Give and Get Help Guide 2015
When it Matters Most, Count on Us

Interim Home HealthCare, Hospice and Palliative Care

- Companions and Homemakers - Supportive Care
- Nurses and Aides - Skilled Care
- Physical, Occupational & Speech Therapy
- Palliative - Physician Services
- Hospice Care

- Free Initial Assessments for Supportive Care Services
- Facility Staffing & Human Resource Management
- Classes for Caregivers Certification in CBRF’s
- All Staff Bonded, Insured & Screened
- Medicare • Medicaid • Insurance & Private & Private Pay Accepted

Supportive Care Services
for help with the activities of daily living

Services start with a careful review of your needs. A plan of care is developed and you decide from a few hours of help to full-time care in the home. Interim is designed to provide the extra supportive services needed to keep you safe at home.

- Bathing • Meal Preparation • Laundry
- Light Housework • Shopping • Errands
- Companionship • Respite Care

Palliative Care Services
Palliative care is focused on relief of pain and other symptoms of serious illnesses. The goal is to improve the quality of life for you and your family. It is appropriate at any point in your illness. This means you can receive palliative care when you are having treatments that are meant to cure your illness.

Our Palliative care team includes:
- Physicians • Nurse Practitioners • Social Workers • Spiritual Counselors

Helping make the best of every day when facing a life limiting illness. Interim’s experienced team of specialists are devoted to compassionate, professional end-of-life care.

They include:
- Physicians • Nurse Practitioners • Aides • Social Workers • Chaplains • Volunteers

Interim HealthCare of Wausau was established by Jan & Russ Kocha in January of 1993. It is locally owned and operated as a franchise of Interim HealthCare, Inc., which has over 300 offices nationwide. Interim HealthCare of Wausau is a Federally Certified, State Licensed Home Health Care and Hospice Agency serving the Central Wisconsin community with dedication and compassion.
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United Way does not endorse or recommend any advertiser in this guide.
United Way Volunteer Connection
Helping You Help Others

A program of United Way of Marathon County that connects volunteers and organizations with opportunities to serve using a searchable, online database. Those without Internet access can be assisted via phone, email, or in person.

United Way Volunteer Connection
(715) 298-5722
Email VolunteerConnection@UnitedWayMC.org
www.UnitedWayMC.org

United Way RVSP of Marathon County
Connecting Volunteers 55+ to Community Needs

A program that connects volunteers 55 and over with critical community needs and offers additional support, including personalized placement, optional mileage reimbursement, and insurance while volunteering.

United Way RVSP of Marathon County
(715) 298-5721
Email tomernik@UnitedWayMC.org
www.UnitedWayMC.org

VOLUNTEER OPPORTUNITIES

The following volunteer opportunities are maintained by United Way Volunteer Connection. They reflect the local needs of area organizations throughout Marathon County. For the most up-to-date listings and contacts, visit www.UnitedWayMC.org, click or tap Volunteer in the blue menu on the left and select Volunteer Connection from the drop-down menu. You may also email VolunteerConnection@UnitedWayMC.org or call United Way’s 2-1-1.

AARP Foundation - AARP Tax Aide
(715) 355-5926
Email Kelly@charter.net

- Tax Aide
  Prepare tax returns. Training provided.

Aging and Disability Resource Center of Central Wisconsin
(888) 486-9545
Email erin.zastrow@adrc-cw.com
- Feed a Soul, Deliver a Hot Meal
  Deliver meals to homebound seniors.
- A Slip... A Spill... A Hospital Trip?
  Provide in-home visits to assess the safety of their home and environment. Also provide community resources for fall prevention.

The Alzheimer’s Association
(715) 845-7440
Email aswatek@aiz.org
- Rhythm and Brews/Planning Committee
  Help plan and promote this annual Fall benefit. Help at the fundraiser with set-up/take down, registration, photography, beer and food sampling, or the 50/50 raffle.
- Walk to End Alzheimer’s – Colby, Marshfield, and Wausau
  Assist in Fall 2015 with marking a walk route, hanging signage, set-up, registration, photography, raffle tickets, or traffic control.
- Walk to End Alzheimer’s Committee
  Help with Wausau walk planning and promotion.

American Heart Association
(715) 574-1124
Email LeahAlters@heart.org
- Heart Walk Helpers
  Assist with the Wausau Heart Walk on Saturday, May 16, 2015.
- Story Tellers
  Volunteer your time sharing your story as a survivor of a heart attack or stroke.
- Staff Support
  Run errands, make phone calls, or assist the AHA in other efforts.

American Red Cross
(877) 618-6628, ext. 7455
Email linda.soltis-schroeder@redcross.org
- Become a Red Cross Disaster Mental Health Counselor
  Provide mental-health–related services to people affected by disaster.
- Have a Current Health Care License? Become a Red Cross Health Service Provider
  Provide health-related services/secure resources to meet the health needs of people affected by disaster.
- Become a Red Cross Disaster Responder
  Provide disaster relief to those affected by providing food, shelter, supplies, and hope.

AseraCare Hospice
(715) 355-4797
Email ruth.mccurdy@aseracare.com
- Certified in Pet Therapy, Massage Therapy, or Music Therapy? Volunteers Needed!
  Trained volunteers bring joy, warmth, and companionship to patients’ lives. Help relieve stress by bringing a sense of peace and trust.
- Unique & Special Volunteer Opportunities!
  Want to improve the quality of one’s life? If so, consider becoming a hospice volunteer. Free orientation provided.
- Veteran-to-Veteran Volunteers Needed
  Fellow veterans visit terminally ill veterans at a Weston nursing home. Orientation program provided.
- Want to Make a Difference? Become a Hospice Volunteer
  Converse and engage in recreational activities with patients in a Weston nursing home. Orientation program provided.

Aspirus Wausau Hospital
(715) 847-2848
Email reeseaarthun@aspirus.org
- BINGO Volunteer
  Help distribute bingo cards, draw numbers, and take telephone calls from winners and provide patients with a fun half hour.
- Gift Shop Attendant
  Assist customers with purchases and work with a computerized cash register. Hours are 9am-7:30pm on weekdays and 11am-3pm on weekends.
- Lifeline Installer
  Volunteers go to the homes of individuals who are elderly or disabled to install and show subscribers how to use their personal help button and lifeline unit.
- Plaza Drive Clinic – X-Ray
  Volunteers will serve as liaisons for patients and families waiting in Radiology.
- Rainbow’s End Youth Camp Counselor
  Volunteers will serve as one-on-one camp counselors for those attending the Weston YMCA camp, which is held the last two weeks in July 2015.
- Starbucks Barista or Cashier
  Volunteers have the option of learning to make our tasty creations or simply learning to work the cash register.

Azura Memory Care
(715) 355-0812
Email Tammy.Seltrecht@azuramemory.com
- Card or Board-Game Players
  Play checkers, cards, or other games with residents.
• Storytellers/Visitors
Read a book to a resident or chat about topics of interest to you.

• Snack Assistants
Help distribute snacks to our residents.

**Benedictine Living Community of Wausau**
(715) 675-9451
Email Nicole.lokken@bhshealth.org

• Card/Game Player
Play cribbage, sheepshead, or other games with residents.

• Clerical Assistant/Switchboard Operator
Answer and route calls or assist with office tasks. Must have good communication skills.

• Fundraising Assistant
Help staff coordinate events, sell tickets, or serve food at fundraisers.

• Singing, Dance, or Music Groups Wanted
Church, dance groups, and others sought to entertain seniors.

• Pet Therapy Visitor
We welcome certified pet therapy dogs to visit residents in a supervised group setting or supervised visits to residents’ rooms.

**Big Brothers Big Sisters of Northcentral Wisconsin**
(715) 848-7207

Email lindak@bbbsncw.org

• Big Taste
Clean and bus tables for the annual culinary fundraising event. October 29, 2015, at Granite Peak.

• Bowl for Kids’ Sake
Help with participant registration and raffle sales April 15–18, 2015, at Dale’s Weston Lanes.

• Mentors - Club Based
Meet weekly with a child after school at the Boys and Girls Club for academic and recreational activities.

• Mentors - Community Based
Engage weekly in activities with a child aged 6–14, providing positive development and friendship. BIG couples and BIG Families welcome too – It’s as easy as having dinner with a child once a week.

• Mentors - School Based
Mentor a child aged 6–14 at their school providing extra encouragement, attention, and support at least one hour weekly.

**Blessings in a Backpack**
(715) 370-2423
Email earlnash@netprosbb.net

• Food Donation Coordinator
Organize and coordinate the process of getting food to our location for the program.

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**Blood Center of Northcentral Wisconsin**
715-842-0761
Email bcnw1@juno.com

• Blood Donors
Those in good health can volunteer their time (about 45 mins) as blood donors for area hospitals in Wausau, Shawano, Medford, & Antigo.

**Boy Scouts of America – Samoset Council**
(715) 355-1450
Email scott.domino@scouting.org

• Boy Scout Adult Leader
Men or women needed to mentor youth as a Scout Leader.

• Scouting Aides
Multiple opportunities abound for working with youth in the community on a project or other basis.
Boys & Girls Club of the Wausau Area
(715) 845-2582
Email teens@bgclub.com
• Crayons, Glue, and Kids - Oh My! Lead art projects at the Club weekly.
• Homework Helpers: Help Make the Grade! Tutor children after school at the Club.
• Site-base “Big” (Mentor) Mentor a youth weekly for the school year. Work one-on-one or in small-group settings.
• Sports & Fitness Leader Help run games and activities.
• Wine, Cheese, & All That Jazz Volunteer at the formal fundraiser on January 24, 2015.

Bridge Community Health Clinic
(715) 484-4884
Email lauras@bridgeclinic.org
• Affordable Care Act Education and Outreach Volunteer to help reach those in the community by teaching them how to receive affordable insurance.
• Certified Application Counselor Become certified by taking two classes and two tests that then allow you to help individuals in the community complete their insurance applications.

Catholic Charities – Wausau Office
(715) 849-3311
Email shubert@cclse.org
• Mentors for Low-Income Families via Project Step-Up Work with a family monthly in areas of basic problem solving, goal development, and sound financial practices.
• Receptionist/Clerical Help Greet and assist walk-in clients, answer phones and general questions using script, make copies, or assist staff with projects and light office cleaning.
• Wausau Community Warming Center Help provide homeless adults with a warm meal and a clean, safe place to spend the night with dignity. Open November 1–April 30.

Center for the Visual Arts
(715) 842-4545
Email cvaeaxdfr@gmail.com
• Art Education Help kids learn art skills in a weeklong workshop. Teachers and teachers’ aides needed in August 2015.
• Art of Wine Help with event set-up, act as a greeter, or pour wine at this October 2015 event.
• ChalkFest Help with children’s ChalkFest management and supervision, July 11-12, 2015.
• Gallery Greeter/Docent Greet and interact with guests in the gallery and ensure art is treated respectfully. Train to discuss exhibits and current artists.
• Volunteer Opportunities at the CVA Help kids learn art skills, assist customers in finding the perfect gift, make guests feel welcome in the galleries, and more.

Central Wisconsin Children’s Theatre
(715) 842-4416
Email cwctpresents@gmail.com
• Show Assistants Help with set construction, costuming, lighting, sound, and directing. Depending on the scale of the show, the time commitment changes.
• Drama Camp Assistants Help children blossom in the theatre arts: Help direct, lead improv, do sound/lighting, and/or costuming.
• CWCT Board Member Working on the Board, volunteers choose shows and work with the Administrator to make all the events and shows happen.
• Publicity Help Help coordinate radio, TV, and online advertising.

Children’s Hospital of Wisconsin Community Services
(715) 843-1869
Email Kristine.zarins@cssw.org
• Playroom Cleaner Volunteers are needed to help clean the playroom, chairs, and carpets to help keep our client areas clean and safe for the itty-bittys that come to visit.
• Food Pantry Volunteer Check in clients, distribute frozen meat and dry goods, stock shelves, and organize fresh produce deliveries.
• Produce Pick-Up for Pantry Drive the Center’s minivan to pick up produce deliveries. Additional volunteer opportunities at the Center as requested.
• Thanksgiving Dinner Help prepare and serve a community dinner, or deliver to the homebound. In Mosinee, date TBA.
• Hope’s Closet Volunteer Sort and price clothing and household items. Run cash register during sales hours.

Crossroads Community Services
(715) 845-5000
Email mwenzel.crossroads@hotmail.com
• Advisory Board Members – Construction, Marketing/Media, or Financial Background Bring specialized insight and guidance to an advisory board focused on helping those with housing needs.

Epilepsy Foundation Heart of Wisconsin
(715) 341-5811
Email ahubbard@epilepsywisconsin.org
• Epilepsy Awareness Youth Council Youth ages 18–25 serve as mentors and ambassadors while assisting with agency events and projects throughout the state.
• Stroll for Epilepsy Lead children’s activities, mark the walk Route, or help with set-up and takedown. Date TBA.

Everest Area Special Olympics
(715) 359-9134
Email cjdomino@msn.com
• Did Someone Say Volunteer for Bocce? Teach bocce skills and techniques.
• Have Passion? Time? Support Track Coach track and field events or measure distances, run a stopwatch, set up practice areas, and walk with athletes from one event to another.
• Help Athletes Make Strikes Teach bowling skills and techniques.

Faith In Action of Marathon County
(715) 848-8387
Email fiadirector@faithinactionmc.org
• Board of Directors Member Serve on a Board that meets monthly for a non-profit that helps those who are elderly or disabled remain independent in their homes for as long as possible.
• Clean – Catch the Dust Bunnies! Assist neighbors who are elderly or frail with dusting, vacuuming, and other housekeeping duties.
• Deliver Food to Elderly Neighbors Pick up and deliver food shares from The Neighbors’ Place.
• Do You Miss Your Mom? Friendly Visiting & Companionship Chat, play cards, read a book, or provide companionship to individuals who are frail or elderly.
• Drive – Do You Have WHEEL Appeal? Drive a neighbor who is elderly to appointments, shopping, or other activities.
• Handyman – Do You Enjoy Fixing Things?
Help individuals who are elderly with small projects and minor home repairs.

• Holiday "Care"oling Concert
Help by ushering, selling bakery, video-taping, taking photos, or clean up. At Wausau West High School. Date TBA.

• Holiday Cheer for Elders
Help fill and wrap holiday gift baskets or deliver them in early December 2015.

• Lawn Care – Calling all LAWN Rangers
Cut grass for elderly neighbors in need. Equipment provided.

• Paperwork Assistance for Elderly
Assist reading mail, paying bills, balancing checkbooks, and other paperwork.

• Spring Clean-Up
Assist residents who are elderly or disabled with yard clean-up in April and May 2015 (dates flexible).

• Yard Work
Rake, pull weeds, or clean up yards for individuals in the community who are elderly or disabled.

Family Planning Health Services
(715) 675-5395
Email kettners@fphs.org
• Help WI Men & Women Access Reproductive Health Care
Build new chart files for clinic use and package family-planning supplies.

First Presbyterian Church of Wausau
(715) 432-5671
Email rcoscio@yahoo.com
• Community Supper & Fellowship
Greet guests, serve meal and beverages, and help with clean-up from 4:00–5:10 p.m. on Sundays. Volunteers especially needed the Sundays that fall near a holiday.

The Fix Is In Spay/Neuter Clinic
(715) 360-7031
Email info@thefixisin.org
• Clinic Intake Assistant
Greet clients, take cat carriers, make labels, and take the carriers to the exam room for the vet.

• General Clinic Assistant
Complete rabies certificates, assemble e-collars (recovery cones), and help with clean up as needed.

• Surgical Instrument Assistant
Wash and wrap surgical instruments for sterilization (10 a.m.–4 p.m.).

Forest Park Village
(715) 253-2125 ext. 142
Email forestpv@gmail.com
• Friendly Visitors at the Garden Apartments
Visit with senior residents in their apartments on a one-to-one basis.

• Musical/Vocal Entertainer
Share the gift of music with residents. Piano is available.

• Activities Assistant
Assist, plan, and set up weekend activities for residents.

• BINGO Caller
Volunteer on Saturday or Sunday afternoons to call BINGO for one hour.

• Children Connections
Our residents love to have visits and gatherings with children, from newborns on up through teen and college ages.

Girl Scouts of the Northwestern Great Lakes
(888) 747-6945
Email mbbeck@gsnwgl.org
• Girl Scout Volunteer
Help girls explore their interests and develop leadership. Become involved with a troop, camp, event, or travel destination.

• Advisory Team Member, Central Region
Do you want to connect, influence, elevate, and lead? Join our team to empower girls in your community by helping to plan occasional events/leadership trainings, open doors, and assist with fundraising efforts on a less than monthly basis.

Good News Project
(715) 843-5985
Email chris@goodnewswi.com
• Celebrity Waiter
Decorate and wait a theme table, and dress to match at the Caribbean Dinner Theater!

• Strong Volunteers Needed Fridays
Need muscles to lift items out of vehicles and into wagons for recycling.

• Bulk Mailers
Volunteers needed to apply labels, close with a seal, stuff envelopes, add inserts, and organize and count the bulk mail.

• General Volunteer Help
Volunteers to help with warehouse organizing, office help, and humanitarian shipment packing.

Habitat for Humanity of Wausau
(715) 848-5042
Email office@habitatwausau.org
• Church Relations/Liaison
Establish partnership/relationships between local area churches and Habitat for Humanity of Wausau.

• Recycled Building Materials Sales Help
Prepare donated materials to be sold on Thursdays or assist customers on Saturdays.

Harmony Living Centers – Wausau
(715) 848-6257
Email vicki.rainville@yahoo.com
• Dance Groups to Entertain Seniors
Does your group line dance, square dance, tap, or ballroom dance? Any ages and group size welcome to perform.

• Did you say “B-I-N-G-O”?
Volunteer to call BINGO for seniors. Seeking callers from high school age to retirement.

• Friendship of YOUTH Wanted!
Individuals and groups of teens needed to socialize with seniors. Play board games, read, sing, and play instruments, or do arts & crafts.

• Let’s Make It Work!
An opportunity for groups to come make crafts or snacks together with residents.

• Sing Your Hearts Out
Individuals or church youth groups to sing church songs to elderly residents.

Head Start – Marathon County
(715) 845-2947
Email ssteppe@mcddahs.org
• Board of Directors Member
Seeking a community-minded person with compassion for supporting young children and families living in poverty. Helpful backgrounds: CPA; knowledge of rural Marathon County; knowledge of disabled children’s needs; legal knowledge; or experience with non-profits.

• Preschool Classroom Volunteer
Help prepare class materials, read to children, play games, chaperone field trips, and help with classroom clean-up.

Hmong American Center
715-842-8390
Email pyang@wausauhmong.org
• Volunteer Tutors
Seeking tutors to work with younger students and other occasional needs.

GIVE HELP
Humane Society of Marathon County
(715) 845-2810
Email volunteers@catsendogs.org
- Animal Shelter Maintenance
  Help maintain the animal shelter building and grounds. Wash windows, clean floors, make small repairs, mow lawn, etc.
- Kennel Aides for Adoptable Pets
  Clean cat and dog kennels and provide assistance with laundry in the kitchen.
- Paws for a Cause
  Show adoptable pets at local businesses for an outing with the public on Saturdays.
- Special Events & Fundraising
  Help plan fundraising events, solicit sponsorships and donations, and work at special events and fundraisers.

