Help Lives Here

Since 1995, Bridge Clinic’s mission has been to help you get the care you need, even if you don’t have insurance. We offer payment plans, sliding fee discounts, and more.

Call us today at 715.848.4884 to discover how we can help you.

Bridge Community
HEALTH CLINIC

WAUSAU
Medical • Dental • Counseling

ANTIGO & MERRILL
Dental

bridgeclinic.org
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AARP Foundation - AARP Tax Aide  
(715) 350-5603  
Email sltjm14@gmail.com  
- Tax Aide  
  Prepare tax returns, Training provided.  
- Tax Appointment Coordinator  
  Take phone calls and schedule appointments, Training provided.  

Aging and Disability Resource Center of Central Wisconsin  
(608) 466-9545  
Email erin.wells@adrc-cw.com  
- Feed a Soul, Deliver a Hot Meal  
  Deliver meals to homebound seniors.  
- Package Independence  
  Package hot meals for Meals on Wheels to help keep older homebound adults independent in their homes.  
- Falling Risk Program  
  (Independent and Upright)  
  Volunteers help guide their peers in discussion and distribution of educational materials about the fall risks that may be in a typical home.  

AIDS Resource Center of Wisconsin  
(715) 365-6887  
Email carolyn.zartner@aricw.org  
- Prevention Assistant  
  Assist in running the clean needle exchange, prepare and stock the needle exchange and make copies.  

The Alzheimer’s Association  
(715) 845-7070  
Email jejanikowdk@alz.org  
- Rhythm and Brews/Planning Committee  
  Help plan and promote this annual Fall benefit, Help at fundraiser with set-up/take-down, registration, photography, beer and food sampling, or the 50/50 raffle.  
- Walk to End Alzheimer’s  
  - Colby, Marshfield, and Wausau  
  Assists in Fall with marking a walk route, hanging signage, set-up, registration, photography, raffle tickets, or traffic control.  
- Walk to End Alzheimer’s Committee  
  Help with Wausau’s committee and promotion.  

American Heart Association  
(715) 574-1124  
- Heart Walk Helpers  
  Assist with the Wausau Heart Walk in May.  
- Story Tellers  
  Volunteer your time sharing your story as a survivor of a heart attack or stroke.  
- Staff Support  
  Run errands, make phone calls, or assist the AHA in other efforts.  

American Red Cross  
(877) 618-6628, ext. 5822  
Email volunteer.wisconsin@redcross.org  
- Disaster Response  
  Help people affected by disasters ranging from home fires to tornadoes by providing food, shelter, essential relief supplies, comfort and hope.  
- Service to Armed Forces  
  Connect families and veterans with resources for emergencies, train military families in coping and resiliency skills.  
- Preparedness Education  
  Teach families, students, organizations and corporations how to be Red Cross Ready for disasters and emergencies by taking simple steps to get prepared.  
- Blood Services  
  Coordinate blood drives or serve as blood drive ambassador by registering blood donors and staff, as well as offering refreshments.  

Ascension Saint Clare’s Hospital  
(715) 393-2575  
Email mchsvolunteers@ministryhealth.org  
- Coffee Kiosk Barista  
  Become a barista who crafts and serves Starbucks coffee drinks and handles payments, Training provided.  
- Escort/Information Specialist  
  Provide excellence in customer service and guidance to family, visitors, and patients seeking care.  
- Gift Shop Volunteer  
  Assist customers, ring up sales, wrap gifts, and assist with merchandise inventory and displays.  
- Surgical Waiting Room Volunteer  
  Assist with checking in patients, guide family members back to bay areas, and serve as a liaison between staff and family.  

AseraCare Hospice  
(715) 355-4797  
Email shirley.bungert@aseracare.com  
- Certified in Companionship Pet Visits, massage Therapy, or Music Therapy?  
- Volunteers Needed!  
  Trained volunteers bring joy, warmth, and companionship to patients’ lives. Help relieve stress by bringing a sense of peace and trust.
• Create “Memory Items” for Families After the death of a loved one.
  Things such as blankets, quilts, pillows or bears can be created from their loved ones clothing.
• Veteran-to-Veteran Volunteers Needed
  Fellow veterans visit other veterans in their homes. Orientation program provided.
• Want to Make a Difference? Become a Hospice Volunteer
  Converse and engage in recreational activities with patients in a Weston nursing home. Orientation program provided.

Aspirus Wausau Hospital
(715) 847-2848
Email volunteers@aspirus.org
• Cardiology Inventory Assistance
  Volunteers are needed Tuesday afternoons to help unpack Ideal Weight Solution products, count inventory, and review expiration dates. Some lifting of boxes is necessary.
• EZ Rider Driver
  Provide transportation services to patients and visitors that may require/desire assistance getting from one point to another on the first floor of Aspirus Wausau Hospital. Requires a valid WI driver’s license.
• Gift Shop Attendant
  Assist customers with purchases and work with a computerized cash register. Hours are between 9am-7:30pm on weekdays and 11am-3pm on weekends.
• Lifeline Installer
  Volunteers go to the homes of individuals who are elderly or disabled to install and show subscribers how to use their personal help button and lifeline unit.
• Plaza Drive Clinic – X-Ray
  Volunteers will serve as liaisons for patients and families waiting in Radiology.
• Coffee Shop Attendant
  Volunteers have the option of learning to make our tasty creations or simply learning to work the cash register.
• Hospice
  Provide companionship to those in hospice.
• Comfort Cart
  The Comfort Cart volunteer will provide patients with comfort items at bedside to enhance their hospital stay. Walking required.

