

United Way RSVP of Marathon County

Connecting Volunteers 55+ to Community Needs

Monthly Update
October 2019

Register Now for VolunteerFEST!

United Way RSVP of Marathon County invites you to attend the 7th annual VolunteerFEST, a festival for those 55 and older to celebrate the contribution of volunteer service provided by older adults in our community. **The event is sponsored by Ascension and will be held on Thursday, October 10 from 4:00-6:00 p.m. at the Holiday Inn at Cedar Creek.**

Enjoy live music by Chad Brecke, local wine tasting by Trigs Cellar 70, craft beers tasting by Fabiano Brothers, appetizers, refreshments and a chance to win some really great door prizes. Meet, socialize and have a good time with other community minded people like yourself. This is a great opportunity to invite friends or neighbors to find out about RSVP, local nonprofits and the many volunteer opportunities. You'll also have the chance to visit with representatives of 25 RSVP Volunteer Stations who will

have information tables and be available to talk with you. This is a great event for everyone 55+, but especially helpful to anyone who wants to find out more about volunteering in a fun, easy way. At 5:15 we will have a short program. Door prize drawing to follow. Everyone who attends will receive a ticket for a chance to win one of over 25 door prizes (you must be present to win.) Everyone 55+ is invited, so bring your friends!

Register by October 2 by calling Susan at 715-298-5721 or email: skrolow@unitedwaymc.org



Save the Date

**October 1
1-2:30 a.m.**
Normal Aging and Brain Health here at United Way

**October 2
9:30 - 10:30 a.m.**
Coffee Hour at the Neighbors Place

**October 10
55+ VolunteerFest
4:00-6:00 p.m.**
Holiday Inn at Cedar Creek

**October 16
9:30 - 11:00 a.m.**
Schemes & Scams targeted towards older adults here at United Way

**October 24
9:30 - 10:30 a.m.**
Community Coffee Hour at Habitat for Humanity

**October 29
9:30 - 10:30 a.m.**
Community Coffee Hour at the CVA

Normal Aging and Brain Health

As we get older it is natural to wonder about how our brain functioning may be affected by the aging process and what positive steps we can take. To learn more, we invite you to attend the program on **Normal Aging and Brain Health on Tuesday, October 1 from 1-2:30 PM at the United Way office** presented by Kelly Atkins of *Azura Memory Care*. She will talk about what is normal memory loss and what is abnormal. Learn what dementia is,

the risk factors and the myths surrounding it along with the benefits of a timely diagnosis. Find out how to have a life balance and how that can positively affect brain health. You'll also learn about other good health practices that contribute to your overall brain function. **To register for this important program, call Susan at 715-298-5721 or email: skrolow@unitedwaymc.org.**



United Way RSVP of Marathon County
705 S. 24th Ave., Ste. 400B, Wausau - 715-298-5721



United Way
of Marathon County

Coffee Hour at The Neighbor's Place

United Way RSVP of Marathon County invites community members of all ages to attend the Community Coffee Hour on **Wednesday, October 2 from 9:30 –10:30 am at The Neighbors' Place located at 745 Scott St., Wausau.** The Neighbors' Place assists about 100 families a day. This event will provide information on the many programs and services they provide. Most people are aware of the food pantry and its important role to help fight hunger in our community, but they do a lot more. Learn about the Furniture & Basic Needs Bank, Community Learning Center, Neighborhood Outreach and their Gardens. Find out about the volunteering opportunities available and enjoy a behind-the-scenes tour of their facility. The RSVP monthly Coffee Hour is provided to help our community learn about the work of our RSVP volunteer stations and volunteering opportunities while socializing over a cup of coffee, so bring a friend!

Be Aware! Scams & Schemes that Target Older Adults

Older adults are most likely to have a "nest egg," to own their home, and/or to have excellent credit—all of which make them attractive to con artists and scammers. You, or someone you know, could become the victim of this growing crime in America—*Elder Fraud*. **Join us on Tuesday, October 16 from 9:30 –11:00 am at the United Way office for this free program presented by Calvin Dexter, an elder fraud attorney with Wisconsin Judicare. To register, call Susan at 715-298-5721 or email: skrolow@unitedwaymc.org.**



Coffee Hour at Habitat for Humanity

Join us for another RSVP Community Coffee Hour hosted by Habitat for Humanity of Wausau. You will get to see the Habitat store, **Thursday, October 24th from 9:30 a.m. to 10:30 a.m., located at 1810 Schofield Avenue, Weston** (between Target and Walgreens). Habitat offers donated building and home products, prepared for sale in our store by Habitat's awesome volunteers! Store sales help fund *Habitat's Home Ownership Program* and construction of new homes for low-income families. Habitat's Program offers fractional rate interest mortgages, making home ownership possible. Habitat offers families a hand up, not a hand out. Habitat has completed 67 homes in our community so far, and two more are under construction now. The Coffee Hour is your opportunity to learn about Habitat, meet their volunteers, and see how you can make a difference in helping to solve substandard housing in our community. Coffee Hours are open to the public, so bring a friend!

Coffee Hour at the CVA

The CVA is showing three captivating exhibits at the time of this year's Fall **RSVP Coffee Hour on October 29, from 9:30 –10:30 am.** In the Carolyn S. Mark Gallery, *Historic ARTspective* features the work of 25 local artists paired with 25 pieces from the Marathon County Historical Society's private collection. Each artist has created a piece inspired by the artifact, sharing their own perspectives and personal connections to Marathon County.

A showcase of botanically inspired artworks will be presented in the Vault Gallery. *In Full Bloom*, a two-person collaborative show, will highlight the watercolor work of Bruce Hustad paired with Erin Prais-Hintz's original jewelry designs.

Last but not least, the Loft Gallery will host the annual *Wisconsin Regional Art Program Exhibit*. The Wisconsin Regional Art Program (WRAP) encourages nonprofessional, student, and emerging artists to create and exhibit their work across Wisconsin. Please join us!

Make a Difference Day Rake-A-Thon

United Way Volunteer Connection will once again be organizing a community-wide raking project to provide free leaf raking services for persons in our community that do not have any other means to complete yard work. If you know someone who is in need of this service, **they must sign up by October 11th by calling 2-1-1** to be considered for this year's project. **Raking is scheduled for Saturday, October 26.** Persons interested in helping with check-in and handing out yard assignments along-side United Way staff are encouraged to contact Krista at the United Way Volunteer Connection at 715-298-5719.

Check out the RSVP Community Connection for information on **FREE or LOW COST events and activities which support a healthy active lifestyle for older adults at: www.unitedwaymc.org/rsvp**