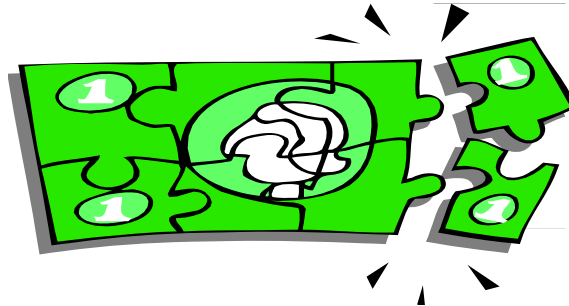




Help for Hard Times...



United Way's 2-1-1 is a department of the United Way of Marathon County which has compiled this guide to help people in **Marathon County** who are unemployed or struggling financially.

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Tips For Using This Guide

- ① This guide will help get you started in finding some solutions.
- ① Many programs have eligibility guidelines.
- ① Some may provide lower fees based on income.
- ① If a union represents you, contact your steward for help.
- ① Don't be afraid to ask for help from any of these programs.

Programs with * receive United Way of Marathon Co. funding

Can an individual get services or funds from United Way?

United Way refers people in need to organizations in the community that have the expertise to best meet those needs. These organizations determine eligibility and the amount of aid given, usually in terms of governmental guidelines or established policies. These guidelines exist to prevent people from taking advantage of the system and still serve as many people as possible. United Way works to bring people and resources together to improve lives in Marathon County. We are committed to helping to establish a safety net to meet the social services needs of our community.

Unemployment Compensation

Unemployment Insurance

-800-822-5246 (Initial Claims)
-800-978-7887 (Weekly Claims)
-800-494-4944 (Inquiries)

Or file on line at: www.ucclaim-wi.org

Provides payments based on work in Wisconsin to eligible workers who are temporarily unemployed.

Employment

Employment Training, Placement & Search

At the Wausau Job Center

- ▶ Dislocated Worker Office...715-261-8717
AFL-CIO/LETC personnel help counsel workers affected by plant closings and/or permanent layoffs.
- ▶ Job Service.....15-261-8700
Or find jobs on-line at
<https://JobCenterofWisconsin.com>
Help job seekers find employment, identify and market their vocational skills, abilities and interests, and access appropriate educational and training programs as necessary. Offers computer access to allow job seekers to use the Internet in their job search, and printers to do résumés, cover letters, etc.
- ▶ Wisconsin Works (W-2) Program.....715-261-8715
W-2 is Wisconsin's Temporary Aid for Needy Families (TANF) program, which provides employment services and training to help eligible residents get and keep employment.
- ▶ Workforce Investment Act ...715-261-8736
Funds job-related training for qualifying students who are training or re-training for employment. May also help pay for tuition, fees, books and supplies for eligible participants.

- ▶ Veterans' Services.....715-261-8726
Job placement assistance and case management for at-risk veterans.
- ▶ Wisconsin Division of Vocational Rehabilitation (DVR).....715-261-8760
Provides a variety of services designed to help people with disabilities by providing individualized services that include vocational guidance and counseling, and assistive technology.

Employment Program.....715-842-8390

Employability assistance in Hmong, Lao and English, through the Wausau Area Hmong Mutual Association.

Job Corps715-359-7040

<http://jobcorps.doleta.gov>

Vocational training and career placement for qualifying 16-24 year olds.

Job-Seeking Skills Workshops.....715-675-3331

ext. 4940

NTC helps learners prepare résumés and cover letters, and practice interviewing skills.

Learning Center.....715-803-1152

www.ntc.edu

The Learning Center at Northcentral Technical College provides instruction to help adult students prepare for employment or employment exams, and achieve their personal and vocational goals.

Marathon County Public Library....715-261-7230

www.mcpl.us

Offers computer use instruction and public-use computers for word processing and internet searching that can help people find and apply for jobs, at each branch location (Athens, Edgar, Hatley, Marathon, Mosinee, Rothschild, Spencer, Stratford and Wausau.) Wausau branch also has a *Career Connection Corner* with resources such as dedicated job computers, free computer classes, and job-related reference assistance.