Junior Achievement of Wisconsin – Northcentral District
(715) 842-1056
Email lpatterson@jawai.org
- Junior Achievement: The Difference is YOU!
  Teach students important lessons in financial literacy, entrepreneurship, and work readiness by leading 5 to 8 classroom activities that connect what they’re learning in school to what they’ll need to succeed in work and in life. Guidebook, materials, and training provided. Grades K–12 available.

Kennedy Park Medical & Rehabilitation
(715) 359-4257
Email leanne.gallagher@kindred.com
- Appointment Companion
  Accompany residents to medical appointments. Transportation provided.
- Beauty Boutique Volunteer
  Provide nail care for residents on Sunday evenings.
- BINGO Assistance
  Call numbers and lead the fun.
- Church Service Escorts
  Escort residents to and from their rooms and assist with turning pages on Tuesday afternoons.
- Life of the Party Needed!
  Escort residents and assist with party activities and refreshments on Thursdays.
- Piano Players Needed
  Play for sing-a-longs on Mondays.
- Resident Day Brightener
  Visit with, read stories, work puzzles, and pass out magazines to residents in the afternoon.
- Sing-a-long Helpers Needed
  Assist residents with page turning, singing, and fun on Monday afternoons.

Komen for the Cure Central WI
(715) 218-2882
Email info@komencentralwi.org
- Call for Susan G. Komen Volunteers
  Join a fun, core group to assist at fundraising and awareness events for combating breast cancer.
- Race for the Cure
  Help with assembly of runner packets and pre-race registration. Help on event day in the survivor/sponsor tents, with the survivor celebration, as course monitor, at water stations, or with timing. August 2015 in Wausau.

Leigh Yawkey Woodson Art Museum
(715) 845-7010
Email lhoffman@lywam.org
- A Smile Goes a Long Way
  Greet visitors, provide general orientation, and answer questions. Art background not required; an outgoing nature desired.
- If Green Is Your Favorite Color & Soil Is Your Favorite Art Medium
  Plant, weed, and maintain one or more of six pocket-gardens.
- Learn, Laugh, Teach, Tour
  Share with and learn by leading interactive tours as a museum docent; training provided.
- OctoBIRDfest
  Staff child-friendly games, crafts, pumpkin patch, and prize table in the sculpture garden at this September/October 2015 event.
- Poster & Literature Distribution
  Distribute items at your convenience.
- “Teachers” for the Little Red School House
  An opportunity for you to take students back in time, follow a developed curriculum, and dress in period costume.

Museum Society of Marathon County
(715) 218-0547
Email lhoffman@lywam.org
- Maintenance Assistance
  Perform light cleaning, light shoveling in winter, water outdoor plants in summer, and assist with general building maintenance.
- Newsletter Mailing
  Help with mailing newsletters to our members once every 3–4 months.
- Poster & Literature Distribution
  Distribute items at your convenience.
- “Teachers” for the Little Red School House
  An opportunity for you to take students back in time, follow a developed curriculum, and dress in period costume.

Marathon County Alcohol & Other Drugs Partnership
(715) 261-1962
Email melissa.dotter@co.marathon.wi.us
- Join Our Short-Term Action Teams
  Issue-specific and ongoing opportunities available. Help transform our community and protect public health and safety by working to eliminate the misuse of alcohol and other drugs in Marathon County.

Marathon County Historical Society
(715) 842-5750
Email education@marathoncountyhistory.org
- Maintenance Assistance
  Perform light cleaning, light shoveling in winter, water outdoor plants in summer, and assist with general building maintenance.
- Newsletter Mailing
  Help with mailing newsletters to our members once every 3–4 months.
- Poster & Literature Distribution
  Distribute items at your convenience.
- “Teachers” for the Little Red School House
  An opportunity for you to take students back in time, follow a developed curriculum, and dress in period costume.
- Yawkey House Garden Volunteers
  Assist Master Gardeners with spring cleaning and weekly garden maintenance.

Marathon County Justice Programs
(715) 261-1194
Email angie.wanta@co.marathon.wi.us
- Volunteer Driver
  Provide transportation for program participants to get to required meetings, treatments and employment. Transportation reimbursement available.

Marathon County Literacy Council
(715) 261-7292
Email becky.tritten@co.marathon.wi.us
- Committee Members: Finance, Fundraising, Human Resources, or Marketing
  Experience or knowledge in above areas needed to serve on nonprofit board. Meets monthly.
- English Learners & Readers Need Help!
  Tutor adults who are low-level readers, English language learners, or those who need a conversation partner. Tutors matched to compliment their own skill level. No teaching background required.
• Manage Online Volunteer Listings
  Monitor and update listings on Volunteer Connection as needed, check referrals, and perform basic computer tasks. Simple training provided.

Marathon County Public Library
(715) 261-7245
Email sharon.jobs@co.marathon.wi.us
• Adopt-A-Shelf
  Make sure all items belong on the shelf and are in order. Pull books forward and dust shelves. Minimum 3-month commitment.
• Library Cart Organizer
  Sort returned materials on carts for re-shelving.
• Library Craft Assistant
  Help with craft activities during children’s programs. Craft guides and instructions provided.

Marathon County Victim Witness Crime Response Program
(715) 261-7825
Email Kristen.spiegel-berg@co.marathon.wi.us
• Help Victims of Crimes
  Contact crime victims by telephone to offer information, support, and referrals. Training provided.

March of Dimes
(920) 278-3129
Email tdejeardin@marchofdimes.com
• March for Babies Logistics Committee
  Committee of eight meets quarterly. Knowledge of Wausau businesses and experience with event planning helpful.
• March for Babies – Wausau
  Help at the children’s stand or at a food stand, sign and patrol the route, handle registration, or assist with set-up and clean-up on May 2, 2015.

Mead Wildlife Area
(715) 457-6771
Email Pamela.resech@wisconsin.gov
• Assistant Education Facilitator
  Help carry out and assist with Mead personnel in educational programming for school-aged children.
• Grounds Maintenance Person
  Duties include lawn mowing, weeding around gardens, feeding the birds, cleaning exterior windows and doors, & staining and painting projects.
• Special Event Volunteer
  Assist in task-related events (some are designed for family volunteering and some for adult help).

• Volunteer Greeter
  Be the initial and principle contact person for visitors to the center.
• Wildlife Area Assistant
  Help with general weekly wildlife area maintenance activities.

Michael’s Place Enrichment Center
(715) 350-1075
Email dianne@michaels-place.org
• Build Bird Feeders
  Cut wood and drill pilot screw holes for birdhouse assembly by Michael’s Place clients. Must have own workshop and tools. Project Manager needed to oversee this assembly project from start to finish.
• Grant Writer
  Grant writing is not hard, and experience is not necessary. Just need correct written English and a passion for our mission.
• Home Visitor
  Volunteers with a professional background to call on clients in Stevens Point and Wisconsin Rapids one day a month.
• Terrarium Garden Instructor
  Help clients living with chronic, life-threatening illnesses build and grow their own gardens.
• Bread Partners
  Bake bread to be shared monthly with clients that have chronic, life-threatening illnesses.

Ministry Home Care Hospice Services
(715) 843-2798
Email deborah.hickey@ministryhealth.org
• Hospice Memory Bear Program Needs You
  Join a team of volunteers to sew bears at home. Sale of bears directly assist patients with financial needs.
• Offer Support when Most Needed – Hospice Volunteer
  Listen to patients’ and their families’ concerns, keep patients company, provide a break for families, help with household chores and errands, and provide grief support. Training required.

Ministry Saint Clare’s Hospital
(715) 393-2605
Email Leslie.labonte@ministryhealth.org
• Coffee Kiosk Barista
  Become a barista who crafts and serves Starbucks coffee drinks and handles payments. Training provided.

• Escort/Information Specialist
  Provide excellence in customer service and guidance to family, visitors, and patients seeking care.
• Gift Shop Volunteer
  Assist customers, ring up sales, wrap gifts, and assist with merchandise inventory and displays.
• Surgical Waiting Room Volunteer
  Assist with checking in patients, guide family members back to bay areas, and serve as a liaison between staff and family.

Mobile Meals
(715) 848-5848
Email wamobilemeals@yahoo.com
• Mobile Meals Food Delivery Volunteer
  Deliver noon-time meals to those unable to prepare meals for themselves. Weekly commitment or serve as a substitute.

Mosinee Area Chamber of Commerce, Inc.
(715) 693-4330
Email macoc@mtc.net
• 4th of July Celebration
  Celebration set-up, children’s activities, parade lineup, crowd control, trash pickup, tear down and clean up, July 4, 2015.
• Christmas Parade & Holiday Festival
  Greet guests, be Santa’s Helper, serve breakfast, staff children’s craft area and letters to Santa, or supervise the bouncy house in December 2015.
• Mosinee Little Bull Falls Logjam
  Many opportunities available during this historic community festival in the Summer of 2015.

National MS Society – WI Chapter
(800) 242-3358
Email baaboo74@live.com
• Walk to Create a World Free of MS
  Greet walkers and cheer for them at Spirit Milestones, help with registration, serve breakfast/lunch, provide traffic control, be a medic, take photos, or provide a service (e.g., face painting, massages, and more). May 2, 2015.
• Walk MS Committee Member
  Assist the site chair with event logistics, marketing, sponsorships, volunteer coordination, and Walk day needs.

The Neighbors’ Place
(715) 845-1966
Email aidyn@neighborsplace.org
• Computer Lab Monitor
  Oversee the use of the computer lab, afternoons. Expertise with computers is not needed.
• Data Entry: Accurate Volunteers Needed!
  Compile historical records. Work on- or off-site.
  Training provided.
• Drivers for Pick-Up of Furniture Donations
  Volunteers to help pick up donations in greater
  Wausau area on an on-call basis.
• English Tutors: Training Provided
  Help diverse population of adults learn basic
  English, reading, writing, numbers, basic math, etc.
• Event Committee Volunteer
  Assist with the planning of fundraisers, the
  summer golf outing, Empty Bowls, concerts, and
  other events.
• Food Bank Support
  Volunteer 1–3 hours per week to help with
  heavy lifting and unloading pallets.
• Help The Neighbors’ Place Maintain Their
  Garden!
  Help provide local produce to families in need
  in our community.
• Hot Tea Classic Golf Fundraiser
  Help with registration or assist golfers at the
  Wausau Country Club. Date TBA.
• Ice Tea Classic Mini-Golf Fundraiser
  Design, create, & host a mini-golf hole for the
  event in downtown Wausau. Registration forms
  due December 2015 for the January 2016
  event.
• Receivers/Sorters for Donations
  Greet and assist donors or receive and sort
  donations. Minimum 3-month commitment.
• Sewing Fun!
  Help adult learners with small sewing projects
  (crafts, bags) and interact to improve English
  speaking skills.
• Volunteer Receptionist
  Greet visitors, direct calls, take messages and
  sign-in and sign-out service workers.
• Wausau Area Empty Bowls
  Design bowls, serve soup, assist with the
  auction or provide entertainment at this annual
  fundraiser for the food pantry in November
  2015.

New Life Pet Adoption Center
(715) 443-6699
Email info@nlpac.com
• Animal Care & Attention
  Provide pets with TLC and exercise.

North Central Community Action
Program
(715) 842-0681
Email jsargent@nccapinc.com
• Front Desk/Secretarial Assistance
  Greet clients, answer phones, and schedule
  appointments on the computer.

North Central Health Care
(715) 848-4450
Email mvntzke@norcen.org
• Activity Assistant – Friday Afternoons
  Escort residents to activities.
• Activity Assistant – Saturday Afternoons
  Assist activity staff with planned activities such as
  BINGO, board games, and trivia.
• Aquatics Assistant
  Enjoy swimming? 55+ volunteers needed to
  transport and assist elderly/disabled individuals
  in the pool.
• Beauty Shop Worker
  Set, dry, and comb out residents’ hair.
• BINGO Assistance – Monday Evenings
  Assist activity staff to gather residents, help
  play games, and pass out prizes.
• Christmas Shopping
  Board bus and help residents of Mt. View Care
  Center with Christmas shopping at Walmart in
  early December 2015.
• Coffee Shop Cashier
  Assist as cashier from 7:00–11:00 a.m.
• Fair Escort
  Escort residents in wheelchairs to the WI Valley
  Fair during select dates of fair week, August
  4–9, 2015.
• Fresh Air Guide
  Visit and take walks with residents in hallways
  or outside.
• Gift Shop Cashier
  Sell new and consignment items in 3-hour
  shifts.
• Hospitality Cart
  Help an occasional Sunday by preparing and
  serving coffee and cookies to residents and
  families; clean-up after.
• Leaps in Learning Tutor
  Provide individualized tutoring to children with
  special needs.
• One-to-One Visitors
  Visit residents with few or no visitors; only 30
  min. required.
• Shopping Assistant
  Take ladies who are elderly shopping at local
  stores once a month. County vehicle available.
• Special Friend
  Visit clients of the Community Support Program
  (those lacking confidence to make new friends)
  twice a month.

The Open Door of Marathon
County
(715) 848-4044
Email cherylipla@yahoo.com
• Board Member
  Be a part of developing and implementing
  organizational polices and procedures to
  further the mission of The Open Door.

Peaceful Solutions Counseling
(715) 675-3458
Email todd@peacefulsolutions.org
• Administrative Assistant
  Fill in when the regular assistant is ill or
  on vacation. Duties include answering the
  telephone, greeting clients, and possibly
  scheduling appointments.
• Light Clerical Duties
  Help us with those tasks our busy staff never
  seem to find time for: filing, putting together
  files, sending out letters.
• Training in Accounting Systems
  Work with the co-executive directors to better
  understand the finer nuances of accounting in
  general and QuickBooks specifically.

Peyton’s Promise
(715) 218-4401
Email medick44@yahoo.com
• Student Advocates
  Students will be trained to speak to their
  respective schools about the problem of hunger
  in our area and work with their community to
  stock area pantries.
• “Stock the Shelf!” Event Help
  Student groups set up outside local grocery
  stores to hand out lists of the greatest pantry
  needs, then collect items or donations for the
  cause on customers’ way out of the store.

Poplar Place – Senior Assisted
Living Home
(715) 393-4466
Email popularplace@frontier.com
• Do You Enjoy Singing, Playing the Piano,
  or Playing the Guitar?
  Our residents love music. Electric keyboard
  available.
• Do You Love a Good Game of BINGO?
  Help Wednesday afternoons.
• Do You Love Telling Stories?
  Put a smile on a face. Our residents enjoy
  hearing stories.
**Randlin Homes**  
(715) 298-3700  
Email tammyobermeier@gmail.com  
- **Board Member**  
  Must have a passion for providing services and alternatives to those who are chronically, mentally ill and/or chemically dependent. Meets monthly.  
- **Craig’s List Specialist**  
  Take pictures, write descriptions of products for sale, and upload them to the web.  
- **Customer Service/Greeters**  
  Greet customers and assist shoppers with purchases in Thrift Stores.  
- **Event Planning/Implementation Team Member**  
  Assist with planning and promoting fundraising events such as flea markets, restaurant nights, and a “Dancing with the Stars” event.  
- **Marketing**  
  Help distribute posters and use Facebook to promote Randlin’s thrift stores.  
- **Teach Employability Skills**  
  Teach marketable skills to Randlin Home residents, such as fundraising, small engine repair, business management, or gardening.  
- **Web Master Assistant**  
  Manage Randlin Homes’ website and assist with upgrades. Training provided.

**Robert W. Monk Gardens**  
(715) 261-6309  
Email volunteer@rwmonkgardens.org  
- **Gardening Helpers**  
  Weed, prune, plant, and maintain beds at the Gardens.  
- **Special Events Assistants**  
  Help with set-up, flow of event, or clean-up for one of several events, projects, or workshops.

**St. Vincent de Paul Thrift Store**  
(715) 298-3028  
Email dhoppa@svdwpwausau.org  
- **Thrift Store Volunteers**  
  Volunteer to assist with sorting intake, pricing, cleaning merchandise, sewing on buttons, and hanging clothes.  
- **Jewelry Expert**  
  Those well acquainted with jewelry needed to measure the success of community service providers/recipients, and design tools to construct a canned good sculpture. September 25–26, 2015, at Marathon Park in Wausau.  
- **Marketing Assistance**  
  Help promote volunteerism by arranging and speaking to community groups about how individuals 55+ can connect with area volunteer opportunities.  
- **Become a Tech Tutor**  
  Show off your digital skills! Help adults in the community learn basic-level technology skills (e.g., iPad/iPhone use, Windows 8, digital photography, or internet and email use) via free classes held at the United Way.

**The Salvation Army**  
(715) 845-4272  
Email colleen_mashlan@usc.salvationarmy.org  
- **Angel Tree Booth**  
  Staff the table to collect toys and monetary donations at the Wausau Center Mall from mid-November until mid-December 2015.  
- **Bell Ringing**  
  Individuals or groups needed to ring bells for a cause for 2-hour shifts from mid-November until December 24, 2015.  
- **Emergency Disaster Service Assistance**  
  Work as part of the EDS team to provide food and drinks to disaster workers and hope for families and/or businesses displaced. Position is on an on-call basis. Training is required.  
- **Food Pantry**  
  Stock and fill food orders for an hour or two, once or twice a week.  
- **Germ Attackers**  
  Help keep building clean and sanitized.  
- **Life Skill Mentor – Budgeting**  
  Be a mentor to those that need help making a little go a long way.  
- **Life Skill Mentor – Job Searching**  
  Help clients with job searches and getting through an interview.  
- **Lunch Program Volunteers**  
  Help prepare and serve a lunch meal during the morning, Monday–Friday.  
- **Maintenance Assistant**  
  Work closely with and lend a hand to our maintenance worker.  
- **Youth Program Leaders**  
  Help plan and teach our Wednesday night youth programs for ages 3–18.

**The Talent Shop**  
(715) 845-1961  
Email ljplaza_gw@gwicc.org  
- **Talent Shop Volunteer**  
  Taggers, merchandisers, greeters, and general all-around attendants needed. Check in artisans, arrange merchandise, and serve customers.  
- **United Way Emerging Leaders**  
  (715) 848-5707  
  Email tgladowski@UnitedWayMC.org  
  - **Career Closet Attendant**  
    Help individuals in need select career clothing for interviews and employment; accept, sort, and display donations or assist job seekers in preparing a resume or polishing their interview skills.

**United Way Housing & Homelessness Coalition**  
(715) 298-5712  
Email sRuff@UnitedWayMC.org  
- **Overnight Point-In-Time Count Help**  
  In teams of four, assist with counting community members who are homeless in our area twice a year; end of January and end of July. Training provided.

**United Way of Marathon County**  
(715) 848-2927  
Email uWay@UnitedWayMC.org  
- **CommUNITY Fest “United We Can” Event Help**  
  Assist with planning, set-up, take-down, entertainment, or coordinate a team to construct a canned good sculpture. September 25–26, 2015, at Marathon Park in Wausau.  
- **Community Impact Team Member**  
  Analyze community data, survey service providers/recipients, and design tools to measure the success of community service delivery systems.  
- **Office Angels Needed!**  
  Assist staff with general office duties, answer phones, greet and assist visitors, and more. Help once or twice a week or a couple times a month.

