GIVE and GET HELP GUIDE
2019-2020
Help Lives Here

Since 1995, Bridge Clinic’s mission has been to help you get the care you need, even if you don’t have insurance. We offer payment plans, sliding fee discounts, and more.

Call us today at 715.848.4884 to discover how we can help you.

Bridge Community Health Clinic

WAUSAU
Medical • Dental • Counseling

ANTIGO & MERRILL
Dental

bridgeclinic.org
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United Way Volunteer Connection
Helping You Help Others

United Way of Marathon County Volunteer Connection connects volunteers and area organizations using a searchable, online database. Those without Internet access can be assisted via phone, email, or in person.

United Way Volunteer Connection
(715) 298-5719
Email VolunteerConnection@UnitedWayMC.org
www.UnitedWayMC.org

AIDS Resource
Center of Wisconsin
(715) 355-6867
Email Carley.Zartner@arcw.org
• Prevention Assistant
  Assist in running the clean needle exchange, prepare and stock the needle exchange and make copies.

The Alzheimer’s Association
(715) 845-7070
Email jejanikowski@alz.org
• Rhythm and Brews/Planning Committee
  Help plan and promote this annual Fall benefit. Help at the fundraiser with set-up/take down, registration, photography, beer and food sampling, and the 50/50 raffle.
• Walk to End Alzheimer’s – Colby, Marshfield, and Wausau
  Assist in Fall with marking a walk route, hanging signage, set-up, registration, photography, raffle tickets, or traffic control.
• Walk to End Alzheimer’s Committee
  Help with Wausau walk planning and promotion.

American Heart Association
(715) 574-1124
• Heart Walk Helpers
  Assist with the Wausau Heart Walk in May.
• Story Tellers
  Volunteer your time sharing your story as a survivor of a heart attack or stroke.
• Staff Support
  Run errands, make phone calls, or assist the AHA in other efforts.

American Red Cross
(888) 486-9545
Email erin.wells@adrw-cw.org
• Feed a Soul, Deliver a Hot Meal
  Deliver meals to homebound seniors.
• Package Independence
  Package hot meals for Meals on Wheels to help keep older homebound adults independent in their homes.

Aging and Disability Resource Center of Central Wisconsin
(888) 486-9545
Email erin.wells@adrw-cw.org
• Blood Services
  Coordinate blood drives or serve as blood drive ambassador by registering blood donors and staff, as well as offering refreshments.

Ascension Saint Clare’s Hospital
(715) 393-2575
Email mschvolunteers@ministryhealth.org
• Coffee Kiosk Barista
  Become a barista who crafts and serves Starbucks coffee drinks and handles payments. Training provided.
• Escort/Information Specialist
  Provide excellence in customer service and guidance to family, visitors, and patients seeking care.
• Gift Shop Volunteer
  Assist customers, ring up sales, wrap gifts, and assist with merchandise inventory and displays.
• Surgical Waiting Room Volunteer
  Assist with checking in patients, guide family members back to bay areas, and serve as a liaison between staff and family.

AARP Foundation - AARP Tax Aide
(715) 359-6993
Email sljmjem1403@gmail.com
• Tax Aide
  Prepare tax returns. Training provided.
• Tax Appointment Coordinator
  Take phone calls and schedule appointments. Training provided.

AARP Tax Aide
Email sljmjem1403@gmail.com
(715) 359-6993

American Red Cross
(877) 618-6628 ext. 5822
Email lee.borofka@redcross.org
• Blood Services
  Teach families, students, organizations and corporations how to be Red Cross Ready for disasters and emergencies by taking simple steps to get prepared.
• Coffee Shop Attendant
  Volunteers have the option of learning to make our tasty creations or simply learning to work the cash register.
• Hospice
  Provide companionship to those in hospice.
• Comfort Cart
  The Comfort Cart volunteer will provide patients with comfort items at bedside to enhance their hospital stay. Walking required.

United Way RVSP of Marathon County
(715) 298-5721
Email skrolow@UnitedWayMC.org
www.UnitedWayMC.org

Volunteers have the option of learning to make our tasty creations or simply learning to work the cash register.
Big Brothers Big Sisters of Northcentral Wisconsin
(715) 848-7207 (Wausau)
Website www.bbbscncw.org
• Mentors
  Adult/child mentoring program for children that need a positive adult role model. Mentoring can take place at school, at the Boys and Girls Club or in the community.

Blessings in a Backpack
(715) 359-1040 ext. 5556
Email contact@bibdcewausau.org
• Food Back Pack Assembly
  Individuals or groups pack food on Tuesdays at 4pm or Wednesdays at 11am.
• Food Donations
  Healthy packaged food in individual packing for K-6 grade students.

Boy Scouts of America – Samoset Council
(715) 355-1450
Website www.samoset.org
• Boy Scout Adult Volunteers
  Men or women needed to mentor youth as a Scout Leader, on Committees, or teaching Merit Badges.
• Scouting Partnerships
  Multiple opportunities abound for working with youth in the community on a project or other basis.

Boys & Girls Club of the Wausau Area
(715) 845-2582
Email maot@bgclub.com
Volunteer at any of our four locations.
• Crayons, Glue, and Kids - Oh My!
  Lead art projects at the Club weekly.
• Homework Helpers: Help Make the Grade!
  Tutor children after school at the Club.
• Site-base “Big” (Mentor)
  Mentor a youth weekly for the school year. Work one-on-one or in small-group settings.
• Sports & Fitness Leader
  Help run games and activities.

Bridge Community Health Clinic
(715) 848-4884
Email info@bridgeclinic.org
• Affordable Care Act Education and Outreach
  Volunteer to help reach those in the community by teaching them how to receive affordable insurance, including where to get assistance.
• Community Garden Upkeep
  Volunteer to help weed and maintain community plots.

Catholic Charities – Wausau Office
(715) 849-3311
• Receptionist/Clerical Help
  Greet and assist walk-in clients, answer phones and general questions using a script, make copies, or assist staff with projects and light office cleaning.
• Wausau Community Warming Center
  Help provide homeless adults with a warm meal and a clean, safe place to spend the night with dignity. Open November 1–April 30.

Center for the Visual Arts
(715) 842-4545
Email cvaeduvol@gmail.com
• Art Education
  Help kids learn art skills in a week-long workshop. Teachers and teachers’ aides needed in summer.
• Art of Wine
  Help with event set-up, act as a greeter, or pour wine at this October event.
• ChalkFest
  Help with children’s ChalkFest management and supervision in July.
• Gallery Greeter/Docent
  Greet and interact with guests in the gallery and ensure art is treated respectfully. Train to discuss exhibits and current artists.
• More Volunteer Opportunities
  Help kids learn art skills, assist customers in finding the perfect gift, make guests feel welcome in the galleries, and more.

Central Wisconsin Children’s Theatre
(715) 842-4416
Email cwctpresents@gmail.com
• Show Assistants
  Help with set construction, costuming, lighting, sound, and directing. Also set designers, choreographers and vocal director help needed. Depending on the scale of the show, the time commitment changes.
• Drama Camp Assistants
  Help children blossom in the theatre arts: Help direct, lead improv, do sound/lighting, and/or costuming.
• CWCT Board Member
  Working on the Board, volunteers choose shows and work with the Administrator to make all the events and shows happen.
• Publicity Help
  Help coordinate radio, TV, and online advertising.

Children’s Hospital of Wisconsin Community Services
(715) 848-1457
• Playroom Cleaner
  Volunteers are needed to help clean the playroom, chairs, and carpets to help keep our client areas clean and safe for the itty-bittys that come to visit.

Community Center of Hope Food Pantry
(715) 693-7145
Email info@cchope.net
• Food Pantry Volunteer
  Check in clients, distribute and stock food items, organize deliveries (Middle school and older to volunteer regularly).
• Board of Directors
  Use and refine your leadership skills by applying to be on our Board of Directors. Monthly hour-long meetings to help the Executive Director execute the mission of the pantry and focus on the big picture. Plan and execute two annual fundraisers (Student and adult directors are encouraged to apply).

Everest Area Special Olympics
(715) 359-9134
Email cjdomino@msn.com
• Did Someone Say Bocce?
  Teach bocce skills and techniques.
• Have Passion? Time? Support Track
  Coach track and field events or measure distances, run a stopwatch, set up practice areas, and walk with athletes from one event to another.
• Help Athletes Make Stripes
  Teach bowling skills and techniques.

Faith in Action of Marathon County
(715) 848-8783
Email wausaufiaiinfo@gmail.com
• Drive – Do You Have WHEEL Appeal?
  Drive a senior neighbor to medical appointments, grocery shopping, or deliver food from the food pantry.
• Board of Directors Member
  Serve on a Board that helps those who are 60 + remain independent in their homes for as long as safely possible.
• Handyman – Senior Safety Program
  Help install safety apparatus (i.e. grab bars, railings, etc.)
• Holiday Care Drive for Seniors
  Help fill and wrap holiday gift baskets or deliver them in early December.
First Presbyterian Church of Wausau
(715) 842-2116
• Community Supper & Fellowship
Greet guests, serve meal and beverages, and help with clean up from 3:30-6:00 p.m. on Sundays. Volunteers especially needed the Sundays that fall near a holiday.

The Fix Is In Spay/Neuter Clinic
(715) 256-8555
Email info@thefixisin.org
• Clinic Intake Assistant
Greet clients, take cat carriers, label carriers, and take the carriers to the exam room. Assemble recovery cones.
• Surgical Instrument Assistant
Wash and wrap surgical instruments for sterilization (11 a.m.–4 p.m.).

Forest Park Village
(715) 253-2125
• Friendly Visitors at the Garden Apartments
Visit with senior residents in their apartments on a one-to-one basis.
• Musical/Vocal Entertainer
Share the gift of music with residents. Piano is available.
• Activities Assistant
Assist, plan, and set-up weekend activities for residents.
• BINGO Caller
Volunteer on Saturday or Sunday afternoons to call BINGO for one hour.
• Children Connections
Our residents love to have visits and gatherings with children, from newborns on up through teen and college ages.

Girl Scouts of the Northwestern Great Lakes
(888) 747-6945
Email dtruyman@gsnwgl.org
• Girl Scout Troop Volunteer
Help girls explore their interests and develop leadership. Become involved with a troop, camp, event, or travel destination.

Good News Project
(715) 843-5985
Email chriss@goodnewswi.com
Website www.goodnewswi.com
• Local HELP Closet
Help provide access to durable medical equipment on a short-term basis.
• Strong Volunteers Needed Fridays
Need muscles to lift items out of vehicles and into wagons for recycling.
• Volunteer Groups Welcome
We can accommodate your group. Call to make arrangements.
• Community Scavenger Hunt - July
Volunteers help teams at each stop as they race around Wausau collecting clues.

Habitat for Humanity of Wausau
(715) 848-5042
Email office@habitatwausau.org
• Recycled Building Materials Donation & Store Help
Prepare donated materials to be sold for store inventory on Tuesday and Thursday mornings and/or assist store customers on Saturdays.

Head Start – Marathon County
(715) 845-2947
Email ssteppe@mccdahs.org
• Preschool Classroom Volunteer
Help prepare class materials, read to children, play games, chaperone field trips, and help with classroom clean up.

Humane Society of Marathon County
(715) 845-2810
Website www.catsndogs.org
• Animal Shelter Maintenance
Help maintain the animal shelter building and grounds. Wash windows, clean floors, make small repairs, mow lawn, etc.
• Kennel Aides for Adoptable Pets
Clean cat and dog kennels and provide assistance with laundry and in the kitchen.
• Paws for a Cause
Show adoptable pets at local businesses for an outing with the public on Saturdays.
• Special Events & Fundraising
Help plan fundraising events, solicit sponsorships and donations, and work at special events and fundraisers.

Junior Achievement of Wisconsin – Northcentral District
(715) 842-1056
Email mstein@jawis.org
• Junior Achievement: The Difference is YOU!
Teach students important lessons in financial literacy, entrepreneurship, and work readiness by leading 5 to 8 classroom activities that connect what they’re learning in school to what they’ll need to succeed in work and in life. Guidebook, materials, and training provided. Grades K–12 available.

Leigh Yawkey Woodson Art Museum
(715) 845-7010
Email scheduling@lywam.org
• A Smile Goes a Long Way
Greet visitors, provide general orientation, and answer questions. Art background not required; an outgoing nature desired.
• If Green Is Your Favorite Color & Soil Is Your Favorite Art Medium
Plant, weed, and maintain one or more of six pocket-gardens.
• Learn, Laugh, Teach, Tour
Share and learn by leading interactive tours as a museum docent; training provided.
• SPARK! Monthly Memory Loss Program
Engage individuals with memory loss in conversation and assist them with mobility issues during museum visits. Training required; no art knowledge necessary.

Marathon County Alcohol & Other Drugs Partnership
(715) 261-1962
Email melissa.moore@co.marathon.wi.us
• Join Our Short-Term Action Teams
Issue-specific and ongoing opportunities available. Help transform our community and protect public health and safety by working to eliminate the misuse of alcohol and other drugs in Marathon County.

Marathon County Historical Society
(715) 842-5750
Email info@marathoncountyhistory.org
• Oral History Transcribers
Create Word documents from CDs or audio files of oral interviews. Work from home.
• Program/Education Assistants
Assist in preparation and presentation of historical programs for students and the community.
• Maintenance Assistance
Perform light cleaning, light shoveling in winter; water outdoor plants in summer, and assist with general building maintenance.
• Poster & Literature Distribution
Distribute items as needed, but on your schedule.
• “Teachers” for the Little Red School House
An opportunity for you to take students back in time, follow a developed curriculum, and dress in time period costume.
• Yawkey House Garden Volunteers
Assist Master Gardeners with spring-cleaning and weekly garden maintenance.
McLit
(715) 679-6170
Email mclitofwausau@gmail.com
Website www.mclitofwausau.org
• Committee Members: Finance, Fundraising, Human Resources, or Marketing
Experience or knowledge in above areas needed to serve on nonprofit board that serves literacy needs.
• English Learners & Readers Need Help! Tutor adults who are low-level readers, English language learners, or those who need a conversation partner. Tutors matched to complement their own skill level. No teaching background required.
• Basic Computer Literacy Tutor people in basic computer skills.
• Needed Items: Pens, pencils, copy paper, personal journals, calculators, bottled water, and books (ages 5-17).

Mead Wildlife Area
(715) 457-6771
Email Pamela.resech@wisconsin.gov
• Assistant Education Facilitator
Help Mead personnel carry out and assist in educational programming for school-aged children.
• Grounds Maintenance Person Duties include lawn mowing, weeding around gardens, feeding the birds, cleaning exterior windows and doors, & staining and painting projects.
• Special Event Volunteer Assist in task-related events (some are designed for family volunteering and some for adult help).
• Volunteer Greeter Be the initial and principle contact person for visitors to the center.
• Wildlife Area Assistant Help with general weekly wildlife area maintenance activities.

Mobile Meals
(715) 848-5848
Email warmobilemeals@yahoo.com
• Mobile Meals Food Delivery Volunteer Deliver noon-time meals to those unable to prepare meals for themselves. Weekly commitment or serve as a substitute. Teams or companies are welcome to take a route.

Monk Botanical Gardens
(715) 261-6309
Email info@monkgardens.org
• Volunteer Coordinator Work with volunteers of the Gardens to create a well-organized, rewarding volunteer program.
• Volunteer Recruiter Help us find new volunteers. Use social media, attend events, and get creative!

Mosinee Area Chamber of Commerce, Inc.
(715) 693-4330
Email events@mosineechamber.org
• Spring Craft Show Help with set-up and take-down for this March/April event.
• 4th of July Celebration Celebration set-up, children’s activities, trash pickup, tear down and clean up.
• Greater Mosinee Golf Outing: At Indianhead Golf Course in August. Volunteers needed for registration, raffle ticket sales & hole sitters.
• Christmas Parade & Holiday Festival Be Santa’s Helper, serve breakfast, staff children’s craft area and letters to Santa in December. Also need help with vendors set-up.

National MS Society – WI Chapter
262-369-4400
Email info.wisMS@nmss.org
• Walk to Create a World Free of MS Greet walkers and cheer for them at Spirit Milestones, help with registration, serve breakfast/lunch, provide traffic control, be a medic, take photos, or provide a service (e.g., face painting, massages, and more). May each year.
• Walk MS Committee Member Assist the site chair with event logistics, marketing, sponsorships, volunteer coordination, and Walk day needs.

The Neighbors’ Place
(715) 845-1966
Email mallory@neighborsplace.org
• Intake Positions Assist guests in registering and explaining policies and procedures. Training provided.
• Stockers and Personal Shoppers Stock & organize pantry shelves, help answer client questions, and assist with shopping.
• Receivers/Sorters for Donations Greet and assist donors or receive and sort donations. Minimum 3-month commitment.
• Sewing Fun! Help adult learners with small sewing projects (crafts, bags) and interact to improve English speaking skills.

