Athens	257-7292
Edgar	352-3155
Hatley	446-3537
Marathon City	443-2775
Mosinee	693-2144
Rothschild	359-6208
Spencer	659-3996
Stratford	687-4420
Wausau	261-7200

National Library for the Blind & Physically Handicapped

261-7248

www.mcpl.us/services/homebound

Provides "Talking Books" and players free to visually impaired, and to qualified physically impaired, persons, through the Marathon County Public Library.

Literacy

Marathon County Literacy Council

261-7292

<http://wvls.lib.wi.us/marathonliteracy>

Trains volunteer tutors to provide one-to-one literacy instruction for adults and families throughout the County.

NTC's Learning Center

803-1152

Services include help with basic reading skills.

Ready to Read

848-2927

United Way of Marathon County collaborates with local organizations to get books into the hands and homes of eligible families with children age birth-5.

Mental Health Counseling see Counseling

Parenting

Co-Parenting Program

842-3346

Helps parents develop better communication and a mutually acceptable parenting plan, with a focus on the children's long-term well-being, following a divorce or breakup, through Family Counseling Services.

Divorce Parenting Class

842-5577

Therapists from local counseling agencies provide information to help couples resolve post-divorce matters such as child visitation or custody before going to court, through Lutheran Social Services.

Family Birth Center

393-3258 (Saint Clare's Hospital)

Offers programs for new parents.

Family Resource Centers

845-6747 or (800) 577-7971

Provides parenting education and support through centers in Athens, Edgar, Hatley, Marathon, Mosinee, Spencer, Stratford and Wausau. Also offers an in-home parent aide program and parent mentoring through the Start Right Family Visiting program.

MOPS Program

842-5683

Highland Community Church in Wausau sponsors meetings for mothers of preschoolers, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources.

Women's Health Birthing Center

847-2380 (Aspirus Information Center)

Offers programs for new parents.

People with Disabilities

ABC for Health

(800) 585-4222

www.abcforhealth.org

Legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability Resource Specialists

261-6070 or (888) 486-9545

www.adrc.co.marathon.wi.us

Serves as the gateway to long-term care resources, and provides assistance for Marathon County residents with complex or multiple needs.

Aspirus VNA

847-2600 or (800) 600-8296

State-licensed home health and personal care agency.

Association for the Religious Education of the Handicapped (AREH)

842-2201 (Church Office)

Interdenominational religious education and social activities for people with mental disabilities, at First United Methodist Church in Wausau.

CIC Employment Services

842-2300

Services designed to help adults with disabilities determine vocational goals and secure jobs, through Community Industries Corporation.

Caring Hearts Activity Center

298-0058

Daytime care for adults with physical or developmental disabilities.

Central Wisconsin Autism Society

845-5524

Support and information for parents and caregivers of children with Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs

261-1964

www.co.marathon.wi.us/cyshcn.asp

This Northern Regional Center provides health benefits counseling and advocacy for local families of children with special health care needs and providers who serve them, through the Marathon County Health Department.

Communication Link

(800) 542-9838

Schedules interpreters for people who are deaf or hard of hearing throughout Wisconsin.

Community Care of Central Wisconsin

261-6070 or (888) 486-9545

(Enrollment through ADRC)

301-1893 (For current enrollees)

<http://communitycareofcentralwisconsin.org>

This organization offers a long-term care benefit package funded by the Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

*** NOTE: On Nov. 1, 2008 Community Care of Central Wisconsin took over the long-term care financing and support services previously provided by Marathon County Long Term Support Services (the *Community Options Program-COP*) and the *Community Integration Program-CIP* and *Brain Injury Waiver Program*. Please call the Aging & Disability Resource Center for details about this new program.**

Community Corner Clubhouse

843-1926

The Clubhouse is a psychosocial rehab program of NCHC serving people with mental illness. Members are involved in the Clubhouse work-ordered day and through this process build relationships, self-confidence, self-esteem, and the tools to return to work or further their education.

Comprehensive Community Services - Northwoods (formerly Northwoods Alliance for Children and Families)

848-4322

Provides an array of psychosocial rehabilitation services to youth with mental health or substance use disorders, through North Central Health Care.

D. C. Everest Area Schools' Pupil Services and Special Education

359-4221

Educational services for school-aged children with disabilities in Everest Area Schools.

Disability Program Navigator 261-7719 (Job Center)

Helps people with disabilities "navigate" through the challenges of seeking work by connecting them with services that will support them in meeting their employment goals.

Goodwill Industries of North Central Wisconsin

355-6086

www.goodwillncw.org

Provides work experience for people with special needs, in Weston.

Greater Wausau Christian Services

842-5635

Sponsors volunteer-led Bible classes for adults with developmental disabilities.

Housing Program--Alternate Living Department

848-4473

Helps adults with disabilities access suitable housing and supported living arrangements, through North Central Health Care.

Interim Health Care

842-7707 or (800) 794-9339

State-licensed home health and personal care agency.

Katie Beckett Program

842-3181

<http://dhs.wisconsin.gov/bdds/kbp>

Helps families with the eligibility process to receive Wisconsin Medical Assistance for the care of their children with disabilities, through Lutheran Social Services.

Lifeline Personal Emergency Response

847-2781

Program that permits people who are elderly or disabled to summon help 24 hrs./day, by pushing a button on a small pendant, through Aspirus Wausau Hospital.

Marathon County Birth to Three

848-4477

Coordinated services for infants and toddlers who experience atypical development or developmental delays, through North Central Health Care.

Marathon County Department of Special Education

261-1980

www.mcspecialeducation.com

Educational services for school-aged children with disabilities in rural Marathon County.

Metro Ride Paratransit (formerly WATS+)

842-9287 (Office)

(800) 236-8438 (To schedule a ride)

<http://metroride.ci.wausau.wi.us>

Provides non-emergency, specialized transportation for people who are physically or cognitively unable to use a standard transit bus, through Metro Ride and Abby Vans.

Midstate Independent Living Consultants

675-7600 or (800) 311-5044

(Wausau)

(800) 382-8484 (Stevens Point)

www.milcinc.net

Services for people with disabilities of all ages include *Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, and Peer Support.*

Mobile Meals

848-5848

Noon meals prepared at Aspirus Wausau Hospital are delivered to the infirm of any age.

Mosinee Community Development Block Grant Program

(800) 762-0665

Revolving loan funds for City of Mosinee residents include help making a home handicap-accessible.

Mosinee School District's Pupil Services

693-2550 ext. 3616

Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

National Library for the Blind & Physically Handicapped

261-7248

www.mcpl.us/services/homebound

Provides "Talking Books" and players free to visually impaired, and to qualified physically impaired, persons, through the Marathon County Public Library.

North Central Health Care

848-4600 (Main Switchboard)

848-4356 (Registration)

www.norcen.org

Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Northern Valley Industries, Inc.

845-7316

Vocational development and commensurate wage employment for people with disabilities. Other work activities through *Northern Valley West*, 848-0916.

Office for the Blind and Visually Impaired

344-4210 ext. 23 (Stevens Point)

<http://dhs.wisconsin.gov/blind>

Provides training to help blind/visually impaired people to gain/regain independence.

Office for the Deaf and Hard of Hearing

(888) 241-9431 (TTY)

842-7693 (Voice)

<http://dhs.wisconsin.gov/sensory>

Information, referral, support and training for people who are deaf, deafblind, or hard of hearing.

Opportunity, Inc.

842-8700 or (800) 472-4408

www.balancinglives.org

Assistance for children and adults with disabilities, and their families, including *Advocacy, Respite, Transportation, and Assisted Living.*

Rainbow's End
847-2000 ext. 52043

Day camp for young people age 5 - 31 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Schofield Community Development Block Grant Program
359-5230

City of Schofield homeowners may be eligible for 0% interest loans to make their homes handicap-accessible.

Social Security Administration
(800) 772-1213 or 845-1321

www.ssa.gov

Federal program provides monthly income for people who qualify as disabled.

Special Olympics Wisconsin
355-0550

www.specialolympicswisconsin.org

Sports training and competition for children and adults with cognitive disabilities. Also *Wausau Adult Special Olympics* (849-3422) and *Wausau Metro Adult Special Olympics* (845-5454.)

Spina Bifida Association of Northern Wisconsin
675-7313

Emotional and written support for parents of children with spina bifida.

Stable Hands, Inc.
359-6046

www.stablehandstherapy.com

Therapeutic horseback riding for people with disabilities.