**United Way RSVP of Marathon County**  
(715) 298-5721  
Email rsvp@UnitedWayMC.org  
- **Ambassadors for Volunteerism**  
  Help promote volunteerism by arranging and speaking to community groups about how individuals 55+ can connect with area volunteer opportunities.  
- **Marketing Assistance**  
  Help create and edit local promotional materials.  
- **Nurses Needed for Blood Pressure Screenings**  
  RNs needed to perform BP screenings, discuss results with individuals, and provide related basic education.  
- **Respond to Community Needs**  
  Let RSVP connect those 55+ to nonprofits in Marathon County seeking volunteers.
Volunteer opportunities. Training provided.

- **Community Resource Assistant**
  Research, compile, confirm, and enter community service information for United Way’s 2-1-1 database.

- **Help People Find Help**
  Answer questions about the community and direct callers to community services and volunteer opportunities. Training provided.

- **CommUNITY Fest Helpers**
  Help plan and implement a family-friendly volunteer project at Marathon Park September 25–26, 2015.

- **Disaster Response: Volunteer Reception Center (VRC) Staff**
  Learn and practice the process for registering, screening, and credentialing unaffiliated volunteers that respond after a local, large-scale disaster. (A VRC will be activated by Marathon County Emergency Management.)

- **Fall Intern**
  Participate in an unpaid internship to plan and assist with a large-scale community event. Requires strong clerical, communication, and computer skills and a high degree of accuracy.

- **Gift Wrappers for “Bundles of Joy”**

- **Global Youth Service Day**
  Join other teens to volunteer at nonprofits throughout the Wausau area from April 17–19, 2015.

- **Portable Projects**
  Help area agencies by doing baking, sewing, crafting, letter writing, and other fun projects that can be completed from home, school, or the office. Call for a list of ideas and area agency requests. (Volunteers provide all needed supplies.)

- **Raking Help**
  Help rake yards for neighbors who are frail or disabled at a Fall event in 2015. Dates TBA.

- **Reading Partners**
  Help improve early literacy skills by reading to children in participating area schools.

- **University of WI Extension – Marathon County**
  (715) 261-1230
  Email janette.baumann@co.marathon.wi.us
  - **Financial Coach**
    Provide one-on-one financial encouragement and monitoring; help under-banked consumers learn about budgeting, saving, using credit wisely, etc., to set and reach financial goals.

- **Assist Attorneys**
  File court documents, attend outreach events, and gather evidence.

- **Assist Attorney Coordinator**
  Recruit private attorneys and help organize seminars.

### United Way Volunteer Connection
(715) 298-5722
Email VolunteerConnection@UnitedWayMC.org

- **Fill A Backpack Fill A Need**
  Sort, pack, and distribute backpacks and school supplies to income-eligible students in Marathon County from August 18–22, 2015.

### Workplace Volunteer Council
(715) 848-2927
Email WorkplaceVolunteerCouncilMC@gmail.com

- **On-Call Volunteer Advocate**
  Respond to hospital Emergency Departments on an on-call basis. Support people during a forensic exam or interviews with law enforcement. Also support family members or significant others. Training required.

- **Enjoy Helping Others? Join our volunteer team and become a Shelter Advocate! Answer phones, assist residents, play with kids, and provide extra support to families.**

- **Like to Clean and Organize? Children’s Playrooms Need Help**
  Clean and organize two children’s activity rooms weekly or bi-weekly.

- **Senior Camp Counselor**
  Counselors as needed.

- **Father–Daughter Dance Volunteers**
  Enjoy Father-Daughter Dance Volunteers with children and being outdoors. Counselors will lead activity areas and aid Senior Counselors as needed.

- **Wisconsin Judicare**
  (715) 842-1681
  Email jkowalski@wausauchildcareinc.com
  - **Volunteer Assistance Inside & Out**
    Help needed with landscaping in spring, and indoors with center organization, maintenance, and care year-round.

- **Recruit private attorneys and help organize seminars.**

### The Women’s Community
(715) 842-5663
Email jessica@WomensCommunity.org

- **Enjoy Playing with Kids? Childcare Volunteers Needed**
  Care for children while mothers attend a support group. Weekly, bi-weekly, and monthly opportunities available.

- **Like to Clean and Organize? Children’s Playrooms Need Help**
  Clean and organize two children’s activity rooms weekly or bi-weekly.

### YMCA
(715) 845-2177
Email jwasniewski@woodsonymca.com

- **Junior Camp Counselor**
  Seeking positive volunteers that enjoy working with children and being outdoors. Counselors will lead activity areas and aid Senior Counselors as needed.

- **Fill A Backpack Fill A Need**
  Sort, pack, and distribute backpacks and school supplies to income-eligible students in Marathon County from August 18–22, 2015.
YWCA Wausau
(715) 842-3381, ext. 103
Email asaris.ywca@frontier.com

• 4-Year-Old Kindergarten Volunteers
Help in the classroom with reading, arts & crafts, interacting, and assisting during snack time.

• Diversity Camp Leaders
Utilize activities and discussions to help junior high students appreciate differences. Three-hour program held at area schools.

• Event Researcher
Conduct research and design a brochure to market the YWCA as a special event venue.

• Guys Who Grill
Help with set-up/tear-down, registration, taking photos, selling raffle tickets and more at this July event in Wausau.

• Men Who Cook
Serve as wait staff or coat checker. Help with set-up or tear-down. February 28, 2015.

• Receptionist/Front Desk Greeter
Answer phones, open mail, greet visitors, and perform general office duties.

• Marketing Assistant/Gopher/Flyer-Hanger
We need go-getters to help us get the word out about our programming. Requires some travel (mostly local) and flexibility.

• IT Support
Help navigating computer and technology issues. Familiarity with PayTrace, Kintera, Microsoft Suite, Outlook, and GiftWorks desired.

• Website Maintenance
Help with basic maintenance and updates, updating contact and event information, and adding content when appropriate.

• Women of Vision
Assist at the registration table or with collection of scholarship funds for our lunch event on April 30, 2015.

DID YOU KNOW:
United Way Emerging Leaders is an opportunity for area professionals to connect with local business leaders, participate in volunteer projects and gain leadership skills. United Way Emerging Leaders does all that and more.

Your gift of $100 or more to United Way qualifies you for membership in Emerging Leaders.

How you can LIVE UNITED:
• Make a pledge and join Emerging Leaders. You’ll be building the foundation for the future of our community.
• Host an Emerging Leaders event at your company and share your expertise.

Become a member of Emerging Leaders or Women in Action today. Call 715-848-2927 or go to UnitedWayMC.org to learn more.

DID YOU KNOW:
United Way Women in Action are providing mentors, support and funding to low income women with children to help them become self-sufficient and financially stable.

Your gift of $250 to United Way qualifies you for membership in this philanthropic network of women leaders.

How you can LIVE UNITED:
• Make a pledge and join Women in Action to make a difference through focused giving, advocacy and volunteerism.
United Way’s 2-1-1 provides comprehensive information and referral service, connecting people with community resources to help meet their needs. Information is available by phone, online, and in print.

**FREE & CONFIDENTIAL INFORMATION & REFERRAL SERVICE, 24 HOURS A DAY, 7 DAYS A WEEK.**

**United Way’s 2-1-1**

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

**Email** askus@unitedwaymc.org

**Search** online at: [www.unitedwaymc.org/211.htm](http://www.unitedwaymc.org/211.htm)

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**ABUSE (ADULTS AND CHILDREN)**

**Adult Protective Services**
(715) 841-5160

APS investigates concerns of adults at risk including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

**Child Advocacy Center of North Central Wisconsin**
(715) 848-8600

A place where children who are alleged to be victims of abuse are referred to, when Law Enforcement or Social Services assess that an interview by a forensic interviewer or a medical specialist is needed.

**Investigative Division & Sensitive Crimes Unit-- Marathon County Sheriff’s Department**
(715) 261-1200

or Dial 9-1-1 in an emergency

Call to report child abuse/neglect, or sexual assaults, domestic violence, etc. involving individuals of any age.

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**MARATHON COUNTY PROTECTIVE SERVICES**

(715) 261-7556

Handles cases of child abuse or neglect in Marathon County. When calling, say you wish to report a child in need of protective services.

**SAFE Program-Stopping Abuse for Everyone**
(715) 675-3458

[www.peacefulsolutions.org](http://www.peacefulsolutions.org)

Help for men and women who are physically or emotionally abusive with their partners, through Peaceful Solutions Counseling.

**The Women’s Community**
(715) 842-5663 (office)

(715) 842-7323 (24-hour support line)

(888) 665-1234 (Toll-free)

[www.womenscommunity.org](http://www.womenscommunity.org)

Provides shelter, rental assistance, legal advocacy, information, support, and bi-lingual services to victims of domestic and sexual abuse and their children.

**SAFE Program-Stopping Abuse for Everyone**
(715) 675-3458

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**ADDICTIONS**

**ACS Clinical Services**
(715) 355-0671

This program of ATTIC Correctional Services offers alcohol and drug outpatient services.

**Al-Anon/Alateen**
(888) 425-2666

[http://area61afg.org/](http://area61afg.org/)

12-step group meetings help families and friends of alcoholics recover from the effects of living with the relative’s or friend’s problem drinking. Alateen specifically targets youth whose lives have been affected by alcoholism in a family member or close friend.

**Alano Club of Wausau**
[www.12stepclubswi.com](http://www.12stepclubswi.com)

A gathering place for individuals and families who are either presently experiencing, or have experienced, problems with alcohol.

**Alcohol and Drug Education for Young Adults**
(715) 803-1411

State-approved curriculum for first-time underage drinking offenders, at NTC.

**Alcoholics Anonymous**
[www.area74.org](http://www.area74.org)

Provides 12-step Alcoholics Anonymous meetings.

**Ambulatory Detoxification Program**
(715) 845-4326

A medically managed and monitored outpatient detoxification service provided on an outpatient, voluntary basis for up to 48 hours at North Central Health Care. Program includes monitoring of vital signs, treatment of withdrawal symptoms, and referrals for ongoing treatment.

**ATTIC Correctional Services Center**
(715) 848-3202

[www.correctionalservices.org](http://www.correctionalservices.org)

Department of Correction’s AODA and corrective thinking treatment center for those who are incarcerated, on probation, or on parole.

**Celebrate Recovery**
(715) 842-5683

Weekly meetings for people who have hurts, habits and hang-ups such as alcohol and other drug addictions, anger, pornography, eating disorders, and gambling, at Highland Community Church in Wausau.

**Choices**
(715) 675-3458

A comprehensive program for teens who are experiencing problems with alcohol and drugs, at Peaceful Solutions Counseling.

**Courage to Change Recovery**
(715) 223-0480

Adult, adolescent and family AODA treatment, in Abbotsford.

**First Breath**
(715) 261-1900

Public health nurses provide education and support services for pregnant women who desire to quit smoking.

**Gamblers Anonymous**
(715) 297-5317

[www.gamblersanonymous.org/ga](http://www.gamblersanonymous.org/ga)

Weekly support group for people to overcome gambling.

**Gamblers Treatment**
(715) 848-4356 (Registration)

Outpatient treatment for compulsive gambling, through North Central Health Care.
Group Dynamics
(715) 803-1411
State-required alcohol education course
for first-time DWI (driving while intoxicated)
offenders, at NTC.

Mobile Crisis Team
(715) 845-4326 or (800) 799-0122
Face-to-face intervention and clinical
assessment for people experiencing alcohol
and drug incapacitation, through North Central
Health Care.

Narcotics Anonymous-North
Central Wisconsin Area
(866) 590-2651
www.ncwana.org
Offers recovery from the effects of addiction
through a 12-step program. Call or
check website for current information about
local meeting times and places.

Needle Exchange Program
(715) 355-6867 or (800) 551-3311
www.arcw.org
Program to prevent HIV infection and AIDS
injection drug users by providing clean
needles or syringes in exchange for used ones.
Program includes HIV prevention education,
counseling, testing and referrals for drug
treatment through the AIDS Resource Center.

Nicotine Anonymous 12-Step Group
(715) 573-4147
www.nicotine-anonymous.org
12-step support group for quitting tobacco.

Outpatient AODA Services
(715) 848-4356 (Registration)
Outpatient treatment for chemical dependence,
through North Central Health Care.

Overeaters Anonymous
(715) 574-1207
Support group for adults who have an addiction
to food and want to stop the problem.

Peaceful Solutions Counseling
(715) 675-3458
www.peacefulsolutions.org
Offers a variety of programs for adolescents
and adults struggling with alcohol and other
drug addictions.

SMART Recovery (Self-
Management and Recovery
Training)
(715) 846-0159
www.smartrecovery.org
Helps people recover from all types of self
destructive behaviors and addiction to
substances and activities.

Veteran’s Outreach
(715) 842-2834 (Clinic)
(608) 372-3971 (For referral)
Individual AODA and mental health counseling
for veterans, at the Wausau V. A. Medical
Clinic.

Wausau Health Services
(715) 845-3637
Methadone maintenance or suboxone
TREATMENT for opiate addictions.

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment counseling and
AODA assessment to all war zone veterans of
both sexes, from all eras.

Wisconsin Tobacco Quit Line
(800) 784-8669 (English)
(877) 266-3863 (Spanish)
www.wiquitline.org
Free telephone counseling for Wisconsin
tobacco users who want to quit.

ADOPTION & FOSTER CARE

Catholic Charities Adoption Services
(715) 849-3311 or (866) 849-3311
www.cclse.org
Helps Catholics and non-Catholics alike
adopt a domestic or foreign-born child,
related or non-related child.

Post Adoption Resource Center
(715) 849-3311
www.parc.cclse.org
Referrals to adoption-sensitive counselors,
support groups, and educational opportunities
through Catholic Charities.

Lutheran Social Services
Adoption Services
(715) 849-3344 or (888) 522-3678
www.lsswis.org
Options include inter-country, independent,
and domestic adoptions for Lutheran and non-
Lutheran families.

Lutheran Social Services
Foster Care Services
(608)752-7660 x5111
www.lsswis.org
Foster care services for children who have
mental illness, behavioral disorders, family
issues, alcohol and other drug abuse issues,
developmental disabilities or other challenges.

Marathon County Foster Care
(715) 261-7500
(800) 236-0153 (ask for Social Services)
Foster home placement for children who
have come under the jurisdiction of the
juvenile court, through the Department of
Social Services.

Marathon County Shelter Home
(715) 261-1730 or (800) 236-0153
Shelter and supervision for children awaiting
a court date or placement.

AIDS/HIV

AIDS Resource Center of
Wisconsin (ARCW)
(715) 355-6867 or (800) 551-3311
www.arcw.org
Helps people living with HIV/AIDS meet
their medical, legal, financial, and emotional
needs.

Family Planning Health Services
(800) 246-5743
www.fphs.org
HIV education, information and testing.

Needle Exchange Program
(715) 355-6867 or (800) 551-3311
www.arcw.org
Program to prevent HIV infection and AIDS
injection drug users by providing clean
needles or syringes in exchange for used ones.
Program includes HIV prevention education,
counseling, testing and referrals for drug
treatment through the AIDS Resource Center.

STD Clinic
(715) 261-1900 (Health Department)
Confidential HIV testing offered at Aspirus
Wausau Family Medicine, 425 Wind Ridge
Dr., Wausau.

ALCOHOL & DRUG ABUSE
see ADDICTIONS

ANIMAL SERVICES

Humane Society of Marathon
County
(715) 845-2810
www.catsanddogs.org
Provides surrender and adoption services for
domestic animals. Accepts reports of lost
animals and inquiries about strays.
New Life Pet Adoption Center
(715) 443-6699
www.nlpac.com
A surrender-only, no-kill animal adoption center for pets that can be adequately cared for by staff at facility and for which adoptive parents can be found.

Northwoods Wildlife Center
(715) 356-7400 (Minocqua)
www.northwoodswildlifecenter.com
Provides rehabilitation care for injured wildlife.

Raptor Education Group
(715) 623-4015 (Antigo)
www.raptoreducationgroup.org
Provides care and rehabilitation for injured or orphaned raptors (eagles, hawks, owls) and other native wild birds.

BUDGET COUNSELING
See FINANCIAL COUNSELING

BUSINESS ASSISTANCE

Business and Industry Solutions
(715) 803-1121
www.ntc.edu/business-industry.html
Information, support, technical assistance and customized training for business and industry, at NTC.

Business Resource Line
(800) 487-7389
Offers business information through an automated telephone service 24 hours/day, 7 days/week, through the UW-Stevens Point Business Development Center.

Entrepreneurial and Education Center
(715) 848-2016
www.woodsonymca.com
Business start-up assistance and rental space for applicable start-ups. Certified kitchen available for start-up use.

MCDEVCO (Marathon County Development Corporation)
(715) 845-6231
www.mcdevco.org
Local economic development and business assistance, including a Revolving Loan Fund Program, through the Wausau Region Chamber of Commerce.

Small Business Administration
(800) 827-5722
www.sba.gov/wi
Aids, counsels, assists and protects the interests of small business including making loans to small business.

Small Business Development Center
(800) 898-9472 (SBDC)
(800) 487-7389 (Business Resource Line)
www.uwsp.edu/conted/sbdc
Management education and counseling for small business, through UW-Stevens Point Continuing Education.

Wisconsin Housing & Economic Development Authority (WHEDA)
(800) 628-4833
www.wheda.com
Small Business Financing Programs offer loans and guarantees for small businesses and agribusiness.

CHEMICAL DEPENDENCE
See ADDICTIONS

CHILD CARE ASSISTANCE

Aspirus YMCA Child Development Center
(715) 841-1857
www.woodsonymca.com
Child care assistance is available to qualifying students.

Child Caring of Central WI
(800) 628-8534
www.childcaring.org
Helps parents choose regulated child care that will meet their families’ needs, and in some cases can provide financial assistance for child care.

Edgar Child Care Center
(715) 352-2000
www.childcaring.org
Provides child care on a sliding fee scale for income eligible families.

Marathon County Department of Social Services
(888) 445-1621
access.wisconsin.gov
(.call or log on to apply)
Child care financial assistance for eligible families in Marathon County that are in work or work-related activities.

CHALLENGE & YOUTH SERVICES

Aspirus YMCA
(715) 841-1850
www.woodsonymca.com
Activities help youth build a healthy spirit, mind and body.

Babysitting Classes
(800) 733-2767
www.redcross.org
Babysitter training by the American Red Cross.

Babysitting Workshops
(715) 842-3381 ext. 107
www.ywca.org/wausau
Workshops to train young babysitters at the YWCA.

Big Brothers Big Sisters of Northcentral Wisconsin
(715) 848-7207 (Wausau)
www.bbbsncw.org
For children in need of an adult mentor and companion.

Boy Scouts of America—Samoset Council
(715) 355-1450 or (800) 303-2195
www.samoset.org
Citizenship and character building activities, physical fitness, and leadership training.

Boys & Girls Club of the Wausau Area
(715) 845-2582
www.bgclub.com
Development, enrichment and recreational activities for youth in grades 4-12 in Wausau, at the Greenheck Field House and D. C. Everest Middle School.

Butterfly Program
(715) 675-3458
www.peacefulsolutions.org
Education/therapy groups for the children of Marathon County parents who are going through a divorce, at Peaceful Solutions Counseling.

Center for the Visual Arts
(715) 842-4545
www.cvawausau.org
Art classes and workshops for children and adults.

College for Kids
(715) 261-6375
www.uwm.edu/continuing_education
Summer enrichment programs for students completing grades K-6, at UW-Marathon County.

D. C. Everest Community Services
(715) 359-6375
www.greenheckfieldhouse.com
Offers a variety of educational and recreational opportunities at Greenheck Field House.