Big Brothers Big Sisters of Northcentral Wisconsin
(715) 848-7207
Email betthk@bbbsncw.org
• Big Taste
  Clean and buss tables for the annual culinary fundraising event held in October.
• Bowl for Kids’ Sake
  Help with participant registration and raffle sales in January at Dale’s Weston Lanes.
• Mentors
  1:1 mentoring program for children that need a positive adult role model. Mentoring can take place at a child’s school or in the community.

Blessings in a Backpack
(715) 359-1040 ext. 5566
Email contact@bbibdecwausau.org
• Food Back Pack Assembly
  Individuals or groups pack food on Tuesdays at 4pm or Wed. at 11am.
• Food Donations
  Healthy packaged food in individual packing for K-6 grade students.

Boy Scouts of America – Samoset Council
(715) 355-1450
Website www.samoset.org
Email christine.reynebeau@samoset.org
• Boy Scout Adult Volunteers
  Men or women needed to mentor youth as a Scout Leader, on Committees, or teaching Merit Badges.
• Scouting Partnerships
  Multiple opportunities abound for working with youth in the community on a project or other basis.

Boys & Girls Club of the Wausau Area
(715) 845-2582
Email maot@bgclub.com
Volunteer at any of our four locations.
• Crayons, Glue, and Kids - Oh My!
  Lead art projects at the Club weekly.
• Homework Helpers:
  Help Make the Grade!
  Tutor children after school at the Club.
• Meal Service Volunteer
  Help prepare and serve meals. Additional volunteer opportunities are listed on the Boys & Girls Club website.
• Sports & Fitness Leader
  Run games and activities.

Bridge Community Health Clinic
(715) 848-4884
Email info@bridgeclinic.org
• Affordable Care Act Education and Outreach
  Volunteer to help reach those in the community by teaching them how to receive affordable insurance, including where to get assistance.
• Community Garden Upkeep
  Volunteer to help weed and maintain community plots.

Catholic Charities – Wausau Office
(715) 849-3311
• Receptionist/Clerical Help
  Greet and assist walk-in clients, answer phones and general questions using a script, make copies, or assist staff with projects and light office cleaning.
• Wausau Community Warming Center
  Help provide homeless adults with a warm meal and a clean, safe place to spend the night with dignity. Open November 1–April 30.

Center for the Visual Arts
(715) 842-4416
Email cvaeduvol@gmail.com
• Art Education
  Help kids learn art skills in a week-long workshop. Teachers and teachers' aides needed in summer.
• Art of Wine
  Help with event set-up, act as a greeter, or pour wine at this October event.
• ChalkFest
  Help with children's ChalkFest management and supervision in July.
• Gallery Greeter/Docent
  Greet and interact with guests in the gallery and ensure art is treated respectfully. Train to discuss exhibits and current artists.
• More Volunteer Opportunities
  Help kids learn art skills, assist customers in finding the perfect gift, make guests feel welcome in the galleries, and more.

Central Wisconsin Children’s Theatre
(715) 842-1457
Email cwctpresents@gmail.com
• Show Assistants
  Help with set construction, costuming, lighting, sound, and directing. Also set designers, choreographers and vocal director help needed. Depending on the scale of the show, the time commitment changes.
• Drama Camp Assistants
  Help children blossom in the theatre arts: Help direct, lead improv, do sound/lighting, and/or costuming.
• CWCT Board Member
  Working on the Board, volunteers choose shows and work with the Administrator to make all the events and shows happen.
• Publicity Help
  Help coordinate radio, TV, and online advertising.

Children’s Hospital of Wisconsin Community Services
(715) 848-1457
• Playroom Cleaner
  Volunteers are needed to help clean the playroom, chairs, and carpets to help keep our client areas clean and safe for the itty-

Community Center of Hope
(715) 693-7145
Email info@cchope.net
• Food Pantry Volunteer
  Check in clients, distribute frozen meat and dry goods, stock shelves, and organize fresh produce deliveries.
• Produce Pick-Up for Pantry
  Drive the Center’s minivan to pick up produce deliveries.
• More Volunteer Opportunities
  Additional volunteer opportunities at the Center as requested.
• Mosinee Empty Bowls
  Volunteer to set-up and serve hot soup, buss tables, help with auction or make a can sculpture in March.

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Email cvaeduvol@gmail.com
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• Produce Pick-Up for Pantry
  Drive the Center’s minivan to pick up produce in Wausau weekly. Additional volunteer opportunities at the Center as requested.
• Mosinee Empty Bowls
  Volunteer to set-up and serve hot soup, buss tables, help with auction or make a can sculpture in March.
Everest Area Special Olympics
(608) 442-5682
• Have Passion? Time? Support Track
Coach track and field events or measure
distances, run a stopwatch, set up practice
areas, and walk with athletes from one event
to another.
• Help Athletes Make Strikes
Teach bowling skills and techniques, come
encourage athletes with high 5’s and smiles.

Faith in Action
of Marathon County
(715) 848-8783
Email wausaufaithinfo@gmail.com
• Drive – Do You Have WHEEL Appeal?
Drive a senior neighbor to medical
appointments, grocery shopping, or deliver
food from the food pantry.
• Board of Directors Member
Serve on a Board that meets monthly for
a non-profit that helps those who are 60 +
remain independent in their homes for as long
as safely possible.
• Handyman – Senior Safety Program
Help install safety apparatus (i.e. grab bars,
railings, etc.)
• Holiday Care Drive for Seniors
Help fill and wrap holiday gift baskets or
deliver them in early December.

First Presbyterian
Church of Wausau
(715) 842-2116
• Community Supper & Fellowship
Greet guests, serve meal and beverages, and
help with clean up from 3:30-6:00 p.m. on
Sundays. Volunteers especially needed the
Sundays that fall near a holiday.