NTC/Salvation Army

Basic Skills Program.....715-845-4272

Free career assessment and exploration, job hunting and interviewing skills, and job search and application assistance, at The Salvation Army.

Northern Valley Industries, Inc.715-845-7316

A work center and job placement service provider that helps people with disabilities, and people moving from welfare to work, reach their best level of work achievement, from commensurate wage employment to competitive employment.

Starting Your Own Business

SCORE.....715-845-6231

Volunteers with business experience provide counseling and mentoring for people who operate a business or who wish to start a business, through the Chamber of Commerce.

Entrepreneurial and Education

Center.....715-848-2016

www.wausauincubator.com

Business start-up assistance and rental space for applicable start-ups.

U. W.-Stevens Point Small Business

Development Center.....800-898-9472

Offers management education and counseling for anyone interested in learning to start or operate a small business.

Education

High School Equivalency

Educational Support Program.....715-842-0681

Financial assistance is available on a limited basis for GED or short-course tuition/materials costs, through North Central Community Action Program.

Learning Center.....715-803-1152

www.ntc.edu

Serves adults who need help with basic academic skills, GED/HSED preparation, financial literacy, computer basics and job skills, at Northcentral Technical College.

NTC/Salvation Army

Basic Skills Program.....715-845-4272

Free GED/HSED preparation assistance, keyboarding/typing skills training, and brush-up in reading, writing and math skills, at The Salvation Army.

Continuing Education

Office of Continuing Education.....715-261-6294

www.uwmc.uwc.edu/continuing_education/

U. W.-Marathon County offers continuing education courses including computer classes, business and professional development, and online classes. Please call or log on for complete course information.

Local schools often schedule adult classes or other community education opportunities.

For example:

- ▶ Everest Community Services...715-359-6563
<http://greenheck.dce.k12.wi.us/>
- ▶ North Central Technical College.....715-675-3331
www.ntc.edu/

Colleges & Universities

Globe University.....715-301-1300

www.globeuniversity.edu

Northcentral Technical College.....715-675-3331

Long-distance callers:888-682-7144

www.ntc.edu

Rasmussen College.....715-841-8000

www.rasmussen.edu

U. W. - Marathon County.....715-261-6235

www.uwmc.uwc.edu

Local Satellite Locations for:

- ▶ Concordia College.....715-302-3783
- ▶ U. W. - Oshkosh BSN at Home Program.....715-261-6293
- ▶ U. W. - S. P. Collaborative Bachelor's Degree Program.....715-261-6229
- ▶ Upper Iowa University.....715-675-2775
- ▶ Southern New Hampshire University.....800-730-5542

Financial Counseling/Budgeting

Credit Counseling Service *.....715-849-3311

Long-distance callers:866-849-3311

www.cclse.org

Helps clients work out a plan for paying debts and getting their money management program back on the right track, through Catholic Charities.

Family Living Education.....715-261-1242

<http://marathon.uwex.edu/family-living>

Family Living Educator provides consumer information about family financial management and consumer resource management, through U. W.-Extension.

Financial Counseling Program *.....715-261-1231

www.getsmartwausau.com

Trained financial volunteers help individuals understand budgeting and create a money management plan, through U.W.-Extension in cooperation with the Get \$mart Wausau Coalition.

Project Step Up *.....715-849-3311

Family mentoring, case management and financial literacy for families seeking greater financial stability and self-sufficiency, through Catholic Charities.

Local schools and colleges sometimes offer consumer finance courses. Call for current schedules and fees:

- ▶ Everest Community Services.....715-359-6563
<http://greenheck.dce.k12.wi.us/>
- ▶ Northcentral Technical College.....715-675-3331
www.ntc.edu/
- ▶ U. W. - Marathon County.....715-261-6294
www.uwmc.uwc.edu/continuing_education/

Economic Support/Public Assistance

Wisconsin Works (W-2) Program....715-261-8715

Employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Marathon County Economic Support

Program...888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Public assistance programs include **BadgerCare Plus**, **Medicaid**, and **FoodShare** (formerly Food Stamps) for eligible low-income families.