4-H
(715) 261-1243
www.marathon.uwex.edu/4h
Leadership and community activities for youth through UW-Extension.
Girl Scouts of the Northwestern Great Lakes
(888) 747-6945
www.gsnwgl.org
Citizenship, leadership, and character building activities for girls.

Junior Achievement of Wisconsin
(715) 842-1056
http://marathonco.ja.org/northcentral-district
Volunteers from the community bring hands-on business, financial literacy and workforce readiness concepts to the classroom.

Leadership Dance Group
(715) 842-5663 (The Women's Community)
Group for youth looking to connect with others and become positive leaders.

Runaway and Youth Services
(855) 577-7297, 24 hours/day
24-hour hotline for adolescents in crisis or just to talk about problems and how to solve them, through Lutheran Social Services.

Services for Hmong Youth
(715) 842-8390
www.wausauhmong.org
Mentoring, tutoring, and education/counseling for at-risk youth and their families, through the Hmong American Center.

Spencer Kids Group
(715) 659-4969
www.spencerkidsgroup.org
Provides supervised activities and homework help for students in the Spencer area.

Voices
(715) 675-3458
18-week self-discovery group for adolescent girls ages 11-17, at Peaceful Solutions Counseling.

Wausau and Marathon County Parks, Recreation and Forestry Department
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Maintains Wausau and Marathon County parks, playgrounds and recreational facilities. Also provides recreational activities, sports programs for youth, and educational programs for all ages.

Woodson YMCA
(715) 845-2177
www.woodsonymca.com
Activities help youth build a healthy spirit, mind and body.

Woodson YMCA Mosinee Satellite Center
(715) 845-2177 ext. 3441 (Aquatic Office)
www.woodsonymca.com
Activities help youth build a healthy spirit, mind and body.

YWCA
(715) 842-3381
www.ywca.org/wausau
Activities and programming designed for girls’ personal growth, enrichment and fellowship.

YWCA Child & Family Development Center
Downtown & NTC Locations
Ages 6 weeks thru 6 years

The YWCA Wausau Child & Family Development Center is the most flexible and affordable full family support center in town. Our center offers your family a full range of flexible and affordable child care options plus family support. Financial assistance is available.

Childcaring
Central WI Early Education Resources
Childcaring Office Locations:
Wisconsin Rapids Office - 715.423.4114
1107 West Grand Ave., Wisconsin Rapids, WI 54495
Merrill Office - 715.539.9779
407 West Main Street, Merrill, WI 54452
1-800-628-8534 / www.childcaring.org
Your Local Child Care Resource & Referral Agency.
Serving: Adams, Clark, Langlade, Lincoln, Marathon, Marquette, Portage, Taylor, Waushara, and Wood

NOW ENROLLING!
YWCA Child & Family Development Center
Downtown & NTC Locations
Ages 6 weeks thru 6 years

The YWCA Wausau Child & Family Development Center is the most flexible and affordable full family support center in town. Our center offers your family a full range of flexible and affordable child care options plus family support. Financial assistance is available.

eliminating racism empowering women
ywca
CALL OR VISIT
715.842.3381
WWW.YWCA.ORG/WAUSAU
4-YEAR-OLD KINDERGARTEN & ADDITIONAL YOUTH PROGRAMS AVAILABLE
ALL SCHOOL DISTRICTS WELCOME!
CONSUMER PROTECTION
Better Business Bureau Serving Wisconsin
(800) 273-1002
www.wisconsin.bbb.org
Provides information on, and complaints against, companies and charities nationwide.

Consumer Protection Hotline
(800) 422-7128
www.datcp.state.wi.us
State consumer protection agency handles consumer’s and business’s questions and complaints regarding unfair business practices.

Do Not Call List
(888) 382-1222 (National)
www.donotcall.gov
Wisconsin now uses the Federal Do Not Call List to help reduce unwanted sales calls.

COUNSELING
NOTE: To learn more about counseling options in your area of interest, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255
or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at:
www.unitedwaymc.org/211.htm

ACS Clinical Services
(715) 355-0671

Achieve Center
(715) 845-4900

Affiliated Family Psychiatry of Wausau
(715) 842-8600

Catherine Bard, PsyD
(715) 842-9198

Behavioral Health Clinic
(715) 842-9500

Steven A. Benson, PhD
(715) 848-0002

Bridge Community Behavioral Health Clinic
(715) 848-4884

Center for Well-being
(715) 848-5022

Charis Counseling
(715) 848-0525

Child and Family Counseling
(previously Children’s Service Society)
(715) 848-1457

Compass Counseling
(715) 845-5493

Dix & Gillette Counseling Services
(715) 675-3888

Elmergreen Associates
(715) 845-7175

Evans Counseling
(715) 849-3988

Lutheran Social Services Counseling Programs
(715) 849-3344

North Central Health Care
Outpatient Mental Health
(715) 848-4356

Peaceful Solutions Counseling
(715) 675-3458

Stepping Stones Counseling Center
(715) 355-4999

Veteran’s Outreach
(608) 372-3971 (For referral to Wausau V. A. Clinic)

CRISIS INTERVENTION
NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line
(715) 845-4326 or (800) 799-0122
24 hours/day
Crisis intervention and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services of Wausau
(715) 261-1457, 24 hours/day
Helps agencies, businesses, and organizations recover from stress reactions and prevent post-traumatic stress.

Lifeline Personal Emergency Response
(715) 847-2781 (Aspirus)
(715) 842-7707 (Interim Health Care)
Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

Runaway and Youth Services
(888) 382-1222, 24 hours/day
Crisis intervention for adolescents, through Lutheran Social Services.

The Women’s Community
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Emergency shelter and crisis intervention for victims of abuse and their children.

CULTURAL OPPORTUNITIES
NOTE: To learn more about cultural opportunities in your area of interest, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255
or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at:
www.unitedwaymc.org/211.htm

Allegro Regional Dance Theater
(715) 212-0627
www.allegrodance.org
Non-profit dance company.

Camp Phoojywg-Friend
(715) 572-4549
Summer camp for school-age children that promotes appreciation and understanding of Hmong culture.

Center for the Visual Arts
(715) 842-4545
www.cvawausau.org
Offers an exhibit gallery for local and regional artists, art classes, and workshops for children and adults.
Central Wisconsin Children’s Theatre
(715) 842-4416
Local stage productions for children and families.

Central Wisconsin School of Ballet
(715) 842-4447
www.cwschoolofballet.com
Offers ballet, jazz, and musical theater instruction.

Great Northern Blues Society
Email gnbs@gnbs.org
Conserves, promotes and presents blues music in all of its forms for audiences of all ages.

Hmong Art Study Collection
(715) 842-3381 ext. 103
Collection of Hmong art and clothing that preserves cultural history, at the YWCA.

Ingwal S. Horgen Farm Museum
(715) 261-1550
Collection of historic farm equipment and tools, at Marathon Park.

LuCille Tack Center for the Arts
(715) 659-4499
www.lucilletackcenter.com
Community arts center brings professional musical, theatrical and dance performances to the Spencer area.

Oasis Theater Ensemble
(715) 842-0408
www.oasistheaterensemble.org/
Stages historical and modern classical theatre productions.

Performing Arts Foundation
(715) 842-0988
www.grandtheater.org
Stages live performances at Wausau’s Grand Theater throughout the year.

Wausau Area Events
(715) 843-0748
www.wausauevents.org
Coordinates and publicizes special events in Wausau.

Wausau/Central Wisconsin Convention and Visitors Bureau
(715) 355-8788 or (888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes an online Events Calendar.

Wausau Community Theatre
(715) 359-3972
www.wausaucommunitytheatre.org
Puts on 4-5 stage productions per year by open tryouts. Sensory Program for the Visual Arts provides special features that allow theater patrons with vision and hearing limitations to enjoy productions.

Wausau Concert Band
(715) 369-0681 (Rhinelander)
Performs free Thursday night summer concerts at area parks.

Wausau Conservatory of Music
(715) 845-6279
www.wausauconservatory.org
Offers music lessons, group ensembles and classes for students of any age and ability.

Wausau Lyric Choir
(715) 359-0157
www.wausaulyrichoir.com
Auditioned community chorus for mixed voices emphasizing sacred music.

Wausau Pro Musica
(715) 581-1975
Auditioned community chorus for women.

Wausau Senior Citizens Chorus
(715) 359-6412
Community chorus for seniors.

Wausau Symphony & Band
(715) 298-2100
www.wausausymphonyband.org
Community musicians perform 5-6 concerts per year. Includes symphony orchestra, symphonic band, and jazz ensemble.

Woodson Art Museum
(715) 845-7010
www.lywam.org
Permanent and changing art exhibits, specializing in art of the natural world.

Yawkey House Museum
(715) 842-5750
www.yawkeyhousemuseum.org
The Marathon County Historical Society operates this fully restored historical museum. Guided individual and group tours are available.

WISCONSIN RED CROSS
(877) 618-6628
www.redcross.org
Disaster relief in the form of emergency shelter, clothing, food, and other immediate disaster-related emergency needs for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Catholic Charities Disaster Relief Funds
(715) 849-3311 or (866) 849-3311
Provides assistance with food vouchers, clothing vouchers, insurance deductibles, temporary housing and relocation expenses for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Marathon County Farm Service Agency (formerly ASCS Office)
(715) 848-2330
www.fsa.usda.gov/wi
Farm Disaster Assistance programs provide financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.

Marathon County Office of Emergency Management
(715) 261-1229
Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army
(715) 845-4272
or (715) 845-6583 (after-hours hotline)
www.sawausau.org
Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

DISPOSAL-HOUSEHOLD & HAZARDOUS WASTE

Hazardous and Special Waste Collection Program
(715) 446-3101 or (877) 270-3989 (Solid Waste/Recycling Information Line)
Marathon County household residents can drop off their hazardous waste at the Ringle Landfill, by appointment.

EDUCATION
See SCHOOLS & COLLEGES
ELDERLY
See SENIOR SERVICES

EMERGENCY SHELTER

Community Warming Center
(715) 849-3311 (Catholic Charities)
Overnight shelter during the winter months for adults who do not have a warm place to stay, open 7pm-8am.

Crisis Stabilization
(715) 845-4326 or (800) 799-0122
The Crisis Center at North Central Health Care provides access to a Crisis CBRF, which is a non-medical setting for adults in crisis who otherwise would be hospitalized.

Marathon County Veterans
Service Office
(715) 261-1141
Emergency temporary assistance for lodging may be available depending on veteran’s individual circumstances.

The Salvation Army Transitional Living Center
(715) 845-6583
www.sawausau.org
Community shelter and support for local homeless population.

Women’s Community Safe Shelter
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Shelter for victims of domestic abuse and their children at The Women’s Community.

EMPLOYMENT & TRAINING

AmeriCorps Team Greater Wausau Area
(715) 849-5212
National community service program.

CIC Employment Services
(715) 842-2300
Services designed to help adults with disabilities determine vocational goals and secure jobs, through Community Industries Corporation.

Career Connection Area
(715) 261-7230
Resources for job seekers include dedicated job computers, job/career books and A/V items for check-out, free computer classes, and reference assistance at the Marathon County Public Library.

Dislocated Worker Office
(715) 261-8737 (Job Center)
AFL-CIO/LETC personnel help counsel workers affected by plant closings and/or permanent layoffs.

Division of Vocational Rehabilitation (DVR)
(715) 261-8760 (Job Center)
(888) 701-1249 (TTY)
www.dwd.wisconsin.gov/dvr
State agency helps people who are disabled enter or re-enter the job market.

Employment Complaint Process
(715) 261-8700
A Complaint Specialist at Job Service answers questions regarding employment issues or concerns, provides complaint forms, and processes employment-related complaints.

FoodShare Employment & Training Program
(715) 298-5528 (Forward Service Corp.)
FoodShare participants who are seeking employment may voluntarily participate in this job search assistance program.

NOTE: Beginning in April 2015, adults age 19-49 who receive FoodShare benefits and do not have any minor dependent children may be required to participate in this program.

ABR EMPLOYMENT SERVICES

Temporary • Try Before Hire
Direct Hire Staffing
Visit www.abrjobs.com
Administrative • Call Center
Skilled • Light Industrial • Technical
Full Benefits • Vacation/Holiday Pay
715-355-7711
1521 Metro Dr. Unit 204
Schofield, WI 54476

QPS EMPLOYMENT GROUP*

20,000 working -1,500 companies
29 years - over 30 offices
Those are just a few of the numbers that make up QPS. But we’re more than just a bunch of facts and figures. We’re a full-service staffing firm comprised of dedicated and passionate people. People with experience. People with drive. People who want to help YOU. Below are the areas in which we specialize in:

• Industrial - offering manufacturing, production and distribution positions.
• Skilled Trades - offering skilled positions in manufacturing and engineering.
  • Office - offering administrative, clerical and office positions.
• Professional - offering management and executive level positions.

We’ve been successfully placing candidates since 1985. So go ahead...contact QPS today!

2222 Grand Ave. - Wausau, WI 54403
715-848-0302
www.qpsemployment.com
Goodwill Industries of North Central Wisconsin
(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillnow.org
Provides work experience for people with special needs.

Hmong American Center
(715) 842-8390
www.wausauhmong.org
Employability assistance for Southeast Asian individuals, especially refugees. Includes employability development planning, writing résumés, preparation for interviews, interpreting while interviewing, and job placement.

Job Center of Wisconsin Website
www.JobCenterofWisconsin.com
A self-service computer-aided system that job seekers can easily use to quickly find available job openings locally and statewide.

Job Corps Admissions and Placement
(715) 359-7040 or (800) 733-5627
http://jobcorps.doleta.gov
Vocational training and guidance, and job placement assistance, for qualifying 16 - 24 year olds.

Job Service
(715) 261-8700 (Job Center)
https://JobCenterofWisconsin.com
Helps job seekers with finding employment, writing résumés, interview preparation, workplace skills, and basic computer classes. Also helps employers recruit qualified job seekers.

Labor Standards Bureau, Wisconsin Department of Workforce Development
(608) 266-6861 (Madison)
www.dwd.state.wi.us/er
Enforces federal minimum wages, overtime and child labor laws.

Learning Center
(715) 803-1152
Basic education and job seeking skills instruction for adult learners to help them obtain or retain a job, at NTC.

NTC/Salvation Army Basic Skills Program
(715) 803-1479 or (715) 845-4272
Free career exploration, job hunting and interviewing skills, and job search assistance, at the Salvation Army.

North Central Health Care Vocational Services
(715) 848-4320
Helps people with mental and developmental disabilities enter the labor force.

Senior Service Program
(715) 261-8705 (Job Center)
A “stepping stone” program to help income eligible seniors ages 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites for 20 hours/week at minimum wage.

The Open Door
(715) 848-4044
Provides job readiness training to recently released inmates.

Unemployment Insurance
(800) 822-5246 (Initial Claims)
(800) 978-7887 (Weekly Claims)
(800) 494-4944 (Claim Specialist)
www.uccclaim-wi.org
Provides payments, based on work, to eligible workers who are temporarily unemployed.

WIA Youth Employment and Training
(715) 261-8740
Services for in-school and out-of-school youth include one-on-one career counseling, awareness and assessment, and pre-employment skills training (job applications, résumés, and interviewing skills).

Wage/Hour Division, U.S. Department of Labor
(866) 487-9243
www.dol.gov/whd
Enforces federal minimum wages, overtime and child labor laws.

Wausau Fresh Start Construction Project
(715) 842-8390
www.wausauhmong.org
Youth aged 17-24 years gain employment skills by performing construction work while developing and fulfilling a plan to launch themselves toward self-sufficiency.

Wisconsin Works Program (W-2)
(715) 261-8700 (Job Center)
Employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Workers Compensation
(608) 266-1340 (Madison)
www.dwd.wisconsin.gov/wc
Provides relief payments for workers injured or disabled on the job.

Workforce Investment Act (WIA)
(715) 261-8774 (Job Center)
http://dwd.wisconsin.gov/dwdwia/
Provides local job-related training programs and helps pay for tuition, fees, books and supplies for qualifying students who are training or re-training for employment.

FAMILY CAREGIVER EDUCATION
NOTE: To learn about additional services for caregivers, call United Way’s 2-1-1 any time day or night.

Dial 2-1-1 or (715) 848-2255
Email askus@unitedwaymc.org
Search online at:
www.unitedwaymc.org/211.htm

Alzheimer’s Association of Greater Wisconsin
(715) 845-7000
www.alz.org/gwwi
Provides educational resources aimed at the needs of families involved in the care of someone with Alzheimer’s Disease and related dementias.

Powerful Tools for Caregivers
(715) 261-6070 or (888) 486-9545
Educational workshops designed to help family caregivers learn how to reduce stress, improve self-confidence, better communicate their feelings, and locate helpful resources, through the Aging & Disability Resource Center.

FARMERS MARKETS

Edgar Farmers Market
(715) 352-2706
General produce sold every Friday, July through October, at the Java Link Cafe, 127 N. 3rd Ave. in Edgar from 2-6pm.

Employee Farmers Market
(715) 221-8400
Held in the West employee parking lot of Marshfield Clinic Wausau Center, put on by Marshfield Clinic and Aspirus employees. Open to the public. Every Thursday, June-September, 10am-4pm. WIC Farmer’s Market Nutrition Program checks accepted.

Gateway Market
(715) 301-1133
“The Planted Seed” holds a farmers market located across from the store at 119 Clark St. every Friday May-November, 2-7pm.
Kronenwetter Farmers Market
(715) 693-4200 ext. 30
Held in Sunset Park on Terrebonne Drive on Sunday, mid-June through mid-October, 9am-1pm or until sold out. Foodshare payments are accepted.

Mosinee Farmers Market
(715) 693-4330
www.mosineechamber.org
Open Tuesday, Noon-7pm, mid-May through October, in River Park just off Main Street. WIC Farmer’s Market Nutrition Program checks accepted.

River District Marketplace
(715) 843-0748
www.wausauevents.org
Arts and crafts as well as locally-grown produce sold in the 400 Block of 3rd Street. 9am-2pm, every Thursday in summer. Sponsored by Wausau Area Events

Wausau Farmers Market
(715) 443-6647
Sells locally-grown produce at 400 River Dr., just South of the VFW Club House, every Wednesday and Saturday, mid-May through mid-November, from 7am until all vendors are sold out or choose to leave. FoodShare payments and WIC Farmer’s Market Nutrition Program checks accepted.

Wausau Winter Farmers Market
(715) 432-4683
Indoor farmer’s market held Saturdays during the winter months (November-April) from 8am-Noon in the Parks and Recreation Building. Foodshare payments accepted.

Weston Farmers Market
(715) 241-2608
www.westonwisc.org
By the Weston Municipal Center, 5500 Schofield Ave., May through October, on Tuesdays and Saturday, 8am until sold out. Foodshare payments and WIC Farmer’s Market Nutrition Program checks accepted.

FARMERS’ RESOURCES
Easter Seals FARM Program
(Farm Assessment and Rehabilitation Methods)
(800) 422-2324
http://farm.eastersealswisconsin.com
Helps farm families cope with the effects of a disability and make it possible for them to return to farming after a disabling injury or illness.

Farmers’ Health Cooperative of Wisconsin
(888) 863-5713
www.farmershealthcooperative.com
A cooperative service for farmers and others in agribusiness that offers its members health and dental insurance coverage, an accident benefit plan, and a vision plan.

