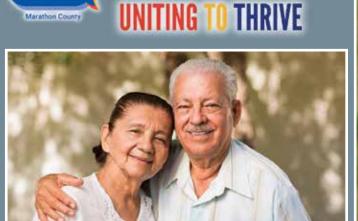
Get Help Marathon County 2023-2024



United Way of Marathon County Way









Providing care and support for *everyone, including individuals without insurance,* since 1995.

You are welcome here. Our teams work together and with you to improve your whole health. We will guide you and support you with resources you need.

We focus on your unique needs with routine and urgent care, screenings and preventive care, wellness education, & insurance and assistance program enrollments.

We offer sliding fee discounts, low payment plans, multiple locations, translation, transportation assistance, access to discounted medications, and more.

Call us at 715-848-4884 to get started today.

Wausau - Main Clinic: Primary Medical Care, Dental Care & Behavioral Health Services 1810 N 2nd Street

Other Behavioral Health Locations: Wausau: Behavioral Health - East at 2620 Stewart Ave., Suite 210 & Behavioral Health - West at 731 N 1st Street, Suite 5000 Merrill: 726 East 2nd Street Antigo: Dental



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Wausau Times generously provides this publication!



Marathon County

Free, Confidential Information & Referral Service, 24 Hours/Day, 7 Days/Week.

United Way's 211 provides comprehensive information and referral service, connecting people with community resources to help meet their needs. Information is available by phone, online, and in print.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat Monday-Friday 8am-12 Noon

ABUSE (ADULTS AND CHILDREN)

Adult Protective Services

(715) 841-5160 (855) 487-3338 Toll Free www.norcen.org

APS investigates concerns of adults at risk including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

Child Advocacy Center of

NorthCentral Wisconsin

(715) 848-8600 www.chw.org Child-focused location that provides comprehensive services in the form of forensic interviews, advocacy services, and coordination of specialized medical exams.

Human Trafficking Hotline

(888) 373-7888

www.humantraffickinghotline.org Connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe. Operates 24 hours/ day.

Juvenile & Sensitive Crimes

Unit-- Marathon County

Sheriff's Department

(715) 261-1200, or 9-1-1 (Emergencies only)

www.marathoncountysheriff.org Call to report child abuse/neglect, elder abuse, sexual assaults, domestic violence, juvenile offenses,truancy and other crimes of a sensitive nature involving individuals of any age.

Marathon County

Protective Services

(715) 261-7556

www.co.marathon.wi.us/departments/ socialservice.aspx

Receives and responds to reports of alleged maltreatment of children. Also takes reports regarding sex trafficking of a child.

SAFE Program-

Stopping Abuse for Everyone (715) 675-3458

www.peacefulsolutions.org

Help for men and women who are physically or emotionally abusive with their partners, with goals of taking responsibility and stopping abuse, through Peaceful Solutions Counseling.

The Women's Community

(715) 842-5663 (Office) (715) 842-7323 (24-hour support line) (888) 665-1234 (Toll-free) www.womenscommunity.org Provides individual supportive advocacy, support groups, legal advocacy, criminal justice support, assistance in restraining orders, assistance with finding safe and affordable housing, bilingual services, and emergency shelter for victims of domestic violence, sexual abuse, stalking, and human trafficking, and their children. Serves all genders and ages.

ADDICTIONS

Al-Anon/Alateen

(888) 425-2666

<u>http://area61afg.org/</u> Group meetings help families and friends of

alcoholics recover from the effects of living with a relative's or friend's problem drinking. Alateen specifically targets youth whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous

closed meetings are available.

(715) 503-0880 AA Hotine <u>www.area74.org</u> Provides group meetings for those struggling with an alcohol addiction. Both open and

ATTIC Correctional Services

Center

(715) 848-3202 Ext. 202 <u>www.correctionalservices.org</u> Department of Correction's AODA and corrective thinking treatment center for those who are incarcerated, on probation, or on parole. Also provides alcohol and drug outpatient services through ACS Clinical Services.

Celebrate Recovery

(715) 409-3506 <u>https://locator.crgroups.info/</u> Provides a Christian-based 12 step program to help individuals overcome drug and alcohol addiction, through Bridge Street Mission.

Choices

(715) 675-3458

www.peacefulsolutions.org A comprehensive program for teens who are experiencing problems with alcohol and drugs. Includes family, individual, or group therapy, and works to prevent and reduce the use of alcohol and drugs, at Peaceful Solutions Counseling.

Crisis Intervention

(715) 845-4326 (800) 799-0122 Toll Free <u>www.norcen.org/services/crisis-services/</u> Provides crisis intervention services 24 hours/ day, 7 days/week to those with substance abuse issues.

Courage to Change Recovery

(715) 223-0480 Offers adult, adolescent and family AODA treatment, in Abbotsford.

Gamblers Anonymous

(715) 297-5317 <u>www.gamblersanonymous.org/ga</u> Meets to provide self-help and support for individuals looking to overcome gambling.

LifePoint Syringe and Narcan

Access

(800) 359-9272 <u>https://viventhealth.org/</u> Provides free sterile syringes, Narcan training and distribution, and Fentanyl test strips.

Narcotics Anonymous-North

Central Wisconsin Area

920-232-9615

https://www.wisconsinna.org Offers recovery from the effects of drug addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

Outpatient Substance Abuse &

Addiction Services

(715) 848-4356 (Registration) (715) 845-4326 (Hotline) <u>www.norcen.org</u> Provides outpatient treatment for substance abuse and addictions, through North Central Health Care.Group, family, or individual programs are offered for all ages.

Overeaters Anonymous

(715) 212-0413 <u>www.oa.org</u> Support group for adults who have an addiction to food and want to stop the problem.

Peaceful Solutions Counseling

(715) 675-3458 <u>www.peacefulsolutions.org</u> Offers a variety of programs for adolescents and adults struggling with alcohol and other drug addictions.

Smart Recovery

(440) 951-5357 www.smartrecovery.org Helps people recover from all types of addictive or self-destructive behaviors including: alcoholism, drug abuse, and addiction to other substances and activities.

Wausau V.A. Community

Based Outpatient Clinic

(800) 872-8662 (Tomah for intake and referral) Offers individual AODA and mental health counseling for veterans only, at the Wausau V. A. Medical Clinic.

Wausau Comprehensive

Treatment Center

(888) 650-5781 <u>www.wausauctc.com</u> Provides methadone maintenance, subutex, Vivitrol, or suboxone treatment for opiate addictions.

Wisconsin Tobacco Quit Line

(800) 784-8669 (English) (877) 266-3863 (Spanish) <u>www.quitline.wisc.edu</u> Free telephone counseling for Wisconsin tobacco users who want to quit.

AIDS/HIV

Healthfirst Network

(800) 246-5743 www.healthfirstnetwork.org Offers HIV education, information and testing.

Needle Exchange Program/

LifePoint Syringe

(800) 359-9272

https://viventhealth.org/prevention-testing/ needle-exchange-narcan/

Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, and testing through Vivent Health.

AIDS/HIV SERVICES (formerly AIDS Resource Center of WI)

(715) 355-6867

www.viventhealth.org

Provides services for people with or affected by HIV/AIDS such as case management, support group, food pantry, and education and prevention services.

CHILD CARE ASSISTANCE Child Care Resource & Referral

Child Care Resource & Referi Services for Parents

(715) 841-9490

https://childcaring.org/findchildcare/ Helps parents choose regulated child care that will meet their families' needs, and in some cases can provide financial assistance for child care.

Marathon County

Department of Social Services

(888) 445-1621 (to apply by phone) (715) 261-7500 (Social Services) <u>access.wisconsin.gov</u> Provides childcare financial assistance for eligible families in Marathon County that are in work or work-related activities.

Young Star Website

https://dcf.wisconsin.gov/youngstar Regulated child care providers are evaluated by the Dept. of Children and Families based on their education, health and well-being practices. Parents can also search for providers in their area.

CHILD & YOUTH SERVICES

4-H

(715) 261-1230 www.marathon.extension.wisc.edu/4h/ Leadership and educational activities for youth, through UW-Extension.

Big Brothers Big Sisters of

Northcentral Wisconsin

(715) 848-7207 (Wausau) www.bbbsncw.org Adult/child mentoring program for children that need a positive adult role model. Mentoring can take place at school or in the community.

Boy Scouts of America-

Samoset Council

(715) 355-1450 <u>www.samoset.org</u> Provides citizenship and character building activities, physical fitness, and leadership training for youth ages 7-20.

Boys & Girls Club =

of the Wausau Area

(715) 845-2582 <u>www.bgclub.com</u> Offers programs in Good Character and Leadership, Healthy Lifestyles, Academic Success, and Workforce Development for grades 3-12.Services offered in Wausau, at theGreenheck Field House, and D. C. Everest Middle School.

D. C. Everest

Community Services

(715) 359-6563 Ext. 1 www.dce.k12.wi.us/greeneheckfieldhouse Offers a variety of recreational opportunities for all ages at the Greenheck Fieldhouse.

Generation 180 Program

(715) 842-5683

www.highlandcommunitychurch.com Program provides large and small group activity, hang-time, games, and other activities for students in grades 6-12 at Highland Community Church.

Girl Scouts of the

Northwestern Great Lakes

(888) 747-6945 www.gsnwgl.org Organization for girls to develop courage, confidence, and character.

Hopeline – Text Crisis Line

741741 – Text Short Code <u>920-475-4748</u> <u>www.centerforsuicideawareness.org/hopeline/</u> Text-based emotional support line available 24/7 for any type of challenge or struggle.