North Central Health Care/ Mount View Care Center
(715) 848-4450 (Volunteer Office)
Email volunteer@norcen.org
• Activity Helpers Help our activity staff by gathering residents for onsite programs or assist residents during off site programming. Hours vary: morning, afternoon, evening and weekend opportunities available.
• Beauty Shop Set and style residents’ hair. Training will be provided. Monday and Friday mornings: 9:00 am – 11:00 am.
• Gift Shop Attendants Help residents and guests find the perfect gift. Training will be provided for the cash register. Shifts are Monday – Friday, 9:00 am – Noon and Noon – 3:00 pm.
• Ride-a-longs Help to relieve stress and anxiety as you accompany residents to medical appointments. Times vary by appointment needs.

The Open Door of Marathon County
(715) 848-4044
Email opendoor319@gmail.com
• Seasonal Clothing/Hygiene Items Bring in outerwear and/or personal care items for clients.
• Board Member Be a part of developing and implementing organizational policies and procedures to further the mission of The Open Door.
• Facility Openers & Closers Monday-Friday 5:00 am -12:00 pm, and Saturday and Sunday 5:00 am - 10:00 am. Sign guests in and out, follow daily checklists, assist with clothing selection, and more.
• Facilitate Classes Meet with men and women to help break down barriers.
Peyton’s Promise
(715) 218-4401
• Student Advocates
Students will be trained to speak to their respective schools about the problem of hunger in our area and work with their community to stock area pantries.
• “Stock the Shelf” Event Help
Student groups set up outside local grocery stores to hand out lists of the greatest pantry needs, then collect items or donations for the cause on customers’ way out of the store.

St. Vincent de Paul Thrift Store
(715) 298-3028
Email oalfonso@svdpwausau.org
• Thrift Store Volunteers
Volunteer to assist with general donation intake, sorting, cleaning, repairing, processing and displaying of merchandise. Join the friendly volunteer and staff team when you are available.

St. Vincent de Paul Thrift Store
(715) 298-3028
Email oalfonso@svdpwausau.org
• Thrift Store Volunteers
Volunteer to assist with general donation intake, sorting, cleaning, repairing, processing and displaying of merchandise. Join the friendly volunteer and staff team when you are available.

The Salvation Army
(715) 845-4272
Email colleen_mashlan@usc.salvationarmy.org
• Angel Tree Booth
Staff the table to collect toys and monetary donations at the Wausau Center Mall from mid-November until mid-December.
• Bell Ringing
Individuals or groups needed to ring bells for a cause for 2-hour shifts from mid-November until December 24.
• Emergency Disaster Service Assistance
Work as part of the EDS team to provide food and drinks to disaster workers and hope for families and/or businesses displaced. Position is on an on-call basis. Training is required.
• Food Pantry
Stock and fill food orders for an hour or two, once or twice a week.

Susan G. Komen Central Wisconsin Affiliate
(715) 581-8127
Email info@komencentralwi.org
• Board of Directors Members
Seeking reliable, dedicated volunteers with compassion for supporting breast health and education in our local community. Helpful backgrounds: PR/Communications; fundraising; knowledge of breast health; legal or compliance knowledge; experience with non-profits.
• Race for the Cure (In August each year)
Volunteer as a core member of our Race Committee to assist in planning and organizing the annual Race for the Cure, or volunteer at the numerous opportunities available pre-race day and on race day.
• Breast Cancer Awareness Month Event
Volunteer for our annual October event by assisting in organizing the event, solicit sponsorships and donations and/or work at the event.

United Way Emerging Leaders
(715) 298-5715
Email stff@unitedwaymc.org
• Career Closet Attendant
Help individuals in need select career clothing, at no cost, for interviews or new employment. Accept, sort, and display donations. Hours of operation are Tuesday 3-5pm and Wednesday 11am-1pm.

United Way Housing & Homelessness Coalition
(715) 848-2927
Email mmoua@unitedwaymc.org
• Overnight Point-In-Time Count Help
In teams of four, assist with counting community members who are homeless in our area twice a year: end of January and end of July. Training provided.

United Way Hunger Coalition
(715) 298-5715
Email uway@unitedwaymc.org
• Eastbay Turkey Trot 5K Run/Walk
Assist with registration, timing, serve as a course monitor along the race route, or help with water stations Thanksgiving morning.
• Other Opportunities
UW Hunger Coalition has other related opportunities throughout the year. Call for more information.

United Way of Marathon County
(715) 848-2927
Email uway@unitedwaymc.org
• CommUNITY Fest “United We Can” Event Help
Assist with planning, set-up, take-down, entertainment, or coordinate a team to construct a canned goods sculpture. In September at Marathon Park in Wausau.
• Community Impact Team Member
Review grant applications and evaluate the progress and success of United Way funded partner programs. Analyze community needs, data and trends to make informed recommendations.
• Office Volunteers
Assist staff with general office duties, answer phones, greet and assist visitors, and more. Help once or twice a week or a couple times a month.

United Way Volunteer Connection
(715) 848-2927
Email VolunteerConnection@unitedWayMC.org
• Anytime Projects
Choose from a “menu” of ideas that groups can do together and distribute to area agencies. Ideas for individuals to do from home.
• Gift Wrappers for “Bundles of Joy”
Wrap gifts for donations at the Wausau Center Mall. Proceeds buy diapers for families in need. December dates/times.
• Raking Help: Make A Difference Day
Help rake yards for neighbors who are frail or disabled, at the end October.
• Reading Buddies Mosinee/Marathon
Help improve early literacy skills by reading to children during their lunch hour, at participating area schools.

University of WI Extension – Marathon County
(715) 261-1230
Email janette.baumann@co.marathon.wi.us
• Financial Coach
Provide one-on-one financial encouragement and monitoring; help under-banked consumers learn about budgeting, saving, using credit wisely, etc., to set and reach financial goals.

Wausau Child Care
(715) 848-1436
Email jkowalski@wausauchildcareinc.com
• Volunteer Assistance Inside & Out
Help needed with landscaping in spring, and indoors with center organization, maintenance, and care year-round.

Wausau & Marathon County Parks, Recreation, & Forestry
(715) 261-1550
Email parkforestry@co.marathon.wi.us
• Adopt-A-Park
Select a park to visit every two weeks and report observed problems or damages.
Wausau Metro Adult Special Olympics
(715) 842-9182
Email lheilmgr@gmail.com
• Fundraiser Coordinator
Be part of a management group that meets monthly. Work with other staff to coordinate supplies and volunteers for fundraisers.
• Lifeguard for a Special Olympics Swim Team
Assist one night per week during swim practices. Current Life Guard License, CPR, and First Aid required.
• Regional Bowling Tournament
Mark scores and help on the lanes or with lunch distribution. Fall event in Weston.

Wausau River District
(715) 297-1829
Email blake@wausauriverdistrict.org
• First Thursdays Volunteer
Help organize the First Thursday’s retail event that takes place on the first Thursday of every month from June through October throughout Wausau River District.
• Public Spaces Volunteer
Support Wausau River District to increase the interest for the people to protect and conserve the public buildings and spaces of the city of Wausau. This volunteer will build a good relationship with the owners of historic buildings in order to save them as well as preserving them.

Wisconsin Judicare
(715) 842-1681
Email rwestgate@judicare.org
• Judicare Mediators
Get trained in a new pilot program with the Marathon County Judiciary. Assist in settling disputes ranging from housing, small claims, and family matters before it enters the court system.

Workplace Volunteer Council
Email workplacevolunteer councilmc@gmail.com
• Fill A Backpack Fill a Need
Sort, pack, and distribute backpacks and school supplies to income-eligible students in Marathon County in August.

The Women’s Community
(715) 842-5663
Email jessica@WomensCommunity.org
• Enjoy Playing with Kids? Childcare Volunteers Needed
Care for children while mothers attend a support group. Weekly, bi-weekly, and monthly opportunities available.
• Like to Clean and Organize? Children’s Playrooms Need Help
Clean and organize two children’s activity rooms weekly or bi-weekly.
• On-Call Volunteer Advocate
Respond to hospital Emergency Departments on an on-call basis. Support people during a forensic exam or interviews with law enforcement. Also support family members or significant others. Training required.
• Enjoy Helping Others?
Join our volunteer team and become a Shelter Advocate! Answer phones, assist residents, play with kids, and provide extra support to families.
• Help Foster Animals
Temporary foster care is needed for pets of those going into or currently in shelter. Help by providing a safe home for the guest’s animals until they are out of shelter.

YMCA
(715) 845-2177
• Community Garden
Volunteers are needed each year to help plant seeds, weed, and harvest vegetables. For specifics please contact Haley at hhoughton@woodsonymca.com.
• Father–Daughter Dance
Volunteers are needed to plan the dance, set-up decorations, event stations, and clean-up. Dance takes place each February at the YMCA. Email Sally at sglennon@woodsonymca.com for details!
• The Landing
Looking for volunteers in our new senior center! Contact Becky at bzelent@woodsonymca.com for details.

Purchase With A Purpose
Do good with your dollars by shopping at the Bethesda Thrift Shop. New items stocked daily.

Located at: 329 1st Ave, Wausau, WI 54401
Marathon County

Referral Service, 24 Hours a Day, 7 Days a Week.

United Way’s 211 provides comprehensive information and referral service, connecting people with community resources to help meet their needs. Information is available by phone, online, and in print.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/
Text 898211 Monday-Friday 8am-4pm
Chat Monday-Friday 8am-12 Noon

ABUSE (ADULTS AND CHILDREN)

Adult Protective Services
(715) 841-5160
(855) 487-3338 Toll Free
www.norcen.org
APS investigates concerns of adults at risk including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

Child Advocacy Center of North Central Wisconsin
(715) 848-8600
www.chw.org
A place where children who are alleged to be victims of abuse are referred to, when Law Enforcement or Social Services assess that an interview by a forensic interviewer is needed.

Human Trafficking Hotline
(888) 373-7888
www.humantraffickinghotline.org
Hotline for anyone needing help regarding a human trafficking situation. Operates 24 hours/day.

Juvenile & Sensitive Crimes Unit—Marathon County Sheriff’s Department
(715) 261-1200, or 9-1-1 (Emergencies only)
www.marathoncountysheriff.org
Call to report child abuse/neglect, elder abuse, sexual assaults, domestic violence, juvenile offenses, truancy and other crimes of a sensitive nature involving individuals of any age.

Marathon County Protective Services
(715) 261-7500
www.co.marathon.wi.us/departments/socialservice.aspx
Receives and responds to reports of alleged maltreatment of children. Also takes reports regarding sex trafficking of a child.

SAFE Program
Stopping Abuse for Everyone
(715) 675-3458
www.peacefulsolutions.org
Help for men and women who are physically or emotionally abusive with their partners, with goals of taking responsibility and stopping abuse, through Peaceful Solutions Counseling.

The Women’s Community
(715) 842-5663 (Office)
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Provides shelter, rental assistance, legal advocacy, information, support, and bilingual services to victims of domestic and sexual abuse, human trafficking, and their children.

ADDITIONS

Addicts at the Cross
(715) 409-3506
A 9-Step Christian program that deals with the root problems of addiction. Meets Wednesdays 6-8pm at Bridge Street Mission.

Al-Anon/Alateen
(888) 425-2666
http://area74afg.org/
Group meetings help families and friends of alcoholics recover from the effects of living with a relative’s or friend’s problem drinking. Alateen specifically targets youth whose lives have been affected by alcoholism in a family member or close friend.

Alcohol and Drug Education for Young Adults
(715) 803-1521
www.ntc.edu
State-approved curriculum for first-time underage drinking offenders, at NTC.

Alcoholics Anonymous
(715) 297-8897
www.area74.org
Provides group meetings for those struggling with an alcohol addiction. Both open and closed meetings are available.

Ambulatory Detoxification Program
(715) 845-4326
www.norcen.org
A medically managed and monitored outpatient detoxification service provided on an outpatient, voluntary basis for up to 48 hours at North Central Health Care. Program includes monitoring of vital signs, treatment of withdrawal symptoms, and referrals for ongoing treatment.

ATTIC Correctional Services Center
(715) 848-3202
www.correctionalservices.org
Department of Correction’s AODA and corrective thinking treatment center for those who are incarcerated, on probation, or on parole. Also provides alcohol and drug outpatient services through ACS Clinical Services.

Choices
(715) 675-3458
www.peacefulsolutions.org
A comprehensive program for teens who are experiencing problems with alcohol and drugs. Includes family, individual, or group therapy, and works to prevent and reduce the use of alcohol and drugs, at Peaceful Solutions Counseling.

Crisis Intervention
(715) 845-4326
www.norcen.org
Provides crisis intervention services 24 hours/day, 7 days/week to those with substance abuse issues.

Courage to Change Recovery
(715) 223-0480
Offers adult, adolescent and family AODA treatment, in Abbotsford.

First Breath
(715) 261-1902
www.co.marathon.wi.us/departments/healthdepartment.aspx
Public health nurses provide education and support services for pregnant women who desire to quit smoking.

Gamblers Anonymous
(715) 297-5317
www.gamblersanonymous.org/ga
Meets to provide self-help and support for individuals looking to overcome gambling.
Group Dynamics
(715) 803-1521
www.ntc.edu
State-required alcohol education course for DWI (driving while intoxicated) offenders at NTC. Alcohol assessment is required.

Lakeside Recovery MMT
(715) 845-4326
www.norcen.org
21-day residential treatment program for substance abuse recovery. Observation, treatment, and monitoring are provided under the supervision of a physician.

Narcotics Anonymous-North Central Wisconsin Area
(866) 590-2651
www.ncwana.org
Offers recovery from the effects of drug addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

Needle Exchange Program
(715) 355-6867 ext. 3704
www.arcw.org
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, counseling, testing, and referrals for drug treatment through the AIDS Resource Center.

Outpatient Substance Abuse & Addiction Services
(715) 848-4356 (Registration)
www.norcen.org
Provides outpatient treatment for substance abuse and addictions, through North Central Health Care. Group, family, or individual programs are offered for all ages.

Overeaters Anonymous
(715) 212-0413
www.oa.org
Support group for adults who have an addiction to food and want to stop the problem.

Peaceful Solutions Counseling
(715) 675-3458
www.peacefulsolutions.org
Offers a variety of programs for adolescents and adults struggling with alcohol and other drug addictions.

Smart Recovery
(715) 675-7485
www.smartrecovery.org
Helps people recover from all types of addictive or self-destructive behaviors including: alcoholism, drug abuse, and addiction to other substances and activities.

Veteran’s Outreach
(800) 872-8662 (Tomah for intake and referral)
Offers individual AODA and mental health counseling for veterans, at the Wausau V. A. Medical Clinic.

Wausau Comprehensive Treatment Center
(888) 650-5781
www.wausauctc.com
Provides methadone maintenance, subutex, Vivitrol, or suboxone treatment for opiate addictions.

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment counseling and AODA assessment to veterans.

Wisconsin Tobacco Quit Line
(800) 784-8669 (English)
(877) 265-3863 (Spanish)
www.ctri.wisc.edu/quit-line/
Free telephone counseling for Wisconsin tobacco users who want to quit.

AIDS/HIV
AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867
www.arcw.org
Provides services for people with or affected by HIV/AIDS such as case management, support group, financial assistance, food pantry, and education and prevention services.

Healthfirst Network
(800) 246-5743
www.healthfirstnetwork.org
Offers HIV education, information and testing.

Needle Exchange Program
(715) 355-6867 ext. 3704
www.arcw.org
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, counseling, testing, and referrals for drug treatment through the AIDS Resource Center.

STD Clinic
(715) 261-1900 (Health Department)
www.co.marathon.wi.us/Departments/HealthDepartment/HealthServices/SexualHealth.aspx
HIV testing offered at Aspirus Wausau Family Medicine, 425 Wind Ridge Dr., Wausau.

ALCOHOL & DRUG ABUSE
see ADDICTIONS

ANIMAL SERVICES
Humane Society of Marathon County
(715) 845-2810
www.catsndogs.org
Provides surrender and adoption services for domestic animals. Accepts reports of lost animals and inquiries about strays.
New Life Pet Adoption Center
(715) 443-6699
www.nlpac.com
A surrender-only, no-kill animal adoption center for pets that can be adequately cared for by staff at facility and for which adoptive parents can be found.

Northwoods Wildlife Center
(715) 356-7400 (Minocqua)
www.northwoodswildlifecenter.com
Provides rehabilitation care for injured wildlife and educational programs on Wisconsin native wildlife.

Raptor Education Group
(715) 623-4015 (Antigo)
www.raptoreducationgroup.org
Provides care and rehabilitation for injured or orphaned raptors and other native wild birds. Also provides wildlife education.

BUDGET COUNSELING
See FINANCIAL COUNSELING

BUSINESS ASSISTANCE
Business and Industry
(715) 803-1375
www.ntc.edu/business-industry.html
Provides customized training, consulting, and facility rental, for business and industry purposes through NTC.