Marathon County Emergency

Assistance.....715-261-8715 (At The Job Center)

Emergency Assistance may be available when families with minor children in the household experience financial crisis beyond the caregiver's control, and an emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster.

Public Internet Access

The Marathon County Public Library offers public computers for word processing, internet access, and electronic searching. Find out more from your local branch:

- ▶ Wausau.....715-261-7200
- ▶ Athens.....715-257-7292
- ▶ Edgar.....715-352-3155
- ▶ Hatley.....715-446-3537
- ▶ Marathon City.....715-693-2144
- ▶ Rothschild.....715-359-6208
- ▶ Spencer.....715-659-3996
- ▶ Stratford.....715-687-4420

The Job Center at 364 Grand Ave. in Wausau provides computers for job-seekers to do their résumés and cover letters, and to research job openings on the internet.

Other local programs that provide access to internet resources to help with skills development or employment include :

- ▶ Neighborhood Network
Computer Lab.....715-845-1966
(at The Neighbors' Place)
- ▶ Employment Program..... 715-842-8390
(at Wausau Area Hmong Mutual Association)
- ▶ NTC/Salvation Army Basic
Skills Program.....715-675-3331 ext. 1763
(at The Salvation Army)

Child Care Assistance

Referrals to Child Care

Child Care Resource & Referral
of Central Wisconsin *715-423-4114
Long-distance callers:800-628-8534
<http://ccrcw.org>

Financial Assistance for Child Care

Marathon County Department of Social
Services...888-445-1621 (Income Maintenance Call
Center)
Screening and Application also online at:
<https://access.wisconsin.gov/>

Sliding Fees Available

Aspirus YMCA.....715-841-1856
Edgar Child Care Center.....715-352-2000
Wausau Child Care *715-848-1437
YWCA *715-842-3381

Housing

Emergency Shelter

Salvation Army
Transitional Living Center *715-845-6583
Community shelter and supportive services for homeless
population, at 113 S. 2nd Avenue, Wausau. **NOTE:** The
Salvation Army will determine whether alternate
sheltering options are available for those who are unable
to stay at the Transitional Living Center--either because
it is full, or the client is otherwise ineligible.

Randlin Adult Family Care Home...715-298-3700
Anyone who is ineligible for emergency sheltering at the
Salvation Army Transitional Living Center may be able to
spend a night at Randlin Homes by pre-arrangement.

Women's Community

Safe Shelter *715-842-7323
www.womenscommunity.org
Shelter and support for victims of domestic abuse and
their children.

Rent & Mortgage Payment Assistance

For information,
call United Way's 2-1-1 * ...2-1-1 or 715-848-2255
Long-distance callers may also dial:800-922-5590
www.unitedwaymc.org/211.htm

Utilities Assistance

Energy Assistance Program.....715-842-3111
Financial assistance for fuel bills for income-eligible
Marathon County residents, through Energy Services, Inc.

To find out if there are other UTILITIES
ASSISTANCE resources, call:

United Way's 2-1-1 *2-1-1 or 715-848-2255
Long-distance callers may also dial:800 922-5590
www.unitedwaymc.org/211.htm

Weatherization

Energy Conservation/
Home Weatherization Program.....715-842-0681

May provide a variety of home improvement measures
(insulation, furnace and foundation repairs, etc.) for
energy conservation (NOT for emergency work) through
North Central Community Action Program. Income
guidelines apply.

Home Repair Loan
and Grant Program...715-346-1313 (Stevens Point)
Long-distance callers:866-474-3600
Rural Development offers low-interest home
improvement loans and grants for very low income
individuals who live in rural Wisconsin to upgrade roofs,
furnaces, or other weatherization systems.

Targeted Home Performance
with Energy Star.....800-762-7077

Residents who don't qualify for Community Action's
weatherization assistance may be eligible for help
through this program. For qualified applicants, Targeted
Home Performance with ENERGY STAR will pay up to
90% of all costs--homeowners pay only 10%.