Spencer Kids Group

(715) 659-4969 Provides supervised activities, homework help, and a meal for studentsin the Spencer area.

Wausau and Marathon County

Parks, Recreation and Forestry

Department

(715) 261-1550

www.co.marathon.wi.us/parks.asp Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Woodson YMCA

(715) 845-2177 Wausau YMCA (715) 841-1850 Aspirus YMCA (Weston) <u>www.woodsonymca.com</u> Offers exercise and aquatic programs that help youth build a healthy spirit, mind and body. Financial assistance and scholarships are available.

Youth Development

(715) 845-4272 <u>www.sawausau.org</u> After school program and character building, at The Salvation Army.

CONSUMER PROTECTION

Better Business Bureau Serving

Wisconsin

(800) 273-1002 <u>www.bbb.org/wisconsin</u> Processes complaints against, and provides information for, companies and charities nationwide.

Consumer Protection Hotline

(800) 422-7128 <u>www.datcp.wi.gov</u> State consumer protection agency handles consumers' and businesses' questions and complaints regarding unfair business practices.

Do Not Call List/Wisconsin Do

Not Call Registry

(888) 382-1222 (National)

www.donotcall.gov

Note: Wisconsin is now using the federal Do Not Call list.Numbers registered on the former Wisconsin No Call List have been transferred to the federal list. Registration is permanent no need to re-register every two years.

CRISIS INTERVENTION

NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line

(715) 845-4326 or (800) 799-0122 24 hours/day www.norcen.org/crisis

Suicide and crisis intervention, a mobile crisis team, and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services

of Wausau

(715) 848-8444, 24 hours/day www.co.marathon.wi.us Helps governmental agencies, businesses, and organizations recover from stress reactions caused by a traumatic event and prevent post-traumatic stress.

Hopeline – Text Crisis Line

741741 – Text Short Code <u>www.centerforsuicideawareness.org/hopeline/</u> Text-based emotional support line available 24/7 for any type of challenge or struggle.

Lifeline Personal

EmergencyResponse

(715) 847-2781(Aspirus) Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

The Women's Community

(715) 842-5663 (Office) (715) 842-7323 (24-hour support line) (888) 665-1234 (Toll-free) www.womenscommunity.org

Emergency shelter and crisis intervention for victims of domestic abuse, sexual assault, human trafficking, stalking, and their children. Support groups, advocacy, and other specialized services are provided.

Trans Lifeline

(877) 565-8860 <u>www.translifeline.org</u> Provides 24/7 peer counseling and support for transgender people experiencing a crisis and/ or struggling with their gender identity.

Trevor Lifeline

(866) 488-7386 or Text "START" to 678-678 www.thetrevorproject.org Operates a 24-hour crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth.

Veterans Crisis Line

(800) 273-8255 ext. 1, or 838255 (Text) www.veteranscrisisline.net Connects Veterans in crisis and their families and friends with confidential support 24 hours/ day.

DISASTER RELIEF

American Red Cross

(877) 618-6628

www.redcross.org Provides disaster relief in the form of emergency shelter, clothing, food, and other immediate disaster-related emergency needs for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Catholic Charities Disaster

Relief Funds

(715) 849-3311or(866) 849-3311 www.cclse.org

Provides assistance with food vouchers, clothing vouchers, insurance deductibles, temporary housing and relocation expenses for individuals affected by fire, tornado, flood, or any natural disaster event.

Marathon County Farm Service

Agency

(715) 848-2330 www.fsa.usda.gov/wi Farm Disaster Assistance programs provide financial assistance to producers of noninsurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.

Marathon County Office of

Emergency Management

(715) 261-1229 www.co.marathon.wi.us/Departments/ EmergencyManagement.aspx Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army

(715) 845-4272 (715) 845-6583 (After-hours hotline) <u>www.sawausau.org</u> Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

EMERGENCY SHELTER

Community Warming Center

(715) 849-3311 ext. 1729 (Catholic Charities) www.cclse.org Overnight for adultsaged18 and older who do not have a place to stay.

Crisis Stabilization

(715) 845-4326 or (800) 799-0122

www.norcen.org North Central Health Care offers a short-

term, non-medical crisis stabilization program that providesone-on-one support 24 hours/ day.A youth crisis program is available for adolescents.

Hillcrest House

(715) 298-5053

Transitional home for teens age 12-17 who are experiencing homelessness for a variety of reasons, including runaways, through Keep Area Teens Safe (KATS).

The Salvation Army Transitional

Living Center

(715) 845-6583 <u>www.sawausau.org</u> Community shelter and support for local homeless population. Offers case management, employment assistance, and computer training.

Women's Community Safe

Shelter

(715) 842-5663 (Office) (715) 842-7323 (24-hour support line) www.womenscommunity.org Emergency shelter for victims of domestic abuse, sexual assault, human trafficking, stalking, and their children. Support groups, advocacy, and other specialized services provided. Serves all genders and ages.

EMPLOYMENT & TRAINING

Career Connection Area

(715) 261-7230

www.mcpl.us/research/jobs Offers resources for job seekers which include dedicated job computers, job/career books and A/V items for check-out, free computer classes, and reference assistance at the Marathon County Public Library in Wausau.

College Prep Center

(715) 803-1141 www.ntc.edu Offers basic education and job seeking skills instruction for adult learners to help them obtain or retain a job, at NTC.

FoodShare Employment

&Training Program

(715) 203-0834

www.myfset.net Employment and training program for FoodShare recipients helps people gain access to employment by increasing skills, overcoming barriers, and receiving supportive services.

Job Center of Wisconsin

(715) 261-8700

www.JobCenterofWisconsin.com Provides the following employment services:

*Job search assistance

*Job skills training

*Dislocated Worker

*Division of Vocational Rehabilitation (DVR)

*WIOA Youth Employment & Training

*WIOA Workforce Innovation & Opportunity *Online job search

*Assist employers recruit qualified applicants Job Corps Admissions and Placement (800) 733-5627

http://milwaukee.jobcorps.gov

Offers vocational training and guidance, and job placement assistance, for qualifying 16 – 24-year-olds.

Labor Standards Bureau,

Wisconsin Department of

Workforce Development

(608) 266-6860 (Madison) http://dwd.wisconsin.gov/er/labor_standards/ Administers Wisconsin rules on minimum wage, overtime pay, breaks, and minor employment.

NCCAP AmeriCorps Team

Greater Wausau Area

(715) 849-5212

www.northcentralcap.org Participants work for a year in local agencies and schools to address human service needs.

North Central Health Care Vocational Services-Community

Services

(715) 848-4519

www.norcen.org

Helps people with mental, cognitive, learning, and physical disabilities enter the labor force, and provides follow-up and support.

Senior Training & Employment

(920) 593-3557 www.curativeconnections.org A "stepping stone" program to help incomeeligible seniors age 55 and older gain employment.

Unemployment Insurance

(414) 435-7069 (Claim Specialist) <u>www.my.unemployment.wisconsin.gov</u> Provides payments, based on work, to eligible workers who are temporarily unemployed.

Wage/Hour Division, U.S.

Department of Labor

(866) 487-9243 www.dol.gov/whd Enforces federal minimum wages, overtime and child labor laws.

Wisconsin Works Program(W-2)

(855) 733-1311 (Forward Service Corp) www.fsc-corp.org Offers employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Workers Compensation

(608) 266-1340 (Madison) www.dwd.wisconsin.gov/wc Provides payment of reasonable medical expenses and compensation for lost wages resulting from work-related injuries or disabilities.

FAMILY CAREGIVER EDUCATION

Alzheimer's Association of

Wisconsin

(800) 272-3900 (24 Hour Hotline) www.alz.org/wi

Provides educational and supportive resources aimed at meeting the needs of families involved in the care of someone with Alzheimer's Disease and related dementias. Services include advocacy, public awareness and understanding, support groups, and a 24-hour hotline for people in need of support related to Alzheimer's or dementia.

Powerful Tools for Caregivers

(715) 261-6070 or (888) 486-9545 <u>www.adrc-cw.org</u> Educational workshops designed to help family caregivers learn how to reduce feelings of stress, balance lives, make difficult decisions, and communicate effectively, through the Aging & Disability Resource Center.

FARMERS MARKETS

NOTE: To learn about Farmer's Markets in Marathon County, call United Way's 211 any time day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email <u>askus@unitedwaymc.org</u> Search online at: <u>www.unitedwaymc.org/211</u> Text 898211 Monday-Friday 8am-4pm Chat with a specialist Monday-Friday 8am-12 Noon.

FARMERS' RESOURCES

Farmland Preservation Program

(715) 261-6000

www.co.marathon.wi.us/Departments/ ConservationPlanningZoning/ FarmlandPreservation.aspx Offers state income tax creditsto local landowners and farmers who participate in programs to preserve farmland, through the

programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program

(715) 446-3101

www.marathoncountysolidwaste.org Disposes of agriculture-related chemicals. Call this number to pre-register with the Marathon County Solid Waste Department.

Marathon County Farm Service

Agency (FSA)

(715) 848-2330 <u>www.fsa.usda.gov/wi</u> Offers agricultural credit to farmers, including emergency loans, farm ownership loans,and farm operating loans.

UW-Madison Extension,

Marathon County

(715) 261-1230

<u>http://marathon.uwex.edu</u> County Agents offer programs in farm and business management, genetics, using sustainable practices, and provide information to help farmers use cover crops to improve production systems and minimize soil loss.

