

United Way RSVP of Marathon County

Connecting Volunteers 55+ to Community Needs

Monthly Update
April 2019

Coffee Hour at Faith In Action

You and your friends are invited to join us at the **RSVP Coffee hour on Tuesday, April 2 from 9:30 am -10:30 am at Faith in Action located at 630 Adams St, Wausau.** The mission of Faith in Action of Marathon County is to help residents age 60 and over remain Independent in their homes for as long as safely possible. Our staff matches Marathon County seniors with volunteers who provide services that are non-medical and non-professional. All services are provided at **NO CHARGE** to our care receivers. Services provided by volunteers include transportation for medical appointments, grocery shopping, and delivery of bags from The Neighbors Place,



friendly visits, and installation of safety apparatus Our Senior Home Safety Program is designed to help seniors live more safely in their homes. We assist Marathon

County homeowners age 60 and over by installing grab bars, hand railings, step-modifications, toilet seat risers, and bathtub slider seat to reduce falls within the home, all at **NO COST** to the homeowner. Hope to see you there!



Coffee Hour at the Humane Society of Marathon County

Please consider joining us at the RSVP Coffee Hour on **Wednesday, April 24 from 9:30 a.m. to 10:30 a.m. at the Humane Society of Marathon County (HSMC) located at 7001 Packer Drive in Wausau.** The HSMC is a non-profit organization that serves approximately 1,400 animals annually. In addition to caring for animals inside the shelter walls, HSMC promotes awareness and education in the community about responsible pet ownership through visits to schools and local businesses. HSMC takes pride in caring for each animal that comes through their doors as if they were their own. HSMC aims to provide a comfortable yet efficient adoption experience to community members seeking to add a new furry member to the family and their goal is always

permanent placement. Pets that are adopted from HSMC are spayed or neutered, fully vaccinated and micro-chipped before leaving the facility. HSMC also aims to provide a comfortable and rewarding experience to those members of the community looking to give themselves to the animals through volunteering. Opportunities range from cleaning dishes and yardwork, to dog walking and off site events! There is always something wonderful happening at 7001 Packer Drive.



RSVP Community Calendar EZ to Find

The RSVP Community Calendar is EASY to find on the United Way of Marathon County main webpage. Just go to **www.unitedwaymc.org** and scroll down to the bottom of the main page. You'll see a



photo of happy RSVP volunteers from our MLK Day event with the wording **RSVP Community Calendar** and there you are! Just click on the photo and begin to enjoy the many FREE and low cost (\$10 and under) activities available in our community!

Save the Date

April 2
9:30- 10:30 a.m.
Coffee Hour at Faith in Action

April 3
Noon-1:30 p.m.
RSVP Volunteer Appreciation Luncheon

April 8
9:30 -11:00 a.m.
Weather With Jeremy at United Way

April 18
9:30 -11:00 a.m.
Help Yourself to Better Health

April 23
9:30 -11:00 a.m.
Springtime Birding at United Way

April 24
9:30- 10:30 a.m.
Coffee Hour at Humane Society of Marathon County



United Way SVP of Marathon County 705 S. 24th Ave.,
Ste. 400B, Wausau - 715-298-5721



United Way
of Marathon County

Weather with Jeremy

Would you like to better understand Spring and Summer weather phenomenon locally and in Wisconsin? If so, **join Channel 7 meteorologist Jeremy Tabin on Monday, April 8 from 9:30 –11:00 am at the United Way office** for this interesting program. Jeremy will cover a variety of weather topics to include temperature extremes, memorable severe storms that have impacted the area, how they forecast for these potential severe weather outbreaks, along with what you should do to stay safe during these episodes of possible life threatening weather. He will also talk about a program called SkyWarn Storm Spotters, which after completing a course online or in-person training, the average person can be an eyewitness for the National Weather Service to report hail, wind, tornado, flood or other weather related damage. **Register to attend by calling Susan and 715-298-5721 or email skrolow@unitedwaymc.org.**

Help Yourself to Better Health

Last year, the Wisconsin Institute for Healthy Aging began a statewide initiative, the *Help Yourself to Better Health Campaign*. It's all about helping people understand the key factors which support healthy aging and enjoying their best lives. As part of that campaign, United Way RSVP has joined forces with the ADRC in developing a Healthy Aging Team to help promote awareness of healthy aging principles and the many programs, services and resources available in our community that support older adults.