Therapy Dogs International
842-1453 or 842-1368

www.wi-tdi-dogs.org

Therapy dogs and their owners voluntarily visit people with special needs, to provide them with hands-on therapy and unconditional love.

Tyler's Home for Kids
847-1175 or (800) 472-4408 ext. 204

Facility offers respite services on a 24-hr. basis for families of children with special needs. Services include *Respite Activity Days* and inclusive day care, through Opportunity, Inc.

VSA Arts of Wisconsin North Central District
359-7944

www.vsaWis.org

Very Special Arts expand the capabilities, confidence, and quality of life for children and adults with disabilities.

Village of Athens Community Development Block Grant Program

257-9170

Village of Athens residents may be eligible for a revolving loan fund to make homes handicap-accessible.

Village of Edgar Community Development Block Grant Program

352-2891

Village of Edgar residents may be eligible for a revolving loan fund to make their homes handicap-accessible.

Village of Marathon Community Development Block Grant Program

443-2221

Village of Marathon residents may be eligible for a loan to make their homes handicap-accessible.

Village of Spencer Community Development Block Grant Rehab Loan

659-2441

Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for making a home handicap-accessible.

Visually Impaired Persons Support Group

261-6070 or (888) 486-9545

Support group for visually impaired adults (over age 18) and their families, at the Aging & Disability Resource Center.

Visually Impaired Program (VIP)
675-7600

Rehabilitation, educational and pre-employment assistance for visually impaired/blind adults, at Midstate Independent Living Consultants' Choices Home, formerly at NTC.

Wausau Community Development Department
261-6680

City of Wausau property owners may be eligible for Homeowners' Rehabilitation loans to make their homes handicap-accessible.

Wausau Outreach Center for the Blind and Visually Impaired
842-0769 ext. 369

Networking, fellowship, and meals for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District's Pupil Services and Special Education
261-0535

Educational services for school-aged children with disabilities in the Wausau School District.

Wheelchair Recycling Program
(800) 382-8484 (Stevens Point)

A non-profit organization that refurbishes and provides low cost wheelchairs and other medical equipment (such as hospital beds, lift chairs, hoists, stair lifts, canes and walkers) to those in need, distributed by Midstate Independent Living Consultants.

Wisconsin Department of Transportation

(800) 924-3570 (Statewide Information Center)

www.dot.wisconsin.gov/drivers/vehicles/disabled

Processes *Handicap Parking Cards* for area residents with disabilities.

Wisconsin Division of Vocational Rehabilitation (DVR)
675-7760

(888) 701-1249 (TTY)

www.dwd.state.wi.us/dvr/jobseek.htm

Helps people with disabilities enter or re-enter the job market, at the Job Center.

Wisconsin Lions Camp (Camp Rosholt)

677-4969 (Rosholt)

www.wisconsinlionscamp.com

Year-round outdoor center and camp for visually and hearing impaired youth and adults, mildly cognitively disabled youth, and children with diabetes.

Wisconsin Relay System

(800) 947-6644 (Voice)

(800) 947-3529 (TTY)

or, call 7-1-1

www.hamiltonrelay.com

Telephone or internet relay service for Wisconsin residents who are deaf, hard of hearing or speech-disabled.

**Wisconsin Rural Development
(866) 474-3600**

www.rurdev.usda.gov/wi

Grants for very low-income elderly in rural areas (under 10,000 population) include payment for making a home handicap-accessible.

WisLoan Program

(800) 382-8484 (Stevens Point)

Offers loans to help purchase assistive technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Consultants.

Pregnancy Services

BadgerCare Plus

261-7500 (Dept. of Social Services)

<https://access.wisconsin.gov>

Former *Healthy Start* participants may now qualify for this public assistance program that provides health insurance to pregnant women.

Family Birth Center

393-3258 (Saint Clare's Hospital)

Offers programs for expecting parents.

**Family Planning Health
Services, Inc.**

675-5395 or (800) 246-5743

www.fphs.org

Pregnancy testing and education, on a sliding fee scale.

Hannah Center

(888) 442-6624

www.hannahcenter.com

Residence for women experiencing an unplanned pregnancy, in Marshfield.

**Hope Pregnancy Resource
Center**

843-4673 or (800) 395-4357

www.hopewausau.org

Free pregnancy testing, counsel and education for unplanned pregnancies and post-abortion, for women and men and their families.

Positive Young Parents (P.Y.P.)

845-6747 or (800) 577-7971

Support group for pregnant and parenting teens offers a safe place to meet other young parents and discuss ways to balance the needs of everyday life and the special challenges that come with early parenthood, at the Family Resource Center.

**School Age Parent Program
571-6441**

School instruction on prenatal health, fetal growth and development and parenting for students in the Wausau School District.

**Unplanned Pregnancy/Birth
Parent Counseling Services**

849-3344 or (888) 522-3678

Lutheran Social Services provides free, confidential counseling to anyone experiencing an unplanned pregnancy.

**WIC--Women, Infants &
Children Nutrition Program**

675-5449 or (800) 246-5743

Food drafts to meet the nutritional needs of pregnant and breastfeeding women and their children.

**Women's Health Birthing
Center**

**847-2380 (Aspirus Information
Center)**

Offers programs for expecting parents.

Preschools

Abbotsford Pre-Kindergarten

223-6715

Through Abbotsford Public Schools.

Aspirus YMCA Pre-School

841-1850

Preschool classes at the YMCA in Weston.

Athens Preschool

257-7051

At Athens Elementary School, through Athens School District.

**Bethlehem Community
Preschool**

359-6962

Christian preschool.

**D. C. Everest Preschool
Classes**

359-6563

Preschool classes through D. C. Everest Community Services.

Daisy Mae Day Care

675-8845

Includes preschool programs.

Edgar Preschool

352-2727

At Edgar Elementary School, through Edgar School District.

Good Shepherd Preschool

675-1997

Christian preschool.

Head Start

848-0716 (Wausau)

355-5971 (Rothschild)

693-4003 (Mosinee)

Federal Head Start program for children 3-5 years old from low-income families.

Immanuel Lutheran Preschool

842-3644

Christian preschool.

**Key to Life Christian Childcare
and Community Center**

359-5451

Offers Christian preschool program.

KIDStown U.S.A.

693-5437

Includes preschool, in Mosinee.

KinderCare Learning Center

359-4118

Includes preschool, in Schofield.

**Little Scholars Preschool
Kindergarten & Daycare**

845-8389

Includes preschool.

**Little Stars Preschool and Head
Start**

223-2044

Federal Head Start program for children 3-5 years old from low-income families in Colby.

**Montessori Childrens' Village,
Inc.**

842-9540

Includes preschool.

Montessori School of Wausau

842-7917

Preschool.

Mosinee Preschool, Inc.

693-6965

Preschool for Mosinee area children.

Mt. Olive Lutheran Preschool
359-9392
Christian preschool.

Newman Catholic Schools
845-5735
Includes preschools at the St. Mark, St. Anne and St. Michael Parish locations.

Rib Mountain Montessori
355-0908
Includes preschool.

St. John Lutheran School
845-7031
Includes pre-kindergarten Lutheran education.

St. Mark's Lutheran Preschool
848-5511
Christian preschool.

St. Peter Lutheran School
359-3020 or 359-2829
Includes 4 year old preschool.

Spencer Pre-Kindergarten
659-5347
Through Spencer School District.

Stratford Early Childhood Classes
687-3130
Through Stratford School District.

Wausau School District Preschool Programs
261-0265
4 yr. old pre-Kindergarten program that focuses on language and literacy development in young children.

Wipman Ker'da Head Start Center/Ho-Chunk Nation Head Start
253-3826 (Wittenberg)
Federal Head Start program for children 3-5 years old from Native American and low-income families in Eastern Marathon County.

Woodson YMCA Pre-School
845-2177 ext. 117
Preschool classes at the YMCA in Wausau.

YWCA Child Development Center
842-3381 ext. 107
Preschool classes at the YWCA.

Zion Child Care Center
845-7404
Christian preschool.

Prescription Assistance NACo Prescription Discount Card Program
www2.caremark.com/naco

Marathon County participates in The National Association of Counties' discount card program to help consumers with prescription drug costs. Cards are available free of charge at the County Clerk's Office, all Marathon County Public Library branches, Social Services, and the Health Department.

Partnership for Prescription Assistance
(888) 477-2669 (Call Center)
www.PPARxWI.org

Helps patients who lack prescription coverage get access to the medicines they need, through the public or private program that's right for them.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
<http://dhs.wisconsin.gov/seniorcare/index.htm>

State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Southside Pharmacy Delivery Service
845-3713

This pharmacy offers prescription delivery service.