Farming Through Difficult Times
Website
fy.iuwex.edu/farmfinances
UW - Extension’s website provides the latest news and research-based educational information to help farmers and others in the agricultural industry, as they manage through difficult financial times.

Farmland Preservation Program
(715) 281-6000
State income tax credits or refunds to local farmers who participate in programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program
(715) 446-3101
Agriculture-related chemicals may qualify for a rebate through the Department of Agriculture, Trade & Consumer Protection. Call this number to pre-register with the Marathon County Solid Waste Department.

Marathon County Farm Service Agency (FSA)
(800) 848-2330
www.fsa.usda.gov/wi
Offers agricultural credit to farmers, including loans on property, crops, conservation funds, and disaster relief.

Rural Health Initiative
(715) 650-1027
www.wruralhealth.org
Provides free in-home preventative health screening and health education for those working in the agricultural field.

Sowing the Seeds of Hope Counseling Program
(800) 942-2474
Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

UW-Extension, Marathon County
(715) 261-1230
http://marathon.uwex.edu
County agents can provide information on agricultural issues and agribusiness.

Wisconsin Farm Center
(800) 942-2474
Provides free financial, business and career counseling for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Housing & Economic Development Authority (WHEDA)
(800) 334-6873
www.wheda.com
Agricultural Financing Programs include crop loans, and loans to help farmers who want to start, expand, or modernize their operations.

NOTE: For more information about help for farmers in distress, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255
or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at:
www.unitedwaymc.org/211.htm

FINANCIAL/BUDGETING COUNSELING
Catholic Charities - Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.ccise.org
Families and individuals may receive an evaluation of their financial situation, develop a plan, and participate in financial and bankruptcy counseling.

Family Living Education
(715) 261-1242
http://marathon.uwex.edu/family-living
Family Living Educator provides consumer information about family financial management and consumer resource management, through UW-Extension.

Get Smart Wausau Coalition
www.getsmartwausau.org
Get Smart Wausau is a local group of volunteers who promote financial literacy through public events that provide free or low-cost financial education.
Project Step Up  
(715) 849-3311  
www.projectstepup.org  
Provides family mentoring, case management and financial literacy for families seeking greater financial stability, through Catholic Charities.  

NOTE: Local schools and colleges sometimes offer consumer finance courses. Call or log on for current schedules and fees:  
- Everest Community Services  
(715) 359-6563  
www.greenheckfieldhouse.com/  
- Northcentral Technical College  
(715) 675-3331  
www.ntc.edu/  
- UW-Marathon County  
(715) 261-6294  
www.uwmc.uwc.edu/continuing_education/  

FOOD ASSISTANCE  

AIDS Resource Center of Wisconsin (ARCW)  
(715) 355-6867 or (800) 551-3311  
www.arcw.org  
Provides emergency food and other emergency assistance for people with or affected by HIV/AIDS.  

CFAC Store  
(715) 352-0630  
www.LeaderCentral.org  
Distributes food to Marathon County residents by appointment when they are referred by an agency.  

Community Center of Hope Food Pantry  
(715) 693-7145  
Community food pantry for southern Marathon County residents in need. Distributes Monday 9am-Noon; Tuesday 3-6pm; and Friday Noon-2pm.  

Community Garden  
(715) 845-1966 (The Neighbors’ Place)  
Provides public garden plots on Falcon Drive in Wausau, for families who would otherwise be unable to garden due to economic constraints or unavailability of land.  

Community United Pantry (CUP)  
(715) 223-2166  
Food pantry for Colby, Curtiss, Abbotsford and Dorchester residents in an emergency, Tuesday 9-11am.  

Covenant Food Pantry  
(715) 359-6467  
Emergency food for area families in need. Distributes the 2nd and 4th Wednesday of the month from 3-5pm, at the Covenant Community Presbyterian Church in Schofield.  

Edgar Circle of Joy Food Pantry  
(715) 443-2544 or (715) 35232  
Emergency food or food vouchers for residents in Edgar and Marathon City areas, the 1st Wednesday of the month 9-11am and 3rd Wednesday from 2-4pm, at Edgar Village Hall.  

First Presbyterian Church Food Pantry  
(715) 842-2116  
Church volunteers distribute food on the 1st and 3rd Tuesday of the month, 1-2pm, as long as supplies last.  

Jubilee House  
(715) 842-4582  
A Catholic Worker House that serves a community meal in Wausau every Thursday 4:30-6pm at Faith Christian Academy.  

Marathon County Economic Support  
(888) 445-1621 or (715) 261-7500  
access.wisconsin.gov  
(call or log on to apply, or apply in person at Marathon County Social Services).  
Administers FoodShare/Food Stamps for all eligible Marathon County residents.  

Meals and More  
(715) 842-0769  
Monthly community meal and Christian fellowship at Trinity Lutheran Church in Wausau on the 4th Wednesday of the month, 4:30-6pm.  

Meals on Wheels  
(715) 261-6070 or (888) 486-9545  
Home delivered meals for senior citizens who are confined to their homes, through the Aging & Disability Resource Center.  

Ministry of Christ Community Church  
(715) 241-7335 ext. 4  
Distributes fresh and non-perishable food every other Friday, 2-4pm.  

Mobile Meals  
(715) 848-5848  
Mid-day meals prepared at Aspirus Wausau Hospital are delivered to the infirm of any age.  

The Neighbors’ Place Food Pantry  
(715) 845-1966  
www.neighborsplace.org  
Distributes donated and government commodity foods in Wausau 5 days a week: Monday, Tuesday, Thursday, and Friday 10am-1:45pm; Wednesday 2-4:45pm.  

Saint Agnes Food Pantry  
(715) 359-5675 (Church office)  
Community food pantry for Weston area residents who are in emergency need of food, 1st and 3rd Wednesday of the month, 3-5pm.  

Saint Florian’s Food Pantry  
(715) 446-3085 (Parish Center, may leave a message)  
Food pantry for anyone in emergency need of food in Hatley and surrounding areas, 3rd Tuesday and 4th Saturday of the month, 9am-Noon.  

Saint Paul’s Food Distribution  
(715) 842-3733 (Church Office)  
Church members donate and distribute bags of groceries for people in need, while supplies last, at St. Paul’s United Church of Christ in Wausau on the 1st and 3rd Tuesday of the month, 9am-Noon.  

Saint Paul’s Neighborhood Meal  
(715) 842-3733  
Community meal served each Tuesday, 4:30-6pm, at St. Paul’s United Church of Christ in Wausau.  

Salvation Army  
(715) 845-4272  
or (715) 845-6583 (after-hours hotline)  
www.sawausau.org  
Free Hot Lunches available for everyone on a walk-in basis Monday-Saturday, 11:30am-12:15pm (except holidays); Bread and Produce Distribution occurs each Monday, Wednesday, and Friday at 10am; Food Pantry opens every Tuesday and Wednesday 9-11:15am and 12:30-3:30pm, and Friday 9-11:15am.  

Saturday Downtown Lunches  
(715) 845-6947  
A full meal is served to everyone who comes to St. John the Baptist Episcopal Church in Wausau, on the last Saturday of each month, at 11am.  

SNAC (Senior Nutrition Access Coupons)  
(715) 261-6054 or (888) 486-9545  
Provides elderly residents in rural Marathon County with meal coupons to use in local participating restaurants that will help meet their nutritional needs, through The Aging & Disability Resource Center.
Spencer C.O.M.E. (Community Outreach Meal for Everyone)
(715) 659-5158
Free hot meal open to all is served the 4th Tuesday of the month, 5-6pm, at St. John's Lutheran Church in Spencer.

Spencer King's Pantry
(715) 659-5181 (in an emergency)
Helps Spencer area residents who are in emergency need of food, at Christ the King Catholic Church, on Monday from 10am-2pm.

Stratford Area Pantry
(715) 687-3568 or (715) 687-3126
Community pantry for people in the Stratford area who have emergency food needs, by pre-arrangement; please call ahead.

Summer Food Service Program
(715) 261-0805 or (715) 261-0549
Provides "grab-and-go" meals to Wausau School District students during summer session.

Summer Meal Program
(715) 845-2582
The Boys and Girls Club in Wausau makes this USDA School Breakfast and Lunch Program available in the summer, Monday-Friday, for anyone age birth to 18 years old. Breakfast is served at 7:30am, lunch served at noon.

Sunday Community Supper
(715) 842-2116 (May leave message for Supper Coordinator)
Volunteers from area churches serve a Sunday evening meal for community members from all walks of life, 4-5:10pm, at First Presbyterian Church in Wausau.

Wausau Urban Community Gardens
(715) 848-4884
Community members can participate in the Bridge Community Health Clinic gardens located on Jefferson Street or 2nd Street.

Wesley Church Food Pantry
(715) 842-3768 (Church office)
Church information and food service available by pre-arrangement; please call church office and speak with a staff member, or leave a message.

WIC-Women, Infants & Children Nutrition Program
(800) 246-5743
Provides mothers and young children who qualify for WIC benefits with checks to purchase foods that meet their nutritional needs.

For additional Food Assistance resources, see FARMERS MARKETS.

FUEL ASSISTANCE
See HEAT ASSISTANCE

GAMBLING
See ADDICTIONS

HANDICAPS
See PEOPLE WITH DISABILITIES

HEALTH SERVICES

Aseracare Hospice
(715) 355-4797 or (877) 234-8571
Hospice care service provider.

Aspirus Comfort Care and Hospice Services
(715) 847-2424
Comprehensive hospice care for children or adults with terminal illness and their families.

Aspirus Walk-In Clinics
(715) 847-2472 (Family Walk-in, Wausau)
(715) 241-5404 (Weston Clinic)
(715) 842-3084 (FastCare at Wausau Shopko Store)
Walk-in medical clinics.

Aspirus Wausau Hospital
(715) 847-2121
Hospital.

BadgerCare Plus
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services).
Public assistance program that provides health coverage to income-eligible individuals, families, and children.

Benedictine Living Community
(715) 675-9451
Nursing home in Wausau.

Blood Pressure and Blood Sugar Checks
(715) 355-6763
Free blood pressure and blood glucose checks at the Fire Dept. in Rib Mountain, and free blood pressure checks at the Weston Public Safety Building provided by South Area Fire and Emergency Response District.

Bridge Community Health Clinic
(715) 848-4884
A primary care clinic that provides general medical and dental services at reduced cost for income-eligible patients throughout the Wausau area.

Certified Application Counselors
Provides information and assistance to individuals, families, and small business owners to learn how to navigate and enroll in the Health Insurance Marketplace. The following agencies have Certified Counselors available to the general public:
* Bridge Community Health Clinic
  (715) 848-4884
* Aspirus locations
  (888) 620-1555
* Marshfield Clinic locations
  (800) 782-9581 ext. 94475
* Ministry St. Clare’s Hospital
  (715) 393-3034

Colonial Center
(715) 223-2352
Nursing home in Colby.

Colonial Manor Medical and Rehabilitation Center
(715) 842-2028
Nursing home and rehabilitation facility in Wausau.

Community Care Connections of Central Wisconsin
(715) 301-1899 (For current enrollees)
To enroll, call the Aging & Disability Resource Center at (715) 261-6070 or (888) 486-9545
www.mycccw.org
This organization offers a long-term care benefit package, funded by the Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Dental Hygiene Clinic
(715) 803-1585
Dental Hygiene students at NTC provide basic teeth cleaning, X-rays and sealants.

Free Blood Pressure Screening
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
Volunteer nurses provide free blood pressure screening monthly at sites throughout Marathon County, through United Way RSVP.
**Free Mammography and Breast Cancer Screening Services**  
(715) 847-2380 or (800) 847-4707  
Provides funding for free breast cancer screenings for men or women age 40 and older, who meet clinical screening guidelines but can’t afford a mammogram, through Aspirus Wausau Hospital.

**Family Planning Health Services**  
(800) 246-5743  
www.fphs.org  
Low-cost reproductive health care and education.

**Family Planning Only Services**  
(888) 445-1621 or (715) 281-7500  
access.wisconsin.gov  
(call or log on to apply, or apply in person at Marathon County Social Services).  
Provides limited benefits relating to family planning services for low-income women and men age 15 and older.

**Golden Living Center-Continental Manor**  
(715) 223-2359  
Nursing home in Abbotsford.

**Health Insurance Marketplace**  
(800) 318-2596  
www.healthcare.gov  
Provides information about health insurance options, subsidies and available tax credits for health insurance, and the option to sign up for a health insurance plan through the Affordable Care Act.

**Interim Healthcare**  
(715) 842-7707  
www.interimhealthcare.com  
Provides both hospice and palliative care services.

**Kennedy Park Medical and Rehabilitation Center**  
(715) 359-4257  
Nursing home and rehabilitation facility in Schofield.

**Marshfield Clinic - Walk-In**  
(715) 847-3281 (Wausau Center)  
(715) 393-1482 (Weston Center)  
Walk-in medical clinics.

**Maternal and Child Health Hotline**  
(800) 722-2295  
Provides public health information and referral to services that focus on women before, during, and after pregnancy and children, including those with special health care needs.

**Medicaid Program (M.A.)**  
(888) 445-1621 or (715) 261-7500  
access.wisconsin.gov  
(call or log on to apply, or apply in person at Marathon County Social Services).  
Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

**Ministry Home Care--Hospice Services**  
(715) 843-9006 (Wausau/Merrill)  
Specialized support to people who have a life limiting disease and their families.

**Ministry Saint Clare’s Hospital**  
(715) 393-3000  
Hospital.

**Mount View Care Center**  
(715) 848-4300  
Nursing home in Wausau. Includes a specialized dementia community. *Legacies by the Lake.*

**Needle Exchange Program**  
(715) 355-6867 or (800) 551-3311  
Program to prevent HIV infection and AIDS transmission through the Wisconsin Optometric Association.

**Refugee Health**  
(715) 261-1900  
Nurse coordinates services for refugees, through the Health Department.

**Rennes Health and Rehab Center**  
(715) 393-0400  
Nursing home and rehabilitation facility in Schofield.

**STD Clinic**  
(715) 261-1900 (Health Department)  
Confidential HIV testing offered at Aspirus Wausau Family Medicine, 425 Wind Ridge Dr. in Wausau.

**Seniors Eyecare**  
www.eyecareamerica.org  
Participating ophthalmologists provide medical eye exams for eligible senior citizens through this project of the Foundation of the American Academy of Ophthalmology.

**Shriners Hospitals for Children**  
(715) 842-7701 (Wausau Contact)  
(612) 596-6100 (Applications)  
The Shriners Hospitals for Children-Twin Cities provides comprehensive medical, surgical and rehabilitative care for children with orthopedic conditions.

**Stoney River Assisted Living and Rehabilitation**  
(715) 298-3833  
www.stoneyriverliving.com  
Community-based assisted living and rehabilitation center.

**Wisconsin Managed Care HMO Enrollment Specialist Program**  
(800) 291-2002 (Milwaukee)  
Educates recipients regarding managed care enrollment options and resolves problems with managed care providers.

**Wisconsin Medicaid/BadgerCare Plus Member Services**  
(800) 362-3002  
http://dhs.wisconsin.gov/badgercareplus  
Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.

**Wisconsin Well Woman Program**  
(715) 261-1927  
Provides preventive health screening services to women age 45-64 who have no health insurance coverage or are underinsured. Services include mammograms, pap tests, pelvic exams, multiple sclerosis testing for women with high risk signs and breast exams as well as follow-up testing for those with abnormal results.
For additional Health Services resources, see PRESCRIPTION ASSISTANCE.

HEAT ASSISTANCE

AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867 or (800) 551-3311
www.arcw.org
Provides utility and other emergency financial assistance for people with or affected by HIV/AIDS.

Catholic Charities - Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.cclse.org
Program participants receive case management services that may lead to help with utility assistance.

Central Housing Region Community Development Block Grant Program
(608) 847-7309
0% interest homeowner rehabilitation loans for low to moderate income families that can help with furnace replacement.

Energy Assistance Programs
(715) 842-3111
http://homeenergyplus.wi.gov
Financial assistance for utility bills for income-eligible Marathon County residents, through Energy Services.

Focus on Energy
(800) 762-7077
www.focusonenergy.com
Residents who don’t qualify for North Central Community Action Program’s Energy Conservation assistance may be eligible for help through this program, which offers cash-back rewards for the purchase and installation of qualifying home heating equipment.

Marathon County Veterans Service Office
(715) 261-1141
Emergency temporary utility assistance may be available for veterans, depending on individual circumstances.

Mosinee Community Development Block Grant Program
(800) 762-0665
Revolving loan funds available to City of Mosinee residents, include help with furnace repair or replacement.

North Central Community Action Program (NCCAP)
(715) 842-0681
Energy Conservation/Home Weatherization Program provides furnace repairs to improve energy conservation for eligible participants.

Schofield Community Development Block Grant Program
(715) 359-5230
Schofield homeowners may be eligible for 0% interest deferred loans for furnace replacement.

USDA/Rural Development Home Repair Loan and Grant Program
(715) 345-7625
www.rurdev.usda.gov/wi
Rural residents residing in a community with a population up to 10,000 may be eligible for a grant or low interest loan for furnace repair or replacement.

Village of Athens Community Development Block Grant Program
(715) 257-9170
Village of Athens residents may be eligible for a revolving loan fund for furnace replacement.

Village of Edgar Community Development Block Grant Program
(715) 352-2891
Village of Edgar residents may be eligible for a revolving loan fund for a furnace.

Village of Marathon Community Development Block Grant Program
(715) 443-2221
Homeowners in the Village of Marathon may be eligible for a loan for a furnace.

Village of Spencer Community Development Block Grant Rehab Loan
(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for emergency furnace repair or replacement.

Wausau Community Development Department
(715) 261-6680
Helps people learn how to find a home to buy, and offers down payment assistance for eligible persons who buy a home in the City of Wausau.

Wausau Fresh Start Low-Income Homes
(715) 842-8390 (Hmong American Center)
www.wausauhmong.org
Homes built by local youth are available for sale to low-income qualified families. Program offers a no-interest down payment package that is only paid back if the home is sold, and is forgiven if the family lives in the home for 15 years.

Wisconsin Rural Development
(715) 345-7623
www.rurdev.usda.gov/wi
Guaranteed Rural Housing Program for low income applicants in rural areas who are unable to get a conventional loan from a bank.

HOUSING ASSISTANCE

Abbotsford Housing Authority
(715) 223-4631
Federally subsidized housing in Abbotsford.
AIDS Resource Center of Wisconsin (ARCW)  
(715) 355-6867 or (800) 551-3311  
www.arcw.org  
Provides rent and other emergency financial assistance for people with or affected by HIV/AIDS.

Catholic Charities HUD Housing Program  
(715) 849-3311 or (866) 849-3311  
www.cclse.org  
Provides in-person or telephone counseling to homeowners who are at risk of losing their home to foreclosure.

Diamonds Edge and Diamond View Apartments  
(formerly Randolph Court)  
(715) 675-7979  
Housing unit subsidized by HUD (Housing & Urban Development).

East High Apartments and Townhouses  
(715) 849-8230  
Select units in the renovated East High School are reserved for income-eligible tenants. Please call for details.