Join us for the **"Help Yourself (and others) to Better Health" program presented by Tony Omernik and Peggy Kurth on Thursday, April 18 from 9:30 -11:00 am at the United Way office.** This is a program for anyone interested in learning about the most current, proven healthy living information available for older adults. You'll also find out about resources in our community that support your journey to better health. [You can be part of this new healthy aging initiative in our community and help your friends, family and others just by attending and sharing what you learn!](#) Register to attend by calling 715-298-5721 or email skrolow@unitedwaymc.org.

Get Ready for Springtime Birding

Enjoying the birds or "Birding" has become one of the fastest growing outdoor recreational activities. One of the best times to enjoy Birding in Wisconsin is in the Spring and May is often the best. So to help you enjoy Spring and the birds even more this year, we have a special program planned. United Way RSVP invites you to a program on **Springtime Birding on Tuesday, April 23 from 9:30 –11:00 am at United Way. The program will be presented by Lori Schubring**, longtime birder and owner of Wild Birds Unlimited. The program will provide information on: what birds to get ready for in the Spring, identifying and attracting birds to your yard, what to feed and plant, what birds use nest boxes and good birding areas in Marathon County **Call Susan at United Way RSVP at 715-298-5721 or email skrolow@unitedwaymc.org to register.**

April is Senior Hunger Awareness

Senior Hunger is often described as America's best kept secret. More than 10 million older adults in the U.S. face the threat of hunger every day. And yes, even **in Marathon County where 20% of food pantry clients are seniors.** Often seniors who struggle with having enough food have to make hard choices between buying groceries or paying for medications. The choices are difficult and there is no good outcome. Make no mistake about it, **hunger is a health issue.**

One of the biggest problems that agencies providing food to homebound elderly have is not enough volunteer drivers to get the food to them. Together, this is something we can fix! In April, RSVP is attacking the issue of Senior Hunger in our community by working to **raise awareness of senior hunger AND recruit 30 volunteers in 30 days to have enough volunteer drivers to get the food to our homebound elderly in need.**

PLEASE help spread the word of the need for **30 volunteers in 30 days** in April! **To learn how you can help, call Susan at 715-298-5721. [We can do this with your help!](#)**

Check out the RSVP Community Connection for information on FREE or LOW COST events and activities which support a healthy active lifestyle for older adults at:

www.unitedwaymc.org/rsvp

Congratulations to 2018 PVSA Recipients



Congratulations to these **170** RSVP Volunteers who will be receiving the **President's Volunteer Service Award** at the annual RSVP Luncheon on April 3rd. The awards are based on hours of service reported to RSVP in 2018

Bronze Level (100 –249 hours)

Reese Aarthun, Daniel Allen, Pam Anderson, Mary Jane Aton, Mary Atwell, Barbara Augustine, Edward Augustine, Stephanie Baeseman, Jean Baranowski, Peter Barbella, Jack Benson, Gary Bezucka, Mary Borchardt, Barbara Borree-Jakobi, Sally Borski, Julie Brzezinski, Bonita Buchberger, Joan Burk-Miller, Jill Casper, Laurel Cooper, Carol Dahm, Gail Daman, Ted Day, John DeLaporte, Phyllis Diedrich, Cynthia Diesen, Connie Dobbratz, Maurice Eiden, Shirley Fosbender, Christine Gabriel, Kathleen Geringer, Faith Gokey, Rose Goytowski, Karen Graff, Joyce Groshek, Irene Hahn, Harvey Hanson, Terry Hanson, Barbara Harness, Susan Henning, Debra Henry, MaryLou Hibbard, Deb Hoppa, Joe Hoppa, Joanne Howard, Deborah Jones, Cynthia Kleinstick, Roger Kleinstick, Jan Kohn, James Langkamp, Mary Kay Langkamp, Richard Lehmann, Bobbie Levine, Lynn Maier, Mary McCrackin, Judi McGill, Gail Meinhardt, Connie Michlig, Susie Miller, Maralee Moellendorf, Mae Morien, Sheryl Morris, Ray Nowaczyk, Christine Nowak, Leland Olkowski, Marcia Owens, Kathleen Patten, Margaret Peterson, Sharon Petrie, Kara Plautz, Ruth Poutanen, Jean Prestebak, Nancy Pries, Faith Ratzlaff, Sue Ellen Ricklefs, Martha Rodman, Elizabeth Rossiter, Donna Sandle, Dan Schaut, Cathy Schepp, Jody Schiltz, Judith Schneck, James Schneider, William Seidl, Ann Schnowske, Yvonne Siewert, Suzanne Simonar, Carol Smith, Cindy Soczka, Allan Solomonson, Robert Southworth, LuAnn Spanton, Natalie Streveler, Karen Tallitsch, Mary Ventzke, Paula Vogt, Joan Wahlquist, Carol Walkowski, Edward Welch, Helen Welch, Raymond Wery, Esther White, Miriam Wolff, Adam Wurz, and Karen Zumann.