Young's Drug Store Delivery Service
845-5203

This pharmacy offers prescription delivery service.

Rape Victims Sexual Assault Victim Services (SAVS)

842-5663 (office)
842-7323 (24 hr. support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org

Provides 24 hr. assistance and support for adult, adolescent and child victims of sexual assault and sexual abuse, through The Women's Community.

Recreation

Wausau & Marathon County Parks, Recreation, and Forestry
261-1550

www.co.marathon.wi.us/infosite.asp?dep=25
Provides recreational activities, sports programs for youth, and educational programs for all ages.

Wausau Area Events
843-0748

www.wausauareaevents.org
Coordinates and publicizes events in Wausau.

Wausau/Central Wisconsin Convention & Visitors Bureau
355-8788 or (888) 948-4748

www.visitwausau.com
Provides information about area attractions and events, and publishes the area's online *Events Calendar*.

see also:

Child/Youth Services

Clubs & Community Groups

Cultural Opportunities

Libraries

Volunteer Services

Renters see Landlord/Tenant

Runaways

National Runaway Switchboard
(800) 786-2929

www.1800runaway.org
Deliver messages between parents and runaways, and arrange transportation back home.

Runaway and Youth Services
848-7238

(877) 920-7238, 24 hrs./day
24 hr. hotline for adolescents in crisis or just to talk about problems and how to solve them, through Lutheran Social Services.

Schools & Colleges

Abbotsford Christian Academy (ACA)

223-4445

K - 12 Bible-based education.

Abbotsford Public Schools

223-6715

www.abbotsford.k12.wi.us

4K - 12th grade public education.

Alternative High School

675-3331 ext. 4784

Alternative high school at NTC.

Athens School District

257-7051

www.athens.k12.wi.us

4K - 12th grade public education.

Cardinal Stritch University

(800) 383-3308 ext. 22

www.stritch.edu

College of Business & Management structures Business Degree programs for returning adult students, at Westwood Conference Center, Wausau.

Colby District Education Center

223-2301

www.colby.k12.wi.us

K - 12th grade public education.

Concordia University

Wisconsin

302-3783

www.cuw.edu/locations/wausau

The School of Adult Education at Concordia University Wisconsin offers Associate of Arts and Bachelor of Arts degrees in Wausau.

D. C. Everest Area School District

359-4221

www.dce.k12.wi.us

K - 12th grade public education, in Weston.

Edgar School District

352-2351

www.edgar.K12.wi.us

4K - 12th grade public education.

Faith Christian Academy

842-0797

www.faitca.org

4K - 12th grade Bible-based education.

Falcon Enterprises Alternative High School

223-0118

www.abbotsford.k12.wi.us/alternative.html

Alternative education for students in grades 9 - 12, who are identified as at-risk of not graduating because they are credit-deficient, in Abbotsford.

Hillside Christian School

241-7722

<http://hillside22.adventistschoolconnect.org/index.php>

1st - 8th grade Christian education, in Wausau.

Marathon City School District

443-2226

www.Marathon.k12.wi.us

4K - 12th grade public education.

Mosinee School District

693-2530

www.mosineeschools.org

4K - 12th grade public education.

Newman Catholic Schools

845-5735

www.newmancatholicsschools.com

4K - 12th grade Catholic education.

Northcentral Technical College

675-3331

www.ntc.edu

Public vocational and technical education.

Northland Lutheran High

School

359-3400

www.nlhs.org

Lutheran secondary school, in Mosinee.

Our Savior's Ev. Lutheran

Church School--WELS

845-3253

www.oursaviorswausau.org

K - 8th grade Lutheran education in Wausau.

St. Anthony School

257-7541

<http://stanthoniyathens.org>

Catholic elementary education in Athens.

St. John Lutheran School

845-7031

www.stjohnofwausau.org

Pre-K - 8th grade Lutheran education.

St. John's Catholic Church School

352-3000

4K - 8th grade Catholic education in Edgar.

St. Joseph's Catholic School

687-4145

4K - 8th grade Catholic education in Stratford.

St. Mary's Catholic School

223-3033

Catholic elementary education in Colby.

St. Mary's School

443-3430

K - 8th grade Catholic education in Marathon.

St. Paul School

693-2675

www.stpauls-mosinee.org

4K - 8th grade Catholic education in Mosinee.

St. Peter Lutheran School

359-3020 or 359-2829

www.stpeterschofield.org

Lutheran education through 8th grade, in Schofield.

Spencer School District

659-5347

www.spencer.k12.wi.us

4K - 12th grade public education.

Storefront Learning Center

842-7556

Private alternative high school, through North Central Community Action Program in Wausau.

Stratford School District

687-3130

www.stratford.K12.wi.us

4K - 12th grade public education.

Trinity Lutheran Church

School--Missouri

257-7559

www.trinityathens.net

4K - 8th grade Lutheran education in Athens.

Trinity Lutheran School

848-0166

www.trinitywausau.org

K - 8th grade Lutheran education in Wausau.

University of Wisconsin-Marathon County

261-6100

www.uwmc.uwc.edu

Two-year campus of the University of Wisconsin system, in Wausau.

University of Wisconsin-Oshkosh Collaborative Nursing Program

261-6293

www.uwosh.edu

U. W.-Oshkosh nursing degree program available on the U. W.-Marathon County campus.

Upper Iowa University-Wausau Campus

675-2775

www.uiu.edu

Offers business and human service programs, at the NTC campus.

Wausau School District

261-0500

www.wausau.K12.wi.us

4K - 12th grade public education.

Wisconsin Valley Lutheran High School

693-2693

www.wvlhs.org

Christ-centered high-school education, in Mosinee.

Senior Services

AARP Driver Safety Courses

261-6070 or (888) 486-9545

Students learn how to adjust their driving to account for current rules of the road and any common age-related changes in vision, hearing, and reaction time, through the Aging & Disability Resource Center.

Abuse in Later Life

842-5663 or (888) 665-1234

www.womenscommunity.org

Provides counseling, support and advocacy for individuals over age 50 who are affected by abuse, through The Women's Community.

Adult Wellness Center

693-7145

www.communitycenterofhope.com

Social times for Active Older Adults include pot-luck lunch, learning opportunities, conversation, and stretching

exercises, at the Community Center of Hope in Mosinee.

Aging & Disability Resource Center of Central Wisconsin

261-6070 or (888) 486-9545

www.adrc.co.marathon.wi.us

Provides *Benefit Specialists, Caregiver Support, Information & Assistance, and Nutrition Program.*

Aging & Disability Resource Specialist

261-6070 or (888) 486-9545

www.adrc.co.marathon.wi.us

Serves as the gateway to long-term care resources, and provides assistance for Marathon County residents with complex or multiple needs.

Alzheimer's Family and Caregiver Support Program

261-6062 or (888) 486-9545

Alzheimer's Grant is available to reimburse caregivers for the purchase of respite care, Alzheimers medication, purchase/rental of adaptive equipment, transportation costs, or any good or service needed to keep a person in the community.

Caring Hearts Activity Center

298-0058

Adult day activities for the elderly.

College of the Emeriti

261-6294

Learning opportunities at UWMC for adults age 50 or older.

Faith in Action of Marathon County

848-8783

www.faithinactionmc.org

Volunteer help for the elderly and disabled whose needs are not currently being met by, or who do not qualify for, existing support services, or who do not have friends and family nearby.

Hmong Refugee Elders Program

842-8390 ext. 208

www.wausauhmong.org

Addresses mental health issues within the Hmong community, particularly among the elderly who might suffer from depression due to the lack of recreational and social diversions, through the Wausau Area Hmong Mutual Association.

Learning and Wellness Center

261-6070 or (888) 486-9545

www.adrc.co.marathon.wi.us

Offers health and fitness programs, life-long learning, and wellness seminars, as well as a place for seniors to enjoy social and recreational activities, at the Aging & Disability Resource Center.

Lifeline Personal Emergency Response

847-2781

Program that permits people who are elderly or disabled to summon help 24 hrs./day, by pushing a button on a small pendant, through Aspirus Wausau Hospital.

Marathon County Transportation Program

848-4555 (Dispatch)

841-5101 (Office)

North Central Health Care offers a variety of transportation services for people age 55 and over who need to travel outside of the areas of Wausau, Weston, Rothschild, Kronenwetter, Schofield and Mosinee, or who can ride in a car.