Emergency Assistance Program  
(715) 261-8715  
Needy families with a child, who have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Housing Assistance Funds (EHAF)  
Emergency funds are administered locally by a collaboration of human service agencies for area residents who would otherwise be homeless. The general public may contact ONE of these agencies for an appointment:
* North Central Community Action Program (NCCAP): (715) 842-0681 (Wausau Area)  
* Catholic Charities - Saint Lawrence Community Services: (715) 849-3311  
* The Salvation Army: (715) 842-4272  
* The Women’s Community: (715) 842-5663 (Victims of abuse only)

Federal Building Lofts  
(715) 843-7799  
Loft style apartments in the renovated Federal Building are reserved for income eligible tenants.

Foreclosure Mediation Program  
(715) 261-1000  
(Marathon County Courthouse)  
Assists homeowners and lenders in determining whether foreclosure can be avoided by an alternate arrangement.

Hmong American Center  
(715) 842-8390  
www.wausauhmong.org  
Can provide housing assistance to the Hmong community and all refugees.

Homeowner’s HOPE™ Hotline  
(888) 995-4673  
www.995hope.org  
Provides free telephone or online credit counseling to help homeowners at risk of foreclosure, through Wisconsin Housing & Economic Development Authority.

Marathon County Veterans Service Office  
(715) 261-1141  
Emergency temporary assistance for lodging may be available for veterans depending on individual circumstances.

North Central Community Action Program (NCCAP)  
(715) 842-0681  
Administers emergency rent for eligible residents who would otherwise be homeless, when funds are available.

Terrace Heights Apartments  
(715) 393-4544  
Housing unit subsidized by HUD (Housing and Urban Development).

Trolley Quarter Flats  
(715) 843-7799  
Units in a renovated historic trolley barn in Wausau are reserved for income-eligible tenants. Please call for details.

Wausau Community Development Authority  
(715) 845-4144  
Handles Section 8 Housing Assistance, ‘Scattered Site’ Public Housing, and Senior/Handicapped Housing at Riverview Towers and Riverview Terrace.

Weston Pines Apartments  
(715) 355-1016  
Units are reserved for income-eligible tenants. Please call for details.

HOUSING FOR PEOPLE WITH DISABILITIES

To learn about group homes and subsidized rental housing for people with disabilities, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255  
or toll-free (800) 922-5590  
Email askus@unitedwaymc.org  
Search online at:  
www.unitedwaymc.org/211.htm

HOUSING FOR SENIORS

To learn about the variety of options for older people when choosing a place of residence or long-term care facility, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255  
or toll-free (800) 922-5590  
Email askus@unitedwaymc.org  
Search online at:  
www.unitedwaymc.org/211.htm

IMMIGRANT SERVICES

Catholic Charities Immigration Services  
(608) 782-0710 or (715) 849-3311 x1726  
Visiting attorney offers assistance with family-based immigration issues during monthly appointments in the Wausau office.

English Language Learner Services  
(715) 803-1152  
English language instruction for non-English speaking adults, at NTC.

Family Newcomer Centers  
(715) 261-0550  
Programs to help bridge cultural gaps for new immigrants in Wausau Public Schools.

Hispanic Outreach Program  
(715) 842-5663  
www.womenscommunity.org  
Emergency intervention, support, and advocacy for Latina victims or survivors of domestic violence or sexual assault, through The Women’s Community.

Hmong American Center  
(715) 842-8390  
www.wausauhmong.org  
Wide range of personalized services for the Hmong community, including citizenship assistance, employment and training, and interpretation and translation.
Senior Apartments For Rent

The Marathon Housing Association is accepting applications for efficiency, 1- & 2-bedroom apartments. Eligible applicants are 62+ years or disabled.

Apartments Located In:
- Athens
- Colby
- Edgar
- Marathon City
- Mosinee
- Rothschild
- Schofield
- Spencer
- Stratford

Rent based on 30% of income with Rental Assistance

Amenities include:
- New Kitchens
- New Flooring
- New Appliances
- New Windows
- Walk-in Showers
- Dishwasher & A/C
- Maintenance Staff
- Community Rooms
- Off-Street Parking

WISCONSIN MANAGEMENT CO., INC.
A better way...of living!

Call 877-784-1643 for applications!
WMCAffordablehousing@wimci.com
WMC is an equal opportunity provider and employer.

NOW OPEN

“Tender Reflections, a home for seniors, is dedicated to providing peace of mind to residents and families by offering dignified care while respecting the mind, body and spirit of each person served.”

Now Taking Reservations
For more information please call
1-715-551-4042 Or 1-715-298-5944

3404 Community Center Drive
Weston, WI 54476
Conveniently located near Aspirus • Weston Clinic and Stine Eye Center.

www.TenderReflectionsal.com

Primrose Retirement Community

At Primrose Retirement Community, we want you to enjoy your retirement years! That’s why we take care of the responsibilities, giving you more time to enjoy the important things in life!

Stop in and see all our great amenities and services.

- Fitness Center
- Chapel
- Library
- Computer Lounge
- Pub
- Billiard Room
- Movie Theater
- Beauty Salon/Barber
- Ice Cream Parlor
- Daily Activities
- Social Events
- Exercise Classes
- Scheduled Transportation
- Delicious, Home Cooked Meals
- 24 Hour Nursing Staff, if needed
- Emergency Response System
- And Many More!

For more information on Primrose Retirement Community, or to set up a personal tour, call (715) 842-1818. Come see why we say,

this is living!

PRIMROSE
RETIREMENT COMMUNITIES
Primrose Villa,
Independent & Assisted Living

2100 Townline Road
Wausau, WI
(715) 842-1818
PrimroseRetirement.com

Promoting a Healthy Lifestyle

ADVANCING EDUCATION
INCOME AND HEALTH

Help Seniors:
Remain independent in their homes.
Give to United Way.

A 1 Home Health Care LLC...

Daily Living Needs • Housekeeping
Meal Prep • Laundry • Personal Cares
Transport • Errands • Shopping • Exercises
Blood Pressure Checks • Transitional Cares
Companionship • Day or Night Cares
Cares designed to meet your needs so stay home with us.

Weston  715-359-8160

Primrose Villa,
Independent & Assisted Living

2100 Townline Road
Wausau, WI
(715) 842-1818
PrimroseRetirement.com

Promoting a Healthy Lifestyle
During flu season, vaccines, call United Way's 2-1-1 any time.

NOTE: For information about influenza vaccines, call United Way's 2-1-1 any time during flu season.

**Migrant Project**
(800) 362-3904 (Madison)
Helps migrant or seasonal farmworkers with civil legal problems, through Legal Action of Wisconsin.

**The Neighbors’ Place**
(715) 845-1966
www.neighborsplace.org
Bilingual assistance to individuals in Marathon County includes ESL classes and help with job and computer skills.

**Refugee Cash Assistance**
(715) 261-8731 (Job Center)
RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. For refugees who enroll in an employment program at The Job Center, assistance is available for the first eight months they are in the country.

**Refugee Health**
(715) 261-1900
Nurse coordinates services for refugees and immigrants, through the Health Department.

**Southeast Asian Program (SEAP)**
(715) 842-5663
www.womenscommunity.org
Emergency intervention, support, and advocacy for Hmong and Laotian victims or survivors of domestic violence or sexual assault, through The Women’s Community.

**U. S. Citizenship and Immigration Services**
(formerly Immigration & Naturalization Service--INS)
(800) 375-5283
www.uscis.gov/portal/site/uscis
This bureau of the Department of Homeland Security offers pre-recorded immigration information via touch-tone phone.

**IMMUNIZATION CLINICS**

**Marathon County Health Department**
(715) 261-1900
Provides routine childhood immunizations for uninsured/underinsured or Medicaid eligible children, and some vaccines for adults.

**IN-HOME CARE & RESPITE**

**Aspirus VNA**
(715) 847-2600 or (800) 600-8296
State-licensed home health and personal care agency.

**Compassion Personal Home Care**
(715) 803-1225
www.compassionpersonalhomecare.com
State-licensed personal care agency for individuals needing assistance in the home.

**Faith in Action-Marathon County**
(715) 848-8783
www.faithinactionmc.org
Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing respite services, or who do not have friends and family nearby.

**In-Home Respite Programs**
(715) 847-1175
Respite for families of children with disabilities in their own homes, through Opportunity, Inc.

**LATCH List (Locals Available to Contact and Hire)**
(715) 261-6070 (Aging & Disability Resource Center)
The Aging and Disability Resource Center maintains a list of private-pay workers who can offer home/yard maintenance, cooking, home care, personal care, errands, companionship and other services. Background checks have been completed on these in-home workers.

**Lee Quality Home Care**
(715) 298-9441
www.leequalityhomecare.com
State-licensed in-home personal care agency providing services for individuals with physical illness or developmental/cognitive impairments.

**Ministry Home Care**
(715) 843-9000
State-licensed home health and personal care agency.

**Personal Assistant Services**
(800) 382-8484 (Stevens Point)
In-home services, ranging from personal needs to simple household tasks, for people with a disability who receive Medical Assistance, through Midstate Independent Living Consultants.

**Tyler’s Home for Kids**
(715) 847-1175 or (800) 472-4408
State-licensed group foster care home offers respite services on a 24-hour basis for families of children with special needs, through Opportunity, Inc. Also provides in-home respite by appointment.

**Universal Home Health Care**
(715) 298-9307
www.uhhci.com
State-licensed in-home personal care agency providing services for individuals with cognitive impairments, disability, or physical illness.

**NOTE:** Non-regulated in-home care providers may also be available. In the Yellow Pages of the phone book, look under HOME CARE SERVICES and HOME HEALTH CARE & SVCES. Or search on-line, for example at www.YellowPages.com. You may learn more by calling the providers listed to compare services and fees.

**JAIL TRANSITION**

**Lutheran Social Services**
(715) 849-3344 ext. 8802
Corrections services program provides an array of services including case management to help successfully reintegrate inmates after incarceration, through referral from Dept. of Corrections.

**The Open Door**
(715) 848-4044
Volunteers provide support for inmates upon release from jail or prison, including clothing and footwear, toiletries, coffee/beverages, and Bibles, at Saint Paul’s Community Center in Wausau.

**LANDLORD/TENANT**

**Consumer Protection Hotline**
(800) 422-7128 (Madison)
State consumer protection agency handles landlord/tenant complaints.

**Environmental Health and Safety Program**
(715) 261-1900
Marathon County Health Department investigates local landlord problems involving heat, sanitation, and pest control.
UW-Extension
(715) 261-1242
http://marathon.uwex.edu/family-living/
UW-Extension’s Family Living Educator offers written information about Wisconsin’s landlord/tenant laws.

LEGAL ASSISTANCE

Aging & Disability Resource Center of Central Wisconsin
(715) 261-6070 or (888) 486-9545
Resource Specialists help seniors ages 60 and older and adults with disabilities understand their government benefits and consumer rights.

Lawyer Referral and Information Service
(800) 362-9082
www.wisbar.org
Legal hotline and lawyer referral through the State Bar of Wisconsin.

Modest Means Referral Program
(888) 529-7599
www.wisbar.org
State Bar of Wisconsin helps connect clients whose income is too high to qualify for free legal aid but too low to pay an attorney’s regular fees with a lawyer who has agreed to consider certain cases at a reduced rate.

Public Defenders Office
(715) 842-1603
Legal counsel to low-income residents who have been accused of criminal activity.

Wisconsin Judicare
(715) 842-1681 (Judicare Office)
(800) 472-1638 (Judicare Helpline Monday-Friday, 8:30am-4:30pm)
www.judicare.org
Legal aid for low-income residents.

National Library for the Blind & Physically Handicapped
(715) 261-7248
www.mcpl.us/services/outreach
Audio books delivered free to the visually impaired, and to qualified physically impaired persons through the Marathon County Public Library.

LITERACY

Central Wisconsin Literacy Council
(855) 483-7229
www.centralwisconsinlinearitycouncil.org
Trained volunteer tutors provide one-to-one or group literacy instruction for adults in Marathon and Wood counties.

NTC’s Learning Center
(715) 803-1152
Services available to adult learners include help with basic literacy skills.

Ready to Read
(715) 848-2927
United Way of Marathon County collaborates with local organizations to get books into the hands and homes of eligible families with children age birth-5.

LIBRARIES

Marathon County Public Library
(715) 261-7200
www.mcpl.us
Public library system serves Marathon County residents with Branches in:
- Athens (715) 257-7292
- Edgar (715) 352-3155
- Hatley (715) 446-3537
- Marathon City (715) 443-2775
- Mosinee (715) 693-2144
- Rothschild (715) 359-6208
- Spencer (715) 659-3996
- Stratford (715) 687-4420
- Wausau (715) 261-7200

Ready to Read
(715) 693-3777
www.visitingangels.com
Lexie Schremp • 425 Orbiting Drive, Suite A - Mosinee
715-693-3777 • Fax 715-693-3771
Surrounding Areas: 877-955-8777
tschremp@visitingangels.com

- Bathing Assistance - Light Housekeeping
- Dressing Assistance - Meal Preparation
- Assistance with Walking - Friendly Companionship
- Medication Reminders - Flexible Hourly Care
- Errands - Respite Care for Families
- Shopping - Live-In Care

The Renaissance
4602 Barbican Avenue, Weston
www.rennesgroup.com
(715) 355-5858

- Individual Private Apartments - Healthy Homecooked Meals
- Wireless internet/Cable included - Full time Nursing on site
- 24 Hour Staff - Weekly Housekeeping
- Medication Monitoring - Emergency Response
- Transportation and Outings - Full Kitchen in Apartments

At Rennes Health & Rehab Center, we offer:
- Private Rooms
- 24 Hour Nursing Care
- In-House Staff Therapists
- Home Safety Evaluation
- Outpatient Rehabilitation
- Physical, Occupational, & Speech Therapy
- Long-Term Care
- State-of-the-Art Rehabilitation Equipment & Therapy Gyms
- One-to-One Patient to Therapist Treatment

For more information or a tour, please contact us:
(715) 393-0400 • 4810 Barbican Ave., Weston
MENTAL HEALTH COUNSELING
See COUNSELING

NATIVE AMERICAN SERVICES
American Indian Resource Center of Marathon County
(715) 845-9754
Programs for American Indians include career, cultural, educational, health, youth and elder services.

PARENTING

Co-Parenting Program
(715) 675-3458
Helps parents develop better communication and a mutually acceptable parenting plan, with a focus on the children’s long-term wellbeing, following a divorce or breakup, through Peaceful Solutions Counseling.

Family Birth Center
(715) 393-3258 (Saint Clare’s Hospital)
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

Family Resource Centers
(715) 845-6747 or (800) 577-7971
Provides parenting education and support through centers in Wausau and Stratford. Also offers in-home parenting education through the Start Right Family Visiting program.

MOPs Program
(715) 842-5683
Highland Community Church in Wausau sponsors meetings for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God’s love through relationships and resources.

Single & Parenting Group
(715) 842-0769
Single parents meet to share tips and parenting wisdom with a Christian perspective at Trinity Lutheran Church in Wausau.

Women’s Health Birthing Center
(715) 847-2380 (Aspirus Information Center)
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PEOPLE WITH DISABILITIES

ABC for Health
(800) 585-4222
www.abcfornhi.org
Legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability Resource Specialists
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Serves as the gateway to long-term care resources, and provides assistance for Marathon County residents with complex or multiple needs.

Aspirus VNA
(715) 847-2600 or (800) 600-8296
State-licensed home health and personal care agency.

Blind and Visually Impaired Services of Northcentral Wisconsin
(715) 298-0086
Rehabilitation instruction for blindness and functional low vision, includes use of assistive technology, braille, and computers.

CIC Employment Services
(715) 842-2300
Services designed to help adults with disabilities determine vocational goals and secure jobs, through Community Industries Corporation.

Caring Hearts Activity Center
(715) 298-0058
Daytime care for adults with physical or developmental disabilities.

Central Wisconsin Autism Society
(715) 359-0886
Support and information for parents and caregivers of children with Autism Spectrum Disorder, as well as social opportunities for those with Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs
(715) 261-1906
www.northernregionalcenter.org
Provides health benefits counseling and advocacy for local families of children with special health care needs and providers who serve them, through this Northern Regional Center of the Marathon County Health Department.

Communication Link
(800) 542-9838
Provides sign language interpreters for people who are deaf or hard of hearing throughout Wisconsin.

Community Care Connections of Wisconsin
(715) 301-1899 (For current enrollees)
To enroll, call the Aging & Disability Resource Center at:
(715) 261-6070 or (888) 486-9545
This organization offers a long-term care benefit package, funded by the Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Community Corner Clubhouse
(715) 843-1926
The Clubhouse is a psychosocial rehab program of North Central Health Care serving people with mental illness. Members are involved in the Clubhouse work-ordered day and through this process build relationships, self-confidence, self-esteem, and the tools to return to work or further their education.

D. C. Everest Area Schools' Pupil Services and Special Education
(715) 359-4221
Educational services for school-aged children with disabilities in the D.C. Everest Area Schools.

Everest Area Special Olympics
(715) 359-9134
www.specialolympicswisconsin-everestarea.webs.com
Sports training and competition for children and adults with cognitive disabilities.

Goodwill Industries of North Central Wisconsin
(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillncw.org
Provides work experience for people with special needs.

Greater Wausau Christian Services
(715) 842-5635
Offers volunteer-led Bible classes for adults with developmental disabilities.

Interim Health Care
(715) 842-7707 or (800) 794-9339
State-licensed home health and personal care agency.
Lifeline Personal Emergency Response  
(715) 847-2781 (Aspirus)  
(715) 842-7707 (Interim Health Care)  
Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

Marathon County Birth to Three  
(715) 848-4580  
Coordinated services for infants and toddlers who experience atypical development or developmental delays, through North Central Health Care.

Marathon County Department of Special Education  
(715) 261-1980  
www.mcspecialeducation.com  
Educational services for school-aged children with disabilities in rural Marathon County.

Metro Ride Paratransit (formerly WATs+)  
(715) 842-9287  
http://ci.wausau.wi.us/Departments/metroride.aspx  
Provides non-emergency, specialized curb-to-curb transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Michael's Place  
(715) 350-1075  
Supportive services for people living with a chronic, life-threatening illness.

Midstate Independent Living Consultants  
(800) 382-8484  
www.mlic-inc.org  
Services available to people with disabilities of all ages, include Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, Peer Support, and Representative Payee.

Mobile Meals  
(715) 848-5848  
Noon meals prepared at Aspirus Wausau Hospital are delivered to the infirm of any age.

Mosinee School District's Pupil Services  
(715) 693-2530  
Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

North Central Health Care  
(715) 848-4600 (Main Switchboard)  
(715) 848-4356 (Registration)  
www.norcen.org  
Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Northern Valley Industries  
(715) 845-7316  
Vocational development and commensurate wage employment for people with disabilities. Other work activities available through North Central Health Care, (715) 848-4317.

Office for the Blind and Visually Impaired  
(715) 365-2804 (Northern Marathon Co.)  
(800) 382-8484 ext. 223 (Southern Marathon County)  
http://dhswisconsin.gov/blind  
Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Deaf and Hard of Hearing  
(715) 203-1580 Voice/Video Phone  
http://dhswisconsin.gov/sensory  
Information, referral, support and training for people who are deaf, deaf-blind, or hard of hearing.

Opportunity, Inc.  
(715) 842-8700 or (800) 472-4408  
www.balancinglives.org  
Assistance for children and adults with disabilities, and their families, including Advocacy, Respite, and Assisted Living.