CAP Services
Business Development
(715) 343-7141
www.capservices.org
Promotes business development and expansion to create new jobs for low-income individuals. Services include business financial planning, a lease/purchase program, and business incubators.

Entrepreneurial and Education Center
(715) 848-2016
www.growingyourbusinesswausau.com
Offers business start-up assistance and rental space for applicable start-ups. Certified kitchen available for start-up use.

Hmong Wisconsin Chamber of Commerce
(715) 298-6071
www.hmongchamber.org
Provides financial resources and business consultation to those who are interested in starting their own business and/or for current business owners looking to expand.

MCDEVCO
(715) 298-0084
www.mcdevco.org
Economic development services for Marathon County includes: GAP financing; business, education, and economic development programs; and identifying financial resources to launch and grow businesses.

Small Business Administration
(800) 827-5722 (National)
(414) 297-3941 (Milwaukee office)
www.sba.gov/offices/district/wi/milwaukee
Assists, counsels, and protects the interests of small businesses, including offering loans.

Small Business Development Center
(715) 346-3838
www.uwsp.edu/SBDC
Provides no-cost, confidential advising to new and existing businesses.

Wausau Region Chamber of Commerce
(715) 845-6231
www.wausauchamber.com
Business services include leadership programs, business networking programs, local economic development, and workforce development programs.

Wisconsin Housing & Economic Development Authority (WHEDDA)
(800) 334-6873
www.wheda.com
Small Business Financing Programs offer loans and guarantees for small businesses and agribusinesses.

CHEMICAL DEPENDENCE
See ADDICTIONS

CHILD CARE ASSISTANCE
Childcaring of Central WI
(715) 841-9490
www.childcaring.org
Helps parents choose regulated child care that will meet their families’ needs, and in some cases can provide financial assistance for child care.

Marathon County Department of Social Services
(888) 445-1621 (to apply by phone)
(715) 261-7500 (Social Services)
access.wisconsin.gov
Provides child care financial assistance for eligible families in Marathon County that are in work or work-related activities.
NOW ENROLLING!

3 premier child care locations for children ages 6 weeks to five years

Clip and Save!

SAVE $40

Free Registration with enrollment (must present coupon)

Wausau Child Care provides a high-quality program which fosters positive growth and development for the children we serve. Our staff is comprised of professionals in child care dedicated to meeting the social, emotional, intellectual and physical needs of the children entrusted to our care through the use of Creative Curriculum.

OPEN MONDAY THROUGH FRIDAY
6:00 AM to 6:00 PM

* Cedar Creek 5:30am to 6:00pm
NAEYC Accredited - 5 Star Rated –
CACFP Nutrition Program
715-848-1436

~School Age Before and After School Care also available in
13 Wausau School District Schools~

www.wausauchildcareinc.com

Greenheck Field House, and D. C. Everest Middle School.

Center for the Visual Arts
(715) 842-4545
www.cvausaun.org

Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

D. C. Everest Community Services
(715) 359-6563
www.dce.k12.wi.us/greeneheckfieldhouse

Offers a variety of recreational opportunities for all ages at the Greenheck Fieldhouse.

Generation 180 Wednesday Night Program
(715) 842-5683
www.highland180.com

Program provides large and small group activity, hang-time, games, and other activities for students in grades 6-12 Wednesday evenings at Highland Community Church.
United Way Volunteer Connection

Connects you to volunteer needs or in-kind donation needs at dozens of organizations across the community.

Benefits of volunteering:
- Volunteering builds community
- Make new friends and contacts
- Increase your social and relationship skills
- Promote longevity
- Improves school and college experience
- Volunteering makes you happy!

United Way RSVP Connects Volunteers 55+ to Community Needs

Find a volunteer position that fits your talents, interests and experience.

When you volunteer with RSVP you can:
- Improve your health, happiness and well-being
- Meet new people and make new friends
- Attend monthly social and informational events
- Attend the annual recognition celebration
- Accident, auto, and volunteer liability insurance while volunteering

Visit www.unitedwaymc.org or call 715-848-2927 to learn more.
Girl Scouts of the Northwestern Great Lakes
(888) 747-6945
www.gsnwgl.org
Organization for girls to develop courage, confidence, and character.

Hopeline – Text Crisis Line
741741 – Text Short Code
www.centerforsuicideawareness.org
Confidential text service for WI residents, geared toward addressing the issue of suicide in teens and young adults. Support is available in crisis situations, or when someone is dealing with a problem that is too big to handle alone (such as depression, school problems, family/relationship issues).

Junior Achievement of Wisconsin
(715) 842-1056
https://www.juniorachievement.org/
Volunteers from the community bring hands-on business, financial literacy and workforce readiness concepts to the classroom.

Leadership Dance Group
(715) 842-5663 (The Women’s Community)
www.womenscommunity.org
Combines the creativity of dance with life lessons such as leadership and responsibility for kids ages 8-17.

Nextgen Children’s Wednesday Program
(715) 842-5683
www.highlandcommunitychurch.com
Program includes games, stories, singing, small groups, and weekly themes for children ages 4 years-5th grade Wednesdays at Highland Community Church.

Spencer Kids Group
(715) 659-4969
Provides supervised activities, homework help, and a meal for students ages 6-18 in the Spencer area.

Wausau and Marathon County Parks, Recreation and Forestry Department
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Woodson YMCA
(715) 845-2177
www.woodsonymca.com
Offers exercise and aquatic programs that help youth build a healthy spirit, mind and body. Financial assistance and scholarships are available.

Youth Development
(715) 845-4272
www.sawausau.org
After school program and character building, at The Salvation Army.

Youth Education Program
(715) 845-1966
www.neighborsplace.org
On-site programs are provided at select Wausau elementary schools to provide after-school tutoring and a variety of fun and learning activities in a supervised and safe environment.

YWCA
(715) 842-3381
www.ywca.org/wausau
Offers activities and programming designed for girls’ and women’s personal growth, enrichment and fellowship with the goals of empowering women and eliminating racism.

CONSUMER PROTECTION

Better Business Bureau Serving Wisconsin
(800) 273-1002
www.bbb.org/local-bbb/bbb-serving-wisconsin
Processes complaints against, and provides information for, companies and charities nationwide.

Consumer Protection Hotline
(800) 422-7128
www.datcp.wi.gov
State consumer protection agency handles consumers’ and businesses’ questions and complaints regarding unfair business practices.

Do Not Call List
(888) 382-1222 (National)
www.donotcall.gov
Note: Wisconsin is now using the federal Do Not Call List. Numbers registered on the former Wisconsin No Call List have been transferred to the federal list. Registration is permanent—no need to re-register every two years.

CRISIS INTERVENTION

NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line
(715) 845-4326 or (800) 799-0122
24 hours/day
www.norcen.org
Suicide and crisis intervention, a mobile crisis team, and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services of Wausau
(715) 848-8444, 24 hours/day
www.co.marathon.wi.us
Helps governmental agencies, businesses, and organizations recover from stress reactions caused by a traumatic event and prevent post-traumatic stress.

Hopeline – Text Crisis Line
741741 – Text Short Code
www.centerforsuicideawareness.org
Confidential text service for WI residents, geared toward addressing the issue of suicide in teens and young adults. Support is available in crisis situations, or whenever someone is dealing with a problem that is too big to handle alone (such as depression, school problems, family/relationship issues, etc.).

Lifeline Personal Emergency Response
(715) 847-2781 (Aspirus)
Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

The Women’s Community
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Emergency shelter and crisis intervention for victims of abuse and their children.

Veterans Crisis Line
(800) 273-8255 ext. 1, or 838255 (Text)
www.veteranscrisisline.net
Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.
CULTURAL OPPORTUNITIES

NOTE: To learn more about cultural opportunities in your area of interest, call United Way’s 211 any time, day or night. Dial 211 or (715) 848-2255 or toll-free (800) 922-5590. Email askus@unitedwaymc.org. Search online at: www.unitedwaymc.org/get-help/. Text 898-211 Monday-Friday 8am-4pm. Chat with a specialist Monday-Friday 8am-12 Noon.

Center for the Visual Arts
(715) 842-4545
www.cvawausau.org
Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

Ingwal S. Horgen Farm Museum
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Collection of historic farm equipment and tools, at Marathon Park.

LuCille Tack Center for the Arts
(715) 659-4499
www.lucilletackcenter.com
Community arts center brings professional musical, theatrical and dance performances to the Spencer area.

Performing Arts Foundation
(715) 842-0988
www.grandtheater.org
Stages live performances at Wausau’s Grand Theater throughout the year.

Wausau Community Theatre
(715) 359-3972
www.wausaucommunitytheatre.org
Sensory Program for the Visual Arts provides special features that allow theater patrons with vision and hearing limitations to enjoy productions.

Wausau Conservatory of Music
(715) 845-6279
www.wausauconservatory.org
Offers music lessons, group ensembles and classes for students of any age and ability.

Wausau Events
(715) 297-9531
www.wausauevents.org
Coordinates special events in Wausau.

Wausau/Central Wisconsin Convention and Visitors Bureau
(715) 355-8788 or (888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes an online Events Calendar.

Woodson Art Museum
(715) 845-7010
www.lywam.org
Offers permanent and changing art exhibits, specializing in art of the natural world. Also offers special programs for children and families.

Yawkey House Museum
(715) 842-5750
www.marathoncountyhistory.org
The Marathon County Historical Society operates this fully restored historical museum. Guided individual and group tours are available.

DAY CARE
See CHILD CARE ASSISTANCE

DISABILITIES
See PEOPLE WITH DISABILITIES

DISASTER RELIEF
American Red Cross
(800) 236-8680
www.redcross.org
Provides disaster relief in the form of emergency shelter, clothing, food, and other immediate disaster-related emergency needs for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Catholic Charities
Disaster Relief Funds
(715) 849-3311 or (866) 849-3311
www.cclse.org
Provides assistance with food vouchers, clothing vouchers, insurance deductibles, temporary housing and relocation expenses for individuals affected by fire, tornado, flood, or any natural disaster event.

Marathon County Farm Service Agency
(715) 848-2330 ext. 2
www.fsa.usda.gov/wi
Farm Disaster Assistance programs provide financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.

Marathon County Office of Emergency Management
(715) 261-1229
www.co.marathon.wi.us/Departments/EmergencyManagement.aspx
Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army
(715) 845-4272
(715) 845-6583 (After-hours hotline)
www.sawausau.org
Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

DISPOSAL-HOUSEHOLD & HAZARDOUS WASTE
Hazardous and Special Waste Collection Program
(715) 446-3101 or (877) 270-3989 (Solid Waste/Recycling Information Line)
www.marathoncountysolidwaste.org
Marathon County residents can drop off their hazardous waste including chemicals, paint, sharps, oil, and electronics, at the Ringle Landfill by appointment.

EDUCATION
See SCHOOLS & COLLEGES

ELDERLY
See SENIOR SERVICES

EMERGENCY SHELTER
Community Warming Center
(715) 849-3311 ext. 1729 (Catholic Charities)
www.cclse.org
Overnight shelter during the winter months (November – April) for adults age 18 and older who do not have a warm place to stay.

Crisis Stabilization
(715) 845-4326 or (800) 799-0122
www.norcen.org
North Central Health Care offers a short-term, non-medical crisis stabilization program that provides counseling, therapy, and rehabilitation. A youth crisis program is available for adolescents.

The Salvation Army
Transitional Living Center
(715) 845-6583
www.sawausau.org
Community shelter and support for local homeless population. Offers case management, employment assistance, and computer training.
Women's Community
Safe Shelter
(715) 842-7323 (24-hour support line)
www.womenscommunity.org
Shelter for victims of domestic abuse, human trafficking, or sexual assault and their children at The Women's Community. Support groups, advocacy, and other specialized services are provided.

EMPLOYMENT & TRAINING
Career Connection Area
(715) 261-7230
www.mcpl.us/research/jobs
Offers resources for job seekers which include dedicated job computers, job/career books and A/V items for check-out, free computer classes, and reference assistance at the Marathon County Public Library in Wausau.

College Prep Center
(715) 803-1152
www.ntc.edu
Offers basic education and job seeking skills instruction for adult learners to help them obtain or retain a job, at NTC.

Dislocated Worker Office
(715) 261-8737 (Job Center)
www.dwd.wisconsin.gov/dislocatedworker/
Helps counsel workers affected by plant closings and/or permanent layoffs.

Division of Vocational Rehabilitation (DVR)
(715) 261-8760 (Job Center)
www.dwd.wisconsin.gov/dvr
State agency helps people who are disabled enter or re-enter the job market.

Employment Complaint Process
(715) 261-8747
A Complaint Specialist at Job Service answers questions regarding employment issues or concerns, provides complaint forms, and processes employment-related complaints.

FoodShare Employment & Training Program
(888) 445-1621 (Intake/referral)
(715) 203-0834 (Caseworker)
www.myfset.net
Employment and training program for FoodShare recipients helps people gain access to employment by increasing skills, overcoming barriers, and receiving supportive services.

Goodwill Industries of North Central Wisconsin
(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillncw.org
Provides work experience for people with special needs.

Job Center of Wisconsin Website
www.JobCenterofWisconsin.com
A self-service computer-aided system that job seekers can use to find available job openings locally and statewide.

Job Corps Admissions and Placement
(800) 733-5627
http://milwaukee.jobcorps.gov
Offers vocational training and guidance, and job placement assistance, for qualifying 16 – 24 year olds.

Job Service
(715) 261-8700 (Job Center)
https://JobCenterofWisconsin.com
Helps job seekers with finding employment, writing résumés, interview preparation, workplace skills, and basic computer classes. Also helps employers recruit qualified job seekers.

Labor Standards Bureau, Wisconsin Department of Workforce Development
(608) 266-6860 (Madison)
http://dwd.wisconsin.gov/er/labor_standards/
Administers Wisconsin rules on minimum wage, overtime pay, breaks, and minor employment.

NCCAP AmeriCorps Team Greater Wausau Area
(715) 849-5212
www.norcen.org
Participants work for a year in local agencies and schools to address specific problems such as literacy and early childhood issues.

WinterWorks
(715) 261-8700 (Job Center)
Offers employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Wisconsin Works Program (W-2)
(800) 733-5627
http://milwaukee.jobcorps.gov
Offers vocational training and guidance, and job placement assistance, for qualifying 16 – 24 year olds.

Wisconsin Workforce Development Program (WIOA)
(715) 261-8700 (Job Center)
 Offers services for at-risk youth and young adults 14-24 years old that includes tutoring, study skills, paid and unpaid work experiences, leadership development, financial literacy, and supportive services.

Wisconsin Department of Tourism
(715) 261-8700 (Job Center)
Affords opportunities for tourism-related employment.

Wage/Hour Division, U.S. Department of Labor
(866) 487-9243
www.dol.gov/whd
Enforces federal minimum wages, overtime and child labor laws.

WIOA Youth Employment and Training
(715) 261-8700
http://wisconsinjobcenter.org/training/programs.htm
Offers services for at-risk youth and young adults 14-24 years old that includes tutoring, study skills, paid and unpaid work experiences, leadership development, financial literacy, and supportive services.

Workers Compensation
(608) 266-1340 (Madison)
www.dwd.wisconsin.gov/wc
Provides payment of reasonable medical expenses and compensation for lost wages resulting from work-related injuries or disabilities.

Workforce Development Program
(715) 261-8700
http://dwd.wisconsin.gov/dwdwia/
Provides local job-related training programs and helps pay for tuition, fees, books and supplies for qualifying students who are training or re-training for employment.
FAMILY CAREGIVER EDUCATION

NOTE: To learn about additional services for caregivers, call United Way’s 211 any time day or night.
Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/
Text 898211 Monday-Friday 8am-4pm
Chat with a specialist Monday-Friday 8am-12 Noon.

Alzheimer’s Association of Wisconsin
(800) 272-3900 (24 Hour Hotline)
www.alz.org/wi
Provides educational and supportive resources aimed at meeting the needs of families involved in the care of someone with Alzheimer’s Disease and related dementias. Services include advocacy, public awareness and understanding, support groups, and a 24-hour hotline for people in need of support related to Alzheimer’s or dementia.

Powerful Tools for Caregivers
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Educational workshops designed to help family caregivers learn how to reduce feelings of stress, manage time, make difficult decisions, and communicate effectively, through the Aging & Disability Resource Center.

FARMERS MARKETS

Aspirus Farmers Market
(715) 847-2000 ext. 52280
Public market held every Thursday, June-September, 9am-3pm or until sold out at 2020 Westwood Dr. WIC Farmer’s Market Nutrition Program checks accepted.

Big Bull Falls Farmers Market
(715) 675-0688
Locally grown produce sold every Saturday morning May-October from 9am-3pm or until sold out, in the VFW parking lot (388 River Dr).

Edgar Farmers Market
(715) 573-8885
General produce sold every Friday, July-August, 127 N. 3rd Ave. in Edgar from 2-6pm.

