

What Color Is Your Parachute? Planning Your Next Stage of Life

In these uncertain economic times, many Americans are rethinking traditional ideas about careers and retirement. Rather than planning for a retirement stage of life based purely on leisure, they're designing lives filled with enjoyment, engagement and purpose. That may include extending an existing career, starting a new job, going back to school or finding meaningful volunteer opportunities.

United Way RSVP of Marathon County and AARP invite you to join us for a special event: "Planning Your Next Stage of Life." This half-day workshop is led by John E. Nelson, co-author of the best-selling and award winning book, *What Color Is Your Parachute? For Retirement*.

This workshop will guide you through an interactive process to discover your greatest strengths and skills, while uncovering your deepest values. You'll identify the key elements of your well-being in the next stage of life. Then, you'll develop practical steps for pursuing your "life's work" – whatever that means to you.

Whether your next stage of life is about fun and enjoyment, continued income, social connection, or a sense of purpose – this workshop will help you design the life you want. Research shows that as Americans are living longer and healthier lives, old-fashioned ideas about careers and retirement are falling by the wayside. Rather than slowing down or disengaging, many are planning how to find new opportunities for their energy and experience.

John E. Nelson has led workshops for the federal government, the employees of AARP, the University of Wisconsin, and *Fortune's* "Best Companies to Work For." His work has appeared in the *New York Times*, *Wall Street Journal*, *Business Week*, *USA Today* and other publications. John also writes on careers and retirement for *TIME* magazine online.

The workshop will be held Tuesday, October 18 at the Howard Johnson Conference Center in Wausau. Register for the 9:00 am – Noon or 6:00 – 9:00 pm session. Due to sponsorship by the United Way of Marathon County and AARP the fee is only \$15 to cover cost of registration and materials. Limited scholarships are available for Marathon County residents. Contact United Way RSVP of Marathon County at 715-848-2927 for more information or go to www.unitedwaymc.org to register.

BY: Tony Omernik, United Way RSVP Program Director