Wisconsin Farm Center

(800) 942-2474

www.farmcenter.wi.gov Provides free financial planning, as well as mediation to resolve farming-related disputes for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Farm Center

Counseling Voucher Program

(800) 942-2474

www.farmcenter.wi.gov

Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

Wisconsin Housing & Economic

Development Authority

(WHEDA)

(800) 334-6873 www.wheda.com

Agricultural Financing Programs include CROP loans, and loans to help farmers who want to start, expand, or modernize their operations.

NOTE: For more information about help for farmers in distress, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Emai laskus@unitedwaymc.org

Search online at: www.unitedwaymc.org/211 Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon.

FINANCIAL/BUDGETING COUNSELING

Catholic Charities – Saint

Lawrence Community Services

(715) 849-3311 or (866) 849-3311 www.cclse.org

Families and individuals receive an evaluation of their financial situation, develop a plan, and participate in financial counseling. Get Smart Wausau

Get Smart Wausau

www.facebookcom/getsmartwausau A volunteer group working to bring free or low-cost financial education to the Greater Wausau area.

Greenpath Financial Counseling (800) 550-1961

www.greenpath.com

Offers free financial and budget counseling. Other services include student loan, housing, and bankruptcy counseling and may have a fee.

Project Step Up

LAW FIRM, LLC

ESTATE PLANNING & ELDER LAW

(715) 849-3311

Volunteer financial literacy program for families with children with focus on budgeting, saving, credit scores, acquire problem solving skill, gaining accountability in achieving success.

HOUGUM HOUGUMLAW.COM

FOOD ASSISTANCE

Athens Circle of

Joy Food Pantry

(715) 257-9274

Provides food for residents of Athens School District. Distributes the 2nd and 4th Sunday 12:30-2pm at St. Anthony's Catholic Church.

Café 60

(715) 261-6070 or (888) 486-9545 www.adrc-cw.com

Provides elderly residents in rural Marathon County with meal coupons to use in local participating restaurants that will help meet their nutritional needs, through the Aging & Disability Resource Center.

Community Action

Partnership (CAP)

(715) 241-7335 ext. 3 <u>www.christcc.com</u> Distributes both fresh and non-perishable food 1st and 3rd Friday 2-4pm at Ministry of Christ Community Church.

ESTATE PLANNING & ELDER LAW

Asset Protection • Estate Planning Powers of Attorney • Guardianship Revocable Living Trusts • Wills Probate • Trust Administration Nursing Home/Medicaid Planning



(715) 843-5001

Providing peace of mind for families, education for communities

Serving all of Wisconsin with offices in Wausau and Rhinelander

Community Center of Hope

Food Pantry

(715) 693-7145 <u>www.cchope.net</u> Community food pantry for southern Marathon County residents in need. DistributesTuesday 2:30-4:30pm; and Thursday 9-11am.

Covenant Food Pantry

(715) 359-6467

www.covenantcommunitypc.org Provides emergency food for area families in need. Distributes the 2nd and 4th Wednesday of the month from 3-5pm, at the Covenant Community Presbyterian Church in Schofield.

Edgar Circle of Joy Food Pantry

(715) 352-2532 or (715) 443-6168 Offers emergency food for residents in Edgar and Marathon City areas, the 1st Wednesday of the month 9-11am and 3rd Wednesday from 2-4pm, at Edgar Village Hall.

First Presbyterian

Church Food Pantry

(715) 842-2116 www.firstpreswausau.org Church volunteers distribute food on the 2nd and 4th Tuesday of the month,1-2pm.

Jubilee House

(715) 842-3148

À Catholic Worker House that serves a community meal in Wausau every Thursday 4:30- 6pm at St. Matthew Parish.

Marathon County

EconomicSupport

(888) 445-1621 or (715) 261-7500 access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services).Administers FoodShare/Food Stampsfor all eligible Marathon County residents.

Meals on Wheels

(715) 261-6070 or (888) 486-9545 <u>www.adrc-cw.com</u> Provides home-delivered meals for senior citizens who are confined to their homes, through the Aging & Disability Resource Center.

Mosinee Circle of Joy

(715) 693-2811 or (715) 693-1591 Food assistance provided to Mosinee area residents in need, by appointment only.

Saint Agnes Food Pantry

(715) 359-5675 (Church office) www.stagnescatholicparish.com Community food pantry for area residents who are in emergency need of food, 2nd Tuesday of the month 3-5pm.

Saint Florian's Food Pantry

(715) 446-3085 www.stflos.org Food pantry for anyone in emergency need of food in Hatley, 3rd Friday of the month 9am-Noon.

Saint Paul's Food Distribution

(715) 842-3733 (Church office) www.stpauluccwausau.org Food distribution for people in need, while supplies last, on the 1st and 3rd Tuesday of the month 9am-Noon.

Spencer C.O.M.E. (Community

Outreach Meal for Everyone) (715) 659-5158

www.stjohnsspencer.com

Free hot meal is served the 4th Tuesday of the month 5-6pm, at St. John's Lutheran Church in Spencer. Open to all.

Stratford Area Pantry

(715) 687-4254

Community pantry for people in the Stratford area who have emergency food needs / Tuesday 9-11am, Wednesday 5-7pm at Zion Lutheran Church.



Summer Food Program

(715) 241-9700 ext. 2407 www.dce.k12.wi.us D.C. Everest School District provides breakfast and lunch to children aged18 and younger during the summer months.

Summer Food Service Program

(715) 261-0809 www.wausauschools.org Wausau School District provides breakfast and lunch meals to those 18 and under at several school locations during summer session.

Summer Meal Program

(715) 845-2582

www.bgclub.com The Boys and Girls Club in Wausau provides breakfast and lunch during the summer, Monday-Friday, for anyone age birth to 18 years old. Breakfast is served at 7:30am, lunch served at Noon.

Sunday Community Supper

(715) 842-2116 (May leave message for Supper Coordinator)

www.firstpreswausau.org

Volunteers from area churches serve a Sunday evening meal for community members 4-5pm, at First Presbyterian Church in Wausau.

The Neighbors' Place Market

(715) 845-1966 www.neighborsplace.org Distributes donated and government commodity foods in Wausau 4 days a week: Monday and Wednesday 1:30-4:30pm; Tuesday and Thursday 10:30am-1:30pm.

The Salvation Army

(715) 845-4272 www.sawausau.org Free Hot Lunches available for everyone on a walk-in basis Monday-Friday 11:30am-12:30pm (except holidays); Bread and Produce Distribution occurs each Monday-Thursday10:30am-3pm, Friday 10:30am-1pm..Food Pantryis open Monday and Thursday 10:30am-2:30pm.

Vivent Health (formally AIDS

Resource Center of Wisconsin)

(715) 355-6867 <u>www.viventhealth.org</u> Provides emergency food and other emergency assistance for people with or affected by HIV/AIDS.

Wausau Area Mobile Meals

(715) 848-5848

www.wamobilemeals.com Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wesley Church Food Pantry

(715) 842-3768 (Church office) www.wesleyumcwausauwi.org Food pantry available by pre-arrangement; please call church office and speak with a staff member, or leave a message.

WIC--Women, Infants & Children

Nutrition Program

(800) 246-5743 www.healthfirstnetwork.org Provides mothers and young children who qualify for WIC benefits with a debit card to purchase foods that meet their nutritional needs.

Zion Lutheran Church

(715) 223-2166

Food pantry for Colby, Curtiss, Abbotsford and Dorchester residents in an emergency, Tuesday 9-11am at Zion Lutheran Church.

HEALTH SERVICES

Aspirus Comfort Care

andHospice Services

(715) 847-2424 <u>www.aspirus.org</u> Provides comprehensive hospice care for patients with terminal illness.

Aspirus Walk-In Clinics

(715) 847-2472 (Family Walk-in, Wausau) (715) 241-5404 (Weston Clinic) <u>www.aspirus.org</u> Walk-in medical clinics for minor ailments and injuries.

Aspirus Wausau Hospital

(715) 847-2121 www.aspirus.org Local hospital providing community education programs as well as hospital services.

BadgerCare Plus

(888) 445-1621 or (715) 261-7500 access.wisconsin.gov (call or log on to apply, or apply in person at Marathon County Social Services).Public assistance program that provides health coverage to income-eligible individuals, families, and children.

Benedictine Living Community

(715) 675-9451 www.blcwausau.org Nursing home and rehabilitation facility in Wausau.

Bridge Community Health Clinic

(715) 848-4884

www.bridgeclinic.org A primary care clinic providing general medical, dental, and counseling services to all patients, regardless of their insurance status. Sliding fee scale for income-eligible patients. Certified Application Counselors Provides information and assistance to individuals, families, and small business owners on how to navigate and enroll in the Health Insurance Marketplace. The following agencies have Certified Counselors available to the general public:

*Aspirus Locations

(888) 620-1555 * Bridge Community Health Clinic

- (715) 848-4884 * Covering Wisconsin
- (608) 261-1455
- * Family Health Center of Marshfield (715) 221-5700

Colonial Center

(715) 223-2352 <u>www.colonialhc.org</u> Nursing home and rehabilitation facility in Colby.

Colonial Manor Medical and

Rehabilitation Center

(715) 842-2028 <u>www.bay-colonial.com</u> Nursing home and rehabilitation facility in Wausau.

Compassus Hospice Services

(715) 800-3113 <u>www.compassus.com</u> Provides comprehensive hospice care and specialized support to people who have a life limiting disease and their families.