Senior AIDES Program

261-7740 (Job Center)

A "stepping stone" program to help income-eligible seniors age 55+ gain unsubsidized employment. Participants are assigned to non-profit or government sites for 20 hrs./wk. at minimum wage.

SeniorCare Prescription Drug Assistance Program

(800) 657-2038 Customer Service Hotline

<http://dhs.wisconsin.gov/seniorcare/index.htm>

State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Social Security Administration

(800) 772-1213 or 845-1321

www.ssa.gov

Administers *Social Security, Medicare, and Supplemental Security Income* benefits.

Specialized Transportation

842-8700 or (800) 472-4408

Opportunity, Inc. provides non-emergency specialized transportation to people with disabilities and the elderly, to

access their community. This service is on a "first-come-first-served" basis; 24-48 hr. advance notice is recommended. Also schedules evening and weekend *Shop 'N' Ride* routes Monday-Saturday.

The Talent Shop
845-1961

Consignment shop in downtown Wausau which features hand-crafted items made by area senior citizens.

Wausau Senior Citizens Chorus
359-6412

Community chorus for seniors.

Sexual Assault see
Rape Victims

Shelter see
Emergency Shelter

Suicide Prevention

Suicide Prevention Line
845-4326 or (800) 799-0122, 24 hrs./day

Suicide prevention, crisis intervention and supportive listening, through North Central Health Care.

Support Groups

AfterReach
847-2803

For anyone whose life has been touched by breast cancer or a related disease, at Aspirus Regional Cancer Center.

Al-Anon
355-0696 or (888) 425-2666
www.al-anon.alateen.org

12-step group meetings for relatives and friends of alcoholics to share their experience, strength, and hope in order to solve their common problems.

Alateen
845-7656 or 355-0696
www.al-anon.alateen.org

A fellowship of young people (pre-adolescents and teens) whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous
845-9914 (Alano Club)
842-1120 (Cellphone)
www.area74.org/area74_AA_meeting_lists.htm

Provides meeting times for local 12-step Alcoholics Anonymous meetings.

Alzheimer and Dementia Support Group

261-6070 or (888) 486-9545
Support group for anyone who is caring for someone with Alzheimer's Disease or related dementia, at the Aging & Disability Resource Center.

Alzheimer's Support Group
393-3950

Support for care partners and families of those with Alzheimer's and/or memory loss.

Cancer Support Group
393-1400

For cancer patients and their friends and families, to help them deal with the medical, social and emotional issues related to cancer, through Marshfield Clinic-Weston Center.

Central Wisconsin AUsome Social Group

359-0511 ext. 3435 or 241-9700 ext. 2133
Opportunities for individuals on the Autism Spectrum to interact socially with each other. In addition, families and caregivers are able to network and establish a positive support system.

Central Wisconsin Autism Society

845-5524
Support and information for parents and caregivers of children with Autism Spectrum Disorder.

Central Wisconsin Fibromyalgia Support Group

693-0398
Support group for those with chronic pain or fibromyalgia.

Central Wisconsin Network
842-8853

www.cwn-singles.com
Sponsors a variety of social activities for singles in Central Wisconsin who are 21 or older.

Child/Teen Grief Group
847-2703 or 843-7196

A support group for children and teens who have lost a loved one, through Aspirus Comfort Care and Hospice Services.

Children's Domestic Abuse Support Group

842-5663 or (888) 665-1234
www.womenscommunity.org

The Women's Community Domestic Abuse Program sponsors this support group for children who have experienced domestic abuse.

Children's Sexual Abuse Support Group

842-5663 or (888) 665-1234
www.womenscommunity.org

The Women's Community Sexual Assault Victim Services Program sponsors time-limited support groups for children who have been sexually abused.

The Compassionate Friends, WauMara Chapter

845-5968
www.compassionatefriends.org
Self-help group offering friendship, understanding, support and hope to bereaved parents.

DID Support Group
842-5663 or (888) 665-1234

www.womenscommunity.org
For women over 18 who are adult survivors of sexual abuse and have been diagnosed with Dissociative Identity Disorder/Multiple Personality Disorder, at The Women's Community.

DivorceCare Program
432-4835

<http://webpages.charter.net/tacc/tacc>
Support groups for those going through separation or divorce, led by Twice-A-Couple Concepts Ministries.

Depression and Anxiety Support Group

847-2205
A source of discussion, companionship, support and education for those dealing with mental illness, at Aspirus Wausau Hospital.

Epilepsy Support Group
(800) 924-9932 (Stevens Point)

www.epilepsyfoundation.org/cnewisconsin
The Epilepsy Foundation sponsors Wausau meetings for individuals with epilepsy and their parents, siblings, friends and spouses, at Aspirus Wausau Hospital.

Evening Group for Victims of Sexual Abuse

687-2171

For adult survivors of sexual abuse, rape or incest in the Stratford area.

Family Birth Center

393-3258 (Saint Clare's Hospital)

Offers a variety of support and education groups for new or expecting parents.

Finding Hope Together

845-5525 or 355-0480

Support group for anyone dealing with grief, at the Brainard Funeral Home Everest Chapel in Weston.

Friends and Family Support Group

847-2205

A source of discussion, companionship, support and education for those who love or care about an individual who may be suffering from depression, anxiety, or a mental illness, through Aspirus Wausau Hospital.

GamAnon

848-4540

Premiere Recovery Services hosts GamAnon meetings monthly for spouses and family members of compulsive gamblers.

Gamblers Anonymous

848-4540

www.gamblersanonymous.org/mtgdirWI.html

Premiere Recovery Services hosts weekly Gamblers Anonymous (GA) meetings which provide self-help and support for people to overcome gambling.

Gay Straight Alliance

261-6260

Support and information for lesbians, gays, bisexuals, transgendered, families and friends (confidential phone contact through UW-Marathon County faculty advisor.)

Good Grief--Living with Loss

847-2703

Grief support group for adults who have experienced the death of a loved one, at First Universalist Unitarian Church in Wausau.

Greater Wausau Area Stroke Club

847-2833 or 847-2827

Mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Greater Wausau Christian Services

842-5635

Offers support for family members of jail inmates.

GriefShare Program

432-4835

<http://webpages.charter.net/tacc/tacc>

Support groups for people grieving the loss of someone close, led by Twice-A-Couple Concepts Ministries.

Herbal Health

848-5062

Group meetings as-needed to discuss Alternative Health Care information, particularly herbal and nutritional methods and treatments.

Hmong Refugee Elders Program

842-8390

www.wausauhmong.org

Addresses mental health issues within the Hmong community, particularly among the elderly who might suffer from depression due to the lack of recreational and social diversions, through the Wausau Area Hmong Mutual Association.

Infertility Support Group

453-6498 (Tomahawk)

Support for couples experiencing infertility, at Saint Clare's Hospital in Weston.

Learning to Live and Love Again

847-2703

Grief support group for people who have lost a spouse early in life and may be struggling with financial and parenting responsibilities as well as the loss of a loved one, through Aspirus Comfort Care and Hospice Services.

LEAP (Learning Essentials About Parenting)

845-6747 or (800) 577-7971

Ongoing parent support and education through Family Resource Centers.

Live First Grieve Second

847-2703 or 845-4159

Support group for bereaved adults who are ready to move forward through education, recording memories, and searching for meaning, through Aspirus Comfort Care and Hospice Services.

Living Well with Heart Failure Support Group

(800) 853-0553

Support group to help people with heart failure, through at the Marshfield Clinic Wausau Center.

Look Good...Feel Better

847-2803 (Wausau Group)

393-1400 or (800) 487-0016

(Weston Group)

American Cancer Society program helps patients with skin care, make-up, scarves/turbans, and wigs to help cope with appearance-related side effects of chemotherapy and radiation.

Male Survivor Support Group

842-5663 or (888) 665-1234

www.womenscommunity.org

The Women's Community Sexual Assault Victim Services Program offers support for male survivors of sexual assault.

Man to Man Prostate Cancer Support Group

393-1400 or (800) 847-0016

Support group for men diagnosed with prostate cancer and their spouses, at Marshfield Clinic-Weston Center.

Men's Grief Group

847-2703

Support/social group for men who have lost a loved one, through Aspirus Comfort Care and Hospice Services.

Mingle & Share MS Support Group

359-2022

Empowers those with multiple sclerosis to share experiences, new information, ideas, and support.

MOPS (Mothers of Preschoolers) Program

842-5683

Members meet to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, through Highland Community Church.