The Fix Is In Spay/Neuter Clinic
(715) 550-7729
Email info@thefixisin.org
• Clinic Intake Assistant
Greet clients, take cat carriers, make labels,
and take the carriers to the exam room for
the vet.
• General Clinic Assistant
Complete rabies certificates, assemble
collars (recovery cones), and help with
clean up as needed.
• Surgical Instrument Assistant
Wash and wrap surgical instruments for
sterilization (10 a.m.-4 p.m.).

Forest Park Village
(715) 845-1214
Email kyleeb@homme.org
• Friendly Visitors at the Garden
Apartments
Visit with senior residents in their apartments
on a one-to-one basis.
• Musical/Vocal Entertainer
Share the gift of music with residents. Piano
is available.

Girl Scouts of the
Northwestern Great Lakes
(888) 747-6945
Email dtryanman@gsnwgl.org
• Girl Scout Troop Volunteer
Help girls explore their interests and develop
leadership. Become involved with a troop,
camp, event, or travel destination.

Good News Project
(715) 843-5985
Email chris@goodnewswi.com
Website www.goodnewswi.com
• Local HELP Closet
Help provide access to durable medical
equipment on a short-term basis.
• Strong Volunteers Needed Fridays
Need muscles to lift items out of vehicles and
into wagons for recycling.
• Volunteer Groups Welcome
We can accommodate your group. Call to
take arrangements.
• General Volunteer Help
Paper filing, answering phones, assisting
clients, sanitizing equipment, and more.
• Fundraising Dinner
October: An Evening in the Caribbean.
Various shifts during the day for volunteers.
• Community Scavenger Hunt
Volunteers help teams at each stop as they
race around Wausau collecting clues.
• US and International Service Trips
Travel at home or abroad serving others and
fulfilling needs. Fees apply.
• Speakers Available
Do you need a dynamic speaker at your next
club or church meeting? We enjoy sharing
about our programs. Contact us today!

Habitat for Humanity of Wausau
(715) 848-5042
Email office@habitatwausau.org
• Recycled Building Materials Donation &
Store Help
Prepare donated materials to be sold for store
inventory on Tuesday and Thursday mornings
and/or assist store customers on Saturdays.

Head Start – Marathon County
(715) 845-2947
Email ssteppe@mccdahs.org
• Preschool Classroom Volunteer
Help prepare class materials, read to children,
play games, chaperone field trips, and help
with classroom clean up.

Humane Society
of Marathon County
(715) 845-2810
Website www.catsndogs.org
• Animal Shelter Maintenance
Help maintain the animal shelter building and
grounds. Wash windows, clean floors, make
small repairs, mow lawn, etc.
• Kennel Aides for Adoptable Pets
Clean cat and dog kennels and provide
assistance with laundry and in the kitchen.
• Paws for a Cause
Show adoptable pets at local businesses for
an outing with the public on Saturdays.
• Special Events & Fundraising
Help plan fundraising events, solicit
sponsorships and donations, and work at
special events and fundraisers.

Junior Achievement of Wisconsin –
Northcentral District
(715) 842-1056
Email mstein@jawis.org
• Junior Achievement: The Difference is YOU!
Teach students important lessons in financial
literacy, entrepreneurship, and work readiness
by leading 5 to 8 classroom activities that
connect what they’re learning in school to
what they’ll need to succeed in work and
in life. Guidebook, materials, and training
provided. Grades K–12 available.

Leigh Yawkey Woodson
Art Museum
(715) 845-7010
Email scheudling@lywam.org
• A Smile Goes a Long Way
Greet visitors, provide general orientation,
and answer questions. Art background not
required; an outgoing nature desired.
• If Green Is Your Favorite Color & Soil
Is Your Favorite Art Medium
Plant, weed, and maintain one or more of six
pocket-gardens.
• stewardship
Volunteer on Saturday or Sunday afternoons
to eliminate the misuse of alcohol and other
issues during museum visits. Training
required; no art knowledge necessary.

Marathon County Alcohol &
Other Drugs Partnership
(715) 261-1962
Website www.otherdrugs.org
• Board of Directors Member
Serve on a Board that meets monthly for
a non-profit that helps those who are 60 +
remain independent in their homes for as long
as safely possible.
• Handyman – Senior Safety Program
Help install safety apparatus (i.e. grab bars,
railings, etc.)
• Holiday Care Drive for Seniors
Help fill and wrap holiday gift baskets or
deliver them in early December.

The Fix Is In Spay/Neuter Clinic
(715) 550-7729
Email info@thefixisin.org
• Clinic Intake Assistant
Greet clients, take cat carriers, make labels,
and take the carriers to the exam room for
the vet.
• General Clinic Assistant
Complete rabies certificates, assemble
collars (recovery cones), and help with
clean up as needed.
• Surgical Instrument Assistant
Wash and wrap surgical instruments for
sterilization (10 a.m.-4 p.m.).

Forest Park Village
(715) 845-1214
Email kyleeb@homme.org
• Friendly Visitors at the Garden
Apartments
Visit with senior residents in their apartments
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• Musical/Vocal Entertainer
Share the gift of music with residents. Piano
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Northwestern Great Lakes
(888) 747-6945
Email dtryanman@gsnwgl.org
• Girl Scout Troop Volunteer
Help girls explore their interests and develop
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Email chris@goodnewswi.com
Website www.goodnewswi.com
• Local HELP Closet
Help provide access to durable medical
equipment on a short-term basis.
• Strong Volunteers Needed Fridays
Need muscles to lift items out of vehicles and
into wagons for recycling.
• Volunteer Groups Welcome
We can accommodate your group. Call to
take arrangements.
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Paper filing, answering phones, assisting
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Travel at home or abroad serving others and
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Prepare donated materials to be sold for store
inventory on Tuesday and Thursday mornings
and/or assist store customers on Saturdays.