Dental Hygiene Clinic

(715) 803-1585 <u>www.ntc.edu</u> Dental Hygiene students at NTC provide basic teeth cleaning services, X-rays, and sealants.

Family Planning Only Services

(888) 445-1621or (715) 261-7500 access.wisconsin.gov (call or log on to apply, or apply in person at Marathon County Social Services).Provides limited benefits relating to family planning services for low-income women and men aged15 and older.

Free Mammography and Breast

Cancer Screening Services

(715) 847-2380 or (800) 847-4707 www.aspirus.org

Free mammograms and breast-related diagnostic services for women and men without health insurance or a high deductible and co-pay, through Aspirus Wausau Hospital.

Health Insurance Marketplace

(800) 318-2596

www.healthcare.gov

Provides information about health insurance options, subsidies and available tax credits for health insurance, and the option to sign up for a health insurance plan through the Affordable Care Act.

Healthfirst Network

(800) 246-5743

www.healthfirstnetwork.org

Offers affordable health care and education. Services include pregnancy testing, STD testing, pap and pelvic exams, contraception, testicular exams, and natural family planning instruction.

Hmong & Spanish

Communication Network (H2N)

(715) 204-9250 (Hmong Team) (715) 204-9396 (Spanish Team) Collaborates with public healthorganizations, health systems, resource agencies, and community organizations to provide Hmong and Hispanic communities with resources and tools to better withstand the COVID-19 pandemic and address health needs.

Inclusa

To enroll, call the Aging & DisabilityResource Center at (715) 261-6070 or (888) 486-9545 (877) 622-6700 (For current enrollees) www.inclusa.org

This organization offers a long-term care benefit packageto seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Healthcare

(715) 842-7707

www.interimhealthcare.com/wausau Provides both hospice and palliative care services, as well as home health care, nursing, and respite care.

Marshfield Clinic – Urgent Care

(715) 847-3000 (Wausau Center) (715) 393-1000 (Weston Center) <u>www.marshfieldclinic.org</u> Walk-in medical clinics for minor ailments and injuries.

Marshfield Medical Center

(715) 393-3000 www.marshfieldclinic.org/weston-hospital Local hospital providing community education programs as well as hospital services.

Medicaid Program (M.A.)

(888) 445-1621 or (715) 261-7500 access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services).Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

Mount View Care Center

(715) 848-4373 www.norcen.org/skilled-nursing Nursing home in Wausau.

Needle Exchange Program

(715) 355-6867

www.viventhealth.org Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, counseling, testing and referrals for drug treatment throughVivent Health (formerly the AIDS Resource Center).

Pride Therapy & Living Campus

(715) 298-3833 Assisted living and rehabilitation facility.

Rennes Health and Rehab

Center

(715) 393-0400 www.rennesgroup.com Nursing home and rehabilitation facility in Weston.

Seniors Eyecare

(877) 887-6327 www.aao.org/eyecare-america Participating doctors provide medical eye exams for eligible senior citizens.

Vision USA--The

WisconsinProject

(608) 824-2200

www.woa-eyes.org/vision-usa-public Provides free eye exams to children from qualifying families, through the Wisconsin Optometric Association.

Wausau Free Clinic

(715) 869-4922

http://www.wausaufreeclinic.com Medical services for uninsured and underinsured, low-income patients, including primary care for acute and chronic conditions, limited free or discounted medications as resources allow, and some minor labs, at Community Partners Campus.

Wausau Manor Nursing Home

(715) 842-0575 Nursing home and rehabilitation facility in Wausau.

Wausau V. A. Medical Clinic

(800) 872-8662 Provides primary medical care and mental health counseling for veterans only.

Well Badger Resource Center

(800) 642-7837 https://wellbadger.org Provides information and referral to services for pregnant women, new moms, women's health issues, children and youth, parenting, and nutrition.

Wisconsin Medicaid/BadgerCare

Plus MemberServices

(800) 362-3002

http://dhs.wisconsin.gov/medicaid Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.

Wisconsin Well Woman Program

(715) 345-5776

www.co.portage.wi.us

Provides preventive health screening services to women ages 45-64 who have little or no health insurance. Services include mammograms, pap tests, and pelvic exams.

HOME PURCHASE ASSISTANCE

Habitat for Humanity of Wausau

(715) 848-5042

www.habitatwausau.org

Eligible low-income families may apply their "sweat equity" toward owning a home built with volunteers.

Wausau Community

Development Department

(715) 261-6682

www.wausaudevelopment.com Helps people learn how to find a home to buy, and offers down payment assistance for eligible people who buy a home in the City of Wausau.

Wisconsin Rural Development

(715) 345-7611

www.rd.usda.gov/wi

Single Family Housing Direct Home Loans for low-income applicants in rural areas who are unable to get a conventional loan from a bank.

HOUSING ASSISTANCE Abbotsford Housing Authority

(715) 223-4631 Provides federally subsidized housing in Abbotsford.

Atrium Lofts

(715) 843-7799 <u>www.paramark.us</u> Loft-style apartmentsin Wausau, some units are reserved for income-eligible tenants.

Catholic Charities – Saint

Lawrence Community Services

(715) 849-3311 or (866) 849-3311 www.cclse.org Program participants receive case management services that may lead to rent payment assistance.

Diamond View Apartments

(715) 675-7979 Housing unit subsidized by HUD (Housing & Urban Development).

East High Townhouses

(715) 849-8230 www.wausautownhomes.com Select fixed rent units in the renovated East High School are reserved for Section 42 income-eligible tenants. Please call for details.

Emergency Assistance Program

(800) 771-8420 Needy families with a child that have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Housing Assistance Funds (EHAF)

Emergency rent payment assistance is administered locally by a collaboration of human service agencies for area residents who would otherwise be homeless. The general public may contact ONE of these agencies for an appointment:

* North Central Community Action Program(NCCAP): (715) 842-0681 (Wausau

Area)

- * Catholic Charities Saint Lawrence Community Services: (715) 849-3311
- * The Salvation Army: (715) 842-4272

* **The Women's Community:** (715) 842-5663 (Victims of abuse only)

Federal Building Lofts

(715) 843-7799

www.paramark.us

Loft style apartments in the renovated Federal Building are reserved for income-eligible tenants.

Homeowner's HOPE™ Hotline

(888) 995-4673

www.995hope.org Counselors can assess callers' current situations, provide advice about alternatives

available to them, and assist them in developing a plan to address the situation (each situation is viewed individually and possible outcomes vary for each caller depending on their specific situation).

Marathon County

Veterans Service Office

(715) 261-1141

www.co.marathon.wi.us/Departments/ Veterans.aspx

Emergency temporary assistance for rental or utility assistance may be available for veterans depending on individual circumstances.

Rural Housing

(888) 400-5974 www.wisconsinruralhousing.org Provides assistance for those in rural counties with a security deposit or a past due rent payment, mortgage, and property taxes when local funding options have been exhausted.

Terrace Heights Apartments

(715) 393-4544www.accmanagementgroup.com50 unit apartment subsidized for low income housing.

Trolley Quarter Flats

(715) 843-7799 www.paramark.us Units in a renovated historic trolley barn in Wausau are reserved for income-eligible tenants. Please call for details.

Wausau Community

Development Authority

(715) 261-6687 <u>www.ci.wausau.wi.us</u> HandlesSection 8 Housing Assistance, "Scattered Site" Public Housing, and Senior/ Handicapped Housing at Riverview Towers and Riverview Terrace.

Wisconsin Help for Homeowners

(715) 842-0681

http://homeownerhelp.wi.gov Offers financial assistance for homeowners including mortgage assistance, property tax payments, lot rent, land contract payments, and utility assistance.

IMMIGRANT/REFUGEE SERVICES

Catholic Charities Immigration

Services

(888) 212-4357 www.cclse.org Provides direct legal assistance, general assistance, and/or referrals for special needs to all immigrants.

English Language Learner

Services

(715) 803-1152 <u>www.ntc.edu</u> Offers English language instruction for non-English speaking adults, at NTC.

Hmong & Spanish Communication Network (H2N)

(715) 842-8390

Collaborates with public health organizations, health systems, resource agencies, and community organizations to provide Hmong and Hispanic communities with resources and tools to better withstand the COVID-19 pandemic and address health needs.

Latinx Advocate

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)
www.womenscommunity.org
Provides specialized services to Spanish-speaking victims of sexual and domestic abuse, labor and sex trafficking victims, offered through The Women's Community.

Migrant Project

(855) 947-2529 (Madison) <u>www.legalaction.org</u> Helps migrant, seasonal farmworkers or dairy workers with civil legal problems, through Legal Action of Wisconsin.

New Beginnings for Refugees

(715) 301-9719 www.newbeginningswi.org Assists in resettlement of refugees by providing transportation, material goods, and community education.

Refugee Cash Assistance

(855) 733-1311

RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. For refugees who enroll in an employment program at The Job Center, assistance is available for the first eight months they are in the country.

Refugee Resettlement

(715) 907-7084

(ECDC).

www.ecdcus.org Serves all refugees in their new community by assisting with finding housing, employment, and referral to public services, through the Ethiopian Community Development Center

Southeast Asian Program

(SEAP) (715) 842-5663 (Office) (715) 842-7323 (24 Hour Support Line) (888) 665-1234 (Toll Free) www.womenscommunity.org Specialized services to Southeast Asian victims of sexual and domestic abuse. labor

and sex trafficking victims, offered through The Women's Community.