Silver Level (250-499 hours)

Steven Anderson, Rosalie Baierl, Lorraine Baine, Shirley Bickford, Jane Blick, Michael Blick, Joyce Briscoe, Virginia Brula, Jean Burgener, Tim Collman, Ellen Connor, Roxann Demers, Sandra Dorshak, Jill Eckert, Linda Glazner, Lynne Goheen, Julie Grip, Dawn Gullickson, Kathy Hall, David Hartman, Scott Howells, Tahara Javeed, Gloria Knippel, Ila Koss, Ann Koy, Dawn Krueger, Donna Lorence, Dorothy Norton,

Les Norton, Janice Pflieger, Jean Richards, Rose Salzmann, Robert Sanders, Joyce Schneider, Debra Scholfield, Barbara Smejkal, Judith Sudbury, Joseph Tikalsky, Jeffrey Todd, Diana Westphal and Kathi Zoern.

Gold Level (500 or more hours)

Richard Besiada, Patricia Bradfish, Phyllis Brzycki, Terry Carroll, Patricia Casey, Rushnee Chantree-Landowski, Peter Geueke, Lester Gruhlke, Daniel Halfmann, Ellen Hanneman, Connie Heidemann, Timothy Hickman, Dick Keding, Enid Krueger, Elise Lang, Mark Lemma, Rick Meyer, Carol Pasnecker, Randall Redman, Lee Schaefer, Charles Schlitz, Billy Viertel, Eileen VonHoltum, Scott Weikel, and Carol Wesolowski.

Lifetime Service Awards

This year we are pleased to present **3 Lifetime Service Awards** to the following RSVP volunteers. Congratulations and *Thank You!*

Terry Carroll has volunteered 4014 hours of service with Aspirus Hospital, Catholic Charities Warming Center, Mobile Meals and the Therapy Dog Program.

Carol Pasnecker has primarily volunteered 4074 hours of service with RSVP, and United Way Volunteer Connection.

Randall Redman has volunteered 4221 hours of service with Habitat for Humanity .

5 year Service Awards Recipients

United Way RSVP of Marathon County had its beginning with the very first hours reported in February 2011. **We are grateful for the ongoing support of the following 37 RSVP volunteers who have reached the 5 year mark of RSVP service to our community.**

We are pleased to present RSVP 5 year Service Pins to Shirley Bickford, Mary Borchardt, Jean Burgener, Terry Carroll, Barbara Dernovsek, Phyllis Diedrich, Joe Hoppa, Jean Houghton, Gloria Knippel, Lindsay Koepke, Geraldine Kuehner, Richard Lehmann, Judi McGill, Maralee Moellendorf, Mae Morien, Betty Osswald, Henry Osswald, JeanPrestebak, Carol Ray, Gerald Ray, Lorri Redman, Randall Redman, Jean Richards, Vickie Richmond Hawkins, Pauline Riedl, Barbara Ritchie, Martha Rodman, Rose Salzmann, Marion Schroers, Clark Schuette, Kathy Seehafer, Donna Solchenberger, Ann Steele, Joan Stroyny, Jean Thompson, Edward Welch and Miriam Wolff.