For information about weatherization assistance
through Community Development Block Grants,
call United Way's 2-1-1 *

.....2-1-1 or 715-848-2255
Long-distance callers may also dial:800-922-5590
www.unitedwaymc.org/211.htm

Foreclosure Assistance

Catholic Charities HUD Housing
Program.....715-849-3311

Provides in-person or telephone counseling to
homeowners who are at risk of losing their home to
foreclosure. Limited grant money could be available.

Financial Stability Website

www.financialstability.gov
The U.S. Dept. of Housing and Urban Development
(HUD) and Dept. of Treasury offer this website to
disseminate basic information about the federal
government's Foreclosure Prevention Plan.

Homeowner's HOPE™ Hotline.....888-995-4673
www.995hope.org/

Provides free telephone or on-line credit counseling to
help consumers establish a budget and understand loan
terms. Counselors can work with lenders on consumer's
behalf to develop a payment plan.

Making Home Affordable Website

www.makinghomeaffordable.gov

Information about the federal government's Home Affordable Refinance Program.

Food

Food Assistance Programs

FoodShare (formerly Food

Stamps) ...888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Provides a Quest Card for eligible applicants to use in most grocery stores to purchase food.

WIC (Women, Infants & Children

Nutrition Program).....715-675-5449

Long-distance callers:800-246-5743

Provides checks to purchase food for young children and their mothers, through Family Planning Health Services.

Food Pantries

The Salvation Army *715-845-4272

202 Callon St., Wausau

Bread and produce distribution each Mon., Wed. & Fri. at 10am. Food pantry for short-term emergencies.

The Neighbors' Place

Food Pantry *715-845-1966

745 Scott St., Wausau

Distributes donated and government commodity foods (TEFAP) 5 days a week, Mon.-Fri., in Wausau.

First Presbyterian

Church Food Pantry.....715-842-2116

406 Grant St., Wausau (Leave a message)

Church volunteers distribute food to Wausau area residents in need the 1st & 3rd Tues. of the month, 1-2pm, as long as supplies last.

Saint Paul's Food Distribution.....715-842-3733

426 Washington St., Wausau (St. Paul's UCC)

Church members donate and distribute bags of groceries to people in need, while supplies last, Mon.-Thurs. 8am-4pm, Fri. 8am-Noon.

Wesley Church Food Pantry.....715-842-3768

1101 Elm St., Wausau (Wesley United Methodist Church)

Offers food and Church information for those in need, by pre-arrangement; please call ahead and speak with a staff member .

Saint Agnes Food Pantry.....715-359-5675

6101 Zinser St., Weston (Saint Agnes Catholic Parish)

Community pantry for Weston area residents in emergency need of food, by appointment.

Covenant Food Pantry.....715-359-6467

1806 Weston Ave., Schofield (Covenant Presbyterian Church)

Distributes food and paper products for families in need in Wausau/Everest area communities, 2nd & 4th Wed. of the month, 3-5pm.

Saint Florian's Food Pantry.....715-446-3085

500 Church St., Hatley (Saint Florian's Parish Center)

Food pantry for anyone in an emergency, 3rd Tues. and 4th Sat. of the month, 9am-Noon.

Edgar Circle of Joy

Food Pantry.....715-352-2532 or 715-443-2544

224 S. 3rd Ave., Edgar (Edgar Village Hall)

Emergency food or food vouchers for residents in the Edgar/Marathon City area on the 1st Wed. of the month, 8-10am, and 3rd Wed., 2-4pm; other times during business day upon request; please call in advance.

Community Center of Hope

Food Pantry *715-693-7145

607 13th St., Mosinee (Community Center of Hope)

Food pantry for Mosinee school district residents in need, .Mon., 9am-Noon; Tues. and Thurs., 3-6pm.

Community United Pantry...715-223-2166 or 715-223-2747

301 N. 2nd St., Colby (Zion Lutheran Church),

Emergency food pantry for Colby, Unity, Curtiss, Abbotsford and Dorchester residents, Tues. 9-11am.

Spencer King's Pantry.....715-659-4052 or 715-659-3833

101 Wendell St., Spencer (Christ the King Church)

Helps Spencer residents who are in emergency need of food, Mon. 10am-2pm.