Kronenwetter Farmers Market
(715) 693-4200
Held in Sunset Park at 2390 Terrebonne Drive on Sundays, mid-June through mid-October, 9am-2pm or until sold out.

Marketplace Thursdays
(715) 297-9531
www.wausauevents.org
Arts and crafts as well as locally-grown produce sold in the 400 Block of 3rd Street. 9am-2pm, every Thursday in summer. Sponsored by Wausau Area Events.

Mosinee Farmers Market
(715) 693-4330
www.mosineechamber.org
Open Tuesdays, Noon until sold out, June through October, in River Park just off Main Street. WIC Farmer’s Market Nutrition Program and FoodShare benefits may be accepted by individual vendors.

Stratford Farmers Market
(715) 506-0960
Located at Stratford Homes, 402 S. Weber Ave. on Wednesdays, June-mid September from 4-7pm. Season may be extended depending on weather and harvest. WIC Farmer’s Market Nutrition Program and FoodShare benefits may be accepted by individual vendors.

Wausau Farmers Market
(715) 443-6647
www.farmersmarketofwausau.com
Sells locally-grown produce at 400 River Dr., just South of the old VFW Club House, every Wednesday and Saturday, mid-May through mid-October, from 7am until all vendors are sold out or choose to leave. FoodShare payments and WIC Farmer’s Market Nutrition Program checks accepted.

Weston Farmers Market
(715) 359-6114
Located at the corner of Camp Phillips Rd. & Schofield Ave., by Dunkin Donuts. Operates May-October, on Tuesday and Saturday 8am-2pm or until sold out. FoodShare payments and WIC Farmer’s Market Nutrition Program checks accepted.

FARMERS’ RESOURCES

Farmland Preservation Program
(715) 261-6000
www.co.marathon.wi.us/Departments/ConservationPlanningZoning/FarmlandPreservation.aspx
Offers state income tax credits to local landowners and farmers who participate in programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program
(715) 446-3101
www.marathoncountysolidwaste.org
Disposes of agriculture-related chemicals. Call this number to pre-register with the Marathon County Solid Waste Department.

Marathon County Farm Service Agency (FSA)
(715) 848-2330
www.fsa.usda.gov/wi
Offers agricultural credit to farmers, including emergency loans, farm ownership loans, and farm operating loans.

UW-Extension, Marathon County
(715) 261-1230
http://marathon.uwex.edu
County Agents offer programs in farm and business management, genetics, using sustainable practices, and provide information to help farmers use cover crops to improve production systems and minimize soil loss.

Wisconsin Farm Center
(608) 224-5012 or (800) 942-2474
www.datcp.wi.gov
Provides free financial and business counseling, as well as mediation to resolve farming-related disputes for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Farm Center Counseling Voucher Program
(800) 942-2474
www.datcp.wi.gov
Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

Wisconsin Housing & Economic Development Authority (WHEDA)
(800) 334-6873
www.wheda.com
Agricultural Financing Programs include CROP loans, and loans to help farmers who want to start, expand, or modernize their operations.
NOTE: For more information about help for farmers in distress, call United Way’s 211 any time, day or night. Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/
Text 898211 Monday-Friday 8am-4pm
Chat with a specialist Monday-Friday 8am-12 Noon.
FINANCIAL/BUDGETING COUNSELING

Catholic Charities – Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
catholiccharitiesarcw.org
Families and individuals receive an evaluation of their financial situation, develop a plan, and participate in financial and bankruptcy counseling.

Family Living Education
(715) 261-1230
http://marathon.uwex.edu/family-living
Family Living Educator provides consumer information about family financial management and consumer resource management, through UW-Extension.

Get Smart Wausau
(715) 847-3418 – Jacob Grell
Community partners work together to promote personal money management and financial education opportunities. Educational sessions are open to the public and held at the Barrington Head Start Center or the Marathon County Public Library.

Greenpath Financial Counseling
(800) 550-1961
www.greenpath.com
Offers free financial and budget counseling. Other services include student loan, housing, and bankruptcy counseling and may have a fee.

Project Step Up
(715) 849-3311
Provides family mentoring, case management and financial literacy for families seeking greater financial stability, through Catholic Charities.

NOTE: Local schools and colleges sometimes offer consumer finance courses. Call or log on for current schedules and fees.

Northcentral Technical College
(715) 875-3331
www.ntc.edu/
University of Wisconsin-Stevens Point at Wausau
(715) 261-6294
www.uwsp.edu/wausau/community/conted/pages/default.aspx

FOOD ASSISTANCE

AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867
www.arcw.org
Provides emergency food and other emergency assistance for people with or affected by HIV/AIDS.

Athens Circle of Joy Food Pantry
(715) 257-7659
Provides food for residents of Athens School District. Distributes the 1st Wednesday of the month 9-11 am, and the 3rd Wednesday of the month 3-5 pm at St. Anthony’s Catholic Church.

Bridge Clinic
Community Gardens
(715) 848-4884
www.wausaucommunitygardens.org
Community members can rent a plot in the Bridge Community Health Clinic gardens in Wausau. Renters receive free classes on sustainable gardening and help in the garden by experienced gardeners.

Café 60
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Provides elderly residents in rural Marathon County with meal coupons to use in local participating restaurants that will help meet their nutritional needs, through the Aging & Disability Resource Center.

Community Action Partnership (CAP)
(715) 241-7335 ext. 3
www.christcc.org
Distributes both fresh and non-perishable food every other Friday 2-4 pm at Ministry of Christ Community Church.

Community Center of Hope Food Pantry
(715) 693-7145
www.chope.net
Community food pantry for southern Marathon County residents in need. Distributes Monday 9am-Noon; Tuesday 2:30-5:30 pm; and Friday Noon-2 pm.

Community Garden
(715) 845-1966 (The Neighbors’ Place)
www.neighborsplace.org
Public garden plots in Wausau can be adopted by service organizations or community members. A percentage of items grown in gardens are donated to The Neighbors’ Place food pantry.

Community United Pantry (CUP)
(715) 223-2166
Food pantry for Colby, Curtiss, Abbotsford and Dorchester residents in an emergency, Tuesday 9-11 am at Zion Lutheran Church.

Covenant Food Pantry
(715) 359-6467
www.covenantcommunitypc.org
Provides emergency food to area families in need. Distributes the 2nd and 4th Wednesday of the month from 3-5 pm, at the Covenant Community Presbyterian Church in Schofield.

Edgar Circle of Joy Food Pantry
(715) 352-2532 or (715) 443-6168
Offers emergency food for residents in Edgar and Marathon City areas, the 1st Wednesday of the month 9-11 am and 3rd Wednesday from 2-4 pm, at Edgar Village Hall.

First Hmong Missionary Alliance Church Food Pantry
(715) 212-4032
www.fhmac.org
Food pantry mainly provides Southeast Asian food items but may also have other non-perishable food items to those in need, 3rd Friday of the month 5-6:30 pm.

First Presbyterian Church Food Pantry
(715) 842-2116
www.firstpreswausau.org
Church volunteers distribute food on the 2nd and 4th Tuesday of the month, 1-2 pm.

Jubilee House
(715) 842-3148
A Catholic Worker House that serves a community meal in Wausau every Thursday 4:30-6 pm at Faith Christian Academy.

Marathon County Economic Support
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services). Administers FoodShare/Food Stamps for all eligible Marathon County residents.

Meals and More
(715) 842-0769
www.trinityonstewart.org
Offers monthly community meal and Christian fellowship, at Trinity Lutheran Church in Wausau on the 4th Wednesday of the month 4:30-6 pm.

Meals on Wheels
(715) 261-6070 or (888) 486-9545
www.adrc-cw.org
Provides home-delivered meals for senior citizens who are confined to their homes, through the Aging & Disability Resource Center.
Supporting the
United Way of Marathon County

Mosinee Circle of Joy
(715) 693-2811 or (715) 693-1591
Food assistance provided to Mosinee area residents in need, by appointment only.

Ruby’s Pantry
(715) 845-8541
www.newhopewausau.org
Offers a share of food (2 big laundry baskets full) for a $20 donation on the 1st Tuesday of the month, 5:30-7:30pm, at New Hope Community Church.

Saint Agnes Food Pantry
(715) 359-5675 (Church office)
www.stagnescatholicparish.com
Community food pantry for area residents who are in emergency need of food, 1st and 3rd Tuesday of the month 3-5pm.

Saint Florian’s Food Pantry
(715) 446-3085
www.stflos.org
Food pantry for anyone in emergency need of food in Hatley, 3rd Tuesday and the following Saturday of the month 9am-Noon.

Saint Paul’s Food Distribution
(715) 842-3733 (Church office)
www.stpauluccwausau.org
Church members distribute bags of groceries for people in need, while supplies last, at St. Paul’s United Church of Christ in Wausau on the 1st and 3rd Tuesday of the month 9am-Noon.

Saint Paul’s Neighborhood Meal
(715) 842-3733
www.stpauluccwausau.org
Community meal served each Tuesday 4:30-6pm, at St. Paul’s United Church of Christ in Wausau.

Saturday Downtown Lunches
(715) 845-6947
www.stjohnsepiscopalwausau.wordpress.com
A full meal is served to everyone who comes to St. John the Baptist Episcopal Church in Wausau, on the last Saturday of each month at 11am.

Schofield Food Pantry
(715) 359-5230
www.cityofschofield.org
Small food pantry located in front of Schofield City Hall. Anyone in need is welcome to access the pantry 24 hours/day.

Spencer C.O.M.E. (Community Outreach Meal for Everyone)
(715) 659-5158
www.stjohnsspencer.com
Free hot meal is served the 4th Tuesday of the month 5-6pm, at St. John’s Lutheran Church in Spencer. Open to all.

Spencer King’s Pantry
(715) 659-5181 (In an emergency)
Helps Spencer area residents who are in emergency need of food, at Christ the King Catholic Church, on Monday from 10am-2pm.

Stratford Area Pantry
(715) 687-3126
Community pantry for people in the Stratford area who have emergency food needs, by pre-arrangement; please call ahead.

Summer Food Program
(715) 359-4221 ext. 2408
www.dce.k12.wi.us
D.C. Everest School District provides breakfast and lunch to children age 18 and younger during the summer months.

Summer Food Service Program
(715) 261-0807
www.wauauschools.org
Wausau School District provides breakfast and lunch meals to those 18 and under at several school locations during summer session.
Summer Meal Program
(715) 845-2582
www.bgclub.com
The Boys and Girls Club in Wausau provides breakfast and lunch during the summer, Monday-Friday, for anyone age birth to 18 years old. Breakfast is served at 7:30am, lunch served at Noon.

Sunday Community Supper
(715) 842-2116 (May leave message for Supper Coordinator)
www.firstpreswausau.org
Volunteers from area churches serve a Sunday evening meal for community members 4-5:10pm, at First Presbyterian Church in Wausau.

The Neighbors’ Place Food Pantry
(715) 845-1966
www.neighborsplace.org
Distributes donated and government commodity foods in Wausau 5 days a week: Monday, Tuesday, Thursday, and Friday 10:30am-1:30pm; Wednesday 1:30-4:30pm.

The Salvation Army
(715) 845-4272
www.sawausau.org
Free Hot Lunches available for everyone on a walk-in basis Monday-Saturday 11:30am-12:30pm (except holidays); Bread and Produce Distribution occurs each Monday, Wednesday, and Friday at 10am; Food Pantry opens every Monday and Wednesday 12:30-3pm, Tuesday and Thursday 9-11am and 12:30-3pm.

Wausau Area Mobile Meals
(715) 848-5848
www.wamobilemeals.com
Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wesley Church Food Pantry
(715) 842-3768 (Church office)
www.wesleyumcwausauwi.org
Food pantry available by pre-arrangement; please call church office and speak with a staff member, or leave a message.

WIC--Women, Infants & Children Nutrition Program
(800) 246-5743
www.healthfirstnetwork.org
Provides mothers and young children who qualify for WIC benefits with a debit card to purchase foods that meet their nutritional needs.

For additional Food Assistance resources, see FARMERS MARKETS.

FUEL ASSISTANCE
See UTILITY AND ENERGY ASSISTANCE

GAMBLING
See ADDICTIONS

HANDICAPS
See PEOPLE WITH DISABILITIES

HEALTH SERVICES

Ascension at Home Hospice Services
(800) 398-1297 or (715) 204-3440
www.ascensionathome.com
Provides comprehensive hospice care and specialized support to people who have a life limiting disease and their families.

Ascension Saint Clare’s Hospital  
(715) 393-3000
ascension.org/wisconsin
Local hospital providing community education programs as well as hospital services.

Aspirus Comfort Care and Hospice Services
(715) 847-2424
www.aspirus.org
Provides comprehensive hospice care for patients with terminal illness.

Aspirus Walk-In Clinics
(715) 847-2472 (Family Walk-in, Wausau)  
(715) 241-5404 (Weston Clinic)
www.aspirus.org
Walk-in medical clinics for minor ailments and injuries.

Aspirus Wausau Hospital
(715) 847-2121
www.aspirus.org
Local hospital providing community education programs as well as hospital services.

BadgerCare Plus
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services). Public assistance program that provides health coverage to income-eligible individuals, families, and children.

Benedictine Living Community
(715) 675-9451
www.blcwausau.org
Nursing home and rehabilitation facility in Wausau.

Blood Pressure Checks
(715) 355-6763
Free blood pressure checks at the Fire Dept. in Rib Mountain, and free blood pressure checks at the Weston Public Safety Building provided by South Area Fire and Emergency Response District.

Bridge Community Health Clinic
(715) 848-4884
www.bridgeclinic.org
A primary care clinic providing general medical, dental, and counseling services to all patients, regardless of their insurance status. Sliding fee scale for income-eligible patients.

Certified Application Counselors
Provides information and assistance to individuals, families, and small business owners on how to navigate and enroll in the Health Insurance Marketplace. The following agencies have Certified Counselors available to the general public:

* Bridge Community Health Clinic  
(715) 848-4884
* Ascension St. Clare’s Hospital  
(715) 393-3094
* Aspirus locations  
(888) 620-1555

Colonial Manor Medical and Rehabilitation Center
(715) 842-2028
www.mgmhealthcare.com
Nursing home and rehabilitation facility in Colby.

Dental Hygiene Clinic
(715) 803-1585
www.ntc.edu
Dental Hygiene students at NTC provide basic teeth cleaning services, X-rays, and sealants.

Dycora Transitional Health & Living
(715) 223-2359
www.dycora.com
Nursing home and rehabilitation facility in Abbotsford.

Family Planning Only Services
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services). Provides limited benefits relating to family planning services for low-income women and men age 15 and older.
Free Blood Pressure Screening
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
Volunteer nurses provide free blood pressure screening monthly at sites throughout Marathon County, through United Way RSVP.

Free Mammography and Breast Cancer Screening Services
(715) 847-2380 or (800) 847-4707
www.aspirus.org
Free mammograms and breast-related diagnostic services for women and men without health insurance or a high deductible and co-pay, through Aspirus Wausau Hospital.

Health Insurance Marketplace
(800) 318-2596
www.healthcare.gov
Provides information about health insurance options, subsidies and available tax credits for health insurance, and the option to sign up for a health insurance plan through the Affordable Care Act.

Healthfirst Network
(800) 246-5743
www.healthfirstnetwork.org
Offers affordable health care and education. Services include pregnancy testing and options, STD testing, pap and pelvic exams, contraception, testicular exams, and natural family planning instruction.

Inclusa
To enroll, call the Aging & Disability Resource Center at (715) 261-6070 or (888) 486-9545 (715) 345-5968 (For current enrollees) www.inclusa.org
This organization offers a long-term care benefit package to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Healthcare
(715) 842-7707
www.interimhealthcare.com
Provides both hospice and palliative care services, as well as home health care, nursing, and respite care.

Marshfield Clinic – Urgent Care
(715) 847-3000 (Wausau Center)
(715) 393-1000 (Weston Center)
www.marshfieldclinic.org
Walk-in medical clinics for minor ailments and injuries.

Medicaid Program (M.A.)
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov (call or log on to apply, or apply in person at Marathon County Social Services). Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

Mount View Care Center
(715) 848-4300
www.norcen.org/skilled-nursing
Nursing home in Wausau. Includes a specialized dementia community, Legacies by the Lake.

Needle Exchange Program
(715) 355-8687 ext. 3704
www.arcw.org
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

Pride Therapy & Living Campus
(715) 298-3833
http://pridetc.com
Assisted living and rehabilitation facility.

Refugee Health
(715) 261-1900 (Health Department)
www.co.marathon.wi.us/departments/healthdepartment.aspx
Nurse coordinates services for refugees, through the Health Department.

Rennes Health and Rehab Center
(715) 393-0400
www.rennesgroup.com
Nursing home and rehabilitation facility in Weston.

Retirement Well-being Series
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
United Way RSVP of Marathon County provides free monthly informational and social programs that help plan for a meaningful and fulfilling retirement.