MUSIC (Music Uses Strength In Coping)

842-5663 or (888) 665-1234

www.womenscommunity.org

Girls' teen support group for safe discussions about relationships, stress, and anxiety at school, home or work, using music to get discussion started, through The Women's Community and the YWCA.

Naim (Marathon County Widows and Widowers)

842-9160

Monthly meetings and planned social activities and outings for widows and widowers.

Narcotics Anonymous

(866) 590-2651

www.wisconsinna.org/ncwa.asp

Call or check website for a current list of local meeting times and places.

National Alliance on Mental Illness (NAMI)

298-2802 or 298-2553

www.namiwisconsin.org/affiliates.cfm

Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

Nicotine Anonymous 12-Step Group

573-4147

www.nicotine-anonymous.org

12-step support group for quitting tobacco.

No MSG

848-5062

Information on monosodium glutamate.

Ostomy Support Group

847-2000 ext. 53260

Support group for people who have an ostomy and the family and friends who make up their support system, through Aspirus Wausau Hospital.

Outreach Youth Central--OYC

355-6867 or (800) 551-3311

www.arcw.org

Addresses needs of youth (14-21 years) who are gay, lesbian, bi-sexual, transgendered, or questioning their identity pertaining to these areas of life, sponsored by the AIDS Resource Center.

Overeaters Anonymous

551-1970

www.oa.org/meetings/find-a-meeting.php

A fellowship of individuals who, through shared experience, strength and hope are recovering from compulsive overeating.

Parents Helping Parents

842-5663 or (888) 665-1234

www.womenscommunity.org

The Women's Community Sexual Assault Victim Services Program sponsors this support group for non-offending parents and caregivers of children who have been sexually abused.

Positive Young Parents (P.Y.P.)

845-6747 or (800) 577-7971

Support group for pregnant and parenting teens offers a safe place to meet other young parents and discuss ways to balance the needs of everyday life and the special challenges that come with early parenthood, at the Family Resource Center.

Reach to Recovery

848-2882 or (800) 227-2345

One-on-one support program for women or men facing or living with breast cancer, by matching them with a volunteer who has had similar breast cancer experiences, through the American Cancer Society.

Safe & Healthy

842-5663 or (888) 665-1234

www.womenscommunity.org

Support group for victims of domestic abuse over age 50, through The Women's Community.

SMART Recovery (Self-Management and Recovery Training)

846-0159, 571-6394 or 567-9343

www.smartrecovery.org

Helps people recover from all types of self-destructive behaviors and addiction to substances and activities.

Sexual Abuse Support Group

842-5663 or (888) 665-1234

www.womenscommunity.org

Ongoing peer support group for women 18 and over who have been sexually abused, at The Women's Community.

Spina Bifida Association of Northern Wisconsin

675-7313

Emotional and written support for parents of children with spina bifida.

Suicide Grief Support Group

359-9818

Helps explore survivors' feelings of shock, anger, guilt, grief and sadness after the suicide of a friend or family member, at St. Mark's Lutheran Church in Wausau.

Support After Infant Death (SAID)

848-1457

For parents who have experienced the death of a child under the age of two, through Children's Service Society.

Survivors of Brain Injury Support Group

847-2826

For brain injury survivors and family members, at Aspirus Wausau Hospital.

TMJ Health Network

848-5062

Information on temporomandibular joint dysfunction.

TOPS (Take Pounds Off Sensibly)

www.tops.org/imisapps/ChapterLocator/Chapter_Locator.asp

Log on to find local TOPS meetings, for encouragement on sensible eating, and to share ideas that work, to lose weight.

Treasured Twins Mothers of Twins Club

449-3626 or 843-7299

www.womotc.org

For mothers of multiple birth children.

Visually Impaired Persons Support Group

261-6070 or (888) 486-9545

For all visually impaired adults and their families, at the Aging & Disability Resource Center.

Wausau Area Diabetes Support Group

847-2195

Group members share knowledge, concerns, successes, coping strategies and support with one another.

Wausau Area Food Allergy Support Team

849-8012 or 675-5754

www.wafast.com

Support of families and adults with food allergies

Wausau Area Home Educators 848-3460

www.homeschool-life.com/wi/wausauarea

For parents who are interested in teaching their own children at home.

Wausau Area Parkinson Support Group

359-5992 or 675-2040

For people with Parkinson Disease.

Wausau Outreach Center for the Blind and Visually Impaired 842-0769 or 675-7204

Fellowship and social activities for blind or visually impaired members of the community and their caregivers, at Trinity Lutheran Church.

Wausau's Celiac Support for Adults & Children

298-4060

www.celiacinwi.org

Support for individuals who have celiac disease, at Aspirus Wausau Hospital.

Women's Health Birthing Center

847-2380 (Aspirus Information Center)

Offers a variety of support and education groups for new or expecting parents.

Women's Support Group

842-5663 or (888) 665-1234

www.womenscommunity.org

The Women's Community offers this group for individuals that are 18 years and older who have experienced domestic abuse or sexual abuse.

**Tenants see
Landlord/Tenant**

Transportation

Faith in Action-Marathon County

848-8783

www.faithinactionmc.org

Volunteer help for the elderly and disabled whose needs are not currently being met by, or who do not qualify for, existing transportation services, or who do not have friends and family nearby.

Jefferson Lines Bus Service (800) 451-5333 (Schedule and Fare information)

www.jeffersonlines.com

Daily routes to MINNEAPOLIS:

*Wausau-Abbotsford-Stanley-Chippewa Falls-Eau Claire-Menomonie-Hudson-St. Paul-Minneapolis and return

To MILWAUKEE:

* Wausau-Wittenberg-Shawano-Green Bay-Manitowoc-Sheboygan-Milwaukee and return

Lamers Bus Lines, Inc.

241-7799 (Bus station)

(800) 261-6600 (Tickets)

www.lamers.com

Daily route: Wausau-Stevens Point-Waupaca-New London-Appleton-Oshkosh-Fond du Lac-Milwaukee-Milwaukee Amtrak Station and return.

Marathon County Transportation Program

848-4555 (Dispatch)

841-5101 (Office)

North Central Health Care offers a variety of transportation services for people age 55 and over, veterans, or those with a disability, who need to travel outside of the areas of Wausau, Weston, Rothschild, Kronenwetter, Schofield and Mosinee, or who can ride in a car.

Metro Ride Bus Service (formerly WATS)

842-9287 (Office)

<http://metroride.ci.wausau.wi.us>

Public bus service in Wausau, Rothschild, Schofield, and Weston areas.

Metro Ride Paratransit (formerly WATS+)

842-9287 (Office)

(800) 236-8438 (To schedule a ride)

<http://metroride.ci.wausau.wi.us>

Provides non-emergency, specialized transportation for people who are physically or cognitively unable to use a standard transit bus, through Metro Ride and Abby Vans.

Specialized Transportation

842-8700 or (800) 472-4408

Opportunity, Inc. provides specialized transportation to people with disabilities and the elderly, to access their community. This service is on a "first-come-first-served" basis; 24-48 hr. advance notice is recommended. Also schedules evening and weekend *Shop 'N' Ride* routes Monday-Saturday.

Veteran Services

Disabled American Veteran Van Service

848-4555 (Dispatch)

841-5101 (Office)

The Marathon County Transportation Program coordinates volunteer drivers for the DAV van, to transport veterans to Tomah or Madison on an on-call basis.

Family Assistance Center

307-4384 (Local Liaison)

845-1011 (Office)

www.wingfam.org

Family Assistance Centers simplify the process of accessing needed services for families of veterans or service members called to active duty for an extended period of time.

Hotline for Federal Veterans Benefits Information

(800) 827-1000

www.va.gov

Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Marathon County Veterans Service Office

261-1141

Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, personal loans, and State veterans' benefits.

Randlin Adult Family Care Homes

581-7343

www.randlinhomes.org

24-hr. supervised care services for up to 25 residents (primarily veterans) with both short- and long-term needs, including those who have alcohol and drug abuse issues and/or emotional disturbances

Veterans' Services

261-7726 (Veterans' Representative)

Job placement assistance and case management for veterans, at the Job Center.

Vietnam Veterans of America--Northcentral Wisconsin Chapter #479

359-0607

Group that strives to meet needs of Vietnam era veterans provided that funds are available.

Wausau Area Hmong Mutual Association

842-8390

www.wausauhmong.org

Services for Lao veterans include help processing citizenship applications; information and referral; and advocacy to achieve benefits comparable to other veterans.