U. S. Citizenship and Immigration Services(formerly Immigration & Naturalization Service--INS)

(800) 375-5283

www.uscis.gov/portal/site/uscis

Provides information and assistance with immigration services, establishing residency and the process to become a citizen, and obtaining a Green Card which is required for alien residents to work in the United States.

IN-HOME CARE & RESPITE

Aspirus at Home

(715) 800-3113 <u>www.aspirus.org/ourservices</u> Provides short-term skilled home care services that allow a person to remain at home.

Compassus Home Health

(800) 397-0270 www.compassus.com State-licensed home health and personal care agency.Provides nursing, home health aide, and therapy services.

Faith in Action-Marathon County

(715) 848-8783

www.faithinactionmarathoncounty.org Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing services. Services offered include food pantry delivery and friendly visiting.

Personal Assistant Services

(715) 344-4210 (Stevens Point) www.milc-inc.org Offers in-home services, ranging from personal needs to simple household tasks, for people with a disability, through Midstate Independent Living Choices.

Tongxeng Personal Home Care (715) 298-9130

www.tongxenghomecare.com Personal care workers provide in-home supportive care for those who are Medicaid eligible.

Tyler's Home for Kids

(715) 847-1175 www.oppincwi.org State-licensed group foster care home offers respite services on a 24-hour basis for families of children with special needs, through Opportunity, Inc.

Universal Home Health Care

(715) 298-9307

www.uhhci.com State-licensed in-home personal care agency providing services for individuals who are physically and cognitively challenged.

JAIL TRANSITION

The Open Door

(715) 848-4044

www.opendoorofmarathoncounty.com Volunteers provide support for inmates upon release from jail or prison, including clothing and footwear, toiletries, life skills training, and job readiness training at Saint Paul's Community Center in Wausau.

LANDLORD/TENANT

Consumer Protection Hotline

(800) 422-7128 (Madison) <u>http://datcp.wi.gov</u> State consumer protection agency handles landlord/tenant complaints.

One of the **most** important things crisis care can provide...



A mental or behavioral health emergency can come in any form, at any time, at any age. Where can you turn for support and hope? Here. North Central Health Care will help assess your situation and ensure you receive the support, counseling and resources you need. No one should have to manage a crisis alone.

There is hope. We are confident.



NCHC Crisis and Emergency Services are available to people of ALL AGES, 24 hours a day, 7 days a week by phone and walk-in. No appointment needed.

24-Hour Crisis & Suicide Prevention Hotline 1.800.799.0122 or 715.845.4326 24-Hour Crisis Center – 1150 Lake View Drive, Wausau | Serving Marathon, Lincoln and Langlade Counties

Environmental Health and Safety Program

(715) 261-1900 www.co.marathon.wi.us/Departments/ HealthDepartment.aspx Marathon County Health Department investigates local housing issues involving heat, sanitation, and pest control. Tenant Resource Center www.tenantresourcecenter.org Provides information regarding tenant and landlord concerns, such as eviction and repairs.

LEGAL ASSISTANCE Aging & Disability Resource Center of Central Wisconsin (888) 486-9545

(000) 400-9545 www.adrc-cw.org

Resource Specialistshelp seniors aged60 and older and adults with disabilities understand their government benefits and consumer rights.

Lawyer Referral and Information Service

(800) 362-9082

www.wisbar.org

Legal hotline that refers callers to a lawyer dealing with their type of legal situation, through the State Bar of Wisconsin.

Modest Means Referral Program

(800) 362-9082 www.wisbar.org State Bar of Wisco

State Bar of Wisconsin helps connect clients whose income is too high to qualify for free legal aid, but too low to pay an attorney's regular fees, with a lawyer who has agreed to consider certain cases at a reduced rate.

Public Defenders Office

(715) 842-1603 <u>www.wispd.org</u> Legal counsel to low-income residents who have been accused of criminal activity.

The Women's Community

(715) 842-5663 (Office) (715) 842-7323 (24 Hour Support Line) (888) 665-1234 (Toll Free) Provides support and advocacy for domestic abuse and sexual assault victims, stalking, and human trafficking victims engaged in the criminal justice or civil legal systems and assistance with restraining orders for victims only, through The Women's Community.

Wisconsin Judicare

(715) 842-1681

www.judicare.org Legal aid for low-income residents of the northern 33 counties in WI, as well as 11 federally recognized tribes for a variety of

northern 33 counties in WI, as well as 11 federally recognized tribes for a variety of legal issues.

LGBTQ+

LGBTQ+ Support & Advocacy (715) 842-5663

(715) 842-5003 www.womenscommunity.org

Provides members of the LGBTQ+ community confidential support and advocacy especially around issues of experiencing harm in relationships/intimate partner violence, sexual assault, family violence, or community violence through The Women's Community.

PRISM Program

(414) 336-7974 www.mhawisconsin.org/prism PRISM (Peer Recovery in Supportive Mutuality) program connects LGBTQ+ youth in Wisconsin with trained peer specialists who can provide mental and emotional support and mentorship, through Mental Health America of Wisconsin.

Room to Be Safe Anti-Violence Program

(414) 856-5428 www.roomtobesafe.org Statewide anti-violence program serving LGBTQ survivors of intimate partner, sexual, hook-up, and hate violence. Provides counseling/advocacy, information and referral, safety planning, and ongoing support.

Trans Lifeline

(877) 565-8860 www.translifeline.org Provides 24/7 peer counseling and support for transgender people experiencing a crisis and/ or struggling with their gender identity.

Trevor Lifeline

(866) 488-7386 or Text "START" to 678-678 www.thetrevorproject.org Operates a 24-hour crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth.

LITERACY

Marathon County Literacy Council

(715) 679-6170 www.mclitofwausau.org Tutors provide free one-on-one literacy instruction for adults throughout Marathon County and surrounding areas. Help in the following areas: reading, writing, finance, and English language learning.

NTC's College Prep Center

(715) 803-1152 <u>www.ntc.edu</u> Services available to adult learners include help with basic literacy skills.

MENTAL HEALTH SERVICES

NOTE: To learn more about counseling options in your area of interest, call United Way's 211 any time, day or night. Dial 211 or (715) 848-2255 or toll-free (800)

922-5590

Email askus@unitedwaymc.org

Search online at: <u>www.unitedwaymc.org/</u> get-help/

Text 898211 Monday-Friday 8am-4pm Chat with a specialist Monday-Friday 8am-12 Noon.

ACS Clinical Services

(715) 848-3202 www.correctionalservices.org

Affiliated Family Psychiatry of

Wausau

(715) 842-8600

Behavioral Health Clinic

(715) 842-9500 www.wibehavioralhealth.com

Bridge Community Health Clinic

Counseling

(715) 848-4884 www.bridgeclinic.org

Caring Tree Children's

Counseling Center

(715) 301-0667 www.caringtree.us

Center for Human Development

(715) 842-0944 or (800) 236-3792 w<u>ww.chdevelopment.org</u>

Centre for Well-Being

(715) 848-5022 www.centreforwellbeing.net

Charis Counseling

(715) 848-0525 www.chariscounselingwi.com

Children's Wisconsin

(Child & Family Counseling)

(715) 848-1457 www.childrenswi.org

Compass Counseling

(715) 298-6364 www.compasscounsels.com

Dix & Gillette Counseling

Services (715) 675-3888

Elmergreen Associates

(715) 845-7175 www.elmergreen.com

Evans Counseling

(715) 849-3988 www.evanscounseling.net

North Central Health Care

Outpatient Mental Health

(715) 848-4356 www.norcen.org

True North Counseling &

Wellness

(715) 370-8863 www.tncwellness.com

Veteran's Outreach

(800) 872-8662 (For referral to Wausau V. A. Clinic)

Wausau Vet Center

(715) 842-1724 www.vetcenter.va.gov

PARENTING

Children's Wisconsin Family

Resource Center

715-848-1457 www.chw.org Provides parenting education, support, and workshops throughout Marathon County. Children's also offers parenting classes,

short-term, in-home parenting support, and warmline services free of charge for all Marathon County residents. Start Right home visiting program is also available for eligible families.

Marshfield Medical Center -Weston

715-393-3093

www.marshfieldclinic.org/locations/westonmarshfield-medical-center/birthing-services Programs available to new parents include infant care basics/infant safety, and breastfeeding classes.

MOPs Program

(715) 842-5683

www.highlandcommunitychurch.com Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, at Highland Community Church.

Nurse-Family Partnership

(715) 261-1900

www.co.marathon.wi.us/Departments/ HealthDepartment.aspx Provides family support, case management and coaching for families from pregnancy to age 2.

Strong Start Home Visiting

(715) 843-1863

Provides parent educator to meet with pregnant women and families with children aged 0-5.

Women's Health Birthing Center

(715) 847-2380 (Aspirus InformationCenter) <u>www.aspirus.org</u>

Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PEOPLE WITH DISABILITIES

ABC for Health

(800) 585-4222

www.safetyweb.org

Offers legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability Resource Specialists

(888) 486-9545

www.adrc-cw.org

Serves as the initial contact for resources that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.



The Landing

Your friends are already here!

Check out the place that everyone has been talking about, where you will find all you need to gather, move, and grow — under one roof.

Make yourself at home. Come and go as you please. Find community, continue to learn and explore every facet of health, with all the benefits of the YMCA right on site. From art classes, games and coffee with friends to community programs, travel and fitness, try something new this year —

on your terms.