Stratford Area Pantry...715-687-3568 or 715-387-2626

(Church volunteers open the pantry as necessary; please call ahead during reasonable hours.)

Community pantry for people in the Stratford area who have emergency food needs, by request.

Community Meals In Wausau

Jubilee House715-845-6715

602 N. 2nd St.

Free hot meal served every Thurs. 4:30-6pm, at Resurrection Parish Center.

Meals and More.....715-842-0769

501 Stewart Ave.

Free hot meal served the 4th Wed. of the month, 4:30-6pm, at Trinity Lutheran Church.

Saint Paul's Neighborhood Meal....715-551-4166

426 Washington St.

Free hot meal served each Tues. of the month, 4-6:30pm, at St. Paul's United Church of Christ.

Salvation Army Lunch Program.....715-845-4272

202 Callon St.

Free hot meal served Mon.-Sat., 11:30am-Noon, except holidays, at The Salvation Army.

Saturday Downtown Lunches.....715-845-6947

330 McClellan St.

Free hot meal served the last Sat. of the month, at St. John the Baptist Episcopal Church.

Sunday Community Supper.....715-842-2116

406 Grant St.

Free hot meal served every Sun., 4-5:10pm, at First Presbyterian Church.

In Spencer

Spencer C.O.M.E.....715-659-5158

B-3750 State Hwy. 13

Free Community Outreach Meal for Everyone, the 4th Tues. of the month, 5-6pm, at St. John's Lutheran Church.

Food Co-Op

SHARE (Self Help and Resource Exchange)...715-845-1304

Or, join SHARE and order online at: www.sharewi.org

Boxes of groceries in exchange for community service and a discounted monthly fee.

For other FOOD information, or to learn if there are resources for food vouchers, call:

United Way's 2-1-1 *2-1-1 or 715-848-2255

Long-distance callers may also dial:800 922-5590

www.unitedwaymc.org/211.htm

Material Resources

Donated Goods

The Neighbors' Place.....715-845-1966

Accepts donated apparel, appliances, furniture, household items, and other items, to distribute free of charge to area residents by *Referral* or with advance notice through its *Free Market*.

Career Closet *.....careerclosetwausau@gmail.com

United Way's Emerging Leaders distribute donated career clothing, "business casual" clothing, and accessories for people who need attire for a job or job interview, at the US Bank building in Wausau, on Tues. 4-5:30pm and Weds. 11:30am-1pm.

Personal Needs Closet.....715-842-2201

Provides personal hygiene items and household supplies based on household size, as funding permits, at First United Methodist Church in Wausau the 2nd Tues. of the month 1-3 pm and 4th Sat. of the month 9-11am.

Wheels to Work.....715-261-8719

Helps qualified applicants overcome the barrier of unreliable transportation to and from work or school, by providing a donated car or low-cost repairs for their own car.

Freecycle Network Website..... www.freecycle.org

Offers free membership to a local, moderated e-mail group that allows members to both donate and acquire items such as furniture, kitchen supplies or electronics.

Thrift Shops

Bethesda Thrift Shop.....715-845-1878

329 N. 1st Ave., Wausau

Dime and Dollar Thrift Store.....715-849-4168

211 Alexander St., Wausau

Goodwill Industries Retail & Training Centers

2713 Schofield Ave., Weston.....715-355-6086

1100 Morning Glory Ln., Rib Mountain.....715-355-9452

Hope's Closet Thrift Store.....715-693-7145

607 13th St., Mosinee

Randlin Hope Thrift Stores

1006 6th St., Wausau.....715-298-9203

102 W. Bridge St., Wausau.....715-610-2323
(Long-distance)

Consignment Stores also sell pre-owned items. They are listed in the Yellow Pages under CONSIGNMENT & RESALE SHOPS or CONSIGNMENT SHOPS & SVCS.

Health Services

Medical & Dental Care

BadgerCare Plus

Programs888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Provides public health care coverage for eligible Wisconsin residents. NOTE: There may be waiting lists.

Bridge Community Health Clinic/

Dental Clinic.....715-848-4884

Provides primary health care and dental services by appointment at reduced cost for income-eligible patients throughout the Wausau area. NOTE: For new dental patients, there is a waiting list of around 3 months. Please call in advance.