Wausau V. A. Medical Clinic

842-2834

Provides primary medical care and mental health counseling for veterans only.

Volunteer Services

United Way

Volunteer Connection

Helping You Help Others

United Way Volunteer Connection

848-2927

www.unitedwaymc.org/volunteer.htm

A program of the United Way of Marathon County that offers online matching to connect volunteers directly with agencies in need.

The following volunteer opportunities are provided by **United Way Volunteer Connection** and reflect the needs of registered organizations. For the most up-to-date listings and contacts, visit www.unitedwaymc.org and click on the Volunteer Connection logo, email volunteerconnection@unitedwaymc.org, or call United Way's 2-1-1.

On-Going Volunteer Opportunities

The Alzheimer's Association

393-3950

Memory Walk Coordination

Help plan and run the walk or send thank yous after the event.

American Red Cross Marathon County Chapter

842-2156

Disaster Response Team Member

Respond to disaster and provide Red Cross services (food, clothing, shelter) to disaster victims.

First Aid, CPR, AED Instructor

Instruct CPR/FA/AED classes to community groups.

Office Assistant

Assist with phones, data entry, typing, filing, mailing, etc.

RN Volunteer

Screen and educate the public at health fairs and screening clinics-county wide.

ATTIC Correctional Services

848-3202 ext. 11

Justice Mentor Program

Provide encouragement and support to first time, low-risk offenders and serve as role model.

Big Brothers Big Sisters of Northcentral Wisconsin

848-7207

Club Based Mentoring

Meet weekly, after school at the Boys and Girls Club, with a child ages 5-17 for academic and recreational activities.

Community Based Mentoring

Regular meetings with a child ages 6-14 providing positive development, companionship and friendship.

School Based Mentoring

Meet one hour a week to mentor a child ages 6-14 at their school providing extra encouragement, attention, and support.

Catholic Charities - Wausau Area

849-3311 ext. 10

Occasional Receptionist

Fill-in position, responsible for answering phones, transferring calls, and assisting clients.

Office and Community Volunteer

Work with various professional contacts in and out of the Wausau office. Some staff training is required.

Office Volunteer

Answer phones, transfer calls and give a general explanation of emergency services programs.

Center for the Visual Arts (CVA) 842-4545

Gallery Greeter

Greet visitors, answer questions, direct guests and monitor traffic through gallery.

Gift Shop Attendant

Watch over artwork for sale; greet and direct visitors to classrooms, offices, and galleries; answer phone; register students for classes.

Throw a Party- Reception Attendant

Help staff serve refreshments and keep the reception area tidy and presentable. Ability to lift 20 lbs. or more is required.

Commission for a Greener Tomorrow

841-1911

Go Green--Get Involved!

Join an action team to promote sustainability.

Diversity Circles of Wausau-Marathon County

573-6854

Diversity Circle Member

Examine racism with democratic dialogue to help make positive changes in our community. Meet for six, two hour sessions.

Epilepsy Foundation of Central and Northeast Wisconsin

341-5811

Epilepsy Awareness Presenter

Volunteers with a personal connection to epilepsy present programs within the community.

Everest Area Special Olympics 359-9134

Basketball Coach

Help athletes achieve their dreams by teaching basketball skills.

Bowling Coach

Teach athletes bowling skills and techniques.

Track Volunteer

Measuring distances, run a stopwatch, set up practice areas, and walk athletes from one event to another.

Faith In Action of Marathon County

848-8783

Driver Fluent in Hmong

Hmong speaking care receiver needs transportation several times a week for dialysis within Wausau. Mileage reimbursement available.

Errand Aide

Make trips to bank, post office or other locations.

Friendly Visitor and Companion

Visit with elderly and disabled individuals: chat, play cards, read a book, etc.

Handyman or Woman

Help Care Receivers with small projects and minor home repairs.

Housekeeping Helper

Assist with dusting, vacuuming and other housekeeping duties.

Paperwork Assistant

Assist elderly and disabled individuals with reading mail, paying bills and other paperwork.

Shopping Aide

Help push a cart, reach items too high or low and carry groceries into the Care Receiver's home.

Volunteer Cook

Help prepare meals in Care Receiver's home or bring a meal to client.

Volunteer Driver

Drive a Care Receiver to appointments, shopping or other activities. No steady commitment necessary. Mileage reimbursement available.

Wheelchair Ramp Builder

Aid in construction of wheelchair ramps for elderly and disabled.

Yard Work Helper

Rake, mow, pull weeds, or general yard clean-up.

Family Planning Health Services

675-9858

Help WI Women Access Reproductive Health Care

Call various health clinics to collect information about services offered.

Forest Park Village

845-1214

BINGO Specialist

Help with calling BINGO, setting up, and watching residents' cards.

Children Connections

Residents enjoy youthful visitors, infants to teens.

Cook's Helper & Life Saver

Homemade breakfast served daily. Assist with preparation, serving, and

clean-up for 16 residents. Daily commitment not necessary.

Entertainers

Share a talent, play a game or just socialize with residents.

Friendly Visitor/Activity Assistant

Assist with regular activities such as card games and Scrabble.

Lawn and Garden Assistant

Assist with weeding, watering, raking, or planting.

Snow Removal

Help keep walks clear.

Girl Scouts of the Northwestern Great Lakes

355-9850 ext. 4510

Girls K-5 School Outreach Assistant

Help with Girl Scout program for those who may not be able to participate in traditional troops. Runs either at 7:30am or during lunch at various schools.

Troop Leader or Co-leader

Lead Girl Scout troop by planning weekly meetings and activities for girls.

Good News Project

843-5985

Community Garden

Help mulch, weed, harvest, and distribute garden produce.

E-bay Design

Write creative descriptions, take pictures, and post items on E-bay.

Grant Writers

Search out potential grant sources and write grants.

Packing Stuff for Kids is Great Fun!

Sort and pack school supplies for donation to over 60 schools in the West Indies.

HIV/AIDS Ministry of Catholic Charities

345-2500

Volunteer Drivers

Take clients to doctor appointments, support group, or grocery shopping.

Humane Society of Marathon County

845-2810

Animal Shelter Maintenance

Help maintain the animal shelter building and grounds (window washing, floor cleaning, changing filters, providing small repairs, mowing lawn and grounds upkeep).

Events and Fundraising Assistant

Help plan fundraising events, solicit

sponsorships and donations, and work special events and fundraisers.

Kennel Aides for Adoptable Pets

Assist with the cleaning of cat and dog kennels, provide laundry and kitchen assistance.

Paws for a Cause

Show adoptable pets at local businesses for an outing with the public.

Junior Achievement of Wisconsin, Inc.-Northcentral District Office

842-1056

Classroom Volunteers

Facilitate programs that focus on work readiness, entrepreneurship, and financial literacy. Commit to 5-8 classroom visits for 45 minutes per visit.

Kennedy Park Medical & Rehabilitation

359-4257 ext. 249

Appointment Buddies

Call for van transportation, push wheelchairs, carry paperwork, call for van, and visit while waiting. Transportation provided.

B-I-N-G-O Helpers

Friday afternoons from 2-3pm; assist residents with game and return residents to rooms.

Church Escorts

Escort residents to and from their rooms for church service; assist with page turning.

Front Desk Receptionist

Answer phones, take information, and give directions.

Manicure Specialist

Give residents a basic manicure.

Party Day Volunteers

Thurs. from 1:30-3:30pm; assist with party activities.

Piano Player

Play for Catholic Mass on Wed. from 10-10:30am and Sing-a-long on Mon. from 2-3pm.

Sing-a-long Helpers

Assist residents with page turning, singing and fun.

Visitors

Read a book, watch TV, play a game, or just chat.

Komen for the Cure

581-2171

Events Volunteer

Assist with short-term event based needs and longer term committee needs throughout the year.

Kronenwetter Lions Club**581-6458****Food Wagon Volunteers**

Wrapping sandwiches, cashier, and stock wagon with supplies at community events.

Marathon County Alcohol & Other Drugs Partnership Council**261-0665****Various Volunteer Opportunities**

Advocacy, grant writing, public relations, special events, writing, editing, etc.

Marathon County Historical Society**842-5750****Poster and Literature Distribution**

Distribute materials related to events and exhibits.

Marathon County Literacy Council, Inc.**261-7292****Tutors and Conversational Partners**

Tutor a needy adult or family in reading, writing, math, computer, or employment skills. Training provided.

Marathon County Public Library**261-7210****Book Delivery**

Deliver and retrieve library materials of homebound patrons on a regular schedule.