Seniors Eyecare
(877) 887-6327
www.aao.org/eyecare-america
Participating ophthalmologists provide medical eye exams for eligible senior citizens through this project of the Foundation of the American Academy of Ophthalmology.

Shriners Hospitals for Children
(715) 842-7701 (Wausau contact)
(612) 596-6105 (Applications)
www.shrinershospitalsforchildren.org/hospitals/locations/minneapolis
The Shriners Hospitals for Children-Twin Cities provides comprehensive medical, surgical and rehabilitative care for children with orthopedic conditions.

STD Clinic
(715) 261-1900 (Health Department)
www.co.marathon.wi.us/Departments/HealthDepartment/InfectiousDiseases/STDSHIV.aspx
Confidential HIV testing offered at Aspirus Wausau Family Medicine, 425 Wind Ridge Dr. in Wausau.

Vision USA
The Wisconsin Project
(608) 824-2200
www.woa-eyes.org/vision-usa-public
Provides free eye exams to children from qualifying families, through the Wisconsin Optometric Association.

Wausau Manor Nursing Home
(715) 842-0575
www.wausauhs.com
Nursing home and rehabilitation facility in Wausau.

Wausau V. A. Medical Clinic
(800) 872-8662 (For Referral)
Provides primary medical care and mental health counseling for veterans only.

Well Badger Resource Center
(800) 642-7837
https://wellbadger.org
Provides public health information and referral to services for health care services including WIC, BadgerCare Plus, Wisconsin Well Woman, services for children and youth with special health care needs, and mental health services.

Wisconsin Managed Care HMO Enrollment Specialist Program
(800) 291-2002 (Milwaukee)
Educates recipients regarding managed care enrollment options and resolves problems with managed care providers.

Wisconsin Medicaid/BadgerCare Plus Member Services
(800) 362-3002
http://dhs.wisconsin.gov/medicaid
Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.
The Career Closet serves women and men in need of clothing for interviews or employment. Individuals may receive up to two outfits at no cost to help them obtain a job, or to start their new work wardrobe.

Open: Tuesday 3-5pm | Wednesday 11am-1pm | Thursday 12-2pm
705 S. 24th Avenue, Suite 440, Wausau, WI 54401

Steel toed boots for new employment are available through the Boots to Work program. Proof of employment and a completed voucher from a referring agency are needed to receive one pair of new or gently used steel toed boots.

Rebecca’s Closet provides new and gently used clothing for children sizes infant to 16/18. Human Service professionals are able to access our services based on their knowledge of the family situation.

Visit www.unitedwaymc.org or call 715-848-2927 to learn more about these services.
## Affordable senior housing options at Forest Park Village in Wausau.

- **Forest Park Village**: One or two bedroom apartments for independent seniors. Choose the services you want or need. Ask about Independent Plus.

- **The Gardens**: One of the area’s only certified Resident Care Apartment Complexes (RCAC). More comprehensive care 24 hours a day.

- **Stone Crest Residence**: This unique Community-Based Residential Facilities (CBRF) focuses on memory care services for those with mid-level or advanced Alzheimer’s and/or dementia.

- **Adult Day Center**: For individuals with Alzheimer’s disease, dementia or other age-related conditions. Open Monday - Friday, 8 a.m. to 4 p.m. Half or full-day rates available.

For a tour, contact Amy Forst, Director of Operations, 715.845.1214

www.homme.org

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### Wisconsin Well Woman Program
(715) 345-5712 Option 6
www.co.portage.wi.us
Provides preventive health screening services to women ages 45-64 who have little or no health insurance. Services include mammograms, pap tests, and pelvic exams.

For additional Health Services resources, see PRESCRIPTION ASSISTANCE.

### HOME PURCHASE ASSISTANCE

**FHA (Federal Housing Administration) Resource Center**
(800) 569-4287
Housing counselors can provide advice on buying a home, renting, default or foreclosure, credit issues, etc. Also offers information on FHA insured mortgages and referrals to local FHA lenders.

**Habitat for Humanity of Wausau**
(715) 848-5042
www.habitatwausau.org
Eligible low-income families may apply their “sweat equity” toward owning a home built with volunteers.

### Wausau Community Development Department
(715) 261-6680
www.ci.wausau.wi.us
Helps people learn how to find a home to buy, and offers down payment assistance for eligible persons who buy a home in the City of Wausau.

**Wisconsin Rural Development**
(715) 345-7601
www.rd.usda.gov/wi
Guaranteed Rural Housing Program for low income applicants in rural areas who are unable to get a conventional loan from a bank.

**HOUSING ASSISTANCE**

**Abbotsford Housing Authority**
(715) 223-4631
Provides federally subsidized housing in Abbotsford.

**AIDS Resource Center of Wisconsin (ARCW)**
(715) 355-6867 or (800) 551-3311
www.arcw.org
Provides rent and other emergency financial assistance for people with or affected by HIV/AIDS.

**Atrium Lofts**
(715) 843-7799
www.paramark.us
Loft-style apartments in the renovated Sav-O-Supply building in Wausau, some units are reserved for income-eligible tenants.

**Catholic Charities**

**Foreclosure Prevention**
(715) 849-3311 or (866) 849-3311
www.ccse.org
Provides in-person or telephone counseling to homeowners who are at risk of losing their home to foreclosure.

**Catholic Charities – Saint Lawrence Community Services**
(715) 849-3311 or (866) 849-3311
www.ccse.org
Program participants receive case management services that may lead to rent payment assistance.

**Diamonds Edge and Diamond View Apartments**
(formerly Randolph Court)
(715) 675-7979
Housing unit subsidized by HUD (Housing & Urban Development).
East High Apartments and Townhouses
(715) 849-8230
www.stonehousedevelopment.com
Select units in the renovated East High School are reserved for income-eligible tenants. Please call for details.

Emergency Assistance Program
(800) 771-8420 (To make an appointment)
(715) 261-8700 (Job Center)
Needy families with a child that have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Housing Assistance Funds (EHAF)
Emergency rent payment assistance is administered locally by a collaboration of human service agencies for area residents who would otherwise be homeless. The general public may contact ONE of these agencies for an appointment:
* North Central Community Action Program (NCCAP): (715) 842-0681 (Wausau Area)
* Catholic Charities - Saint Lawrence Community Services: (715) 849-3311
* The Salvation Army: (715) 842-4272
* The Women’s Community: (715) 842-5663 (Victims of abuse only)

Federal Building Lofts
(715) 843-7799
www.paramark.us
Loft style apartments in the renovated Federal Building are reserved for income-eligible tenants.

Homeowner’s HOPE™ Hotline
(888) 995-4673
www.995hope.org
Provides free telephone or online credit counseling to help homeowners at risk of foreclosure, through Wisconsin Housing & Economic Development Authority.

Marathon County Veterans Service Office
(715) 261-1141
www.co.marathon.wi.us/Departments/Veterans.aspx
Emergency temporary assistance for rental or utility assistance may be available for veterans depending on individual circumstances.

Rural Housing
(888) 400-5974
www.wisconsinruralhousing.org
Provides assistance for those in rural counties with a security deposit or a past due rent payment, mortgage, and property taxes when local funding options have been exhausted.

Terrace Heights Apartments
(715) 393-4544
www.accmanagementgroup.com
Housing unit subsidized by HUD (Housing & Urban Development).

Trolley Quarter Flats
(715) 843-7799
www.paramark.us
Units in a renovated historic trolley barn in Wausau are reserved for income-eligible tenants. Please call for details.

Wausau Community Development Authority
(715) 261-6687
www.ci.wausau.wi.us
Handles Section 8 Housing Assistance, “Scattered Site” Public Housing, and Senior/Handicapped Housing at Riverview Towers and Riverview Terrace.

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Keep Playing
Keep Healthy
Keep Learning
Keep Socializing

Opening Late 2019! Downtown Wausau.
The Landing
New adventures for adults 55+

Woodson YMCA
707 Third St  Wausau
thelandingwausau.com  715-841-1855
Senior Apartments For Rent

The Marathon Housing Association is accepting applications for efficiency, 1- & 2-bedroom apartments. Eligible applicants are 62+ years or disabled.

Rent based on 30% of income with Rental Assistance

Amenities include
- Updated Kitchens
- Updated Flooring
- Updated Appliances
- Updated Windows
- Walk-in Showers
- Dishwasher & A/C
- Maintenance Staff
- Community Rooms
- Off-Street Parking

WISCONSIN MANAGEMENT CO., INC.
A better way...of living!

Call 715-443-0036 for applications!

WMCAffordablehousing@wimci.com
WMC is an equal opportunity provider and employer.

Weston Pines Apartments
(715) 355-1016
www.westonpinesapartments.com
Units are reserved for income-eligible tenants. Please call for details.

HOUSING FOR PEOPLE WITH DISABILITIES
To learn about group homes and subsidized rental housing for people with disabilities, call United Way’s 211 any time, day or night.
Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/
Text 898211 Monday-Friday 8am-4pm
Chat with a specialist Monday-Friday 8am-12 Noon.

HOUSING FOR SENIORS
To learn about the variety of options for older people when choosing a place of residence or long-term care facility, call United Way’s 211 any time, day or night.
Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/
Text 898211 Monday-Friday 8am-4pm
Chat with a specialist Monday-Friday 8am-12 Noon.

IMMIGRANT SERVICES
Catholic Charities
Immigration Services
(715) 849-3311
www.cclse.org
Visiting attorney offers assistance with family-based immigration issues during monthly appointments in the Wausau office.

English Language Learner Services
(715) 803-1152
www.ntc.edu
Offers English language instruction for non-English speaking adults, at NTC.

Hispanic Outreach Program
(715) 842-5663
www.womenscommunity.org
Provides emergency intervention, support, and advocacy for Latina victims or survivors of domestic violence or sexual assault, through The Women’s Community.

Migrant Project
(855) 947-2529 (Madison)
www.legalaction.org
Helps migrant, seasonal farmworkers or dairy workers with civil legal problems, through Legal Action of Wisconsin.
Refugee Cash Assistance  
(715) 261-8700  
RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. For refugees who enroll in an employment program at The Job Center, assistance is available for the first eight months they are in the country.

Refugee Health  
(715) 261-1902  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Nurses help refugees and immigrants connect with a medical provider and obtain immunizations, through the Health Department.

Southeast Asian Program (SEAP)  
(715) 842-5663  
www.womenscommunity.org  
Provides emergency intervention, support, and advocacy for Southeast Asian victims or survivors of domestic violence or sexual assault, through The Women’s Community.

The Neighbors’ Place  
(715) 845-1966  
www.neighborsplace.org  
Offers bilingual assistance to individuals in Marathon County, including English as a Second Language classes and help with job and computer skills.

U. S. Citizenship and Immigration Services  
(formerly Immigration & Naturalization Service–INS)  
(800) 375-5283  
(M-F 8am – 8pm, EST)  
http://www.uscis.gov/  
This bureau of the Department of Homeland Security offers pre-recorded immigration information via touch-tone phone, 24/7.

IMMUNIZATION CLINICS  
Marathon County Health Department  
(715) 261-1900  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Provides routine childhood immunizations for uninsured/underinsured or Medicaid eligible children, and some vaccines for adults.

NOTE: For information about influenza vaccines, call United Way’s 211 any time during flu season.  
Dial 211 or (715) 848-2255 or toll-free (800) 922-5590  
Email askus@unitedwaymc.org  
Search online at: www.unitedwaymc.org/get-help/  
Text 898211 Monday-Friday 8am-4pm  
Chat with a specialist Monday-Friday 8am-12 Noon.

IN-HOME CARE & RESPITE  
Alzheimer’s Family and Caregiver Support Program  
(888) 486-9545  
www.adrc-cw.org  
Provides support and reimbursement for some expenses related to caring for someone with Alzheimer’s or related dementia, including respite and home care, through the Aging and Disability Resource Center.

Refugee Health  
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Search online at: www.unitedwaymc.org/get-help/  
Text 898211 Monday-Friday 8am-4pm  
Chat with a specialist Monday-Friday 8am-12 Noon.

IN-HOME CARE & RESPITE  
Alzheimer’s Family and Caregiver Support Program  
(888) 486-9545  
www.adrc-cw.org  
Provides support and reimbursement for some expenses related to caring for someone with Alzheimer’s or related dementia, including respite and home care, through the Aging and Disability Resource Center.
DIAL 211

Free, Confidential Information and Referral to Local Community Resources.

Available 24 hours a day, 7 days week.

One Number. One Easy Way to Find Help.

Email: askus@unitedwaymc.org
Online at: www.unitedwaymc.org

The Housing and Homelessness Coalition and its collaborative partners believe Marathon County can eliminate homelessness and improve housing stability by working together to accomplish common goals.

• Together they have established the Wausau Area Warming Center. Hundreds of individuals have been sheltered since they opened in 2013.

• In 2016 the Coalition released their 10 year plan to end homelessness in our community. You can read it at www.unitedwaymc.org

• Twice a year coalition members and volunteers host Project Connect. Individuals who are struggling with housing issues or other basic needs can learn more about services in our community.

Visit www.unitedwaymc.org call 715-848-2927 to learn more.
Ascension at Home
Home Health
(800) 397-0270
www.ascensionathome.com
State-licensed home health and personal care agency. Provides nursing, home health aide, and therapy services.

Aspirus Help at Home
(715) 847-2600 or (800) 600-8296
www.aspirus.org/ourservices
State-licensed home health and personal care agency provides long-term or temporary help at home and supportive services that allow a person of any age to remain at home.

Faith in Action-Marathon County
(715) 848-8783
www.faithinactionmarathoncounty.org
Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing services. In-home services offered include food pantry delivery and safety apparatus installation.

Interim Healthcare
(715) 842-7707 ext. 113
www.interimhealthcare.com
State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Personal Assistant Services
(715) 344-4210 ext. 224 (Stevens Point)
www.mil-inc.org
Offers in-home services, ranging from personal needs to simple household tasks, for people with a disability, through Midstate Independent Living Choices.

Tongxeng Personal Home Care
(715) 298-9130
www.tongxenghomecare.com
Personal care workers provide in-home supportive care for those who are Medicaid eligible.

Tyler’s Home for Kids
(715) 847-1175 or (800) 472-4408
www.oppincwi.org
State-licensed group foster care home for families of children with special needs, through Opportunity, Inc. Also provides in-home respite by appointment.

Universal Home Health Care
(715) 298-9307
www.uhhci.com
State-licensed in-home personal care agency providing services for individuals with cognitive impairments, disability, or physical illness.

NOTE: Non-regulated in-home care providers may also be available in the Yellow Pages of the phone book or on-line, for example at www.YellowPages.com. You may learn more by calling the providers listed to compare services and fees.

JAIL TRANSITION

The Open Door
(715) 848-4044
www.opendoormarathoncounty.com
Volunteers provide support for inmates upon release from jail or prison, including clothing and footwear, toiletries, life skills training, and job readiness training at Saint Paul's Community Center in Wausau.

LANDLORD/TENANT

Consumer Protection Hotline
(800) 422-7128 (Madison)
http://datcp.wi.gov
State consumer protection agency handles landlord/tenant complaints.

Environmental Health
and Safety Program
(715) 261-1900
www.co.marathon.wi.us/Departments/HealthDepartment.aspx
Marathon County Health Department investigates local landlord problems involving heat, sanitation, and pest control.

Tenant Resource Center
(877) 238-7368 (Madison)
www.tenantresourcecenter.org
Provides information regarding tenant and landlord concerns, such as eviction and repairs.

LEGAL ASSISTANCE

Aging & Disability Resource Center of Central Wisconsin
(888) 486-9545
www.adrc-cw.org
Resource Specialists help seniors age 60 and older and adults with disabilities understand their government benefits and consumer rights.

Lawyer Referral
and Information Service
(800) 362-9082
www.wisbar.org
Legal hotline that refers callers to a lawyer dealing with their type of legal situation, through the State Bar of Wisconsin.

Modest Means Referral Program
(800) 362-9082
www.wisbar.org
State Bar of Wisconsin helps connect clients whose income is too high to qualify for free legal aid, but too low to pay an attorney’s regular fees, with a lawyer who has agreed to consider certain cases at a reduced rate.

Public Defenders Office
(715) 842-1603
www.wisspd.org
Legal counsel to low-income residents who have been accused of criminal activity.

Wisconsin Judicare
(715) 842-1681
www.judicare.org
Legal aid for low-income residents of the northern 33 counties in WI, as well as 11 federally recognized tribes for a variety of legal issues.

LIBRARIES

Marathon County Public Library
(715) 261-7200
www.mcpl.us
Public library system serves Marathon County residents with branches in:

Athens  (715) 257-7292
Edgar  (715) 352-3155
Hatley  (715) 446-3537
Marathon City  (715) 443-2775
Mosinee  (715) 693-2144
Rothschild  (715) 359-6208
Spencer  (715) 659-3996
Stratford  (715) 687-4420
Wausau  (715) 261-7200

National Library for the Blind
& Physically Handicapped
(715) 261-7248
www.mcpl.us/services/outreach
Provides audio books, delivered free, to the visually impaired and qualified physically impaired persons, through the Marathon County Public Library.

