

CHOOSING A COUNSELOR

A GUIDE TO SEEKING MENTAL HEALTH CARE IN MARATHON COUNTY

If you are in a mental health emergency, or need to talk to a counselor right away, call the CRISIS CENTER at (715) 845-4326 or (800) 799-0122 anytime, 24 hours a day.

Visit the U.S. Department of Health and Human Services website for more mental health information:
www.mentalhealth.gov

For more information about mental health services or other community information, contact United Way's 211 anytime for free, confidential information and referral:

Dial:
211, 24/7
(or 715-848-2255, or
800-922-5590 toll free)

Text:
Text your zip code to 898211
Monday – Friday 8am – 4pm
*Standard msg & data rates
may apply*

Email:
askus@unitedwaymc.org

Online Chat:
www.unitedwaymc.org/get-help/
Monday – Friday 8am – 12noon

Search:
www.unitedwaymc.org/get-help/

**Substance Abuse and Recovery
Services Search:**
AddictionHelpWI.org

United Way's 211 does not provide counseling services, recommend treatments, or provide endorsements of the counseling offices listed.



Finding the right mental health professional for your needs can be difficult. While choosing a counselor is a personal decision, United Way’s 211 has information about community mental health agencies and private practice offices in **Marathon County**, and can help you find mental health professionals that fit your needs, budget, and schedule. See below for some of the various types of mental health professionals that exist, and a summary of what types of services they are able to provide.

For more information about available options for substance abuse and recovery services, call United Way’s 211.

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■ counselor or therapist/someone to talk to

○ psychiatrist or psychiatric nurse practitioner/prescribe or monitor medication

X clinical psychologist/assess and diagnose

⌘ mental health professionals specializing in areas of substance abuse

INSURANCE KEY:

D Medicaid/ BadgerCare/ Forward Health

C Medicare

S Sliding Fee Scale

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Choosing a Counselor

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Mental Health Professionals

ASPIRUS WESTON BEHAVIORAL MEDICINE CLINIC

4005 Community Center Drive
Schofield, WI 54476
www.aspirus.org
(715) 241-5470

Treated conditions include, but not limited to:

- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bipolar Disorder
- Brain injuries
- Chronic mental illness
- Depression/Mood disorders
- Eating disorders
- Gender identity issues
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Schizophrenia
- Sexual orientation and sexuality

Ages served: All

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay.
NOTE: Must have referral from physician.

BEHAVIORAL HEALTH CLINIC

630 South 36th Avenue
Wausau, WI 54401
www.wibehavioralhealth.com
appointments@bhclinic.com
(855) 607-8242

Treated conditions include, but not limited to:

- Abuse issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bullying issues
- Co-occurring/Mental health & substance use
- Chronic illness
- Death and dying
- Depression/Mood disorders
- Divorce
- Domestic violence
- Eating disorders
- Gender identity issues
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Parenting issues
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Sexual assault
- Sexual/Love addictions
- Sexual orientation
- Substance use

Ages served: All

Payment accepted: Medicare, private insurance, private pay (offers sliding fee scale).

BRIDGE COMMUNITY HEALTH CLINIC

1810 N 2nd Street
Wausau, WI 54403
www.bridgeclinic.org
info@bridgeclinic.org
(715) 848-4884

731 North 1st St. Suite 5000
Wausau, WI 54403

2620 Stewart Avenue
Wausau, WI 54401

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Aging issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar disorder
- Bullying issues
- Chronic/terminal illness
- Cultural/Racial issues
- Death and dying
- Depression/Mood disorders
- Disabilities issues
- Divorce
- Domestic violence issues
- Eating disorders
- Gender identity issues
- Human trafficking issues
- Juvenile delinquency
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional Defiant Disorder
- Parenting/Family planning
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Reproductive issues
- Schizophrenia
- Self-injury
- Sexual assault
- Sexual/Love addictions
- Sexual orientation and sexuality
- Spiritual/Religious issues
- Substance use and other addictions
- Suicide

Ages served: 12 +

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

CARING TREE—CHILD & FAMILY COUNSELING

227400 Rib Mtn. Drive, Suite D
Wausau, WI 54401
(715) 301-0667
www.caringtree.us
info@caringtree.us

Treated conditions include, but not limited to:

- Abuse issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bipolar Disorder
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Domestic violence issues
- Gender identity issues
- Obsessive Compulsive Disorder (OCD)
- Parenting
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Self-injury
- Sexual orientation

Ages served: Children ages 3-18 & their families

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

Mental Health Professionals

CENTER FOR HUMAN DEVELOPMENT

631 Forest Street
Wausau, WI 54403
www.chdevelopment.org
chd@chdevelopment.org
(715) 842-0944

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Anger management
- Anxiety/Panic disorders
- Bereavement/grief
- Bipolar Disorder
- Bullying issues
- Death and dying
- Depression/Mood disorders
- Divorce issues
- Domestic violence issues
- Eating disorders
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Parenting
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Sexual assault
- Sexual/Love addictions issues
- Sexuality
- Spiritual/Religious issues
- Substance use and other addictions

Ages served: 15 +

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

CENTRE FOR WELL-BEING

www.centreforwellbeing.net
wellbeing901@hotmail.com
(715) 848-5022

901 North 6th Street
Wausau, WI 54403

4601 Camp Phillips Road
Schofield, WI 54476

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Aging
- Alcohol and substance addictions
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar disorder
- Bullying
- Chronic illness/pain
- Co-occurring/Mental health & substance use
- Cultural/Racial issues
- Death and dying
- Depression/Mood disorders
- Domestic violence
- Eating disorders
- Gender identity
- Human trafficking issues
- Juvenile delinquency
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Parenting
- Perinatal/Postpartum Depression
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Self-injury
- Sexual assault
- Sexual orientation and sexuality
- Sexual/Love addictions
- Suicide

Ages served: All

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (reduced fee for self-pay).

CENTRAL WISCONSIN MENTAL HEALTH ASSOCIATES

1699 Scholfield Ave., Ste.120
www.cwmha.org
info@cwmha.org
(715) 907-1880

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Aging
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Bullying issues
- Caregiver issues
- Chronic pain/illness
- Co-occurring/Mental health and substance use
- Cultural/Racial issues
- Death and dying
- Depression/Mood disorders
- Divorce
- Domestic violence
- Eating disorders
- Family planning/Parenting
- Gambling and other addictions
- Gender identity issues
- Human trafficking
- Juvenile delinquency
- Learning disabilities
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Relationship/Marriage issues
- Schizophrenia
- Self-injury
- Sexual assault
- Sexual/Love addictions
- Sexual orientation and sexuality
- Spiritual/Religious issues
- Substance use
- Suicide

Ages served: All

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

CHARIS COUNSELING

2620 W Stewart Ave. Suite 310
Wausau, WI 54401
www.chariscounselingwi.com
info@chariscounselingwi.com
(715) 848-0525

Treated conditions include, but not limited to:

- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Depression/Mood disorders
- Eating disorders
- Learning disabilities
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Parenting
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Religious/spiritual issues
- Self-injury

Ages served: 3 +

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (reduced fee for self pay).

Mental Health Professionals

CHILDREN'S WISCONSIN— CHILD AND FAMILY COUNSELING

705 S 24th Ave. Suite 400
Wausau, WI 54401
www.childrenswi.org
(715) 848-1457

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Anger management issues
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bullying
- Death and dying
- Depression/Mood disorders
- Divorce issues
- Domestic violence
- Juvenile delinquency
- Oppositional/Defiant Disorder
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Sexual assault
- Self-injury
- Suicide issues

Ages served: 0-18

Payment accepted: Medicaid (BadgerCare/Forward Health), and private insurance.

COMPASS COUNSELING

3704 Weston Avenue
Weston, WI 54476
www.compasscounsels.com
tpeteson@compasscounsels.com
(715) 298-6364

Treated conditions include, but not limited to:

- Abuse issues
- Adoption/Foster care issues
- Aging
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Bullying
- Chronic mental illness
- Co-occurring/Mental health and substance use
- Cultural/Racial issues
- Death and dying
- Depression/Mood disorders
- Divorce
- Eating disorders
- Gambling and Internet addictions
- Gender identity
- Marriage/Relationships
- Parenting/Family planning
- Personality disorders
- Reactive Attachment Disorder
- Schizophrenia
- Self-harm
- Sexual/Love addiction
- Sexuality and sexual orientation
- Spiritual/religious issues
- Substance use
- Suicide
- Terminal illness

Ages served: 6 +

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay.