Head Start – Marathon County
(715) 845-2947
Email ssteppe@mccdahs.org
• Preschool Classroom Volunteer
Help prepare class materials, read to children,
play games, chaperone field trips, and help
with classroom clean up.
Marathon County Historical Society
(715) 842-5750
Email info@marathoncountyhistory.org
• Oral History Transcribers
  Create Word documents from CDs or audio files of oral interviews. Work from home.
• Program/Education Assistants
  Assist in preparation and presentation of historical programs for students and the community.
• Maintenance Assistance
  Perform light cleaning, light shoveling in winter, water outdoor plants in summer, and assist with general building maintenance.
• Poster & Literature Distribution
  Distribute items as needed, but on your schedule.
• “Teachers” for the
  Little Red School House
  An opportunity for you to take students back in time, follow a developed curriculum, and dress in time period costume.
• Yawkey House Garden Volunteers
  Assist Master Gardeners with spring-cleaning and weekly garden maintenance.

McLit
(715) 679-6170
Email mclitofwausau@gmail.com
Website: www.mclitofwausau.org
• Committee Members: Finance, Fundraising, Human Resources, or Marketing
  Experience or knowledge in above areas needed to serve on nonprofit board that serves literacy needs. Meets monthly.
• English Learners & Readers Need Help!
  Tutor adults who are low-level readers. English language learners, or those who need a conversation partner. Tutors matched to complement their own skill level. No teaching background required.
• Basic Computer Literacy
  Tutor people in basic computer skills.
• Needed Items:
  Pens, Pencils, Copy Paper, Personal Journals, Calculators, Bottled Water, and Books (ages 5-17).

Mead Wildlife Area
(715) 457-6771
Email Pamela.resech@wisconsin.gov
• Assistant Education Facilitator
  Help Mead personnel carry out and assist in educational programming for school-aged children.
• Grounds Maintenance Person
  Duties include lawn mowing, weeding around gardens, feeding the birds, cleaning exterior windows and doors, & staining and painting projects.
• Special Event Volunteer
  Assist in task-related events (some are designed for family volunteering and some for adult help).
• Volunteer Greeter
  Be the initial and principle contact person for visitors to the center.
• Wildlife Area Assistant
  Help with general weekly wildlife area maintenance activities.

Mobile Meals
(715) 848-5848
Email wamobilemeals@yahoo.com
• Mobile Meals Food Delivery Volunteer
  Deliver noon-time meals to those unable to prepare meals for themselves. Weekly commitment or serve as a substitute.

Monk Botanical Gardens
(715) 261-6309
Email info@monkgardens.org
• Volunteer Coordinator
  Work with volunteers of the Gardens to create a well-organized, rewarding volunteer program.
• Volunteer Recruiter
  Help us find new volunteers. Use social media, attend events, and get creative!
• Program Coordinator
  Turn great ideas into reality!
• Office Assistant
  Help maintain database of members, volunteers and donors. Must be proficient in Excel, Word, and Google Drive.
• Media Assistant
  Create social media marketing plans and implement them to promote our programs and fundraising efforts. Conduct website updates. Can work from home.
• Committee Member
  Serve on a Garden Committee (Programs, Finance, Fund Development, Marketing, Grounds, and Facilities).

Mosinee Area Chamber of Commerce, Inc.
(715) 693-4330
• Spring Craft Show
  Help with set-up and take-down for this spring event.
• 4th of July Celebration
  Celebration set-up, children’s activities, trash pickup, tear down and clean up.
• Christmas Parade & Holiday Festival
  Be Santa’s Helper, serve breakfast, staff children’s craft area and letters to Santa in December.

National MS Society – WI Chapter
262-369-4400
Email info.wisMS@nmss.org
• Walk to Create a World Free of MS
  Greet walkers and cheer for them at Spirit Milestones, help with registration, serve breakfast/lunch, provide traffic control, be a medic, take photos, or provide a service (e.g., face painting, massages, and more). May each year.
• Walk MS Committee Member
  Assist the site chair with event logistics, marketing, sponsorships, volunteer coordination, and Walk day needs.

The Neighbors’ Place
(715) 845-1966
• Stockers and Personal Shoppers
  Stock & organize pantry shelves, help answer client questions, and assist with shopping.
• Sewing Fun!
  Help adult learners with small sewing projects (crafts, bags) and interact to improve social skills and English speaking skills.
• English Tutors: Training Provided
  Help diverse population of adults learn basic English, reading, writing, numbers, basic math, etc.
• Help The Neighbors’ Place Maintain Their Garden!
  Help provide local produce to families in need in our community.
• Volunteer Receptionist
  Greet visitors, direct calls, take messages.
• Wausau Area Empty Bowls
  Assist with set up and teardown, in the kitchen, and/or as needed at this annual fundraiser in November.