LITERACY

NTC’s College Prep Center
(715) 803-1152
www.ntc.edu
Services available to adult learners include help with basic literacy skills.
TRAIN * LEARN * ADVANCE
Start Your New Career with the Marathon Cheese Family!

We offer the following benefits:

- A competitive starting wage in a clean cool working environment
- 7 Paid Holidays
- Paid Vacation
- Medical, Dental and Vision Insurance
- Great 401k with company match of .50 cents on every dollar up to 6% of your annual pay
- No cost Life insurance and accidental death and dismemberment insurance
- Short and Long Term Disability
- Tuition Reimbursement for approved job related courses
- Employee Assistance Program for employees and their families at no cost
- Flexible spending
- Cheese sales discount
- No interest computer loans
- $75 each year safety shoe reimbursement
- 25 year service award
- Thanksgiving and Christmas gifts
- Monthly employee events. We eat very well at Marathon Cheese.

APPLY AT MCHEESE.COM

MENTAL HEALTH SERVICES
NOTE: To learn more about counseling options in your area of interest, call United Way’s 211 any time, day or night.
Dial 211 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/
get-help/
Text 898211 Monday-Friday 8am-4pm
Chat with a specialist Monday-Friday 8am-12 Noon.

Achieve Center
(715) 845-4900
www.uachievecenter.com

ACS Clinical Services
(715) 848-3202
www.correctionalservices.org

Affiliated Family
Psychiatry of Wausau
(715) 842-8600

Behavioral Health Clinic
(715) 842-9500
www.bhcwausau.com

Bridge Community Health
Clinic Counseling
(715) 848-4884
www.bridgeclinic.org

Caring Tree Children’s
Counseling Center
(715) 301-0667
www.caringtree.us

Center for Human Development
(715) 842-0944 or (800) 236-3792
www.chdevelopment.org

Centre for Well-Being
(715) 848-5022
www.centreforwellbeing.net

Charis Counseling
(715) 848-0525
www.chariscounselingwi.com

Child and Family Counseling
(previously Children’s Service Society)
(715) 848-1457
www.cssw.org

Compass Counseling
(715) 845-5493
www.compasscounsels.com

Dix & Gillette
Counseling Services
(715) 675-3888

Elmerglass Associates
(715) 845-7175
www.elmerglass.com

Evans Counseling
(715) 849-3988

North Central Health Care
Outpatient Mental Health
(715) 848-4356
www.norcen.org

Peaceful Solutions Counseling
(715) 675-3458
www.peacefulsolutions.org

Veteran’s Outreach
(800) 872-8662 (For referral to Wausau V.
A. Clinic)

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov

For every challenge we face there is a solution.

Licensed - Professional - Confidential

- Individual, Couples, Family, and Group Therapy
- Alcohol and Drug Assessment and Treatment

Peaceful Solutions Counseling
741 North 1st Street, Wausau
715-675-3458
Branch office in Merrill • 715-675-3458

Most insurances and M.A. accepted
Sliding fee available for those who qualify.

www.PeacefulSolutions.org
PARENTING
Family Birth Center
(715) 393-3258 (Ascension Saint Clare’s Hospital)
ascension.org/wisconsin
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

Family Resource Centers
(715) 848-1457 (Wausau office and Parenting Warmline)
(715) 843-1946 (Stratford)
www.chw.org
Provides parenting education, support, and workshops through centers in Wausau and Stratford.

MOPs Program
(715) 842-5683
www.highlandcommunitychurch.com
Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God’s love through relationships and resources, at Highland Community Church.

Raise Great Kids Website
www.raisegreatkids.org
Website offers a way for community members to share information and work together to support young children by providing information about parenting, pregnancy, child development, and community resources.

Start Right Programs
(715) 261-1900
www.co.marathon.wi.us/Departments/HealthDepartment.aspx
Provides family support, case management and coaching for families from pregnancy to age 5.

Women’s Health Birthing Center
(715) 847-2380 (Aspirus Information Center)
www.aspirus.org
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PEOPLE WITH DISABILITIES
ABC for Health
(800) 585-4222
www.safetyweb.org
Offers legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability
Resource Specialists
(888) 486-9545
www.adrc-cw.org
Serves as the initial contact for resources that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Blind and Visually Impaired
Services of Northcentral Wisconsin
(715) 298-0086
Offers rehabilitation instruction for blindness and functional low vision that includes use of assistive technology, braaille, and computers.

Central Housing Region
Community Development
Block Grant
(608) 847-7309
Provides deferred homeowner rehabilitation loans at 0% interest for income-eligible residents to make their home handicapped accessible.

Central Wisconsin Autism Society
(920) 558-4602
www.autismgreaterwi.org/find-local-affiliate/
Provides a source of information and support for parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs
(715) 261-1906
Email: specialneedsinfo@co.marathon.wi.us
www.northernregionalcenter.org
Provides health benefits counseling, service coordination, and advocacy for local families of children with special health care needs and the providers who serve them, through the Marathon County Health Department.

Community Corner Clubhouse
(715) 843-1926
www.norcen.org
The Clubhouse is a psychosocial rehab program of North Central Health Care serving people with mental illness. Members are involved in the Clubhouse work-ordered day and through this process build relationships, self-confidence, self-esteem, and the tools to return to work or further their education.

D. C. Everest Area Schools’ Pupil Services and Special Education
(715) 395-4221 ext. 1351 (Pupil Services)
(715) 395-4221 ext. 1222 (Special Education)
Provides educational services for school-aged children with disabilities in the D.C. Everest Area Schools.

Downtown Memory Café
(715) 842-2201
www.fumcwausau.org
Individuals experiencing early stage dementia or mild memory loss are able to socialize and participate in activities on the 3rd Thursday of the month, 10:30am-Noon at First United Methodist Church.

Everest Area Special Olympics
(715) 359-9134
www.specialolympicswisconsin.org
Provides sports training and competition for children and adults with cognitive disabilities.

Goodwill Industries of North Central Wisconsin
(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillnwcc.org
Provides work experience for people with special needs.

Greater Wausau Christian Services
(715) 842-5635
www.gwcservices.org
Offers volunteer-led Bible classes for adults with developmental disabilities.

Homme Adult Day Center
(715) 845-1214 ext. 310
www.homme.org
Offers social and recreational activities for people with Alzheimer’s disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Inclusa
To enroll, call the Aging & Disability Resource Center at: (715) 261-6070 or (888) 486-9545
www.inclusa.org
Coordinates cost-effective and individualized long-term care supports through Wisconsin’s Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.
Interim Health Care  
(715) 842-7707 ext. 113  
www.interimhealthcare.com  
State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Marathon County Birth to Three  
(715) 261-1980  
www.mcspecialeducation.com  
Provides coordinated services for infants and toddlers who experience atypical development or developmental delays, through Marathon County Special Education.

Marathon County Department of Special Education  
(715) 848-4600 (Main switchboard)  
(715) 848-4417 (Registration)  
www.norcen.org  
Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Meals on Wheels  
(888)486-9545  
www.adrc-cw.org  
Provides home-delivered meals to seniors who are confined to their homes because of illness or disability and are unable to easily prepare a meal for themselves, through the Aging and Disability Resource Center.

Metro Ride Paratransit  
(formerly WATs+  
(715) 842-9287  
http://ci.wausau.wi.us/Departments/metroride.aspx  
Provides non-emergency, specialized transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Midstate Independent Living Choices  
(715) 344-4210 ext. 238  
www.milc-inc.org  
Services available to people with disabilities of all ages, include Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, Peer Support, and Representative Payee.

Mosinee Community Development Block Grant Program  
(800) 762-0665 or (715) 752-4620  
Offers revolving loan funds for City of Mosinee residents that include help making a home handicap accessible.

Mosinee School District’s Pupil Services  
(715) 693-2530  
www.mosineeschools.org  
Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

MyTeam Triumph  
(920) 288-2359  
Email info@myteamtriumph-wi.org  
Individually with disabilities are assisted by volunteer athletes in races such as 5ks, marathons, duathlons, triathlons, and cycling events.

North Central Health Care  
(715) 845-7316  
Provides services designed for people with disabilities to reach his or her highest level of vocational achievement.

Northern Valley Industries  
(715) 847-9287  
www.norcen.org  
Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Blind and Visually Impaired  
(888) 879-0017  
Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Deaf and Hard of Hearing  
(855) 359-7851  
Offers information, referral, support and training for people who are deaf, deaf-blind, or hard of hearing.

Opportunity, Inc.  
(715) 842-8700  
www.oppincwi.org  
Provides assistance for children and adults with disabilities, and their families, including Advocacy, Respite, and Assisted Living.

Rainbow’s End  
(715) 847-2000 ext. 53488  
www.aspirus.org  
Day camp for young people ages 5 - 21 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Regional Library for the Blind & Physically Handicapped  
(715) 261-7248  
www.mcpl.us/services/homebound  
Provides “Talking Books” and players free to visually impaired and to qualified physically impaired persons, through the Marathon County Public Library.

Shared Blessings  
(715) 432-4799  
www.sharedblessingskids.org  
Provides and host community events at various locations for Special Needs Families to meet for playgroups, therapy, and networking.

Social Security Administration  
(800) 772-1213 or (855) 269-9186  
www.socialsecurity.gov  
Federal program provides monthly income for people who qualify as having a disability.

Special Olympics Wisconsin North Central Area 2  
(715) 848-0550  
www.specialolympicswisconsin.org  
Provides sports training and competition for children and adults with intellectual disabilities.

Stable Hands  
(715) 359-6046  
www.stablehandstherapy.com  
Offers equine therapies and activities for people with special needs.

Transition Services  
(888) 486-9545  
www.adrc-cw.org  
Specialists at the Aging & Disability Resource Center can connect with children nearing adulthood to determine what services they may be eligible for as an adult.

Tyler’s Home for Kids  
(715) 847-1175  
www.oppincwi.org  
Facility offers respite services on a 24-hour basis for families of children with special needs.

Village of Athens Community Development Block Grant Program  
(715) 257-9170  
www.athenswis.com  
Village of Athens residents may be eligible for a revolving loan fund to make homes handicap accessible.
Village of Marathon Community Development Block
Grant Program
(715) 443-2221
Village of Marathon residents may be eligible for a loan to make their homes handicap accessible.

Village of Spencer Community Development Block
Grant Rehab Loan
(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for making a home handicap accessible.

Wausau Area Mobile Meals
(715) 848-5848
www.wamobilemeals.com
Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wausau Outreach Center for the Blind and Visually Impaired
(715) 842-0769
www.trinityonstewart.org
Provides opportunities to network and experience fellowship for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District’s Special Education Services
(715) 261-0500
www.wausauschools.org
Provides educational services for school-aged children with disabilities in the Wausau School District.

Wisconsin Department of Transportation
(800) 924-3570 (Statewide Information Center)
(608) 266-3041 (Special Plates)
Processes Handicap Parking Cards for area residents with disabilities.

Wisconsin Division of Vocational Rehabilitation (DVR)
(715) 261-8760
www.dwd.wisconsin.gov/dvr
Helps people with disabilities enter or reenter the job market, at the Job Center.

Wisconsin Lions Camp
(Camp Rosholt)
(715) 677-4969 ext. 319 (Rosholt)
www.wisconsinlionscamp.com
Outdoor center and camp for visually and hearing impaired youth and adults, mildly cognitively disabled youth, and children with diabetes.

Wisconsin Relay System
(800) 947-3529 (For hearing impaired callers)
(800) 676-3777 (For hearing callers), or call 7-1-1
www.wisconsinrelay.com
Telephone relay service for Wisconsin residents who are deaf, hard of hearing, blind, with cognitive issues, or speech-disabled.

Wisconsin Rural Development
(715) 345-7611
www.rurdev.usda.gov/wi
Provides grants for very low-income elderly in rural areas, include payment for making a home handicap accessible.

WisLoan Program
(800) 382-8484 (Stevens Point)
www.milc-inc.org
Offers loans to help purchase assistive technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Choices.

COATS FOR KIDS
(715) 845-4272
www.kiwaniswausau.com/events
Donated new or gently used winter coats, hats, boots, mittens, gloves, snow pants, and scarves are distributed each winter by The Salvation Army.

Fill A Backpack
Fill A Need Project
(715) 848-2927
www.unitedwaymc.org/get-involved/volunteer/workplace-volunteer-council/
Students in grades 4K-8 who qualify for free or reduced school hot lunch receive a free backpack filled with school supplies in August for the upcoming school year, through the Workplace Volunteer Council. Participating schools distribute tickets in advance.

HELP- Health Equipment Lending Program
(715) 843-5985
www.goodnewsWI.com
The Good News Project provides temporary loan of medical equipment to area residents and accepts donated medical equipment to support its missions.

In-Kind Donation Requests
(715) 848-5719
http://unitedwaymc.galaxydigital.com/
A free online bulletin board that allows community members to search for items needed by local organizations.

Ministry of Christ
Community Church
(715) 241-7335 ext. 3
www.christcc.com
Distributes donated clothing and personal hygiene items every other Friday 2-4pm.

Mt. Calvary Clothes Closet
(715) 359-4500
www.mtcalvaryrothschild.org
Provides free clothing for individuals and families in need, by appointment only. Items available depends on current donations.

PERSONAL NEEDS & HOUSEHOLD GOODS
Aging and Disability Resource Center Loan Closet
(888) 486-9545
www.adrc-cw.org
Provides temporary loan of medical equipment for seniors or people with disabilities. Accepts donated equipment in good shape.

Back to Basics and Bare Necessities
(715) 848-2927
workplacevolunteercouncilmc@gmail.com
Workplace Volunteer Council members collect, store, and distribute personal hygiene items, new undergarments and socks through its Back to Basics and Bare Necessities projects to agencies with clients in need.

Career Closet
(715) 298-5712
stiff@unitedwaymc.org
Provides donated career clothing, “business casual” clothing, accessories, and steel-toe boots to people who need attire for a job interview or newly acquired job.
Personal Needs Closet  
(715) 842-2201  
www.fumcwausau.org  
Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month 1-3pm; and 4th Saturday of the month 9-11am.

Rebecca's Closet  
(715) 298-5712  
Email stifft@unitedwaymc.org  
Distributes infant and children’s items to community service agencies and school staff that serve families in need.

The Open Door  
(715) 848-4044  
www.opendoormarathoncounty.com  
Provides donated clothing, footwear and toiletry items to recently released inmates. Located behind St. Paul’s Church, entrance on 5th St.

Tiny Tots Closet  
(715) 842-3733  
www.stpauluccwausau.org  
Provides diapers for those in need each Tuesday 10am-Noon at St. Paul’s United Church of Christ.

Tools for School  
(715) 845-4272  
www.sawausau.org  
The Salvation Army distributes donated school supplies to students in grades 8-12 who qualify for free or reduced school hot lunch, in August. Limited supplies available for lower level grades.

PREGNANCY SERVICES

Aspirus Wausau  
Family Medicine  
(715) 675-3391  
www.aspirus.org  
Provides care for pregnant women who have no means to pay to see a resident physician for OB care.

BadgerCare Plus  
(888) 445-1621  
access.wisconsin.gov  
(calls or log on to apply)  
BadgerCare Plus is a state/federal program that provides health coverage for income-eligible pregnant women.

Catholic Charities  
Pregnancy Services  
(715) 849-3311 ext. 1721, or (866) 849-3311  
www.ccclse.org  
Provides free and confidential support services to pregnant women and other people affected by an unplanned or crisis pregnancy.

Family Birth Center  
(715) 393-3258 (Ascension Saint Clare’s Hospital)  
ascension.org/wisconsin  
Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

Hannah Center  
(715) 387-6300  
www.hannahcenter.com  
Residence for pregnant women provides resources to help get lives back on track by finding emotional and financial independence through educational and employment opportunities.

HealthFirst Network  
(800) 246-5743  
www.healthfirstnetwork.org  
Pregnancy testing and education available on a sliding fee scale.

Hope Life Center  
(715) 843-4673 (Voice and text)  
www.hopewi.org  
Offers free pregnancy testing, counseling and education for unplanned pregnancies and post-abortion services for women, men, and their families. STI testing/treatment and limited OB ultrasound services are also available.

Start Right / Prenatal Program  
(715) 261-1902  
www.co.marathon.wi.us/Departments/HealthDepartment.aspx  
Provides health education, resource identification and referral, and care coordination for pregnant women and families with newborns, through the Marathon County Health Department. Smoking cessation counseling also available for pregnant women.

WIC--Women, Infants & Children Nutrition Program  
(800) 246-5743  
Provides mothers and young children who qualify for WIC benefits in the form of a debit card to purchase foods that meet their nutritional needs.

Women's Health Birthing Center  
(715) 847-2380 (Aspirus Information Center) or (800) 847-4707  
www.aspirus.org  
Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

PRESCHOOLS/4K SITES

Aspirus YMCA Pre-School  
(715) 841-1857  
www.woodsonymca.com  
Preschool classes at the YMCA in Weston.