Rainbow's End  
(715) 847-2000 ext. 53488  
Day camp for young people age 5 - 21 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Regional Library for the Blind & Physically Handicapped  
(715) 261-7248  
www.mcpl.us/services/homebound  
Provides “Talking Books” and players free to visually impaired, and to qualified physically impaired, persons, through the Marathon County Public Library.

Schofield Homeowner's Rehabilitation Program  
(715) 359-5230  
City of Schofield homeowners may be eligible for 0% interest loans to make their homes handicap-accessible.

Shared Blessings  
(715) 432-4799  
Provides a Community Room for Special Needs Families to meet for playgroups, therapy and networking, made possible by local corporate donors and the Build from the Heart project.

Special Olympics Wisconsin--North Central Area 2  
(715) 848-0550  
www.specialolympicswisconsin.org  
Sports training and competition for children and adults with cognitive disabilities.

Spina Bifida Northern Wisconsin  
(715) 675-7313  
Emotional and written support for parents of children with spina bifida.

Stable Hands  
(715) 359-6046  
www.stablehandstherapy.com  
Therapeutic horseback riding for people with disabilities.

Transition Services  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Specialists at the Aging & Disability Resource Center can connect students with disabilities to adult programs and services available to them after high school.

Tyler's Home for Kids  
(715) 847-1175 or (800) 472-4408  
Facility offers respite services on a 24-hour basis for families of children with special needs. Services include inclusive day care, through Opportunity, Inc.

Village of Athens Community Development Block Grant Program  
(715) 257-9170  
Village of Athens residents may be eligible for a revolving loan fund to make homes handicap-accessible.
Village of Edgar Community Development Block Grant Program
(715) 659-5423
Village of Edgar residents may be eligible for a revolving loan fund to make their homes handicap-accessible.

Village of Marathon Community Development Block Grant Program
(715) 443-2221
Village of Marathon residents may be eligible for a loan to make their homes handicap-accessible.

Village of Spencer Community Development Block Grant Rehab Loan
(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for making a home handicap-accessible.

Visually Impaired Program (VIP) (800) 382-8484
Rehabilitation, educational and pre-employment assistance for visually impaired/blind adults, at Midstate Independent Living Consultants’ Choices Home.

Wausau Metro Adult Special Olympics (715) 842-9182
Sports training and competition for adults with cognitive disabilities.

Wausau Community Development Department (715) 261-6680
City of Wausau property owners may be eligible for Homeowners’ Rehabilitation loans to make their homes handicap-accessible.

Wausau Outreach Center for the Blind and Visually Impaired (715) 842-0769
Networking and fellowship for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District’s Special Education Services (715) 261-0532
Educational services for school-aged children with disabilities in the Wausau School District.

Wisconsin Department of Transportation (800) 924-3570 (Statewide Information Center)
www.dot.wisconsin.gov/drivers/vehicles/disabled
Processes Handicap Parking Cards for area residents with disabilities.

Wisconsin Division of Vocational Rehabilitation (DVR) (715) 261-8760 (888) 701-1249 (TTY)
www.dwd.wisconsin.gov/dvr
Helps people with disabilities enter or reenter the job market, at the Job Center.

Wisconsin Lions Camp (Camp Rosholt) (715) 677-4969 (Rosholt)
www.wisconsinlionscamp.com
Year-round outdoor center and camp for visually and hearing impaired youth and adults, mildly cognitively disabled youth, and children with diabetes.

Wisconsin Relay System (800) 947-3529 (for hearing impaired callers) (800) 947-6644 (for hearing callers) or, call 7-1-1
Telephone relay service for Wisconsin residents who are deaf, hard of hearing or speech-disabled.

Wisconsin Rural Development (715) 345-7625
www.nrdev.usda.gov/wi
Grants for very low-income elderly in rural areas include payment for making a home handicap-accessible.

WisLoan Program (800) 382-8484 (Stevens Point)
Offers loans to help purchase assistive technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Consultants.

PERSONAL NEEDS & HOUSEHOLD GOODS

Aging and Disability Resource Center Loan Closet (715) 261-6070
Temporary loan of medical equipment for seniors or people with disabilities. Accepts donated equipment in good shape.

Back to Basics and Bare Necessities
Email workplacevolunteer councilmc@gmail.com
Provides donated career clothing, “business casual” clothing, and accessories to people who need attire for a job or job interview.

CFAC Store (Clothing for a Cause) (715) 352-0630
www.leadcentral.org
Provides clothing to individuals or families in extreme need, who have a referral from a public service or non-profit organization.

Coats for Kids (715) 845-4272
Donated new or gently used winter coats, hats, boots, mittens, gloves, snow pants, and scarves are distributed each winter by The Salvation Army.

Fill A Backpack Fill A Need Project Email: workplacevolunteer councilmc.com
Students in grades K-8 who qualify for free or reduced school hot lunch receive a free backpack filled with school supplies in August for the upcoming school year, through the Workplace Volunteer Council. Participating schools distribute tickets in advance.

Freecycle Network Website www.freecycle.org
A local moderated email group allows members to acquire items free of charge, or to post items to donate.

HELP-Health Equipment Lending Program (715) 843-5985
www.freecycle.org
The Good News Project provides temporary loan of medical equipment to area residents and accepts donated medical equipment to support its missions in the West Indies.

Ministry of Christ Community Church (715) 241-7335 ext. 4
Distributes donated clothing and personal hygiene items every other Friday 2-4pm.

Personal Needs Closet (715) 842-2201
Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month, 1-3pm; and 4th Saturday of the month 9-11am.
Rebecca’s Closet
Email rebeccasclosetwausau@gmail.com
Distributes infant and children's items to community service agencies and school staff that serve families in need.

The Neighbors’ Place Furniture and Basic Needs Bank
(715) 845-1966
www.neighborsplace.org
The Neighbors’ Place provides donated apparel, appliances, furniture, household items, and other items free of charge to area residents by partner agency referral. Clothing is available without a referral.

The Open Door
(715) 848-4044
Provides donated clothing, footwear and toiletry items to recently-released inmates.

Tiny Tots Closet
(715) 842-3733
Provides diapers for those in need each Tuesday 10am-Noon at St. Paul’s United Church of Christ.

United Way Volunteer Connection
Donated Goods
(715) 848-2927
www.unitedwaymc.org
A free online bulletin board that allows community members to either search for items needed by local organizations or to post items they can donate to local agencies (e.g., clothing, office products, toys, tools, personal care items, vehicles, and more).

PREGNANCY SERVICES
Aspirus Wausau Family Medicine
(715) 675-3391
Works to provide care for pregnant women seeing a resident physician for OB care who have no means to pay.

BadgerCare Plus
(888) 445-1621
access.wisconsin.gov
(call or log on to apply)
BadgerCare Plus is a state/federal program that provides health coverage for income eligible pregnant women.

Catholic Charities Pregnancy Services
(715) 849-3311 or (866) 849-3311
Provides free and confidential support services to pregnant women and other people affected by an unplanned or crisis pregnancy.

Family Birth Center
(715) 393-3258 (Saint Clare’s Hospital)
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

Family Health Program
(715) 261-1900
Provides health education, resource identification and referral, and care coordination for pregnant women and families with newborns, through the Marathon County Health Department. Smoking cessation counseling also available for pregnant women.

Family Planning Health Services
(800) 246-5743
www.fphs.org
Pregnancy testing and education available on a sliding fee scale.

Hannah Center
(888) 442-6624
www.hannahcenter.com
Residence for women experiencing an unplanned pregnancy, in Marshfield.

Hope Life Center
(715) 843-4673
www.hopewi.org
Free pregnancy testing, counseling and education for unplanned pregnancies and post-abortion for women and men and their families. Limited O/B ultrasound also available.

School Age Parent Program
(715) 571-6441
School instruction on prenatal health, fetal growth and development, and parenting for students in the Wausau School District.

Unplanned Pregnancy/Birth Parent Counseling Services
(715) 261-8808 or (888) 522-3678
Lutheran Social Services provides free, confidential counseling to anyone experiencing an unplanned pregnancy.

WIC--Women, Infants & Children Nutrition Program
(800) 246-5743
Provides checks to buy foods that meet the nutritional needs of pregnant and breastfeeding women and their children.

Women’s Health Birthing Center
(715) 847-2380 (Aspirus Information Center)
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PRESCHOOLS
Aspirus YMCA Pre-School
(715) 841-1857
Preschool classes at the YMCA in Weston.

Athens Preschool
(715) 257-7051
At Athens Elementary School, through Athens School District.

Bethlehem Community Preschools
(715) 359-3366
Christian preschools.

D. C. Everest Community Services Preschool Program
(715) 359-6563
Preschool classes through D. C. Everest Community Services for 3-5 year olds.

D. C. Everest School District
(715) 591-4221
Pre-kindergarten program for 4 year olds.

Daisy Mae Day Care
(715) 675-8845
Includes preschool programs.

Good Shepherd Preschool
(715) 675-1997
Christian preschool.

Head Start
(715) 845-2947 (Wausau)
(715) 573-3698 (Schofield)
(715) 693-4003 (Mosinee)
Federal Head Start program for 3-5 year old children from low-income families.

Key to Life Preschool
(715) 359-5451
Offers Christian preschool program.

KinderCare Learning Center
(715) 359-4118
Includes preschool, in Schofield.

Little Stars Preschool and Head Start
(715) 223-2044
Federal Head Start program for 3 and 4 year old children from low-income families in Colby.

Montessori School of Wausau
(715) 842-7917
Preschool.
Mosinee Preschool  
(715) 693-6965  
Preschool for Mosinee area children during the school year.

Mount Olive Lutheran Preschool  
(715) 359-5546  
Christian preschool.

Mountain View Montessori  
(715) 298-3832  
Includes preschool.

Newman Catholic Schools  
(715) 845-5735  
Includes preschools at the St. Mark and St. Michael Parish locations.

Our Savior’s Ev. Lutheran Church School--WELs  
(715) 845-3253  
Includes preschool.

St. John Lutheran School  
(715) 845-7031  
Includes pre-kindergarten Lutheran education.

St. Mark’s Lutheran Preschool  
(715) 848-5511  
Christian preschool.

Stratford Elementary School  
(715) 687-3130  
Pre-kindergarten program for 4 year olds.

Wausau School District Preschool Programs  
(715) 261-0265  
Pre-Kindergarten program for 4 year olds that focuses on language and literacy development in young children.

Wipaman Ker’ da Head Start Center/Ho-Chunk Nation Head Start  
(715) 253-3826 (Wittenberg)  
Federal Head Start program for 3-5 year old children from Native American and low-income families in Eastern Marathon County.

Woodson YMCA Pre-school  
(715) 845-2177 ext. 117  
Preschool classes at the YMCA in Wausau.

YWCA Child Development Center  
(715) 842-3381 ext. 102  
Preschool classes at the YWCA.

PRESCRIPTION ASSISTANCE

BadgerCare Plus  
(888) 445-1621  
access.wisconsin.gov  
(call or log on to apply)  
Prescription assistance is available to income-eligible participants of this public health coverage program.

FamilyWize Prescription Drug Discount Card  
(800) 222-2818  
www.FamilyWize.org  
Participants simply present their FamilyWize card with each prescription to the participating pharmacy at the time of purchase to receive discounts. Participant’s cost will be the discount price with the FamilyWize card OR the pharmacy’s usual customary retail price, whichever is lower.

NACo Prescription Discount Card Program  
www.nacorx.org  
Prescription discount cards are available online free of charge. Marathon County participates in The National Association of Counties’ discount card program to help consumers with prescription drug costs.

NeedyMeds Website  
www.NeedyMeds.org  
NeedyMeds.com is a non-profit that connects people with pharmaceutical companies that can provide over 3,000 different medications to people with low incomes.

Partnership for Prescription Assistance  
(888) 477-2669 (Call Center)  
https://wi.pparx.org  
Helps patients who lack prescription coverage get access to the medicines they need, through the public or private program that’s right for them.

SeniorCare Prescription Drug Assistance Program  
(800) 657-2038 (Customer Service Hotline)  
http://dhs.wisconsin.gov/seniorcare/index.htm  
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Young’s Drug Store Delivery Service  
(715) 845-5203 (Bridge St)  
(715) 845-3713 (Grand Ave)  
This pharmacy offers prescription delivery service.

Walgreens Pharmacy  
(715) 845-8279 (Bridge St)  
The pharmacy at the Bridge Street Walgreens location is open 24 hours/day.

RAPE VICTIMS

Sexual Assault Victim Services (SAVS)  
(715) 842-5663 (office)  
(715) 842-7323 (24-hour support line)  
(888) 665-1234 (Toll-free 24-hour support line)  
www.womenscommunity.org  
Provides 24 hour assistance and support for adult, adolescent and child victims of sexual assault and sexual abuse, through The Women’s Community.

RECREATION

Wausau & Marathon County Parks, Recreation, and Forestry  
(715) 261-1550  
www.co.marathon.wi.us/parks.asp  
Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.
Wausau Events
(715) 843-0748
www.wausauevents.org
Coordinates and publicizes events in Wausau.

Wausau/Central Wisconsin Convention & Visitors Bureau
(715) 355-8788 or (888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes the area’s online Events Calendar.

For additional Recreation-related resources, see
*CHILD/YOUTH SERVICES
*CLUB & COMMUNITY GROUPS
*CULTURAL OPPORTUNITIES
*LIBRARIES
*VOLUNTEER SERVICES

RENTERS
See LANDLORD/TENANT

RUNAWAYS

National Runaway Switchboard
(800) 786-2929
www.1800runaway.org
Delivers messages between parents and runaways, and arranges transportation back home.

Runaway and Youth Services
(855) 577-7297 (24 hours/day)
24-hour hotline for adolescents in crisis or just to talk about problems and how to solve them, through Lutheran Social Services.

SCHOOLS & COLLEGES

Abbotsford Christian Academy (ACA)
(715) 223-4445
K - 12 Bible-based education.

Abbotsford Public Schools
(715) 223-6715
www.abbotsford.k12.wi.us
4K - 12th grade public education.

Alternative High School
(715) 803-1778 or (715) 803-1148
Alternative high school at NTC.

Athens School District
(715) 257-7511
www.athens.k12.wi.us
4K - 12th grade public education.

Colby District Education Center
(715) 223-2301
www.colby.k12.wi.us
K - 12th grade public education.

D. C. Everest Area School District
(715) 359-4221
www.dce.k12.wi.us
4K - 12th grade public education, in Weston.

Edgar School District
(715) 352-2351
www.edgar.k12.wi.us
4K - 12th grade public education.

Faith Christian Academy
(715) 842-0797
www.faiithca.org
4K - 12th grade Bible-based education.

Falcon Enterprises Alternative High School
(715) 223-0118
www.abbotsford.k12.wi.us
Alternative education for students in grades 9 - 12 who are identified as at-risk of not graduating because they are credit deficient, in Abbotsford.

Globe University
(715) 301-1300
www.globeuniversity.edu
Private college in Rothschild.

Hillside Christian School
(715) 241-7722
http://hillside22.adventistschoolconnect.org
1st - 8th grade Christian education, in Wausau.

 Marathon City School District
(715) 443-2226
www.marathon.k12.wi.us
4K - 12th grade public education.

Mosinee School District
(715) 693-2530
www.mosineeschools.org
4K - 12th grade public education.

Newman Catholic Schools
(715) 845-5735
www.newmancatholicschools.com
4K - 12th grade Catholic education.

Northcentral Technical College
(715) 675-3331
www.ntc.edu
Public vocational and technical education.

Northland Lutheran High School
(715) 359-3400
www.nlhs.org
Lutheran secondary school, in Mosinee.

Our Savior’s Ev. Lutheran Church School--WELs
(715) 845-3253
www.oursaviorswausau.org
4K-7th grade Lutheran education in Wausau.

Rasmussen College
(715) 841-8000
www.rasmussen.edu
Private college in Wausau.

St. Anthony School
(715) 257-7541
K-8 Catholic education in Athens.

St. Joseph’s Catholic School
(715) 687-4145
4K - 8th grade Catholic education in Stratford.

St. Mary Catholic School
(715) 223-3033
www.stmarycatholicschool.net
Catholic elementary education in Colby.

St. Mary's School
(715) 443-3430
4K - 8th grade Catholic education in Marathon.

St. Paul School
(715) 693-2675
www.stpaulmosinee.org
4K - 8th grade Catholic education in Mosinee.

St. Peter Lutheran School
(715) 359-3020 or 359-2829
www.stpeterschofield.org
Lutheran education through 8th grade, in Schofield.

Spencer School District
(715) 659-5347
www.spencer.k12.wi.us
4K - 12th grade public education.

State College of Beauty Culture
(715) 845-2888
www.statecollegeofbeauty.com
Private trade school.
Stratford School District
(715) 687-3130  
www.stratford.k12.wi.us  
Pre-K - 12th grade public education.

Trinity Lutheran Church School--Missouri Synod
(715) 257-7559  
www.trinityathens.net  
4K - 8th grade Lutheran education in Athens.

Trinity Lutheran School
(715) 848-0166  
www.trinitywausau.org  
4K - 8th grade Lutheran education in Wausau.

University of Wisconsin-Marathon County
(715) 261-6235  
www.uwmc.uwc.edu  
Two-year campus of the University of Wisconsin system, in Wausau.

University of Wisconsin-Oshkosh BSN At Home Program
(920) 420-6690  
www.uwosh.edu  
UW-Oshkosh nursing degree program available on the NTC campus.

Upper Iowa University-Wausau Campus
(715) 675-2775  
www.uiu.edu/wausau  
Offers accelerated Associate's and Bachelor's degrees, at the NTC campus.

Wausau School District
(715) 261-0500  
www.wausauschools.org  
4K - 12th grade public education.

Wisconsin Valley Lutheran High School
(715) 693-2693  
www.wvlhs.org  
Christ-centered high-school education, in Mosinee.

SENIOR SERVICES

AARP Driver Safety Courses  
(715) 842-4108 (AARP Volunteer) or (715) 261-6070 (ADRC)  
Students learn how to adjust their driving to account for current rules of the road and common age-related changes in vision, hearing, and reaction time, through the Aging & Disability Resource Center.

Abuse in Later Life  
(715) 842-5663  
www.womenscommunity.org  
Provides counseling, support and advocacy for individuals over age 50 who are affected by abuse, through The Women’s Community.

Aging & Disability Resource Center of Central Wisconsin  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Provides Benefit Specialists, Caregiver Support, Information & Assistance, and Nutrition Program.

Aging & Disability Resource Specialist  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Serves as the gateway to long-term care resources, and provides assistance for Marathon County residents with complex or multiple needs.

Alzheimer's Family and Caregiver Support Program  
(715) 261-8062 or (888) 486-9545  
Limited financial assistance is available to reimburse caregivers for some of the costs necessary to maintain a person with dementia. Typical services include in-home help, respite care, adult day care and transportation.

Caring Hearts Activity Center  
(715) 298-0058  
State-licensed adult day activities for the elderly.

College of the Emeriti  
(715) 261-6294  
Learning opportunities at UWMC for adults age 50 or older.

Downtown Memory Café  
(715) 842-2201 (First United Methodist Church)  
Socialization and activity program for individuals experiencing early stage dementia or mild memory loss, through First United Methodist Church.

Faith in Action of Marathon County  
(715) 848-8783  
www.faithinactionmc.org  
Volunteer help for the elderly whose needs are not currently being met by existing support services, or who do not have friends and family nearby.