Family Planning Health Services, Inc...715-675-5395

Long-distance callers:800-246-5743

www.fphs.org

Reproductive health care and education on a sliding fee scale.

Marathon County

Health Department.....715-261-1900

Public health nursing for all ages, including immunizations and STD/HIV clinic.

Medicaid/M.A. ...888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Provides health coverage for eligible residents who are elderly, blind, or disabled, through the Department of Social Services.

Ministry Medical Group Clinics.....715-393-3900

Clinics in Rib Mountain and Weston offer physician appointments for a flat fee of \$50.

Physician Referrals

Aspirus, Inc.715-847-2380

Marshfield Clinic

www.marshfieldclinic.org/patients

Ministry Medical Group.....715-393-3900

www.ministryhealth.org

Health Screenings

Free Blood Pressure Screening * ...715-848-2927

Volunteer nurses provide free blood pressure screening monthly at sites throughout Marathon County, through United Way RSVP of Marathon County.

Blood Pressure Screenings.....715-355-5419

Free blood pressure checks offered Mon.-Fri., 8am-4pm in the reception area of the Weston Public Safety Building. Please call ahead.

Prescription Drug Assistance

FamilyWize Prescription

Drug Discount Card.....800-222-2818

www.familywize.org

These cards are used to get immediate savings on prescription drugs at participating pharmacies for people who have no health insurance, during deductible periods, and for prescription medicine not covered by health insurance, Medicare, and other benefit plans.

NACo Prescription

Discount Card Program.....877-321-2652

www2.caremark.com/naco/

Marathon County's discount card program helps residents regardless of age, income, or existing health coverage, with prescription drug costs that aren't covered by insurance.

NeedyMeds Website..... www.needymeds.org

NeedyMeds is a non-profit service that connects people with low incomes to patient assistance programs, help with paperwork, discount drug cards, and government programs.

Partnership for Prescription

Assistance.....888-477-2669

www.PPARxWI.org

Helps patients lacking prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

Fitness & Well-Being

Aspirus YMCA (Weston).....715-841-1850
Woodson YMCA (Wausau).....715-845-2177
Offers discounts for income-eligible families, free 30-day passes for local recently-dislocated workers, and temporary assistance for current members who are struggling to continue their memberships.

Mental Health Services

Telephone Counseling & Crisis Intervention

Crisis Line (24 hrs./day, 7 days/wk.).....715-845-4326
Long-distance callers:800-799-0122
Crisis and suicide counseling and intervention through North Central Health Care.

The Women's Community *

(24 hrs./day, 7 days/wk.).....715-842-7323
Long-distance callers:888-665-1234
Emergency shelter and crisis intervention for victims of abuse and their children.

Individual, Family & Marriage Counseling

(sliding fee available)

Achieve Center.....715-845-4900
Bridge Community Behavioral
Health Clinic.....715-848-4884
Children's Service Society *715-848-1457
Family Counseling Services *715-842-3346
Lutheran Social Services *715-849-3344
Marital & Family Therapy Services..715-842-3913
Outpatient Mental Health
(North Central Health Care).....715-848-4555
Peaceful Solutions Counseling *.....715-675-3458
Stepping Stones
Counseling Center.....715-355-4999

If you are in a mental health emergency, or need to talk to a counselor right away, call the Crisis Center at 715-845-4326, 24 hours a day. Long-distance callers may call toll-free: 800-799-0122.

Support Groups

For information, call

United Way's 2-1-1 *.....2-1-1 or 715-848-2255
Long-distance callers may also dial:800-922-5590
www.unitedwaymc.org/211.htm

Help For Addictions

Alcohol & Other Drugs

Alcoholics Anonymous.....715-845-9914
www.area74.org
Call or log on for current information about local 12-step Alcoholics Anonymous meetings.
Al-Anon/Alateen.....888-425-2666
www.area61afg.org
12-step group meetings for relatives and friends of alcoholics.

Narcotics Anonymous 12-Step.....866-590-2651

www.wisconsinna.org/ncwa.asp

Call or log on for current information about local meeting times and places.