Athens School District  
(715) 257-7571  
www.athens1.org  
4K programming available at Athens Elementary School.

Bethlehem Community Preschools  
(715) 350-3366  
www.bethlehem-preschool.com  
Christian preschools.

D. C. Everest Community Services Preschool Program  
(715) 359-6563  
www.greenheckfieldhouse.com  
Preschool classes through D. C. Everest Community Services for 3-5 year olds.

D. C. Everest School District  
(715) 359-4221  
www.dce.k12.wi.us  
Offers 4K at the following sites: Aspirus YMCA Child Development Center, Bethlehem Community Preschool and Childcare, Key to Life Childcare, KinderCare, Mount Olive Lutheran Church, Head Start (Schofield), St. Therese, St. Mark, St. John, Wausau Child Care (Cedar Creek), and Weston Elementary.

Daisy Mae Day Care  
(715) 675-8845  
www.dce.k12.wi.us  
Day care includes preschool and 4K programs.

Edgar School District  
(715) 352-2727  
www.edgar.k12.wi.us  
Offers 4K at Edgar Elementary School.

Head Start  
(715) 845-2947 (Wausau)  
(715) 573-3698 (Weston)  
(715) 693-4003 (Mosinee)  
www.mccdahs.org  
Federal Head Start program for 3-5 year old children from low-income families.

Key to Life Preschool  
(715) 350-5451  
www.keytolifeweston.org  
Offers Christian preschool program.
The FamilyWize Prescription Savings Card:

- Is free for everyone – both insured and uninsured
- Covers all FDA approved prescription medications
- Is easy to use with no registration, activation or restrictions due to preexisting conditions
- Has unlimited use – show it every time you fill a prescription

RaiseGreatKids.org is your go-to website to find local family friendly events and activities, resources, and supports in our community for parents like you!

- Safety videos
- Local calendar of kid friendly events
- Parent Resources
NEED HELP FILING YOUR TAXES?

United Way’s 211 can connect you to free tax preparation programs for income eligible residents. Contact 211 for more information or visit myfreetaxes.com.

NicoletCoffee.com
You’ll Love Our Fresh as the Northwoods Tastes

Roasted and Shipped the Same Day!

Small Business Program Offerings

Business Education Series
Free four-part series offered annually with participating business chambers and economic development organizations. Various business topics, dates, and locations. uwsp.edu/SBDC/BES

Entrepreneurial Training Program
Nine week program to develop full business plan and financials. Spring and fall offerings available in Stevens Point, Wausau, and Antigo. Scholarship grant available to cover 75% of program fees. uwsp.edu/ETP

Digital and Social Media Conference
Day long conference full of digital marketing and social media tips and tricks. Offered annually each April at UW-Stevens Point. uwsp.edu/CWDSMC

For more info or to register, visit the event web pages. uwsp.edu/sbdc uwspce-sbdc@uwsp.edu 715-346-3838
KinderCare Learning Center
(715) 359-4118
www.kindercare.com
Includes preschool and 4K programs, in Schofield.

Marathon City School District
(715) 443-2226
www.marathon.k12.wi.us
Offers 4K classes at Marathon Area Elementary School.

Montessori School of Wausau
(715) 842-7917
www.wausaumontessori.org
Preschool.

Mosinee Preschool
(715) 693-6965
www.mosineeschools.org
Preschool for children in the Mosinee area.

Mosinee School District
(715) 693-2810
www.mosineeschools.org
Offers 4K at the following sites: Head Start, Mosinee Preschool, St. Paul School, Mosinee Elementary, and Story Book Kids on Maple Ridge.

Mount Olive Lutheran Preschool
(715) 359-5546 ext. 202
www.mtoliveweston.org
Christian preschool.

Mountain View Montessori
(715) 298-3832
www.mtnviewmontessori.com
Includes preschool.

Newman Catholic Schools
(715) 845-5735
www.newmancatholic.org
Includes preschools at the St. Therese, St. Mark, and St. Michael Parish locations.

Our Savior’s Ev. Lutheran Church School–WELs
(715) 845-3253
www.oursaviorswausau.org
Includes preschool.

St. John Lutheran School
(715) 845-5212
www.stjohnofwausau.org
Includes pre-kindergarten Lutheran education.

St. Mark’s Lutheran Preschool
(715) 848-5511
www.stmarkslicms.org
Christian preschool.

Stratford School District
(715) 687-3535
www.stratford.k12.wi.us
4K offered at Stratford Elementary.

Wausau School District
(715) 261-0265
www.wausauschools.org
Offers 4K at the following sites: G. D. Jones Elementary, Hawthorne Hills, Mountain View Montessori, Newman Catholic/St. Michaels, Riverview Elementary, Thomas Jefferson, Wausau Child Care East and West, and the Woodson YMCA.

Wipaman Ker’ da Head Start Center/Ho-Chunk Nation

Head Start
(715) 253-3826 (Wittenberg)
Federal Head Start program for 3-5 year-old children from Native American and low-income families in Eastern Marathon County.

Woodson YMCA Pre-school
(715) 841-1838
www.woodsonymca.com
Preschool classes at the YMCA in Wausau.

**PRESCRIPTION ASSISTANCE**

BadgerCare Plus
(888) 445-1621
access.wisconsin.gov
(call or log on to apply)
Prescription assistance is available to income-eligible participants of this public health coverage program.

Catholic Charities
(715) 849-3311 or (866) 849-3311
Families and individuals can receive an evaluation of their situation, develop a plan, participate in financial and budgeting education, and have case management. Program may offer non-emergency assistance with prescription expenses.

FamilyWize Prescription Drug Discount Card
(800) 222-2818
www.FamilyWize.org
Prescription discount cards are available online free of charge. Marathon County participates in The National Association of Counties’ discount card program to help consumers with prescription drug costs.

Health Well Foundation
(800) 675-8416
www.healthwellfoundation.org
Provides financial assistance to income-eligible individuals living with chronic and life altering illnesses to assist with out of pocket costs of prescription medications co-payments.

NACo Prescription Discount Card Program
(877) 321-2652
www.nacorx.org
Prescription discount cards are available online free of charge. Marathon County participates in The National Association of Counties’ discount card program to help consumers with prescription drug costs.

NeedyMeds Website
(800) 503-6897
www.NeedyMeds.org
NeedyMeds.com is a non-profit that connects people with assistance programs to help with prescription costs.

Partnership for Prescription Assistance
https://www.pparx.org
Helps patients who lack prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
http://dhs.wisconsin.gov/seniorcare/index.htm
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

The Salvation Army
(715) 845-4272
Provides limited assistance to purchase emergency medications.

Walgreens Pharmacy
(715) 845-8279 (Bridge St)
The pharmacy at the Bridge Street Walgreens location is open 24 hours/day.

Young’s Drug Store Delivery Service
(715) 845-5203 (Bridge St)
(715) 845-3713 (Grand Ave)
This pharmacy offers prescription delivery service for a small fee.
Ready to Read encourages and increases reading to and with babies and young children. Using funds from project sponsors, United Way purchases age-appropriate books for children age birth to five. Books are distributed by local agencies that are already serving families with young children, with an emphasis on agencies serving low income families.

United Way Bookshelves
One of the biggest barriers to reading for young children is the lack of books of their own. Donate new or gently used children’s books to United Way of Marathon County to fill bookshelves at local non-profits.

Bookshelf Locations:
- Catholic Charities
  540 S. 3rd Ave, Wausau, WI 54401
- Bridge Community Clinic
  1810 N. Second St, Wausau, WI 54403
- Marathon County Social Services
  400 East Thomas St, Wausau, WI 54403
- The Neighbors’ Place
  745 Scott St, Wausau, WI 54403
- Peaceful Solutions Counseling
  741 First St, Wausau, WI 54403
- Spencer Kids Group
  117 East Clark St, Spencer, WI 54479
- Wausau Center Mall
  C-302 Wausau Center, Wausau, WI 54403

Get connected to United Way’s 211 via text message
Text your zip code to 898211
Available Monday - Friday, 8am - 4pm

Free, Confidential Information and Referral to Local Community Resources
RAPE VICTIMS
Sexual Assault Victim Services (SAVS)
(715) 842-5663 (Office)
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free 24-hour support line)
www.womenscommunity.org
Provides 24-hour assistance and support for victims of sexual assault and sexual abuse, through The Women’s Community. Services include accompanying victims to medical appointments, police and court procedures; providing referrals and support.

RECREATION
Wausau and Marathon County Parks, Recreation and Forestry Department
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Wausau Events
(715) 297-9531
www.wausauevents.org
Coordinates diverse, affordable events in the Wausau area. Annual events include Balloon & Rib Fest, Concerts on the Square, Chalkfest, Summer Kick-Off Weekend, Market Place Thursdays, Beer and Bacon Festival, Big Bull Falls Blues Fest, Harvest Fest, Winter Fest, and Holiday Parades.

Wausau/Central Wisconsin Convention & Visitors Bureau
(888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes the area’s online Events Calendar.

For additional Recreation-related resources, see
*CHILD/YOUTH SERVICES
*CULTURAL OPPORTUNITIES
*LIBRARIES

SCHOOLS & COLLEGES
Abbotsford Christian Academy (ACA)
(715) 223-6715
4K - 12 Bible-based education.

Abbotsford Public Schools
(715) 223-2386
www.abbotsford.k12.wi.us
4K - 12th grade public education.

Alternative High School
(715) 803-1786
www.ntc.edu
Alternative high school at NTC.

Athens School District
(715) 257-7051
www.athens1.org
4K - 12th grade public education.

Colby District Education Center
(715) 223-2301
www.colby.k12.wi.us
K - 12th grade public education.

D. C. Everest Area School District
(715) 359-4221
www.dce.k12.wi.us
4K - 12th grade public education.

Edgar School District
(715) 352-2352
www.edgar.k12.wi.us
4K - 12th grade public education.

Faith Christian Academy
(715) 842-0797
www.faithca.org
3K - 12th grade Bible-based education.

Falcon Enterprises
Alternative High School
(715) 223-2386 ext. 4
www.abbotsford.k12.wi.us
Alternative education for students in grades 9 - 12 who are identified as at-risk of not graduating because they are credit deficient, in Abbotsford.

Hillside Christian School
(715) 241-7722
www.hillside22.adventistschoolconnect.org

Marathon City School District
(715) 443-2226
www.Marathon.k12.wi.us
4K - 12th grade public education.

Mosinee School District
(715) 693-2530
www.mosiniesecondary.org
4K - 12th grade public education.

Newman Catholic Schools
(715) 845-5735
www.newmancatholicschools.com
4K - 12th grade Catholic education.

Northcentral Technical College
(715) 675-3331
www.ntc.edu
Public vocational and technical education.

Northland Lutheran High School
(715) 359-3400 ext. 103
www.nlhs.org
Lutheran secondary school, in Mosinee.

Our Savior’s Ev. Lutheran Church School--WELs
(715) 845-3253
www.oursaviorswausau.org
4K – 8th grade Lutheran education in Wausau.

RENT ASSISTANCE
See HOUSING ASSISTANCE

RENTERS
See LANDLORD/TENANT

RUNAWAYS
National Runaway Safeline
(800) 786-2929
www.1800runaway.org
Delivers messages between parents and runaways, and arranges transportation back home.

Montessori School of Wausau
Preparing Your Child for a Life-long Love of Learning
* We Are Wausau’s Original Montessori School
* Nurturing a Love of Learning and Discovery for 49 Years
* Diverse Preschool, Ages 2.5-5
* Affordable Rates
* Flexible Times
1921 Wegner St. Wausau Near the UWSP-Wausau Campus
waussaumontessori.org 715-842-7917 CALL TODAY!
Rasmussen College  
(715) 841-8003  
www.rasmussen.edu  
Private college in Wausau.

Spencer School District  
(715) 659-4642 ext. 131  
www.spencer.k12.wi.us  
4K - 12th grade public education.

St. Anthony School  
(715) 257-7541  
4K – 8th grade Catholic education in Athens

St. John Catholic Church School  
(715) 352-3000  
4K - 8th grade Catholic education in Edgar.

St. John Lutheran School  
(715) 842-5212  
www.stjohnofwausau.org  
Pre-K - 8th grade Lutheran education.

St. Joseph Catholic Church School  
(715) 352-3000  
4K - 8th grade Catholic education in Edgar.

St. Mary’s School  
(715) 443-3430  
www.stmarysmarathon.org  
4K - 8th grade Catholic education in Stratford.

St. Peter Lutheran School  
(715) 359-3020  
www.stpeterschofield.org  
Lutheran education for K - 8th grade, in Schofield.

State College of Beauty Culture  
(715) 845-2888 ext. 1  
www.statecollegeofbeauty.com  
Private trade school.

Stratford School District  
(715) 687-3130  
www.stratford.k12.wi.us  
Pre-K - 12th grade public education.

Trinity Lutheran Church School--Missouri Synod  
(715) 257-7526 (Church)  
(715) 257-7559 (School)  
www.trinityathens.net  
4K - 8th grade Lutheran education in Athens.

Trinity Lutheran School  
(715) 848-0166  
www.trinityonstewart.org  
4K - 8th grade Lutheran education in Wausau.

University of Wisconsin-Oshkosh BSN At Home Program  
(920) 420-6690  
www.uwosh.edu  
UW-Oshkosh nursing degree program available on the NTC campus.

University of Wisconsin Stevens Point at Wausau  
(715) 261-6100  
www.uwmc.uwc.edu  
Two-year campus of U.W.-Stevens Point, in Wausau.

Upper Iowa University  
Wausau Campus  
(715) 675-2775  
www.uiu.edu/wausau  
Offers accelerated Associate’s and Bachelor’s degrees, at the NTC campus.

Wausau School District  
(715) 261-0500  
www.wausauschools.org  
4K - 12th grade public education.

Wisconsin Valley Lutheran High School  
(715) 693-2693  
www.wvlhs.org  
Christ-centered high-school education, in Mosinee.

SENIOR SERVICES

AARP Driver Safety Courses  
(715) 261-6070 (ADRC)  
www.aarp.org/families/driver_safety/  
Students learn how to adjust their driving to account for current rules of the road and common age-related changes in vision, hearing, and reaction time, through the Aging & Disability Resource Center.

Abuse in Later Life  
(715) 842-5663  
www.womenscommunity.org  
Provides counseling, support and advocacy for individuals over age 50 who are affected by abuse, through The Women’s Community.

Aging & Disability Resource Center of Central Wisconsin  
(888) 486-9545  
www.adrc-cw.org  
Provides screening for seniors and people with disabilities to learn what benefit programs they may be eligible for; provides a nutrition program, information and referral; and serves as a gateway for long-term care resources.

Alzheimer's Family and Caregiver Support Program  
(888) 486-9545  
www.adrc-cw.org  
Limited financial assistance is available to reimburse caregivers for some of the costs necessary to care for a person with dementia. Typical services include in-home help, respite care, adult day care and transportation.

College of the Emeriti  
(715) 261-6294  
www.uwmc.uwc.edu/community/continuing-ed  
Learning opportunities at UWSP at Wausau for adults age 50 or older.

Downtown Memory Café  
(715) 842-2201 (First United Methodist Church)  
Offers opportunities to socialize and activity program for individuals experiencing early stage dementia or mild memory loss, through First United Methodist Church.
Faith in Action of Marathon County
(715) 848-8783
www.faithinactionmarathoncounty.org
Volunteer help for senior citizens whose needs are not currently being met by existing support services includes rides to medical appointments, grocery shopping, food pantry delivery, and safety apparatus installation.

Home Safety Checks
(715) 355-6763
Free fire safety checks offered for the general public. General home safety checks also offered for the elderly, through the S.A.F.E.R. (fire department).

Homme Adult Day Center
(715) 845-1214 ext. 310
www.homme.org
Offers social and recreational activities for people with Alzheimer’s disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Marathon County Transportation Program
(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)
North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:
* Family Care participants should contact Inclusa for more information: (715) 345-5968.
* ForwardHealth members (Medicaid and BadgerCare Plus Recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Senior Home Safety Program
(715) 848-8783
www.faithinactionmarathoncounty.org
Home safety program installs grab bars and/or hand rails to help reduce falls after a home safety assessment has been performed, through Faith in Action.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
http://dhs.wisconsin.gov/seniorcare/index.htm
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Senior Service Program
(920) 593-3535
www.curativeconnections.org
A “stepping stone” program to help income-eligible seniors age 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites for up to 20 hours/week at minimum wage.

Social Security Administration
(800) 772-1213 or (855) 269-9186
www.socialsecurity.gov

United Way RSVP of Marathon County
(715) 298-5721
www.unitedwaymc.org/rsvp.htm
Provides personalized volunteer placement opportunities for people age 55 and over. Supplemental auto, accident and liability insurance are provided during volunteer assignment.