Marathon County Victim Witness Crime Response Program**261-7825****Victim Services Volunteer**

Call crime victims to offer information, support and referrals.

March of Dimes**835-7230****Board Secretary**

Make and send agendas, take notes, and create and send meeting minutes.

Marywood Center**675-9451****Work with the Elderly**

Entertain residents with music, song, dance or animals. Visit one-on-one, help with small group activities or assist with special events such as outings and picnics. Escort residents to doctor visits.

Master Gardeners of North Central Wisconsin**842-2720****Web Page Designer & Administrator**

Construct a user-friendly website.

Mobile Meals**848-5848****Food Delivery Volunteer**

Deliver meals to those unable to prepare meals for themselves.

Mosinee Area Chamber of Commerce**693-4330****Office Custodian**

Perform light housekeeping tasks.

The Neighbors' Place**845-1966****Sewing Machine Trial Run Volunteer**

Test donated sewing machines to determine if they are in working condition.

New Life Pet Adoption Center, Inc.**443-6699****Animal Shelter Volunteer**

Help with walking, grooming and cleaning pet kennels. Volunteers also needed to answer phone, greet public.

North Central Health Care**848-4450****Beauty Shop Worker**

Help set, dry, and comb out hair.

BINGO Assistants

Transport residents to BINGO, assist with games, and pass out prizes.

Fresh Air Guide

Visit and take walks with residents in hallways or outside.

Gift Shop Cashier

Assist cashiers from 9am-12 noon or 12 noon-3pm.

Hospitality Cart Volunteer

Help an occasional Sunday for 2 hrs. by preparing and serving coffee and cookies to residents and families.

Saturday Activity Assistant

Assist activity staff with planned activities: BINGO, board games, trivia, etc.

Shopping Assistant

Pick up an elderly lady once a mo. and take her shopping at local stores.

Special Friend

Call and visit clients of the NCHC Community Support Program on a regular basis.

Visitors

Visit one-on-one with a resident.

Water Exercise Assistant

Assist Mount View residents and therapist with easy water exercises and maintain pool safety. Ability to swim is NOT required.

Peaceful Solutions Counseling**675-3458****Administrative Assistant**

Answer phones, greet clients, and schedule appointments.

Data Management

Research clients who have completed the treatment program (criminal background check) and provide outcomes for funders.

Office Cleaning

Assist with light cleaning of small office and dispose of garbage and recyclables on a weekly or bi-weekly basis.

Shopper for Office/Therapy Supplies

Pick up office supplies on an as needed basis.

Spanish Speaking Interpreter

Interpret therapy sessions/assessments for men who have been court ordered to complete a group therapy program.

Training in Accounting Systems

Assist in training the Co-Executive Directors in QuickBooks accounting systems.

Randlin Homes**212-2339****Board Members**

Those with an interest in providing services and alternatives for veterans with difficulties in many areas of life, many who have been offenders or suffer from chronic mental illness and/or chemical dependency. Board members meet monthly.

Concession Stand Workers

Cook food, take orders, and wait on customers at the traveling Hot Diggity Dog Concession stand.

Lawn Mowers

Assist in maintaining residential and commercial lawns. Must be able to operate machinery.

Phone Callers and Door Knockers

Make phone calls or personal visits to inform community members of Randlin Homes' mission and seek signatures of support.

Roofing

Assist with remodeling the HOPE Thrift Store Building.

Teach Employability Skills

Teach marketable skills to Randlin Home residents (examples: fundraising, landscaping, small engine repair,

business management, gardening) and model positive, healthy, drug free behaviors.

RockWater

842-0180

Concert Promotions

Assist in promoting shows.

Event Volunteer

Greet people, collect admissions, sell beverages, and take pictures at concerts and other events.

Laborers

Assist in renovating RockWater.

Web Manager

Update websites, post new shows, and respond to questions from the webpage.

Runaway and Youth Services (RAYS) Program

842-3181

Emergency Foster Care Provider

Accept emergency placements for runaway youth for up to 3 days.

Public Outreach

Distribute flyers, represent RAYS at community events, and network.

Saint Clare's Hospital

393-2605

Administrative Assistant

Support many departments with administrative projects.

Cardiac Care-Patient Support

Support anxious patients, comfort families in need and assist cardiac staff throughout the day.

Clare's Cart Volunteer

Visit patients with a cart filled with reading material.

Escorts

Greet hospital visitors, help them find their way.

Gift Shop Volunteer

Assist customers, use cash register, wrap gifts, set up displays.

The Salvation Army

845-4272

Kitchen Helper

Help prepare, serve and clean up after a free, daily noon meal.

Pantry Helper

Sort and box donations.

Stable Hands, Inc. Therapeutic Riding

359-6046

Therapeutic Riding Volunteer

Assist disabled riders, help with horses, special projects. Training provided.

United Way of Marathon County

848-2927

Community Impact Team Volunteer

Assist with evaluating program efficiencies and community impact for justification of program funding.

Mentors for Project Step Up

Work one-on-one with a family to promote financial security, self sufficiency, and family stability. Training provided.

United Way Volunteer Connection

848-2927

Advisory Committee Member

Advise the program on procedures and operations. Members should have knowledge and/or value community volunteering. Meet monthly.

Project Volunteers

Assemble large mailings, label books, or help with other special projects that need many hands; volunteer when it fits your schedule.

United Way's 2-1-1

848-2927

Information Specialist

Answer questions about the community and direct callers to community services and volunteer opportunities.

Wausau Blind Outreach Center

675-7204

Volunteer Driver

Provide rides for the visually impaired to attend social functions at The Wausau Blind Outreach Center at Trinity Lutheran.

Wausau Metro Adult Special Olympics

845-5454

Coaches and Assistant Coaches

Coach athletes in bowling, basketball, X-country skiing, snow shoeing, swimming or track & field.

Fundraiser Coordinator

Coordinate the supplies and volunteers needed for fundraisers.

Mentors for Athlete Leadership Program

Train athletes to serve in leadership roles other than sports--public speaking, fundraising or coaching.

Special Olympics Advocate

Deliver presentations, demonstrations, and/or activities to raise public awareness; meet with management monthly.

Volunteer Recruiter

Help recruit for events, coaches and staff.

Wausau School District-O.N.E Volunteer Program

261-0584

Learning Enrichment Volunteer

Provide hands-on opportunities to elementary students to enhance learning in a variety of subject areas.

Student Academic Assistance

Assist elementary students in core academic areas.

Teacher/Office/Program Support

Assist and support elementary school staff; does not involve direct interaction with students. Some projects can be done from home.

Wisconsin Veterans Home at King

258-4247

Assisting on Trips and Outings

Assist members on trips and with small chores as needed.

BINGO Assistance

Help with calling, setting up, and watching residents' cards to play BINGO.

Card Playing with Members

Enjoy playing cards and cribbage.

Ceramics Assistance

Help with pouring molds and operating the kiln.

Fishing Assistance

Take members fishing on Rainbow Lake.

King Café Assistance

Wash and clean tables and stock the coolers

One-on-One Visiting

Provide companionship for members.

Outpatient Clinic Assistance

Push wheelchair-bound patients to their appointments.

Projectionist to Show Thursday Night Movie

Run movie equipment and pop popcorn.

Woodshop Assistance

Provide a helping hand in the woodshop.

The Women's Community

842-5663

Children's Group Volunteer

Care for children while mom attends group sessions; provide snack, activity, and clean-up.

Receptionist

General office help.

Date-Specific Opportunities

January

Special Olympics WI-North Central Area

355-0550

State Winter Games Volunteer

Assist at various sporting events, Jan. 29-30, 2010.

Wisconsin Sports Development Corporation

608-226-4780

Badger State Winter Games Volunteer

Assist with competitive events Jan. 29-31, 2010 & Feb. 5-7, 2010. Most assignments are outdoors.

February

Wisconsin Sports Development Corporation

608-226-4780

Badger State Winter Games Volunteer

Assist with competitive events Feb. 5-7, 2010. Most assignments are outdoors.

Humane Society of Marathon County

845-2810

Puppy Love-A Black Tie Event

Help at benefit dinner and auction, Feb. 12, 2010.

Special Olympics WI-North Central Area

355-0550

Polar Plunge Volunteer

Work outdoors at event or assist with pre-registration, souvenir sales or site preparation before; Feb. 27, 2010.

April

Faith in Action of Marathon County

848-8783

Spring Clean Up

Assist elderly and disabled neighbors with yard clean up in April and May.