North Central Health Care
(715) 848-4450
Email kdesantis@norcen.org
• Activity Assistant – Friday Afternoons
  Escort residents to activities.
• Activity Assistant – Saturday Afternoons
  Escort residents to activities.
• Activity Assistant – Monday Evenings
  Escort residents to activities.
• Beauty Shop Worker
  Set, dry, and comb out residents’ hair.
• BINGO Assistance – Monday Evenings
  Assist activity staff to gather residents, help play games, and pass out prizes.
• Christmas Shopping
  Board bus and help residents of Mt. View Care Center with Christmas shopping at Walmart in early December.
• Fair Escort
  Escort residents in wheelchairs to the WI Valley Fair during select dates of fair week, in August.
• Fresh Air Guide
  Visit and take walks with residents in hallways or outside.
• Gift Shop Cashier
  Sell new and consignment items in 3-hour shifts.
• Ride Along Volunteer
  A ride along volunteer is someone that will accompany residents to and from doctors’ appointments.
• One-to-One Visitors
Visit residents with few or no visitors; only 30 min. required.
• Special Friend
Visit clients of the Community Support Program (those lacking confidence to make new friends) twice a month.

The Open Door
of Marathon County
(715) 849-4044
Email opendoor319@gmail.com
• Seasonal Clothing/Hygiene Items
Bring in outerwear and/or personal care items for clients.
• Board Member
Be a part of developing and implementing organizational policies and procedures to further the mission of The Open Door.
• Facility Openers & Closers
Daily, 8:00-9:00am, sign guests in and out; follow daily checklists, assist with clothing selection, and more.
• Partner Project
Mentoring program that pairs members of the community to former inmates to help them set achievable goals.

Peyton’s Promise
(715) 218-4401
• Student Advocates
Students will be trained to speak to their respective schools about the problem of hunger in our area and work with their community to stock area pantries.
• “Stock the Shelf” Event Help
Student groups set up outside local grocery stores to hand out lists of the greatest pantry needs, then collect items or donations for the cause on customers’ way out of the store.

Randlin Homes
(715) 298-3700
Email teammyobermeier@gmail.com
• Technological Help
Randlin Homes is looking for volunteers that are willing to work with our clients to help teach basic computer skills including social media.

St. Vincent de Paul Thrift Store
(715) 296-3028
Email callfonso@svdpwausau.org
• Thrift Store Volunteers
Volunteer to assist with general donation intake, sorting, cleaning, repairing, processing and displaying of merchandise. Join the friendly volunteer and staff team when you are available.

The Salvation Army
(715) 845-4272
Email colleen_mashlan@usc.salvationarmy.org
• Angel Tree Booth
Staff the table to collect toys and monetary donations at the Wausau Center Mall from mid-November until mid-December.
• Bell Ringing
Individuals or groups needed to ring bells for a cause for 2-hour shifts from mid-November until December 24.
• Emergency Disaster Service Assistance
Work as part of the EDS team to provide food and drinks to disaster workers and hope for families and/or businesses displaced. Position is on an on-call basis. Training is required.
• Food Pantry
Stock and fill food orders for an hour or two, once or twice a week.

United Way Emerging Leaders
(715) 298-5712
Email stift@unitedwaywnc.org
• Career Closet Attendant
Help individuals in need select career clothing for interviews and employment. Accept, sort, and display donations or assist job seekers in preparing a resume or polishing their interview skills.
United Way Housing & Homelessness Coalition  
(715) 298-5726  
Email mmoua@unitedwaymc.org
• Overnight Point-In-Time Count Help  
In teams of four, assist with counting community members who are homeless in our area twice a year; end of January and end of July. Training provided.

United Way Hunger Coalition  
(715) 298-5715  
Email atabin@unitedwaymc.org
• Adopt-A-Park  
Select a park to visit every two weeks and report observed problems or damages.  
Email parkforestry@co.marathon.wi.us  
(715) 261-1550
• Raking Help : Make A Difference Day  
Help rake yards for neighbors who are frail or disabled, at the end October.  
Email janette.baumann@co.marathon.wi.us  
(715) 261-1230
• Community Impact Team Member  
Review grant applications and evaluate the progress and success of United Way funded partner programs. Analyze community needs, data and trends to make informed recommendations.  
Email jkowalski@wausauchildcareinc.com  
(715) 848-1436
• Reading Buddies Mosinee / Marathon  
Help children during their lunch hour, at participating area schools.  
Email rwestgate@judicare.org  
(715) 842-1681
• Fill A Backpack Fill a Need  
Sort, pack, and distribute backpacks and school supplies to income-eligible students in Marathon County in August.

United Way Volunteer Connection  
(715) 848-2927  
Email VolunteerConnection@UnitedWayMC.org
• Anytime Projects  
Help area agencies by doing baking, sewing, crafting, letter writing, and other fun projects that can be completed from home, school, or the office. Call for a list of ideas and area agency requests. (Volunteers provide all needed supplies.)
• Gift Wrappers for “Bundles of Joy”  
Wrap gifts for donations at the Wausau Center Mall. Proceeds buy diapers and infant formula for families in need. Black Friday – Christmas Eve.
• Global Youth Service Day  
Join other teens to volunteer at nonprofits throughout the Marathon area, in April.
• Raking Help : Make A Difference Day  
Help rake yards for neighbors who are frail or disabled, at the end October.
• Reading Buddies Mosinee / Marathon  
Help improve early literacy skills by reading to children during their lunch hour, at participating area schools.

University of WI Extension – Marathon County  
(715) 261-1230  
Email janette.baumann@co.marathon.wi.us
• Financial Coach  
Provide one-on-one financial encouragement and monitoring; help under-banked consumers learn about budgeting, saving, using credit wisely, etc., to set and reach financial goals.

Wausau Child Care  
(715) 848-1436  
Email jkowalski@wausauchildcareinc.com
• Volunteer Assistance Inside & Out  
Help needed with landscaping in spring, and indoors with center organization, maintenance, and care year-round.