Is their memory loss overwhelming?
Turn to the memory care experts.

AZURA MEMORY CARE
Take a tour. Call 715-491-0882 today.
3704 Hummingbird Rd, Wausau • azuramemory.com
SEXUAL ASSAULT
See RAPE VICTIMS

SHELTER
See EMERGENCY SHELTER

SUICIDE PREVENTION
Hopeline Text Crisis Line
741741 Text Short Code
www.centerforsuicideawareness.org
Confidential text service for suicide prevention and crisis intervention, through the Center for Suicide Awareness.

Suicide Prevention Line
(715) 845-4326 or (800) 799-0122, 24 hours/day
Suicide prevention and crisis intervention, through North Central Health Care.

SUPPORT GROUPS

Al-Anon
(888) 425-2666
www.area61afg.org
12-step group meetings help families and friends of alcoholics recover from the effects of living with a relative’s or friend’s problem drinking.

Alateen
(888) 425-2666
www.area61afg.org
A recovery program for young people whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous
(715) 297-8897 (Available 24 hours)
www.area74.org
Provides 12-step Alcoholics Anonymous meetings.

Alzheimer’s and Dementia Support Group
(715) 847-2004 (Westhill Medical Specialist)
Support group for anyone who is caring for someone with Alzheimer’s Disease or related dementia, at the Aspirus Hospital Memory Clinic.

Central Wisconsin Autism Society
(920) 558-4602
www.autismgreaterwi.org/find-local-affiliate/
Provides a source of information and support for parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Children’s Domestic Abuse Support Group
(715) 842-5663
www.womenscommunity.org
Support group for children who have experienced domestic or sexual abuse, sponsored by The Women’s Community Domestic Abuse Program.

Death of a Partner Support Group
(800) 398-1297
ascensionathome.com
Information and support provided in a 6-week series held in the Spring and Fall to help participants cope with the death of a spouse, partner, or companion.

DivorceCare Program
(715) 297-4012
www.highlandcommunitychurch.com
Provides support for those going through divorce or separation, through Highland Community Church.

Epilepsy Support Group
(715) 341-5811 (Stevens Point)
www.epilepsywisconsin.org
Offers meetings for individuals with epilepsy and their parents, siblings, friends and spouses at various locations in Wausau, sponsored by the Epilepsy Foundation. Transportation assistance to meetings may be available.

Family Birth Center
(715) 393-3258 (Saint Clare’s Hospital)
Offers a variety of support and education groups for new or expecting parents.

Fibromyalgia Support Group
(715) 302-3851
Support group for those with muscle pain, fibromyalgia, or chronic fatigue. Meets 2nd Tuesday of the month, 6pm at the Marathon County Public Library in Wausau.

Gamblers Anonymous
(715) 297-5317
www.gamblersanonymous.org/
Gamblers Anonymous (GA) meetings provide self-help and support for people to overcome gambling.

Greater Wausau Area Stroke Club
(715) 847-2827
Offers mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Greater Wausau Christian Services
(715) 842-5635
www.gwceservices.org
Offers visitation, pastoral counseling and support to Wausau area nursing homes, assisted living facilities, and County Jail residents.

Grief Support Group
(715) 204-3441
www.ascensionathome.com
Grief support group for those that have lost a loved one. Call for current meeting times and dates.

GriefShare Program
(715) 842-0769 (Trinity Lutheran Church)
Support for people grieving the loss of someone close, offered at Trinity Lutheran Church.

Leadership Dance Group
(715) 842-5663 (The Women’s Community)
Group for youth looking to connect with others and become positive leaders through dance.

LEAP (Learning Essentials About Parenting)
(715) 845-1457
Provides ongoing parent support and education through Family Resource Centers.

Male Survivor Support Group
(715) 842-5663
www.womenscommunity.org
Support for male survivors of sexual assault, through The Women’s Community Sexual Assault Victim Services Program.
MOPs (Mothers of Preschoolers) Program
(715) 842-5683
Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God’s love through relationships and resources, at Highland Community Church.

Mothers of Multiples
(715) 551-9024
Facebook Group: Mother of Multiple - Wisconsin
Provides support and educational resources, and helps develop friendships between mothers of multiple birth children.

Narcotics Anonymous-North Central Wisconsin Area
(866) 590-2651
www.ncwana.org
Offers recovery from the effects of addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

National Alliance on Mental Illness (NAMI)
(715) 432-0180
Email naminorthwoods@gmail.com
www.naminorthwoods.org
Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

Overeaters Anonymous
(715) 212-0413
www.oa.org
Support group for adults who have an addiction to food and want to stop the problem.

Parents Helping Parents
(715) 842-5663
www.womenscommunity.org
Support group for non-offending parents and caregivers of children who have been sexually abused, sponsored by The Women’s Community Sexual Assault Victim Services Program.

Prostate Cancer Support Group
(715) 393-1400, or (800) 847-0016 ext. 11400
Support group for men diagnosed with, treated for, or interested in learning about prostate cancer, at Marshfield Clinic-Weston Center.

Safe & Healthy Support Group
(715) 842-5663
www.womenscommunity.org
Support group for victims of domestic abuse over age 50, through The Women’s Community.

Sexual Abuse Support Group
(715) 842-5663
www.womenscommunity.org
Ongoing peer support group for women 18 and over who have been sexually abused, at The Women’s Community.

Suicide Survivors Support Group
(715) 302-8477
www.preventsuicidemarathoncounty.org
Support group for survivors of suicide loss meets 3rd Tuesday of each month at Northcentral Technical College.

The Compassionate Friends, WauMara Chapter
(715) 581-4343
www.compassionatefriends.org
Self-help group offering friendship, understanding, support and hope to bereaved parents.

TOPS (Take Pounds off Sensibly)
(715) 359-0314
www.tops.org
For encouragement on sensible eating, and to share ideas that work to lose weight, log on to find local TOPS meetings.

Wausau Area Home Educators
(715) 693-0555 (President)
www.homeschool-life.com/wi/wausauarea
Information and support for parents who are interested in teaching their own children at home.

Wausau Outreach Center for the Blind and Visually Impaired
(715) 842-0769
Offers experience of fellowship and social activities for blind or visually impaired members of the community and their caregivers, at Trinity Lutheran Church.

Wausau Support Group for Parkinson's
(715) 842-1750 ext. 306
Support group for Parkinson’s patients and their caregivers. Meets 2nd Thursday of the month at 1pm and the 4th Thursday of the month at 6pm, in the Community Room of the BMO Harris Bank building.

Women Living With Hope
(715) 393-1406
Support group for women affected by breast cancer, through Marshfield Clinic.

Women's Health Birthing Center
(715) 847-2380
(Aspirus Information Center)
Offers a variety of support and education groups for new or expecting parents.

Wausau-Wittenberg-Shawano-Green Minneapolis-Falls-Eau Claire-Menomonie-St. Paul-
Wausau-Abbotsford-Stanley-Chippewa Daily routes to MINNEAPOLIS:
www.jeffersonlines.com
Information)
(800) 451-5333 (Schedule and fare information)
Jefferson Lines Bus Service
www.jeffersonlines.com
Daily routes to MINNEAPOLIS:
* Wausau-Abbotsford-Stanley-Chippewa Falls-Eau Claire-Menomonie-St. Paul-Minneapolis
To MILWAUKEE:

**Wausau-Wittenberg-Shawano-Green Minneapolis-Falls-Eau Claire-Menomonie-St. Paul-Wausau-Abbotsford-Stanley-Chippewa Daily routes to MINNEAPOLIS:**
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Information)
(800) 451-5333 (Schedule and fare information)
Jefferson Lines Bus Service
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Daily routes to MINNEAPOLIS:
* Wausau-Abbotsford-Stanley-Chippewa Falls-Eau Claire-Menomonie-St. Paul-Minneapolis
To MILWAUKEE:
Lamers Bus Lines
(715) 241-7799 (Bus station)
(800) 261-6600 (Tickets)
www.golamers.com
Daily routes to MILWAUKEE:
- Wausau-Stevens Point-Waupaca-
- Appleton-Oshkosh-Fond du Lac-
- Milwaukee.

Marathon County
Transportation Program
(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)
North Central Health Care offers
transportation services for people age 60 and over, or individuals of any age who
are not able to walk, who are outside of
3/4 mile of a Metro Ride bus route within
Marathon County. It offers transportation for
medical, employment, or nutritional needs only.
NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:
- Family Care participants should contact
Inclusa for more information: (715) 345-5968.
- ForwardHealth members (Medicaid
and BadgerCare Plus recipients) must
instead schedule their non-emergency
medical transportation through Medical
Transportation Management (MTM) by
calling toll-free: (866) 907-1493.

Medical Transportation
Management (MTM)
(866) 907-1493 (To schedule a ride)
(800) 855-2880 (TTY)
Staff at MTM arrange non-emergency
transportation services for people who receive Medicaid and BadgerCare Plus
who have no other way of getting a ride to
a medical appointment (except for those
who reside in a nursing home, or who
are enrolled in Family Care). May also
provide transportation to pharmacies for
prescriptions.

Metro Ride Bus Service
(715) 842-9287 (Office)
www.ci.wausau.wi.us/Departments/
metroride.aspx
Public bus service in Wausau.

Metro Ride Paratransit
(formerly WATs+)
(715) 842-9287
www.ci.wausau.wi.us/Departments/
metroride.aspx
Provides non-emergency, specialized origin
to destination transportation for people who
are physically or cognitively unable to use a
standard transit bus, anywhere in the Metro
Ride service area.

Northwoods Cab
(715) 393-7788
Commercial taxi service.

Safe Ride Program
(715) 359-6307
Employees of any Tavern League bar or
restaurant may call a cab for customers
who have had too much to drink. Also
known as “Last Call,” this project provides
a voucher for the cab driver to take
customers home.

Wheels to Work
(715) 803-6693
Helps families and individuals overcome
the barrier of unreliable transportation
to and from work or school. Qualified
applicants may receive a donated vehicle
loan, or get a 0% interest vehicle repair
loan.

UTILITY AND ENERGY ASSISTANCE
AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867
www.arcw.org
Provides utility and other emergency
financial assistance for people with or
affected by HIV/AIDS.

Catholic Charities – Saint
Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.cclse.org
Program participants receive case
management services that may lead to help
with utility assistance.

Central Housing Region
Community Development
Block Grant Program
(608) 847-7309
Offers 0% interest homeowner rehabilitation
loans for low to moderate income families
that can help with furnace replacement.

Energy Assistance Programs
(715) 842-3111
http://homeenergyplus.wi.gov
Offers financial assistance for utility bills for
income-eligible Marathon County residents,
through Energy Services.

Focus on Energy
(800) 762-7077
www.focusonenergy.com
Offers cash-back rewards for the purchase
and installation of qualifying home heating
equipment.

Marathon County
Veterans Service Office
(715) 261-1141
www.co.marathon.wi.us/Departments/
Veterans.aspx
Emergency temporary utility assistance
may be available for veterans, depending
on individual circumstances.

Mosinee Community
Development
Block Grant Program
(800) 762-0665 or 715-752-4620
Revolving loan funds available to City
of Mosinee residents, include help with
furnace repair or replacement.

North Central Community
Action Program (NCCAP)
(715) 842-3111
www.northcentralcap.org
Energy Conservation/Home Weatherization
Program provides furnace repairs,
insulation, and air duct sealing to
improve energy conservation for eligible
participants.

The Salvation Army
(715) 845-4272
www.sawausau.org
There are times during the year when
The Salvation Army may be able to offer
limited utility assistance if it will prevent a
disconnection or allow a reconnection of
electric and natural gas service.

Village of Athens Community
Development Block Grant
Program
(715) 257-9170
www.athenswis.com
Village of Athens residents may be eligible
for a revolving loan fund for furnace
replacement.

Village of Marathon Community
Development Block Grant
Program
(715) 443-2221
Homeowners in the Village of Marathon
may be eligible for a loan for a furnace.

Village of Spencer Community
Development Block Grant
Rehabilitation Loan
(715) 659-9423
Village of Spencer residents may be eligible
for a revolving loan fund that offers deferred
payment for emergency furnace repair or
replacement.
Wausau Community Development Department
(715) 261-6682
www.ci.wausau.wi.us
Wausau property owners may be eligible for Homeowners’ Rehabilitation loans for emergency furnace replacement.

VETERAN SERVICES

Disabled American Veteran Van Service
(608) 504-1313
Transportation services for veterans to Tomah, Milwaukee, and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes transportation to outpatient clinics.

Family Assistance Center
(800) 292-9464 Option 1 (24-hour hotline)
http://wisconsinmilitary.org
Provides information on entitlements and programs, and referrals for assistance, to families of veterans or service members of all branches before, during, or after a deployment.

Homeless Veterans Hotline
(877) 424-3838
www.va.gov/homeless
Connects homeless and at-risk veterans with housing solutions, health care, community employment services, and other supports.

HonorBound Foundation
(800) 521-0198
www.honorboundfoundation.org
Provides limited financial assistance for veterans and their families. Funds can be used for a variety of needs such as utility bills, assistive technology, security deposits and housing, gift cards to purchase necessities, and a variety of other assistance on a case-by-case basis.

Hotline for Federal Veterans Benefits Information
(800) 827-1000
www.va.gov
Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Marathon County Veteran Service Office
(715) 261-1141 or (800) 236-0153
www.co.marathon.wi.us
Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, burial and death benefits, and State veterans’ benefits.

Montgomery-Plant-Dudley American Legion Post 10
(715) 574-9006
www.wausaupost10.com
Volunteer veterans group provides assistance to local veterans. Services include limited financial assistance for gas or rent, physical support such as moving assistance or minor home repairs, and moral support.

Never Forgotten Honor Flights
(715) 573-8519
www.neverforgottenhonorflight.org
Honor Flight chapters nation-wide transport America’s veterans to Washington, D.C. to visit the war memorials dedicated to honor their service and sacrifices.

Veterans Crisis Line
(800) 273-8255 ext. 1, or 838255 (Text)
www.veteranscrisisline.net
Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.

Veterans Services
(715) 261-8726
Provides job placement assistance, employment and training, and case management for qualified veterans, at the Job Center.

VHA Office of Community Care
(608) 256-1901 (Madison)
(608) 372-3971 (Tomah)
www.va.gov/communitycare
Provides information about health insurance and benefits for veterans and their families.

Vietnam Veterans of America--Northcentral Wisconsin Chapter #479
(715) 257-1000
Group provides information to Vietnam veterans and their families, particularly regarding agent orange; post-traumatic stress disorder (PTSD); unemployment and under-employment of veterans; the plight of homeless vets; and the POW/MIA (Prisoners of War/Missing in Action) question.

Wausau V. A. Medical Clinic
(800) 872-8662 (Tomah for Intake)
Provides primary medical care and mental health counseling for veterans only.

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment services for returning war veterans and their family members.

Wisconsin Department of Veterans Affairs
(800) 947-8387
www.dva.state.wi.us
Provides information and assistance for WI veterans with benefits, claims, education, employment, veteran’s homes, and burials.

UNITED WAY RETIRE UNITED

United Way of Marathon County’s Retire United program is designed for individuals who are retired or nearing retirement, and recognize the importance that philanthropy and volunteerism play in building a stronger community.

Your lifetime of skills and experiences can benefit future generations. And we can help you find a meaningful way to stay engaged in the community.

Visit www.unitedwaymc.org or call 715-848-2927 to learn more.
**Why volunteer?**

- Make the world a better place!
- Build your resume and gain job experience (and references!)
- Meet important local community needs
- Meet new people, make friends, and network
- Gain new skills and real-world training
- Spread positive energy and goodwill
- Improve your health and self-esteem

**Find the volunteer opportunity that’s right for you:**

- Search United Way Volunteer Connection’s online database by interest area, date, or location at: www.unitedwaymc.org/volunteer
- Call United Way’s 211
- Volunteers age 55+ can call United Way RSVP at 715-298-5721 for personalized assistance

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**Call United Way’s 211** when you need information about community services or volunteering, or are looking for help with a personal or family matter. We’re here any time you don’t know where to turn.

United Way’s 211 is free and confidential and available 24 hours a day, 7 days a week, for non-emergency information and referral to community services. Interpreter services available.

Trained Information Specialists will answer your questions about where to find community services, who to contact, and how to take the next step toward solving your problems or meeting your needs.

**Find help:**

- Simply dial 211 or 715-848-2255 or 800-922-5590
- Text: 898211, Monday - Friday, 8am-4pm
- Chat Online: Monday - Friday, 8am-12pm
- Access and search the 211 database anytime, anywhere, at your own pace. Find us online at: www.unitedwaymc.org/get-help
- Email your questions to: askus@unitedwaymc.org
- Download or call to request one of our free resource publications.

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2019-2020 Give and Get Help Guide for Marathon County Residents
Published September 2019 by United Way’s 211, Volunteer Connection and RSVP.
705 S. 24th Ave. Suite 400B • Wausau, WI 54401 • 715-848-2927
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