The Landing at the Woodson YMCA 707 N. 3rd St. Wausau WI 54403 • 715-200-9279 www. thelandingwausau.com

Central Wisconsin Autism Society

(920) 558-4602

www.autismgreaterwi.org/find-local-affiliate/ Provides a source of informationand supportfor parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs

(715) 261-1906

Email: <u>specialneedsinfo@co.marathon.wi.us</u> <u>www.northernregionalcenter.org</u> Provides health benefits counseling, service coordination, and advocacy for local families of children with special health care needs and the providers who serve them, through the Marathon County Health Department.

D. C. Everest Area Schools' Pupil Services and Special Education

(715) 359-4221 ext. 1253 (Special Education) Provides educational services for school-aged children with disabilities in the D.C. Everest Area Schools.

Homme Adult Day Center

(715) 845-1214 ext. 310

www.homme.org

Offers social and recreational activities for people with Alzheimer's disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Inclusa

To enroll, call the Aging & DisabilityResource Center at:(715) 261-6070 or (888) 486-9545 www.inclusa.org

Managed long term care support and services for seniors and adults with disabilities.

Interim Health Care

(715) 842-7707 ext. 113

www.interimhealthcare.com

State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Marathon County Birth to Three

(715) 261-6580

www.mcse.k12.wi.us

Provides coordinated services for infants and toddlers who experience atypical development or developmental delays, through Marathon County Special Education.

Marathon County Department of

Special Education

(715) 261-1980

www.mcse.k12.wi.us

Offers educational services for school-aged children with disabilities in rural Marathon County.

Meals on Wheels

(888)486-9545

www.adrc-cw.org

Provides home-delivered meals to seniors who are confined to their homes because of illness or disability and are unable to easily prepare a meal for themselves, through the Aging and Disability Resource Center.

Metro Ride Paratransit

(formerly WATs+) (715) 842-9287 <u>http://ci.wausau.wi.us/Departments/metroride.</u> aspx

Provides non-emergency,

specializedtransportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Midstate Independent Living Choices

(715) 344-4210 ext. 238 <u>www.milc-inc.org</u> Services available to people with disabilities of all ages, include Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, Peer Support, and Representative Payee.

Mosinee School District's Pupil Services

(715) 693-2530

www.mosineeschools.org Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

North Central Health Care

(715) 848-4600 (Main switchboard) (715) 848-4417 (Registration) www.norcen.org

Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Northern Valley Industries

(715) 845-7316 Provides services designed for people with disabilities to reach his or her highest level of vocational achievement.

Office for the Blind and Visually

Impaired

(888) 879-0017 Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Deaf and Hard of Hearing

(855) 359-5252 Offers information, referral, support and training for people who are deaf, deaf-blind, or hard of hearing.

Opportunity, Inc.

(715) 842-8700 www.oppincwi.org Provides assistance for children and adults with disabilities, and their families, including Advocacy, Respite, and Assisted Living.

Rainbow's End

(715) 847-2000 ext. 53488 <u>www.aspirus.org</u> Day camp for young people ages 5 - 21 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Regional Library for the Blind &

Physically Handicapped

(715) 261-7200

www.mcpl.us/services/homebound Provides "Talking Books" and players free to visually impaired and to qualified physically impaired persons, through the Marathon County Public Library.

Shared Blessings

(715) 432-4799

www.sharedblessingskids.org Provides and host community events at various locations for Special Needs Families to meet for playgroups, therapy, and networking.

Social Security Administration

(800) 772-1213 or (855) 269-9186 <u>www.ssa.gov</u> Federal program provides monthly income for people who qualify as having a disability.

Stable Hands

(715) 359-6046 <u>www.stablehandstherapy.com</u> Offers equine therapies and activities for people with special needs.

Telephone Equipment Purchase

Program (TEPP)

(608) 231-3305

<u>https://psc.wi.gov/Pages/Programs/TEPP.aspx</u> Individuals can get a voucher to purchase telecommunications equipment necessary for affordable access to essential, basic telephone services.

Transition Services

(888) 486-9545 <u>www.adrc-cw.org</u> Specialists at the Aging & Disability Resource Center can connect with children nearing adulthood to determine what services they may be eligible for as an adult.

Tyler's Home for Kids

(715) 847-1175 <u>www.oppincwi.org</u> Facility offers respite services on a 24-hour basis for families of children with special needs.

Wausau Area Mobile Meals

(715) 848-5848

www.wamobilemeals.com

Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wausau Community

Development Department

(715) 261-6682

www.wausaudevelopment.com City of Wausau property owners may be eligible for Homeowners' Rehabilitation loans to make their homes handicap accessible.

Wausau Outreach Center for the Blind and Visually Impaired

(715) 842-0769

www.trinitywausau.org Provides opportunities to network and experience fellowship for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District's

Special Education Services (715) 261-0500

www.wausauschools.org Provides educational services for school-aged children with disabilities in the Wausau School District.

Wisconsin Department of

Transportation

(800) 924-3570 (Statewide Information Center) (608) 266-3041 (Special Plates)

Processes Handicap Parking Cardsfor arearesidents with disabilities.

Wisconsin Division of Vocational

Rehabilitation (DVR)

(715) 261-8700 <u>www.dwd.wisconsin.gov/dvr</u> Helps people with disabilities enter or reenter the job market, at the Job Center.

Wisconsin Relay System

(800) 947-3529 (For hearing impaired callers) (800) 676-3777 (For hearing callers), or call 7-1-1

www.wisconsinrelay.com Telephone relay service for Wisconsin residents who are deaf, hard of hearing, blind, with cognitive issues, or speech-disabled.

Wisconsin Rural Development

(715) 345-7611

www.rd.usda.gov

Provides grants for very low-income elderly in rural areas, including payment for making a home handicap-accessible.

WisLoan Program

(715) 344-4210Ext 238 (Stevens Point) www.milc-inc.org Offers loans to help purchase assistive

technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Choices.

PERSONAL NEEDS & HOUSEHOLD GOODS

Back to Basics and Bare

Necessities

(715) 848-2927

workplacevolunteercouncilmc@gmail.com Workplace Volunteer Council members collect, store, and distribute personal hygiene items, new undergarments and socks through its Back to Basics and Bare Necessities projects to agencies with clients in need.

Community Closet

(715) 848-2927

Provides donated clothing for all ages, including shoes, steel-toe boots, & winter outerwear to anyone in need.

Coats for Kids

(715) 845-4272 <u>www.kiwaniswausau.com/events</u> Donated new or gently used winter coats, hats, boots, mittens, gloves, snow pants, and scarves are distributed each winter by The Salvation Army.

Fill A Backpack Fill A Need

Project

workplacevolunteercouncilmc@gmail.com

https://www.unitedwaymc.org/workplacevolunteer-council

Students in grades 4K-8 who qualify for free or reduced school hot lunch receive a free backpack filled with school supplies in August for the upcoming school year, through the Workplace Volunteer Council. Participating schools distribute tickets in advance. HELP- Health Equipment

Lending Program

(715) 843-5985 www.goodnewswi.com Good News Project provides short-term loans of medical equipment to people in need and accepts donated medical equipment to support its missions. No residency or income restrictions.

Ministry of Christ Community Church

(715) 241-7335 ext. 3 <u>www.christcc.com</u> Distributes donated personal hygiene items every other Friday 2-4pm.

Mt. Calvary Clothes Closet

(715) 359-4500 <u>www.mtcalvaryrothschild.org</u> Provides free clothing for individuals and families in need, by appointment only. Items available depends on current donations.

Personal Needs Closet

(715) 842-2201

www.firstmethodistwausau.org Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month 1-3pm; and 4th Saturday of the month 9-11am.

The Babies' Place

(715) 845-1966

Provides 25% of monthly diaper need to families. Baby wipes, formula, and food offered as available. Monday – Friday, 9am-5pm.

The Open Door

(715) 848-4044

www.opendoormarathoncounty.com Provides donated clothing, footwear and toiletry items to recently released inmates. Located behind St. Paul's Church, entrance on 5th St.

Tiny Tots Closet

(715) 842-3733 <u>www.stpauluccwausau.org</u> Provides diapers for those in need each Tuesday 10am-Noon at St. Paul's United Church of Christ.

Tools for School

(715) 845-4272 <u>www.sawausau.org</u>

The Salvation Army distributes donated school supplies to students in grades 9-12 who qualify for free or reduced school hot lunch, in August. Limited supplies available for lower level grades.

PREGNANCY SERVICES Aspirus Wausau Family

Medicine

(715) 675-3391

www.aspirus.org Provides care for pregnant women who have no means to pay to see a resident physician for OB care.

BadgerCare Plus

(888) 445-1621 access.wisconsin.gov (call or log on to apply) BadgerCare Plus is a state/federal program that provides health coverage for incomeeligible pregnant women.

Catholic Charities

PregnancyServices

(715) 849-3311or (866) 849-3311 www.cclse.org Provides free and confidential support services to pregnant women and other people affected by an unplanned or crisis pregnancy.

Family Birth Center

(715) 393-3000

www.marshfieldclinic.org/locations/westonmarshfield-medical-center/birthing-services Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

Hannah Center

(715) 387-6300

www.hannahcenter.com

Residence for pregnant women provides resources to help get lives back on track by finding emotional and financial independence through educational and employment opportunities.

HealthFirst Network

(800) 246-5743 <u>www.healthfirstnetwork.org</u> Pregnancy testing and education available on a sliding fee scale.

Hope Life Center

(715) 843-4673

www.hopewi.org

Offers free pregnancy testing, counseling and education for unplanned pregnancies and post-abortion services for women, men, and their families. STI testing/treatment and limited O/B ultrasound services are also available.