Wausau Metro Adult Special Olympics  
(715) 842-9182  
Email iheilmrg@gmail.com
• Fundraiser Coordinator  
Be part of a management group that meets monthly. Work with other staff to coordinate supplies and volunteers for fundraisers.
• Lifeguard for a Special Olympics Swim Team  
Assist one night per week during swim practices. Current Life Guard License, CPR, and First Aid required.
• Regional Bowling Tournament  
Mark scores and help on the lanes or with lunch distribution. Fall event in Weston.

Wausau River District  
(715) 297-1829  
Email blake@wausauriverdistrict.org
• First Thursdays Volunteer  
Help organize the First Thursday’s retail event that takes place on the first Thursday of every month from June through October throughout Wausau River District.
• Public Spaces Volunteer  
Support Wausau River District to increase the interest for the people to protect and conserve the public building and spaces of the city of Wausau. This volunteer will build a good relationship with the owners of historic buildings in order to save them as well as preserving them.

Wisconsin Judicare  
(715) 842-1681  
Email rwestgate@judicare.org
• Judicare Mediators  
Get trained in a new pilot program with the Marathon County Judiciary. Assist in settling disputes ranging from housing, small claims, and family matters before it enters the court system.

Workplace Volunteer Council  
Email workplacevolunteer councilmc@gmail.com
• Fill A Backpack Fill a Need  
Sort, pack, and distribute backpacks and school supplies to income-eligible students in Marathon County in August.
Affordable senior housing options at Forest Park Village in Wausau.

**Forest Park Village** One or two bedroom apartments for independent seniors. Choose the services you want or need. Ask about Independent Plus.

**The Gardens** One of the area’s only certified Resident Care Apartment Complexes (RCAC). More comprehensive care 24 hours a day.

**Stone Crest Residence** This unique Community-Based Residential Facilities (CBRF) focuses on memory care services for those with mid-level or advanced Alzheimer’s and/or dementia.

**Adult Day Center** For individuals with Alzheimer’s disease, dementia or other age-related conditions. Open Monday - Friday, 8 a.m. to 4:30 p.m. Half or full-day rates available.

For a tour, contact Amy Forst, Director of Operations, 715.845.1214
www.homme.org

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**DIAL 2-1-1**

Free, Confidential Information and Referral to Local Community Resources.
Available 24 hours a day, 7 days week.

**ONE NUMBER. ONE EASY WAY TO FIND HELP.**

Email: askus@unitedwaymc.org
Online at: www.unitedwaymc.org

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United Way's 2-1-1
Get Connected. Get Answers.
United Way of Marathon County
The Women's Community
(715) 842-5663
Email melissa@WomensCommunity.org
- Enjoy Playing with Kids?
  Childcare Volunteers Needed
  Care for children while mothers attend a support group.
  Weekly, bi-weekly, and monthly opportunities available.
- Like to Clean and Organize?
  Children's Playrooms Need Help
  Clean and organize two children's activity rooms weekly or bi-weekly.
- On-Call Volunteer Advocate
  Respond to hospital Emergency Departments on an on-call basis.
  Support people during a forensic exam or interviews with law enforcement. Also support family members or significant others.
  Training required.
- Enjoy Helping Others?
  Join our volunteer team and become a Shelter Advocate!
  Answer phones, assist residents, play with kids, and provide extra support to families.
- Help Foster Animals
  Temporary foster care is needed for pets of those going into or currently in shelter. Help by providing a safe home for the guest's animals until they are out of shelter.

YMCA
(715) 845-2177
Email azelenka@woodsonymca.com
- Junior Camp Counselor
  Seeking positive volunteers that enjoy working with children and being outdoors. Counselors will lead activity areas and aid Senior Counselors as needed.
- Father-Daughter Dance Volunteers
  Volunteers assist with obtaining donations, planning the dance, event set-up, event stations, and clean-up. Dance takes place early February.
- Triathlon Volunteers
  Help with registration, serving lunch, and cheering on race participants! Race takes place each year in early August.
- Community Garden
  Volunteers are needed each year to help plant seeds, weed, and harvest vegetables for the community.

Bethesda THRIFT SHOP
Purchase with a Purpose!!
bethesdalutherancommunities.org/
store/wausau-wisconsin/

**STORE HOURS:**
Monday: 10 a.m. to 6 p.m.
Tuesday, Wednesday, & Friday: 10 a.m. to 5 p.m.

**DONATION HOURS:**
Monday & Thursday 10 a.m. – 5:30 p.m.
Tuesday, Wednesday & Friday 10 a.m. – 4:30 p.m.
Saturday 11 a.m. – 3:30 p.m.
Mondays: Senior and Veteran's receive 25% off

Bone & Joint
Walk-In Care

**Wausau**
8 am-7 pm, M-F
8 am-Noon, Sat.
5200 Hummingbird Road

**Medford**
8:30 am-4 pm, M-F
724 South 8th Street

**Plover**
8 am-4 pm, M-F
1767 Park Avenue
bonejoint.net/walk-in-care
800.445.6442

329 N First Ave., Wausau
715-845-1878
ABUSE  (ADULTS AND CHILDREN)

**Adult Protective Services**
(715) 841-5160  
(855) 487-3338 Toll Free  
www.norcen.org  
APS investigates concerns of adults at risk including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

**Child Advocacy Center of North Central Wisconsin**  
(715) 848-8600  
www.cssw.org  
A place where children who are alleged to be victims of abuse are referred to, when Law Enforcement or Social Services assess that an interview by a forensic interviewer is needed.

**Human Trafficking Resource Center and Hotline**  
(888) 373-7888  
http://traffickingresourccenter.org  
Human Trafficking hotline offering crisis response for victims and follow up on reports of suspected trafficking. Operates 24 hours/day.

