

United Way RSVP of Marathon County



Connecting Volunteers 55+ to Community Needs





Please Note!

If you are volunteering with New Beginnings or ECDC (Ethiopian Community Development Council) assisting with refugee resettlement, please report your hours using ECDC as the Volunteer Station. If you have any questions, please call Susan at 715-298-5721 or email skrolow@unitedwaymc.org.

HELP WANTED— Registered Nurse Volunteers for RSVP Blood
Pressure Program. Volunteer one hour a month. Call Susan at
715-298-5721 if interested.



FREE VIRTUAL WORKSHOP

NAVIGATING MEDICARE FOR BEGINNERS

Tuesday, October 4, 2021 1:00 PM - 2:30PM

Hosted by Retire United and United Way RSVP of Marathon County, and presented by Jenae Belmas, Elder Benefit Specialist with ADRC-CW.

Individuals will have the opportunity to learn the differences between Medicare Advantage Plans and Medigap Supplements. Important events such as the yearly Medicare Open Enrollment season will also be discussed to help people learn how to navigate choosing a prescription drug plan and fighting misinformation.



This event is free but registration is required to receive the virtual Microsoft Teams link.

CLICK HERE TO REGISTER

RSVP PROGRAM VOLUNTEER

RSVP is looking for a volunteer program assistant for the Retired and Senior Volunteer Program office. Would prefer availability of 6-8 hours per week. Administrative duties include:

- Encourage volunteers who are age 55 + to connect with the RSVP program, helping them understand RSVP benefits.
- Help maintain volunteer database and volunteer files, tracking hours and service locations.
- Help maintain RSVP Community Calendar.
- Maintain volunteer database partnering agency contact information and required grant data, etc.
- Help plan and attend RSVP sponsored programs and events.

Contact Susan at 715-298-5721 or skrolow@unitedwaymc.org if you have any questions or are interested in learning more!



Make a Difference Day! Saturday October 22, 2022

United Wav Volunteer Connection will once again be organizing a community-wide raking project to provide **free** leaf raking services for persons in our community that do not have any other means to complete yard work. If you know someone who is in need of this service,

they must sign up by calling 211 to be considered for this year's project. Raking will take place Saturday, October 22.

If you have questions or are interested in volunteering to rake, please call Elizabeth at 715-298-5719.



Knitters/Crotchetiers Needed!

Marshfield Medical Center Weston is in need of comfort blankets for patients (lap size or single bed size) and pocket comfort cloths (approx. 3 x 5" that are either crocheted or knitted with/ without a cross). You can drop off at Door 4 and leave with screener or volunteer. Please include your name and address so we can thank you for your donation.

Volunteers do not necessarily have the time; they have the heart"

In Memory

RSVP Volunteer Jerry Klinger passed away August 26, 2022. Jerry was a fairly new volunteer who joined RSVP during the height of COVID. He enjoyed volunteer projects like cleaning and sorting books for the Raise Great Kids bookshelves, helping with RSVP mailings and assembling resource bags for our home bound elderly community members.



Medicare Basics Classes at the ADRC

The ADRC-CW is hosting in-person

Medicare Basics classes at the Wausau location 2600 Stewart Ave. Suite 25—Wausau WI

> September 14, 2022 9 am—12 pm October 18, 2022 9 am—12 pm 9 am—12 pm November 9, 2022 December 14, 2022 1 pm-4 pm

For more information or to sign up, please call the ADRC-CW at 1-888-486-9545.



Mark your calendar! In-person educational session: "Reading Nutrition Labels Like a Pro" on Tuesday, October 25, 9:00 am – 10:30 am.at the United Way. Join us as retired registered dietician Lorrie Franke, RD, CD shares how guidelines for food labels have evolved and important facts you should know when reading food nutrition labels. Learn how you can determine what a food/beverage item is made of and how that translates to basic nutrition information to fit your needs.



You and your friends are invited to the Community Coffee Hour featuring Good News Project. Join us on Thursday, October 20 from 9:30 -10:30 a.m. at the Good News Project located at 1106 5th St. in Wausau. Learn how Good News Project utilizes volunteer time and talent in rewarding and often life-changing ways. The organization depends on volunteers giving service at home and abroad. Learn about their electronic recycling program, medical lending closet, and international service events.

Good News Project also facilitates service trips both nationally and internationally for volunteers. Volunteers are building lasting friendships while working in schools, clinics, prisons and children's institutions or building and reconstructing homes for the disadvantaged. The RSVP Community Coffee Hour is open to the public, so we invite you to bring a friend and find out about Good News Project. See you there!