CONNECTIONS COUNSELING SERVICES

279 Ross Avenue
Schofield, WI 54476
jburclaw@gmail.com
(715) 496-6273

Treated conditions include, but not limited to:

- Abuse issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bipolar Disorder
- Bullying
- Chronic mental illness
- Co-occurring/Mental health & substance use
- Depression/Mood disorders
- Disabilities issues
- Learning disabilities
- Obsessive Compulsive Disorder (OCD)
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Relationships
- Schizophrenia
- Sexual assault
- Sexual/Love addictions
- Substance use
- Suicide issues

Ages served: 18 +

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay.

COURAGE TO CHANGE RECOVERY

106 Galvin Road
Abbotsford, WI 54405
rwichlacz@couragetochangerecovery.net
(715) 223-0480

Treated conditions include, but not limited to:

- Abuse issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Chronic illness
- Co-occurring/Mental health and substance use
- Depression/Mood disorders
- Divorce
- Domestic violence
- Eating disorders
- Marriage/Relationships
- Parenting
- Post-Traumatic Stress Disorder (PTSD)
- Suicide issues

Ages served: 13 +

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers rates for un-insured).

Mental Health Professionals

DIX AND GILLETTE

COUNSELING SERVICES

1720 Merrill Ave. Suite 401
Wausau, WI 54401
office@dgcounseling.org
(715) 6753888

Treated conditions include, but not limited to:

- Anxiety/Panic disorders
- Bereavement/grief
- Chronic pain
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Divorce
- Eating disorders
- Gambling addictions
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Parenting
- Post-Traumatic Stress Disorder (PTSD)
- Self-injury
- Substance use
- Weight-related issues

Ages served: 13 +

Payment accepted: Private insurance and private pay.

ELMERGREEN ASSOCIATES

114 Grand Avenue
Wausau, WI 54403
www.elmergreen.com
appointments@elmergreen.com

Treated conditions include, but not limited to:

- Abuse issues
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Chronic pain
- Depression
- Disabilities issues
- Divorce
- Domestic violence issues
- Eating disorders
- Learning disabilities
- Marriage/Relationships
- Parenting
- Post-Traumatic Stress Disorder (PTSD)
- Sexual/Love addictions
- Sexual orientation and sexuality
- Spiritual/Religious issues
- Substance use

Ages served: 6 +

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay.

EVANS COUNSELING

2714 Stewart Avenue
Wausau, WI 54401
www.evanscounseling.net
dockellyevans@msn.com
(715) 849-3988

Treated conditions include, but not limited to:

- Abuse issues
- Aging
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Bullying
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Divorce
- Domestic violence issues
- Gender identity
- Hoarding issues
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Parenting/Family planning
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Sexual assault
- Sexual orientation and sexuality
- Sexual/Love addictions
- Substance use
- Suicide

Ages served: 6 +

Payment accepted: Medicare, private insurance, and private pay.

HEALTHFIRST NETWORK

216 South 3rd Avenue
Wausau, WI 54401
healthfirstnetwork.org
info@healthfirstnetwork.org
(800) 246-5743

Treated conditions include, but not limited to:

- Abuse issues
- Anger management
- Anxiety/Panic disorders
- Bereavement/grief
- Bipolar Disorder
- Chronic mental illness
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Domestic violence issues
- Eating disorders
- Gender identity
- Obsessive Compulsive Disorder (OCD)
- Parenting
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Relationship issues
- Self-injury
- Substance use
- Suicide issues

Ages served: 18 +

Payment accepted: Medicaid and private pay.

Mental Health Professionals

MARSHFIELD CLINIC WAUSAU CENTER

2727 Plaza Drive
Wausau, WI 54401
www.marshfieldclinic.org
(715) 847-0800

Ages served: 18 +

Treated conditions include, but not limited to:

- Anxiety
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Depression
- Mood disorders
- Obsessive Compulsive Disorder (OCD)
- Panic disorders
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Pregnancy/birth
- Suicide issues

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay.
NOTE: Must have referral from physician

NORTH CENTRAL HEALTH CARE

2400 Marshall St. Suite A
Wausau, WI 54403
www.norcen.org
info@norcen.org
(715) 848-4356

Ages served: All

Treated conditions include, but not limited to:

- Abuse issues
- Aging
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Bullying
- Chronic mental illness
- Co-occurring/Mental health and substance use
- Depression/Mood disorders
- Divorce
- Domestic violence
- Eating disorders
- Gender identity
- Hoarding issues
- Internet addiction
- Juvenile delinquency
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Parenting
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Schizophrenia
- Self-injury
- Substance use
- Suicide

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offer option for reduced fee).