Nurse-Family Partnership

(715) 261-1900

www.co.marathon.wi.us/Departments/ HealthDepartment.aspx

Provides health education, resource identification and referral, and care coordination for pregnant women and families with newborns, through the Marathon County Health Department. Smoking cessation counseling also available for pregnant women.

WIC--Women, Infants & Children

Nutrition Program

(800) 246-5743

Provides mothers and young children who qualify for WIC benefits in the form of a debit card to purchase foods that meet their nutritional needs.

Women's Health Birthing Center

(715) 847-2380 (Aspirus Information Center) or (800) 847-4707

www.aspirus.org

Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

PRESCRIPTION ASSISTANCE

BadgerCare Plus

(888) 445-1621 access.wisconsin.gov (call or log on to apply) Prescription assistance is available to incomeeligible participants of this public health coverage program.

Bridge Community

(715) 848-4884 www.bridgeclinic.org Bridge Community Health Clinic offers reduced cost drug programs and pharmaceutical assistance.

CareConnect

(800) 291-1206 <u>http://careconnectusa.org</u> Provides a free card for discount prescriptions. Visit website to apply and print free drug card.

Health Well Foundation

(800) 675-8416 www.healthwellfoundation.org Provides financial assistance to income eligible individuals living with chronic and life altering illnesses to assist with out of pocket costs of prescription medications copayments.

HelpRX

(877) 839-5689 www.helprx.info Offers discount on out of pocket prescriptions, no sign up is required, no cost associated with card or coupons.

Live Healthy Prescription

Discount Card Program

(877) 321-2652 <u>https://livehealthycard.com</u> Prescription discount cards are available online free of charge.

NeedyMeds Website

(800) 503-6897 www.NeedyMeds.org NeedyMeds.com is a non-profit that connects people with assistance programs to help with prescription costs.

Patient Advocate Foundation

Co-Payment Relief Program

(866) 512-3861

www.patientadvocate.org/connect-withservices/copay-relief/

Provides direct financial assistance to insured patients to help pay for prescriptions and treatments.

Partnership for Prescription

Assistance

(571) 350-8643 <u>https://medicineassistancetool.org/</u> Helps patients who lack prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

SeniorCare Prescription Drug

Assistance Program

(800) 657-2038 (Customer Service Hotline) http://dhs.wisconsin.gov/seniorcare/index.htm State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Singlecare (formally FamilyWize)

Prescription DrugDiscount Card

(844) 234-3057 www.singlecare.com

Prescription discount cards are available online free of charge. Participants simply present their card with each prescription to the participating pharmacy at the time of purchase to receive discounts.

The Salvation Army

(715) 845-4272 Provides limited assistance to purchase emergency medications.

Young's Drug Store Delivery

Service

(715) 845-5203 (Bridge St) (715) 845-3713 (Grand Ave) This pharmacy offers prescription delivery service for a small fee.

RUNAWAYS

Hillcrest House

(715) 298-5053 <u>www.katsinc.org</u> Transitional home for teens age 12-17 who are experiencing homelessness for a variety of reasons including runaways, through Keeping Area Teens Safe (KATS).

National Runaway Safeline

(800) 786-2929 www.1800runaway.org 24-hour hotline for runaway/homeless youth and their families.

SENIOR SERVICES AARP Driver Safety Courses

www.aarp.org/families/driver_safety/ Students learn how to adjust their driving to account for current rules of the road and common age-related changes in vision, hearing, and reaction time, classes through the website.

Aging & Disability Resource Center of Central Wisconsin

(888) 486-9545

www.adrc-cw.org

Provides screening for seniors and people with disabilities to learn what benefit programs they may be eligible for; provides a nutrition program, information and referral; and serves as a gateway for long-term care resources.

Alzheimer's Family and Caregiver Support Program

(888) 486-9545

www.adrc-cw.org Limited financial assistance is available to reimburse caregivers for some of the costs necessary to care for a person with dementia. Typical services include in-home help, respite care, adult day care and transportation.

LIFE (Learning Is ForEver)

(715) 346-3838

https://www3.uwsp.edu/conted/Pages/LIFE. aspx

Learning opportunities through UWSP at Wausau for adults aged50 or older.

Faith in Action of Marathon County

(715) 848-8783

www.faithinactionmarathoncounty.org Volunteer help for senior citizens whose needs are not currently being met by existing support services includes rides to medical appointments, grocery shopping, food pantry delivery, and safety apparatus installation.

Homme Adult Day Center

(715) 845-1214 ext. 310

www.homme.org

Offers social and recreational activities for people with Alzheimer's disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Marathon County Transportation

Program

(715) 848-4555 (Dispatch) (715) 841-5101 (Office) North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only. **NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:**

* Family Care participants should contactInclusaformore information: (715) 345-5968.

* ForwardHealth members (Medicaid and BadgerCare Plus Recipients) must instead schedule their non-emergency medical transportation throughVeyoby calling toll-free: (866) 907-1493.

Safe & Healthy Support Group

(715) 842-5663 (Office) (715) 842-7323 (24 Hour Support Line) (888) 665-1234 (Toll Free) www.womenscommunity.org Provides support services to victims of domestic abuse and sexual assault for ages 50+, through The Women's Community.

SeniorCare Prescription Drug

Assistance Program

(800) 657-2038 (Customer Service Hotline) <u>http://dhs.wisconsin.gov/seniorcare/index.htm</u> State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Senior Service Program

(920) 593-3535

www.curativeconnections.org A "stepping stone" program to help incomeeligible seniors age 55 and older gain unsubsidized employment.

Social Security Administration

(800) 772-1213 or (855) 269-9186 <u>www.ssa.gov</u> Administers Social Security, Medicare, and Supplemental Security Income benefits.

SEXUAL ASSAULT

Sexual Assault Victim Services

(715) 842-5663 (Office)
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free 24-hour support line)
www.womenscommunity.org
Provides support to victims of all ages of sexual assault, adult survivors of child sexual abuse, non-offending parents, and sexual harassment victims, through The Women's Community.

SUICIDE PREVENTION

Hopeline Text Crisis Line

741741 Text Short Code

www.centerforsuicideawareness.org/hopeline/ Confidential text service for suicide prevention and crisis intervention, through the Center for Suicide Awareness.

Suicide Prevention Line

(715) 845-4326 or (800) 799-0122, 24 hours/ day

Suicide prevention and crisis intervention, through North Central Health Care.

Wisconsin Lifeline

988 or (800) 273-8255 or (800) SUICIDE www.familyservicesnew.org/service/wisconsinlifeline

Member-center of National Suicide Prevention Lifeline providing free, short-term telephone counseling for people of all ages

SUPPORT GROUPS

Al-Anon

(888) 425-2666 <u>www.area61afg.org</u> 12-step group meetings help families and friends of alcoholics recover from the effects of living with a relative's or friend's problem drinking.

Alateen

(888) 425-2666 <u>www.area61afg.org</u> A recovery program for young people whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous

(715) 503-0880 (Available 24 hours) <u>www.area74.org</u> Provides 12-step Alcoholics Anonymous meetings.

Central Wisconsin Autism

Society

(920) 558-4602

www.autismgreaterwi.org/centralwi/ Provides opportunities for individuals on the Autism Spectrum to interact socially with each other and offers a source of informationand supportfor parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Domestic Violence Survivors

Support Group

(715) 842-5663 (Office) (715) 842-7323 (24 Hour Support Line) (888) 665-1234 (Toll Free) <u>www.womenscommunity.org</u> Support group is for all domestic violence survivors of all genders and ages, through The Women's Community.

Epilepsy Support Group

(608) 665-1848

www.epilepsywisconsin.org Offers meetings for individuals with epilepsy and their parents, siblings, friends and spouses online, sponsored by the Epilepsy Foundation.

Family Birth Center

(715) 393-3000

www.marshfieldclinic.org/locations/westonmarshfield-center/birthing-services Offers a variety of support and education groups for new or expecting parents.

Gamblers Anonymous

(715) 297-5317

www.gamblersanonymous.org/ Gamblers Anonymous (GA) meetings provide self-help and support for people to overcome gambling.

Getting Back to Life After Loss

(715) 847-2703

Support group for bereaved adults who are ready to move forward through education, recording memories, and searching for meaning, through Aspirus.

Greater Wausau Area Stroke

Club

(715) 847-2827

Offers mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Grief Support Group

(715) 204-3441

www.compassus.com

Grief support group for those that have lost a loved one. Call for current meeting times and dates.

GriefShare Program

(715) 842-0769 (Trinity Lutheran Church) Support for people grieving the loss of someone close, offered at Trinity Lutheran Church.

Healing From Sexual Abuse

(715) 842-5663 (Office) (715) 842-7323 (24 Hour Support Line) (888) 665-1234 (Toll Free) www.womenscommunity.org Ongoing peer support group for women 18 and over impacted by sexual assault, at The Women's Community.

LEAP (Learning Essentials

About Parenting)

(715) 848-1457 Provides ongoing parent support and education through Family Resource Centers.

MOPs (Mothers of Preschoolers)

Program

(715) 842-5683

Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, at Highland Community Church.

Mothers of Multiples

(715) 551-9024

Facebook Group: Mother of Multiple - Wisconsin

Provides support and educational resources, and helps develop friendships between mothers of multiple birth children.

Narcotics Anonymous-North

Central Wisconsin Area

(800) 240-0276 <u>https://wisconsinna.org</u> Offers recovery from the effects of addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

National Alliance on Mental

Illness (NAMI)

(715) 432-0180 Email <u>naminorthwoods@gmail.com</u> <u>www.naminorthwoods.org</u> Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

Overeaters Anonymous

(715) 212-0413 www.oa.org Support group for adults who have an addiction to food and want to stop the problem.