SMART Recovery...715-846-0159 or 715-571-6394

Self-Management and Recovery Training helps people recover from all types of addictive or self-destructive behaviors.

Chemical Dependency Program *...715-842-3346

Offers individual, family, and couples therapy and support on a sliding fee scale, to strengthen families affected by chemical dependency, through Family Counseling Services.

Courage to Change Recovery.....715-223-0480

AOD treatment program with special rates for non-insured clients

Outpatient AODA Services.....715-848-4356

Outpatient treatment for chemical dependence, at North Central Health Care.

Smoking & Tobacco Use

Nicotine Anonymous.....715-573-4147

www.nicotine-anonymous.org/

Call or log on to find out about local 12-step support group meetings for quitting tobacco.

Wisconsin Tobacco Quit Line.....800-784-8669

www.ctri.wisc.edu/quitline2.html

Free telephone counseling and other information about quitting methods, medications, quit plans and tips.

Gambling

Gamblers Treatment.....715-848-4540

North Central Health Care's outpatient program for compulsive gambling. Also hosts weekly *Gamblers Anonymous (GA)* meetings which provide self-help and support for people to overcome gambling, and *Gamanon* meetings monthly for spouses and family members.

Wisconsin Council

on Problem Gambling.....800-426-2535

www.wi-problemgamblers.org

Information and referral for compulsive gamblers and their loved ones.

Legal Services

Free Legal Aid

Wisconsin Judicare *715-842-1681

Legal aid office for low-income residents.

Modest Means Referral Program...888-529-7599

www.legalexplorer.com

Applicants whose income is too high to qualify for free legal aid but too low to pay an attorney's regular fees may be referred to an attorney who has agreed to reduce their fees for representation.

Lawyer Referral

Lawyer Referral &

Information Service.....800-362-9082

www.legalexplorer.com

Legal hotline and lawyer referral through the State Bar of Wisconsin.

Labor Laws & Standards

Wisconsin Department of Workforce
Development -

Equal Rights Division.....608-266-6860 (Madison)
www.dwd.state.wi.us/er

Administers Wisconsin's Fair Employment Law, which prohibits discrimination against any person on the basis of ancestry, color, creed, national origin, race, sex, disability, arrest or conviction record, age (40 and older), marital status, sexual orientation, use of lawful products or membership in the military reserve. Also administers Wisconsin's Family and Medical Leave Act, and handles complaints for unpaid wages, child labor, minimum wage, overtime, street trades, business closing and mass layoff, cessation of health care benefits, and personnel records.

U. S. Department of Labor - Wage/Hour
Division.....866-487-9243 (National Helpline)
www.dol.gov/esa/whd
Administers and enforces Federal labor laws, including minimum wage, overtime, Family and Medical Leave Act, and Migrant and Seasonal Agricultural Worker Protection Act.

Transportation Services

Metro Ride Bus.....715-842-9287
City bus service Wausau.

Metro Ride Paratransit.....715-842-9287
Non-emergency, specialized curb-to-curb transportation for people in Wausau who are physically or cognitively unable to use a standard transit bus, anywhere within $\frac{3}{4}$ of a mile of a Metro Ride bus route.

NOTE: North Central Health Care offers transportation for clients who are unable to walk, who are *outside of $\frac{3}{4}$ of a mile* of a Metro Ride bus route, to travel for medical, employment, or nutritional needs within Marathon County.

Find out more by calling the **Marathon County**

Transportation Program at:

715-848-4555 or toll-free at 877-814-4668.

EXCEPTION: ForwardHealth members (Medicaid and BadgerCare Plus recipients) **MUST instead** call

LogistiCare Solutions to schedule their non-emergency medical transportation, toll-free at: 866-907-1493.

For other TRANSPORTATION information, or to learn if there are resources for gas vouchers or bus tokens,

call United Way's 2-1-1 *

.....2-1-1 or 715-848-2255

Long-distance callers may also dial:800-922-5590
www.unitedwaymc.org/211.htm

Special Populations

Veterans

Marathon County

Veterans Service Office.....715-261-1141

Or apply for V. A. benefits online at

www.va.gov/onlineapps.htm

Provides help preparing claims/applications for V. A. benefits.