**Juvenile & Sensitive Crimes Unit--Marathon County Sheriff’s Department**  
(715) 261-1424, or 9-1-1 (Emergencies only)  
www.marathoncountysheriff.org  
Call to report child abuse/neglect, elder abuse, sexual assaults, domestic violence, juvenile offenses, truancy and other crimes of a sensitive nature involving individuals of any age, as well as juvenile offenses and truancy.

**Marathon County Protective Services**  
(715) 261-7500  
www.co.marathon.wi.us/departments/socialservice.aspx  
Handles cases of child abuse or neglect in Marathon County. Also takes reports regarding sex trafficking of a child.

**SAFE Program-Stopping Abuse for Everyone**  
(715) 675-3458  
www.peacefulsolutions.org  
Help for man and woman who are physically or emotionally abusive with their partners, with goals of recognizing their actions and stopping abuse, through Peaceful Solutions Counseling.

**The Women's Community**  
(715) 842-5683 (Office)  
(715) 842-7323 (24-hour support line)  
(888) 865-1234 (Toll-free)  
www.womenscommunity.org  
Provides shelter, rental assistance, legal advocacy, information, support, and bilingual services to victims of domestic and sexual abuse, human trafficking, and their children.

**ADDICTIONS**

**ACS Clinical Services**  
(715) 848-3202  
www.correctionalservices.org  
This program of ATTIC Correctional Services offers alcohol and drug outpatient services.

**Al-Anon/Alateen**  
(888) 425-2666  
http://area1al.org/  
12-step group meetings help families and friends of alcoholics recover from the effects of living with a relapse's or friend's problem drinking. Alateen specifically targets youth whose lives have been affected by alcoholism in a family member or close friend.

**Alano Club of Wausau**  
www.12stepclubswi.com  
Provides a location for those in recovery from alcohol or drugs and their families to socialize. Also provides a location for Alcoholics Anonymous, Al-Anon, and Narcotics Anonymous to meet. Located at 711 McClellan St., Wausau.

**Alcohol and Drug Education for Young Adults**  
(715) 803-1521  
www.nct.edu  
State-approved curriculum for first-time underage drinking offenders, at NTC.

**Alcoholics Anonymous**  
(715) 297-8897  
www.area74.org  
Provides 12-step Alcoholics Anonymous meetings. Both open and closed meetings are available.

**Ambulatory Detoxification Program**  
(715) 845-4326  
www.norcen.org  
A medically managed and monitored outpatient detoxification service provided on an outpatient, voluntary basis for up to 48 hours at North Central Health Care. Program includes monitoring of vital signs, treatment of withdrawal symptoms, and referrals for ongoing treatment.

**ATTIC Correctional Services Center**  
(715) 848-3202  
www.correctionalservices.org  
Department of Corrections's AODA and correctional thinking treatment center for those who are incarcerated, on probation, or on parole.

**Central WI Recovery Coaching Network**  
2-1-1 (to be transferred to program)  
(715) 261-1962 (Office and After Hours)  
www.facebook.com/CWRecoverycoaches  
Recovery coaches offer support and assistance in accessing community services, developing recovery plans, answer questions, and be present through the path of recovery for those struggling with or impacted by substance abuse.

**Choices**  
(715) 675-3458  
www.peacefulsolutions.org  
A comprehensive program for teens who are experiencing problems with alcohol and drugs. Includes family, individual, or group therapy, and works to reduce the use of alcohol and drugs, at Peaceful Solutions Counseling.

**Courage to Change Recovery**  
(715) 223-0480  
Offers adult, adolescent and family AODA treatment, in Abbotsford.

**First Breath**  
(715) 261-1902  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Public health nurses provide education and support services for pregnant women who desire to quit smoking.

**Gamblers Anonymous**  
(715) 297-5317  
www.gamblersanonymous.org/ga  
Meets to provide self-help and support for individuals looking to overcome gambling.
Group Dynamics  
(715) 803-1521  
www.ntc.edu  
State-required alcohol education course for first-time DWI (driving while intoxicated) offenders at NTC. Alcohol assessment is required.

Lakeside Recovery MMT  
(715) 845-4326  
www.norcen.org  
21-day residential treatment program for substance abuse recovery. Observation, treatment, and monitoring are provided under the supervision of a physician.

Narcotics Anonymous- North Central Wisconsin Area  
(866) 590-2651  
www.ncwana.org  
Offers recovery from the effects of drug addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

Needle Exchange Program  
(715) 355-6867 ext. 3704  
www.arcw.org  
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

Outpatient Substance Abuse & Addiction Services  
(715) 849-3311 ext. 1721, or  
(608) 752-7660  
www.ccise.org  
Provides adoption services including domestic or foreign-born children, and related or non-related children.

Overeaters Anonymous  
(715) 212-0413  
www.aa.org  
Support group for adults who have an addiction to food and want to stop the problem.

Peaceful Solutions Counseling  
(715) 675-3458  
www.peacefulsolutions.org  
Offers a variety of programs for adolescents and adults struggling with alcohol and other drug addictions.

Veteran’s Outreach  
(800) 872-8662 (Tomah for intake and referral)  
Offers individual AODA and mental health counseling for veterans, at the Wausau V. A. Medical Clinic.

Wausau Health Services  
(715) 845-3637  
www.crc Heath.com  
Provides methadone maintenance or suboxone treatment for opiate addictions.

Wausau Vet Center  
(715) 842-1724  
www.vetcenter.va.gov  
Provides readjustment counseling and AODA assessment to veterans.