NORTHWEST COUNSELING AND GUIDANCE CLINIC

5655 North 28th Avenue
Wausau, WI 54401
www.nwcgc.com
nwjwausau@nwcgc.com
(715) 675-5454

Ages served: 6-17

Treated conditions include, but not limited to:

- Anxiety
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bipolar Disorder
- Depression
- Mood disorders
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Panic disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Self-injury

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

SOMETHING TO TALK ABOUT COUNSELING

420 Grand Avenue
Wausau, WI 54403
somethingtotalkaboutcounsel-
ingservicesllc.com
something2talkcounsel-
ing@gmail.com
(715) 539-6344

Ages served: 10 +

Treated conditions include, but not limited to:

- Abuse issues
- Aging issues
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Bullying issues
- Caregiver issues
- Chronic mental illness
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Disabilities issues
- Divorce
- Domestic violence issues
- Eating disorders
- Juvenile delinquency
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia
- Self-injury
- Sexual assault issues
- Spiritual/religious issues
- Substance use
- Suicide
- Terminal illness
- Weight-related issues

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

Mental Health Professionals

TRUE NORTH COUNSELING AND WELLNESS

207 Grand Avenue
Wausau, WI 54403
www.tncwellness.com
christine@tncwellness.com
(715) 370-8863

Treated conditions include, but not limited to:

- Anxiety
- Bereavement/grief
- Depression
- Mood disorders
- Panic disorders
- Parenting
- Post-Traumatic Stress Disorder (PTSD)
- Stress management
- Substance use
- Workplace wellness

Ages served: All

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

WAUSAU V.A.

1105 East Grand Avenue
Rothschild, WI 54474
www.tomah.va.gov/locations/
Wausau.asp
(800) 872-8662

Treated conditions include, but not limited to:

- Abuse issues
- Alzheimer's Disease/Dementia
- Anger management
- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bereavement/grief
- Bipolar Disorder
- Chronic illness/pain
- Co-occurring/Mental health and substance use
- Death and dying
- Depression/Mood disorders
- Divorce
- Domestic violence
- Eating disorders
- Gambling and Internet addictions
- Marriage/Relationships
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Schizophrenia
- Self-injury
- Sexual assault
- Sexual/Love addiction
- Substance use
- Suicide

Ages served: Military veterans

Payment accepted: Veteran/Active military benefits

WAUSAU VET CENTER OUTSTATION

605 South 24th Ave. Suite 24
Wausau, WI 54401
www.vetcenter.va.gov
(715) 842-1724

Treated conditions include, but not limited to:

- Anger management
- Bereavement/grief
- Brain injuries
- Disabilities issues
- Domestic violence
- Marriage/Relationships
- Mood disorders
- Post-Traumatic Stress Disorder (PTSD)
- Psychiatric disorders
- Sexual assault
- Substance use
- Suicide

Ages served: Eligible veterans and their families

Payment accepted: Free for eligible veterans and their families.

WESTON PSYCHIATRIC

5730 Memorial Court
Weston, WI 54476
westonpsychiatric.com
info@westonpsychiatric.com
(715) 204-9808

Treated conditions include, but not limited to:

- Anxiety/Panic disorders
- Attention Deficit/Hyperactivity Disorder (ADD/ADHD)
- Bipolar Disorder
- Chronic mental illness
- Depression/Mood disorders
- Eating disorders
- Obsessive Compulsive Disorder (OCD)
- Oppositional/Defiant Disorder
- Perinatal/Postpartum Depression
- Personality disorders
- Post-Traumatic Stress Disorder (PTSD)
- Reactive Attachment Disorder
- Schizophrenia
- Self-injury
- Suicide issues

Ages served: All

Payment accepted: Medicare, private insurance, and private pay.