Mosinee Area Chamber of Commerce, Inc.

693-4330

Business and Community Expo

Help set up before and clean up after the expo in April.

May

National MS Society-Wisconsin Chapter

842-5142

MS Walk Volunteers

Set up, greet walkers, hand out lunch, and tear down on May 3, 2010.

Humane Society of Marathon County

845-2810

Bark Around the Block

Help at parade and family festival, May 22, 2010.

Center for the Visual Arts

842-4545

Charity Auction Volunteer

Opportunities for artists, acquisitions committee members and event volunteers, with or without auction experience, in May, 2010.

Faith in Action of Marathon County

848-8783

Spring Clean Up

Assist elderly and disabled neighbors with yard clean up in April and May, 2010.

June

PPA-Partnership for Progressive Agriculture

803-1671

Dairy Breakfast

Serve food, clean and reset tables, and assist with customer parking, June 6, 2010.

July

Mosinee Area Chamber of Commerce, Inc.

693-4330

Fourth of July Celebration

Assist with set up of celebration, help with crowd control and manage the parade route and floats, July 4, 2010.

Wausau Area Events, Inc.

843-0748

Wausau Balloon Rally & Glow

Help at this weekend event at the Wausau Municipal Airport, July 8-11, 2010.

Humane Society of Marathon County

845-2810

CATSino Night

Help at this fundraising casino night, July 15, 2010.

August

Center for the Visual Arts

842-4545

Art Camp Teaching Aides

Assist at a summer, themed, art camp for grades K-8, in early August.

Mosinee Area Chamber of Commerce, Inc.

693-4330

Little Bull Falls LogJam Festival

Various opportunities throughout this weekend event in Mosinee, early Aug. 2010.

Greater Mosinee Golf Outing

Set up at the golf course, man a golf hole, and clean up/tear down at end of event, in Aug. 2010.

Kennedy Park Medical & Rehabilitation

359-4257 ext. 249

Wisconsin Valley Fair Escorts

Escort residents around the fairgrounds on select day during fair week (Aug. 3-8, 2010). Must be 16 yrs. old.

North Central Health Care

848-4450

Fair Escort

Help escort residents in wheelchairs to the Wisconsin Valley Fair select dates during fair week (Aug. 3-8, 2010).

Center for the Visual Arts

842-4545

Throw a Party-Reception Attendant

Pour the wine, manage the hors d'oeuvres table, and help guests enjoy the night, Aug. 21, Sept. 19, Oct. 9, Nov. 20, 2009.

Workplace Volunteer Council

848-2927

Fill-a-Backpack Volunteers

Assist with sorting, packing and distributing backpacks to qualifying students in Marathon County, Aug. 18-21, 2010.

Wausau Area Events, Inc.

843-0748

Big Bull Falls Blues Fest

Bartend, sell beer tickets, attach wrist bands at weekend event, Aug. 20-21, 2010.

Lose the Training Wheels

551-8928

Lose the Training Wheels Bike Camp

Help children with disabilities learn to ride a two-wheel bicycle, at Horace Mann Middle School, Summer, 2010.

September

Center for the Visual Arts 842-4545

Throw a Party-Reception Attendant
Pour the wine, manage the hors d'oeuvres table, and help guests enjoy the night, Sept. 19, Oct. 9, Nov. 20, 2009.

Humane Society of Marathon County 845-2810

Paws on the Path
Formally known as Bark in the Park, help out at this pledge walk and day of fun for pets and their people, Sept. 20, 2009.

Special Olympics WI-North Central Area 355-0550

Du Run Run Volunteer
Organize and time children, ages 3-11, competing in a bike/run at John Muir MS on Sept. 20, 2009.

The Alzheimer's Association 393-3950

Memory Walk Volunteers
Assist with registration, set up, and marking the walk route. Held on Sept. 26, 2009 at Marathon Park.

Wausau School Foundation 261-0554

Forest Fest for Education Volunteer
Run/walk assistance at the Wausau School Forest, Sept. 26, 2009.

March of Dimes 835-7230

Bikers for Babies Fundraiser
Help with planning, putting up signs, getting site ready, and working at this motorcycle fundraising event (Wausau to Marshfield to Plover and back to Wausau), Sept. 27, 2009.

October

Center for the Visual Arts 842-4545

Throw a Party-Reception Attendant
Pour the wine, manage the hors d'oeuvres table, and help guests enjoy the night, Oct. 9, Nov. 20, 2009.

New Life Pet Adoption Center, Inc.

443-6699
Bark-tober-fest Volunteer
Help with fundraising, event set-up or decorating; at Dale's Weston Lanes, Oct. 9, 2009.

Good News 843-5985

Annual Caribbean Dinner Theater Volunteer
Decorate and wait a theme table, help prepare the dinner or bake a rum cake for annual event on Oct. 10, 2009.

United Way Volunteer Connection 848-2927

Make a Difference Day Drivers
Pick up bagged leaves and haul them to area yard waste sites. Must have truck or trailer. Oct. 20-30, 2009.
Make a Difference Day-Rakers
Community raking project for the elderly/disabled, Oct. 24, 2009.

The Neighbor's Place 845-1966

Entertainers, Musicians for Wausau Area Empty Bowls
Set up, assist the day of event, help with take down and clean up; at the Rose Garden, Oct. 24, 2009.

November

The Salvation Army 845-4272

Bell Ringing
Individuals or groups needed for 2 hr. shifts at locations throughout Wausau, Rib Mountain, Weston, Rothschild and Schofield, Nov. 6-Dec. 24, 2009.
Angel Tree/Shelter Booth
Collect toys and monetary donations at the Wausau Center Mall, mid Nov.-Dec 24, 2009.

Center for the Visual Arts 842-4545

Throw a Party-Reception Attendant
Pour the wine, manage the hors d'oeuvres table, and help guests enjoy the night, Nov. 20, 2009.

United Way Volunteer Connection 848-2927

Family Volunteer Day
All ages invited to participate in a community service project during the season of giving, held Nov. 21, 2009.
Gift Wrapping for Bundles of Joy
Wrap gifts for donations at the Wausau Center Mall, Nov. 27-Dec. 24, 2009.

December

The Salvation Army 845-4272

Bell Ringing
Individuals or groups needed for 2 hr. shifts at locations throughout Wausau, Rib Mountain, Weston, Rothschild and Schofield, Thru Dec. 24, 2009.
Angel Tree/Shelter Booth
Collect toys and monetary donations at the Wausau Center Mall, Thru Dec 24, 2009.

United Way Volunteer Connection 848-2927

Gift Wrapping for Bundles of Joy
Wrap gifts for donations at the Wausau Center Mall, Thru Dec. 24, 2009.

Mosinee Area Chamber of Commerce, Inc. 693-4330

Christmas Parade and Holiday Festival
Set up and clean up for the parade and festival Dec 1, 2009.

The Neighbor's Place 845-1966

Gift Distribution
Help with gift wrapping and gift distribution at the Christmas Store the week before Christmas.

North Central Health Care 848-4450

Christmas Caroling
Sing carols with residents through the halls of Mount View Care Center, Dec. 2009.

Christmas Shopping
Take residents of Mount View Care Center Christmas shopping at Wal-Mart, Dec. 2009.



When you need information about community services or volunteer opportunities, or are looking for **help** with a personal or family matter, **we're here any time you don't know where to turn.**

★ **Dial *2-1-1*** for **free and confidential**, up-to-date and personalized information and referrals, **24 hours a day, 7 days a week.** Information Specialists answer residents' questions about where to find community services or volunteer opportunities, who to contact, and how to take the next step toward solving their problems or meeting their needs. Simply call **2-1-1, 848-2255** or **1-800-922-5590.**

★ **Search online** at www.unitedwaymc.org

Get Help Click on *2-1-1* then **SEARCH ONLINE**
Click on the first letter of your Subject, for example:
A for **Animal Shelters**, **T** for **Tax Preparation**,
I for **Immunization**, **W** for **Weatherization**
Click on the subject to find community services in that category.

Give Help Click on **Volunteer Connection** to find a volunteer opportunity that matches your interests, skills, and available time;
OR click **GoodsMatch** to post a donated item.

★ **Learn more through FREE community resource publications:**

*Help for Hard Times Guide**
*Youth Yellow Pages**
*Senior Resource Directory**
*Give and Get Help Guide**
Choosing a Counselor Brochure
Help for Farmers Brochure

*Also online at www.unitedwaymc.org

★ **Email** your question to askus@unitedwaymc.org