Veterans' Services.....715-261-8726

Job placement assistance and case management for at-risk veterans, at The Job Center.

Wausau V. A. Clinic.....715-261-1141 (Intake)

715-842-2834 (Clinic)

Primary medical care and mental health counseling for veterans only.

Military Families

Army Community Service...800-982-3585 ext. 3505

www.mccoymwr.com

Services at Fort McCoy for Army families include unit/soldier support, family advocacy, and information about deployment/mobilization, relocation, employment, and financial readiness.

Family Assistance Center.....800-292-9464 (Hotline)

715-307-4384 (River Falls)

<http://wisconsinmilitary.org>

Family Assistance Centers simplify the process of accessing needed services for families of veterans or service members called to active duty for an extended period of time.

Armed Forces Emergency

Services.....877-272-7337

The American Red Cross works with military aid societies to help meet emergency financial needs when an urgent personal or family crisis arises (such as burial of a loved one, or emergency travel, food, housing, car repair, utilities assistance or medical bill payment.)

Military OneSource.....800-342-9647

www.militaryonesource.com

Provides counseling services to active military members, as well as their families. General counseling services available face-to-face, by telephone and online. Counseling sessions address short-term non-medical concerns and are limited to 12 sessions per issue per counselor.

Operation Homefront.....800-390-4643

www.operationhomefront.net

Provides emergency assistance to our troops, to the families they leave behind and to wounded warriors when they return home, including help with: auto repair, disaster relief, home & appliance repair, food assistance, vision care, financial assistance, furniture & household items, moving assistance.

Aspirus YMCA (Weston)715-841-1850

Woodson YMCA (Wausau)715-845-2177

The YMCA offers free 6-mo. memberships to eligible military families and personnel.

Recently-Released Inmates

The Open Door.....715-846-0159

Volunteer group provides services to inmates upon release from jail or prison, 7 days/wk., 5-10am, at St. Paul's Community Center, 319 Washington St. (across from the Marathon County Jail.) Services include clothing, footwear, toiletries, coffee and other beverages, Bibles, support groups, and life skills training.

Marathon County Community

Reentry Program715-355-9272 ext. 103

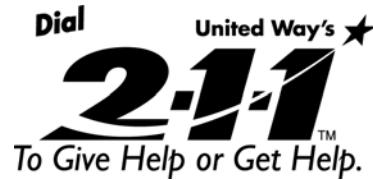
One-on-one and group mentoring for individuals who are reentering Marathon County from incarceration. Volunteer mentors help participants learn how to secure employment, housing and other necessary resources.

For information about resources for people with disabilities, senior citizens, or other SPECIAL POPULATIONS, call United Way's 2-1-1 *

.....2-1-1 or 715-848-2255
Long-distance callers may also dial:800-922-5590
www.unitedwaymc.org/211.htm

- Programs with * receive United Way of Marathon County funding

We're here any time you don't know where to turn for help.



(715) 848-2255 or (800) 922-5590

Or search online at: www.unitedwaymc.org

**Free & Confidential
24 hours a day, 7 days a week**

Get Help

When you need information about community services, or are looking for help with a personal or family matter, United Way's 2-1-1 will answer your questions about what's available, who to contact for the details you want, and how to take the next step toward solving your problems or meeting your needs. Need Help? Call 2-1-1.

~or~

search online at: www.unitedwaymc.org

- ▶ Click on the 2-1-1 logo, then click on **Search Database**.

Give Help

When you want to help others, United Way's 2-1-1 can link you with the opportunity that suits you best. Want to volunteer to serve a meal, support grieving families, or help out during a disaster? Want to donate items to a program that helps abused children or homeless families? Want to Give Help? Call 2-1-1.

~or~

search online at: www.unitedwaymc.org

- ▶ Click **Volunteer**
- ▶ Click the **Volunteer Now** button
- ▶ From the horizontal navigation bar, choose **search** to find a volunteer opportunity that matches your interests and schedule, OR choose **GoodsMatch** to post your donated item online.



United Way
of Marathon County