Parents Helping Parents

(715) 842-5663 www.womenscommunity.org Support group for non-offending parents and caregivers of children who have been sexually abused, sponsored by The Women's Community Sexual Assault Victim Services Program.

Safe & Healthy Support Group

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)
www.womenscommunity.org
Support group for victims of domestic and sexual abuse, financial abuse, harassment, and stalking over age 50, through The Women's Community.

Sexual Abuse Support Group

(715) 842-7323 www.womenscommunity.org Ongoing peer support group for women 18 and over who have been sexually abused, at The Women's Community.

Suicide Survivors Support

Group

(715) 551-0966 www.preventsuicidemarathoncounty.org Support group for survivors of suicide loss meets 3rd Tuesday of each month at Northcentral Technical College.

Teen Support Group

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)
www.womenscommunity.org
Support group for teens impacted by teen dating violence and sexual assault for ages 13-18 of all genders, through The Women's Community.

TOPS (Take Pounds off

Sensibly)

(414) 235-4195 <u>www.tops.org</u> For encouragement on sensible eating, and to share ideas that work to lose weight, log on to find local TOPS meetings.

Women Living With Hope

(715) 393-1406 Support group for women affected by breast cancer, through Marshfield Clinic.

Women's Health Birthing Center

(715) 847-2380 (Aspirus InformationCenter) Offers a variety of support and education groups for new or expecting parents.

TRANSPORTATION

All American Taxi

(715) 355-0899

Commercial taxi service with a discount for seniors who travel within the Wausau-Schofield-Weston-Rothschild area.

Disabled American Veterans Van

Service

(608) 504-1313

https://dav-wi.org

Transportation services for veterans to Tomah, Milwaukee, and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program.Also includes rides to outpatient clinics.

Elder Sanctuary

(715) 302-0773

Services offered include medical and nonmedical transportation for both ambulatory and non-ambulatory individuals.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Inclusafor more information: (715) 345-5968.
* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Veyoby calling toll-free: (866) 907-1493.

Faith in Action-Marathon County

(715) 848-8783

www.faithinactionmarathoncounty.org Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing transportation services, by providing rides to medical appointments, food pantry delivery, and grocery shopping.

Marathon County Transportation Program

(715) 848-4555 (Dispatch) (715) 841-5101 (Office) North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical. employment, or nutritional needs only. NOTE FOR MEDICAL APPOINTMENT

TRANSPORTATION:

* Family Care participants should contact Inclusafor more information: (715) 345-5968. * ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Veyoby calling toll-free: (866) 907-1493.

Metro Ride Bus Service

(715) 842-9287 (Office) https://metroride.ci.wausau.wi.us Public bus service in Wausau. Metro Ride Paratransit (715) 842-9287

www.ci.wausau.wi.us/Departments/metroride. <u>aspx</u>

Provides non-emergency, specialized origin to destination transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Northwoods Cab

(715) 393-7788 Commercial taxi service.

Vevo

(866) 907-1493 (To schedule a ride) https://wi.ridewithveyo.com/ Staff at Veyo arrange non-emergency transportation services for people that receive Medicaid and BadgerCare Plus who have no other way of getting a ride to a medical

appointment (except for those who reside in a nursing home, or who are enrolled in Family Care). May also provide transportation to pharmacies for prescriptions.

Wheels to Work

(715) 581-9283

Helps families and individuals overcome the barrier of unreliable transportation to and from work or school. Qualified applicants may receive a donated vehicle loan, or get a 0% interest vehicle repair loan.

UTILITY AND ENERGY ASSISTANCE

Catholic Charities – Saint Lawrence Community Services

(715) 849-3311 or (866) 849-3311 www.cclse.org

Program participants receive case management services that may lead to help with utility assistance.

USDA Development Block Grant Program

(715) 345-7611 Offers 1% interest homeowner rehabilitation loans for low to moderate income families that can help with furnace replacement.

Energy Assistance Programs

(800) 506-5596 http://homeenergyplus.wi.gov Offers financial assistance for utility bills for income-eligible Marathon County residents. through Energy Services.

Focus on Energy

(800) 762-7077 www.focusonenergy.com Offers cash-back rewards for the purchase and installation of qualifying home heating equipment.

Marathon County Veterans **Service Office**

(715) 261-1141

www.co.marathon.wi.us/Departments/ Veterans.aspx

Emergency temporary utility assistance may be available for veterans, depending on individual circumstances.

North Central Community Action

Program (NCCAP)

(715) 842-3111

www.northcentralcap.org Energy Conservation/Home Weatherization Program provides furnaces, insulation, and air duct sealing to improve energy conservation for eligible participants.

The Salvation Armv

(715) 845-4272

www.sawausau.org There are times during the year when

The Salvation Army may be able to offer limited utility assistance if it will prevent a disconnection or allow a reconnection of electric and natural gas service.

Wausau Community

Development Department (715) 261-6682

www.wausaudevelopment.com Wausau property owners may be eligible for Homeowners' Rehabilitation loans for emergency furnace replacement.

VETERAN SERVICES **Disabled American Veteran Van**

Service

(715) 848-4555

Transportation services for veterans to Tomah and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes transportation to outpatient clinics.

Family Assistance Center

(800) 292-9464 Option 1 (24-hour hotline) http://wisconsinmilitary.org Provides information on entitlements and programs, and referrals for assistance, to families of veterans or service members of all branches before, during, or after a deployment.



Homeless Veterans Hotline

(877) 424-3838

www.va.gov/homeless

Connects homeless and at-risk veterans with housing solutions, health care, community employment services, and other supports.

HonorBound Foundation

(800) 521-0198

www.honorboundfoundation.org Provides limited financial assistance for veterans and their families. Funds can be used for a variety of needs such as utility bills, assistive technology, security deposits and housing, gift cards to purchase necessities, and a variety of other assistance on a caseby-case basis.

Hotline for Federal Veterans

Benefits Information

(800) 827-1000

www.benefits.va.gov/benefits/ Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Marathon County Veterans

Service Office

(715) 261-1141 or (800) 236-0153 www.co.marathon.wi.us

Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, burial and death benefits, and State veterans' benefits.

Montgomery-Plant-Dudley American Legion Post 10

(715) 581-5210

www.wausaupost10.com

Volunteer veterans group provides assistance to local veterans. Services include limited financial assistance for gas or rent, physical support such as moving assistance or minor home repairs, and moral support.

Never Forgotten Honor Flights

(715) 573-8519

www.neverforgottenhonorflight.com Honor Flight chapters nation-wide transport America's veterans to Washington, D.C. to visit the war memorials dedicated to honor their service and sacrifices.

Veterans Crisis Line

(800) 273-8255 ext. 1, or 838255 (Text) www.veteranscrisisline.net

Connects Veterans in crisis and their families and friends with confidential support 24 hours/ day.

Veterans Services

(715) 218-0006

Provides job placement assistance, employment and training, and case management for qualified veterans, at the Wisconsin Job Center.

VHA Office of Community Care

(608) 256- 1901 (Madison) (608) 372-3971 (Tomah) <u>www.va.gov/communitycare</u> Provides information about health insurance and benefits for veterans and their families.

Vietnam Veterans of America--Northcentral Wisconsin Chapter #479

(715) 678-2945

Group provides information to Vietnam veterans and their families, particularly regarding agent orange; post-traumatic stress disorder (PTSD); unemployment and under-employment of veterans; the plight of homeless vets; and the POW/MIA (Prisoners of War/Missing in Action) question.

Wausau V. A. Medical Clinic

(800) 872-8662 Provides primary medical care and mental health counseling for veterans only.

Wausau Vet Center

(715) 842-1724 <u>www.vetcenter.va.gov</u> Provides readjustment services for returning war veterans and their family members.

Wisconsin Department of

Veterans Affairs

(800) 947-8387

www.dva.state.wi.us Provides information and assistance for WI veterans with benefits, claims, education, employment, veteran's homes, and burials. **NOTE:** To learn more about cultural opportunities in your area of interest, call United Way's 211 any time, day or night. **Dial** 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org Search online at: www.unitedwaymc.org/211 Text 898211 Monday-Friday 8am-4pm Chat with a specialist Monday-Friday 8am-12 Noon





Rennes Health & Rehab Center

Rehabilitative Services & Skilled Nursing

- Private Rooms
- 24-Hour Nursing Care
- In-House Staff Therapists
- Home Safety Evaluation
- Outpatient or Inpatient Rehab
- Physical, Occupational & Speech Therapy
- One-to-One Patient-to-Therapist Treatment
- State-of-the-Art Rehab Equipment & Therapy Gyms

For more information or a tour, please contact us:

715.393.0400 4810 Barbican Ave, Weston 715.420.0728 1970 Navajo St, Rhinelander



Renaissance by Rennes

Assisted Living Apartment Community

- Individual Private Apartments
- Wireless Internet/Cable Included
- Medication Monitoring
- Transportation & Outings
- Healthy Home-cooked Meals
- Weekly Housekeeping
- 24-Hour Care Team
- Full-Time Registered Nursing
- Beauty Salon/Barber Shop and Spa

For more information or a tour, please contact us:

715.355.5858 4602 Barbican Ave, Weston 715.424.6500 1500 Pepper Ave, Wisconsin Rapids

Learn more and take an online tour at www.rennesgroup.com





In Wisconsin, Help is 3 Numbers Away