Hmong Refugee Elders Program  
(715) 842-8300 ext. 208  
www.wausauhmong.org  
Addresses mental health issues within the Hmong community, particularly among the elderly who might suffer from depression due to the lack of recreational and social diversions, through the Hmong American Center.

Home Safety Checks  
(715) 355-6763  
Free home safety checks offered for Weston and Rib Mountain area seniors, through S.A.F.E.R. (fire department).

LATCH List (Locals Available to Contact and Hire)  
(715) 261-6070 or (888) 486-9545  
The Aging and Disability Resource Center maintains a list of private-pay workers who can offer home/yard maintenance, cooking, home care, personal care, errands, companionship and other services. Background checks have been completed on these in-home workers.

Leisure Activities at the ADRC  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Offers health and fitness programs, lifelong learning, and wellness seminars, as well as a place for seniors to enjoy social and recreational activities, at the Aging & Disability Resource Center.

Lifeline Personal Emergency Response  
(715) 847-2781 (Aspirus)  
(715) 842-7707 (Interim Health Care)  
The program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.
Marathon County Transportation Program
(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)
North Central Health Care offers a variety of transportation services for people age 65 and over; who are outside of ½ mile of a Metro Ride bus route (within Marathon County). It offers transportation for medical, employment, or nutritional needs only.

NOTE:
* Family Care participants should contact Community Care of Central Wisconsin for more information: (715) 301-1899.
* ForwardHealth members (Medicaid and BadgerCare Plus Recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Medical Transportation Management (MTM)
(866) 907-1493 (to schedule a ride)
Staff at MTM arrange transportation services for people who receive Medicaid and BadgerCare Plus who have no other way of getting a ride to a medical appointment (except for those who reside in a nursing home, or who are enrolled in Family Care.) May also provide transportation to pharmacies to pick up prescriptions.

Senior Home Safety Program
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Qualified volunteers assist with minor home repairs and modifications to keep a senior citizen’s home in safe condition (no cosmetic improvements, plumbing, or electrical work.)

Senior Service Program
(715) 261-8705 (Job Center)
A “stepping stone” program to help income eligible seniors age 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites for up to 20 hours/week at minimum wage.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
http://dhs.wisconsin.gov/seniorcare/index.htm
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Social Security Administration
(800) 772-1213 or (855) 269-9186
www.socialsecurity.gov

The Talent Shop
(715) 845-1961
Consignment shop in Rib Mountain which features hand-crafted items made by area senior citizens.

United Way RSVP of Marathon County
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
Provides personalized volunteer placement opportunities for people age 55 and over. Supplemental auto, accident and liability insurance is provided during volunteer assignment. Optional mileage reimbursement is also available.

Wausau Senior Citizens Chorus
(715) 359-6412
Community chorus for seniors.

SEXUAL ASSAULT
See RAPE VICTIMS

SHELTER
See EMERGENCY SHELTER

SUICIDE PREVENTION

Hopeline Text Crisis Line
(920) 475-4748
839863 Text Short Code
www.centerforsuicideawareness.org
Confidential text service for suicide prevention and crisis intervention, through the Center For Suicide Awareness.

 Suicide Prevention Line
(715) 845-4326 or (800) 799-0122 (24 hours/day)
Suicide prevention and crisis intervention, through North Central Health Care.

SUPPORT GROUPS

AfterReach
(715) 847-2803
For anyone whose life has been touched by breast cancer, at Aspirus Regional Cancer Center.

Al-Anon
(888) 425-2666
www.area61afg.org
12-step group meetings help families and friends of alcoholics recover from the effects of living with the relative’s or friend’s problem drinking.

Alateen
(888) 425-2666
http://area61afg.org/Area61Districts.html
A recovery program for young people whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous
www.area74.org
Provides 12-step Alcoholics Anonymous meetings.

Alzheimer’s and Dementia Support Group
(715) 498-9514 or (715) 845-7000
Support group for anyone who is caring for someone with Alzheimer’s Disease or related dementia, at the Aging and Disability Resource Center.

Brain Injury Support Group
(715) 847-2826
Support group for brain injury survivors and family members, at Aspirus Wausau Hospital.

Caregiver Support Group
(715) 847-2004 or (715)845-7000
Support group for anyone who is caring for someone with Alzheimer’s Disease or related dementia, at Aspirus Hospital Memory Clinic.

Central Wisconsin AUsome Social Group
(715) 359-0886
Opportunities for individuals on the Autism Spectrum to interact socially with each other. In addition, families and caregivers are able to network and establish a positive support system.

Central Wisconsin Autism Society
(715) 359-0886
Support and information for parents and caregivers of children with Autism Spectrum Disorder.

Central Wisconsin Fibromyalgia Support Group
(715) 693-0398
Support group for those with chronic pain or fibromyalgia.
Central Wisconsin Network
www.cwn-singles.com
Sponsors a variety of social activities for singles in Central Wisconsin who are 21 or older.

Child/Teen Grief Group
(715) 847-2121 or (715) 843-7196
A support group for children and teens who have lost a loved one, through Aspirus Comfort Care and Hospice Services.

Children's Domestic Abuse Support Group
(715) 842-5663
www.womenscommunity.org
Support group for children who have experienced domestic abuse, sponsored by The Women's Community Domestic Abuse Program.

Children's Sexual Abuse Support Group
(715) 842-5663
www.womenscommunity.org
Time limited support groups for children who have been sexually abused, sponsored by The Women's Community Sexual Victim Services Program.

The Compassionate Friends, WauMara Chapter
(715) 536-6320
www.compassionatefriends.org
Self-help group offering friendship, understanding, support and hope to bereaved parents.

DivorceCare Programs
(715) 842-0944 (Center for Family Development)
(715) 842-5663 (Highland Community Church)
Support for those going through divorce or separation.

Epilepsy Support Group
(800) 693-2287 (Stevens Point)
www.epilepsywisconsin.org
Meetings for individuals with epilepsy and their parents, siblings, friends and spouses, at various locations in Wausau, sponsored by The Epilepsy Foundation.

Family Birth Center
(715) 393-3258 (Saint Clare’s Hospital)
Offers a variety of support and education groups for new or expecting parents.

Finding Hope Together
(715) 845-5525
Support group for anyone dealing with grief, at the Brainard Funeral Home Everest Chapel in Weston.

Food Allergy Association of Wisconsin, Central Wisconsin Chapter
(715) 675-5754
www.foodallergywis.org
Support for families and adults with life threatening food allergies.

Gambler's Anonymous
(715) 297-5317
www.gamblersanonymous.org/ ga/
Weekly Gambler’s Anonymous (GA) meetings that provide self-help and support for people to overcome gambling, through Mount View Care Center.

Gender & Sexual Diversity Committee
(715) 261-6260
Email doug.hosler@uwce.edu
Student government committee provides programs and support for people of alternative sexual orientation and gender identity (confidential email and phone contact through UW-Marathon County faculty advisor).

Getting Back to Life After Loss
(715) 847-2703 or (715) 845-4159
Support group for bereaved adults who are ready to move forward through education, recording memories, and searching for meaning, through Aspirus Comfort Care and Hospice Services.

Good Grief—Living with Loss
(715) 847-2703
Grief support group for adults who have experienced the death of a loved one, at First Universalist Unitarian Church in Wausau.

Greater Wausau Area Stroke Club
(715) 847-2827
Mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Greater Wausau Christian Services
(715) 842-5635
Offers support for family members of jail inmates.

Hmong Refugee Elders Program
(715) 842-8390 ext. 208
www.wausauhmong.org
Addresses mental health issues within the Hmong community, particularly among the elderly who might suffer from depression due to the lack of recreational and social diversions, through the Hmong American Center.

Leadership Dance Group
(715) 842-5663 (The Women’s Community)
Group for youth looking to connect with others and become positive leaders through dance.

LEAP (Learning Essentials About Parenting)
(715) 845-6747 or (800) 577-7971
Ongoing parent support and education through Family Resource Centers.

Living with Loss
(800) 398-1297
Support for people to share feelings, memories, hurts, and fears regarding the death of someone dear, through Ministry Health Care, with meetings in Athens, Weston, and Wausau.

Look Good...Feel Better
(715) 847-2803 (Wausau Group)
(715) 393-1400 (Weston Group)
American Cancer Society program helps cancer patients cope with the possible appearance-related side effects of cancer treatment. Local beauticians offer help with wigs and make-up application to help restore self-confidence and self-esteem.

Male Survivor Support Group
(715) 842-5663
www.womenscommunity.org
Support for male survivors of sexual assault, through The Women’s Community Sexual Assault Victim Services Program.

Man to Man Prostate Cancer Support Group
(715) 393-1400 or (800) 847-0016
http://prostatecancer-support.com
Support group for men diagnosed with, treated for, or interested in prostate cancer, at Marshfield Clinic-Weston Center.

Mingle & Share MS Support Group
(715) 359-2022
Empowers those with multiple sclerosis to share experiences, new information, ideas, and support.
MOPs (Mothers of Preschoolers) Program  
(715) 442-5683  
Members meet to celebrate motherhood, meet needs, make connections and celebrate God’s love through relationships and resources, through Highland Community Church.

 Mothers of Multiples  
(715) 551-9024  
Provides support and educational resources, and helps develop friendships between mothers of multiple birth children through monthly social activities and family get-togethers.

 Narcotics Anonymous-North Central Wisconsin Area  
(866) 590-2651  
www.ncwana.org  
Offers recovery from the effects of addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

 National Alliance on Mental Illness (NAMI)  
(715) 298-2802  
www.namiwisconsin.org/  
Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

 Nicotine Anonymous 12-step Group  
(715) 573-4147  
www.nicotine-anonymous.org  
12-step support group for quitting tobacco.

 Ostomy Support Group  
(715) 847-2000 ext. 53260  
Support group for people who have an ostomy and the family and friends who make up their support system, through Aspirus Wausau Hospital.

 Outreach Youth Central—OYC  
(715) 355-6867 or (800) 551-3311  
www.arcw.org  
Addresses needs of youth ages 14-21 who are gay, lesbian, bi-sexual, transgendered, or questioning their identity pertaining to these areas of life, sponsored by the AIDS Resource Center.

 Overeaters Anonymous  
(715) 574-1207  
Support group for adults who have an addiction to food and want to stop the problem.

 Parents Helping Parents  
(715) 842-5663  
www.womenscommunity.org  
Support group for non-offending parents and caregivers of children who have been sexually abused, sponsored by The Women’s Community Sexual Assault Victim Services Program.

 Reach to Recovery  
(800) 227-2345  
One-on-one support program for women or men facing or living with breast cancer by matching them with a volunteer who has had similar breast cancer experiences, through the American Cancer Society.

 Safe & Healthy Support Group  
(715) 842-5663  
www.womenscommunity.org  
Support group for victims of domestic abuse over age 50, through The Women’s Community.

 Sexual Abuse Support Group  
(715) 842-5663  
www.womenscommunity.org  
Ongoing peer support group for women 18 and over who have been sexually abused, at The Women’s Community.

 SMART Recovery (Self-Management and Recovery Training)  
(715) 846-0159  
www.smartrecovery.org  
Helps people recover from all types of self-destructive behaviors and addiction to substances and activities.

 Spina Bifida of Northern Wisconsin  
(715) 675-7313  
Emotional and written support for parents of children with spina bifida.

 Suicide Grief Support Group  
(715) 359-9818  
Helps explore survivors’ feelings of shock, anger, guilt, grief and sadness after the suicide of a friend or family member, at St. Mark’s Lutheran Church in Wausau.

 TOPS (Take Pounds off Sensibly)  
www.tops.org  
For encouragement on sensible eating, and to share ideas that work to lose weight, log on to find local TOPS meetings.

 Wausau Area Home Educators  
(715) 443-2233  
www.homeschool-life.com/w/ausauarea  
Support group for parents who are interested in teaching their own children at home.

 Wausau Outreach Center for the Blind and Visually Impaired  
(715) 842-0769  
Fellowship and social activities for blind or visually impaired members of the community and their caregivers, at Trinity Lutheran Church.

 Wausau’s Celiac Support for Adults and Children  
(715) 298-4060  
Helps those with Celiac Disease and other food allergies learn about maintaining allergen-free and gluten-free diets.

 Women Living With Hope  
(715) 393-1406  
Support group for women affected by breast cancer, through Marshfield Clinic.

 Women’s Health Birthing Center  
(715) 847-2380 (Aspirus Information Center)  
Offers a variety of support and education groups for new or expecting parents.

 Women’s Support Group  
(715) 842-5663  
www.womenscommunity.org  
Support group for individuals who are 18 years and older who have experienced domestic abuse or are questioning if their relationship is healthy, through The Women’s Community.

 TENANTS  
See LANDLORD/TENANT  

 TRANSPORTATION  

 All American Taxi  
(715) 355-0899  
Commercial taxi service with a 50¢ discount for seniors who travel within the Wausau-Schofield-Weston-Rothschild area.

 COHO Transportation  
(715) 298-2999  
www.cohotransportation.com  
Medical and non-medical door-through-door transportation for both ambulatory and non-ambulatory individuals.

 NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:  
* Family Care participants should contact Community Care of Central Wisconsin for more information: (715) 301-1899.  
* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.
TRANSPORTATION:

NOTE FOR MEDICAL APPOINTMENT

For medical, employment, or nutritional transportation for both ambulatory and non-ambulatory individuals.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Community Care of Central Wisconsin for more information: (715) 301-1899.
* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Marathon County Transportation Program

(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)

North Central Health Care offers transportation services for people age 60 and over, or with a disability, who are outside of ¾ mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Community Care of Central Wisconsin for more information: (715) 301-1899.
* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Medical Transportation Management (MTM)

(866) 907-1493 (to schedule a ride)
(800) 855-2880 (TTY)

Staff at MTM arrange non-emergency transportation services for people who receive Medicaid and BadgerCare Plus who have no other way of getting a ride to a medical appointment (except for those who reside in a nursing home, or who are enrolled in Family Care). May also provide transportation to pharmacies for prescriptions.

Metro Cab of Wausau

(715) 849-4222

Commercial taxi service.

Metro Ride Bus Service (formerly WATS+)

(715) 842-9287 (Office)

www.ci.wausau.wi.us/Departments/metronride.aspx

Public bus service in Wausau.

Metro Ride Paratransit (formerly WATS+)

(715) 842-9287

www.ci.wausau.wi.us/Departments/metronride.aspx

Provides non-emergency, specialized curb to curb transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Safe Ride Program

Employees of any Tavern League bar or restaurant may call a cab for customers who have had too much to drink. Also known as “Last Call,” this project provides a voucher for the cab driver to take customers home.

Wheels to Work

(715) 261-8719

Helps families and individuals overcome the barrier of unreliable transportation to and from work or school. Qualified applicants may receive a donated vehicle loan, or get a 0% interest vehicle repair loan.

VETERAN SERVICES

Disabled American Veteran Van Service

(715) 848-4555 (Dispatch)
(715) 841-5101 (Office)

Transportation services for veterans to Tomah and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program.

Family Assistance Center

(800) 292-9464 (24-hour Hotline)
(715) 307-4384 (Local Liaison)

http://wisconsinmilitary.org

Provides information on entitlements and programs, and referrals for assistance, to families of veterans or service members called to active duty for an extended period of time.

Hmong American Center

(715) 842-8390

www.wausauhmong.org

Services for Lao veterans include help with processing citizenship applications; information and referral; and advocacy to achieve benefits comparable to other veterans.

Hotline for Federal Veterans Benefits Information

(800) 827-1000

www.va.gov

Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Man of Honor Society, Marathon County Chapter

(715) 203-3211

Help for veterans and their families provided by Man of Honor Society members include vehicle repair, rent or utility assistance or appliance purchases.
Marathon County Veterans Service Office
(715) 261-1141
Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, burial and death benefits, and State veterans’ benefits.

Military Crisis Line
(800) 273-8255 ext. 1 (24 hours/day)
www.militarycrisisline.net
Email WisVets@dva.wisconsin.gov
Text 838255
Provides support free of charge by phone, online chat, or text messaging, for all veterans, active military, and military families on matters such as: post-traumatic stress, traumatic brain injury, military sexual trauma, family and relationship issues, and issues related to OEF/OIF/OND deployments.

Never Forgotten Honor Flights
(715) 573-8519
www.neverforgottenhonorflight.org
Honor Flight chapters nation-wide transport America’s veterans to Washington, D.C. to visit the war memorials dedicated to honor their service and sacrifices.

Randlin Adult Family Care Homes
(715) 298-3700 or (715) 212-1868
www.randlinhomes.org
24-hour supervised care services for adults with both short- and long-term needs, including those who have alcohol and drug abuse issues and/or emotional disturbances.

Veterans Services
(715) 261-8726 (Veterans’ Representative)
Job placement assistance and case management for veterans, at the Job Center.

Vietnam Veterans of America--Northcentral Wisconsin Chapter #479
(715) 257-1000
Group provides information to Vietnam veterans and their families, particularly regarding agent orange; post-traumatic stress disorder (PTSD); unemployment and under-employment of veterans; the plight of homeless vets; and the POW/MIA (Prisoners of War/Missing in Action) question.

Wausau V. A. Medical Clinic
(715) 842-2834 (Clinic)
(608) 372-3971 (For referral)
Provides primary medical care and mental health counseling for veterans only.

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment services for returning war veterans and their family members.
Riverview Terrace Assisted Living Facility (RCAC)

- Affordable Rent
- 1-Bedroom Private Apartments
- Walk-In Showers
- Storage Units
- Midday Meal Provided
- Utilities Included
- Overnight Security
- Convenience Store
- Beauty/Barber Shop
- Lifeline Service Provided
- Guest Room Available
- Planned Activities

For more information call:
Wausau Community Development Authority
715-261-6687

540 E. Thomas Street
Wausau

INeRance & PAYMENT CONCERNs?

WE CAN HELP!
Accepting New Patients
Medical · Counseling · Dental

WAUSAU
1810 North 2nd Street
Wausau, WI 54403
715.848.4884

BridgeCommunity
HEALTH CLINIC
Doing More For You
bridgeclinic.org
Give Help

Why volunteer:
• Build your resume and gain job experience (and references!)
• Meet important local community needs
• Meet new people, make friends, and network
• Gain new skills and real-world training
• Spread positive energy and goodwill
• Improve your health and self-esteem
• Make the world a better place!

Find the volunteer opportunity that’s right for you:
• Search United Way Volunteer Connection’s online database by interest area, date, or location at: www.UnitedWayMC.org/volunteer.htm
• Call United Way’s 2-1-1
• Volunteers age 55+ can call United Way RSVP at 715-298-5721 for personalized assistance

Get Help

Call United Way’s 2-1-1 when you need information about community services or volunteering, or are looking for help with a personal or family matter. We’re here any time you don’t know where to turn.

United Way’s 2-1-1 is free and confidential and available 24 hours a day, 7 days a week, for non-emergency information and referral to community services.

Trained Information Specialists will answer your questions about where to find community services, who to contact, and how to take the next step toward solving your problems or meeting your needs.

Find help:
Simply call 2-1-1, 715-848-2255 or 800-922-5590.

Access and search the 2-1-1 database anytime, anywhere, at your own pace. Find us online at: www.UnitedWayMC.org/211.htm
Email your questions to askus@unitedwaymc.org

Request one of our free resource publication:
Help for Hard Times, Choosing a Counselor, Youth Yellow Pages and others.