Wisconsin Tobacco Quit Line  
(800) 784-8669 (English)  
(877) 266-3863 (Spanish)  
www.ctri.wisc.edu/quit-line/  
Free telephone counseling for Wisconsin tobacco users who want to quit.

ADOPTION & FOSTER CARE

Catholic Charities Adoption Services  
(715) 849-3311 ext. 1721, or  
(608) 752-7660  
www.ccise.org  
Provides adoption services including domestic or foreign-born children, and related or non-related children.

Lutheran Social Services Adoption Services  
(608) 752-7660  
www.lsswis.org  
Offers adoption options that include inter-country, independent, and domestic adoptions for Lutheran and non-Lutheran families.

Lutheran Social Services Foster Care Services  
(715) 849-3311 or (866) 849-3311  
www.parcc.ccsse.org  
Provides referrals to adoption-sensitive counselors, support groups, special events and educational opportunities for adoptive parents, through Catholic Charities.

AIDS/HIV

AIDS Resource Center of Wisconsin (ARCW)  
(715) 355-6867 or (800) 551-3311  
www.arcw.org  
Provides services for people with or affected by HIV/AIDS such as case management, support group, financial assistance, food pantry, and education and prevention services.

Healthfirst Network  
(800) 246-5743  
www.healthfirstnetwork.org  
Offers HIV education, information and testing. Presentations for schools and community groups can be scheduled.

Needle Exchange Program  
(715) 355-6867 ext. 3704  
www.arcw.org  
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

STD Clinic  
(715) 261-1900 (Health Department)  
www.co.marathon.wi.us/Departments/HealthDepartment/InfectiousDiseases/STDSHIV.aspx  
HIV testing offered at Aspirus Wausau Family Medicine, 425 Wind Ridge Dr., Wausau.

ALCOHOL & DRUG ABUSE  
see ADDICTIONS

ANIMAL SERVICES

Humane Society of Marathon County  
(715) 845-2810  
www.catsndogs.org  
Provides surrender and adoption services for domestic animals. Accepts reports of lost animals and inquiries about strays.

New Life Pet Adoption Center  
(715) 443-6699  
www.nlpac.com  
A surrender-only, no-kill animal adoption center for pets that can be adequately cared for by staff at facility and for which adoptive parents can be found.

Northwoods Wildlife Center  
(715) 356-7400 (Minocqua)  
www.northwoodswildcenter.com  
Provides rehabilitation care for injured wildlife and educational programs on Wisconsin native wildlife.
Raptor Education Group
(715) 623-4015 (Antigo)
www.raptoreducationgroup.org
Provides care and rehabilitation for injured or orphaned raptors and other native wild birds. Also provides wildlife education.

BUDGET COUNSELING
See FINANCIAL COUNSELING

BUSINESS ASSISTANCE

Business and Industry
(715) 803-1033
www.ntc.edu/business-industry.html
Provides customized training, consulting, and facility rental, for business and industry purposes through NTC.

Entrepreneurial and Education Center
(715) 848-2016
www.growingyourbusinesswausau.com
Offers business start-up assistance and rental space for applicable start-ups. Certified kitchen available for start-up use.

MCDEVCO
(715) 298-0084
www.mcdevco.org
Economic development services for Marathon County includes: GAP financing, entrepreneur

education and mentoring, and collaboration of resources to launch and grow businesses.

Small Business Administration
(800) 827-5722 (National)
(414) 267-3941 (Milwaukee office)
www.sba.gov/wi
Assists, counsels, and protects the interests of small businesses, including offering loans.

Small Business Development Center
(715) 348-3038
www.uwsp.edu/centers/sbdc
Provides management education and counseling for small businesses, through UW-Stevens Point.

Wisconsin Housing & Economic Development Authority (WHEDA)
(800) 334-9873
www.wheda.com
Small Business Financing Programs offer loans and guarantees for small businesses and agribusinesses.

CHEMICAL DEPENDENCE
See ADDICTIONS

CHILD CARE ASSISTANCE

Childcaring of Central WI
(715) 301-1800
www.childcaring.org
Helps parents choose regulated child care that will meet their families’ needs, and in some cases can provide financial assistance for child care.

Marathon County Department of Social Services
(888) 445-1621 (to apply by phone)
(715) 261-7500 (Social Services)
access.wisconsin.gov
Provides child care financial assistance for eligible families in Marathon County that are in work or work-related activities.

Young Star Website
https://dcf.wisconsin.gov/youngstar
Regulated child care providers are evaluated by the Dept. of Children and Families based on their education, health and well-being practices. Parents can also search for providers in their area.

CHILD & YOUTH SERVICES

4-H
(715) 261-1230
www.marathon.uwex.edu/4h/
Leadership and educational activities for youth, through UW-Extension.

Aspirus YMCA
(715) 841-1850
www.woodsonymca.com
Offers exercise and aquatic programs that help youth build a healthy spirit, mind, and body.

Babysitting Basics
(800) 733-2767
www.redcross.org
Online courses in the basics of babysitting for youth, offered by the American Red Cross.

Babysitting Workshops
(715) 842-3381 ext. 102
www.ywca.org/wausau
Workshops to train young babysitters at the YWCA.

Big Brothers Big Sisters of Northcentral Wisconsin
(715) 848-7207 (Wausau)
www.bbbnsnw.org
Adult/child mentoring program for children that need a positive adult role model. Mentoring can take place at school, at the Boys and Girls Club, or in the community.
Boy Scouts of America—Samoset Council  
(715) 355-1450  
www.samoset.org  
Provides citizenship and character building activities, physical fitness, and leadership training for boys ages 7-20.

Boys & Girls Club of the Wausau Area  
(715) 845-2582  
www.bgclub.com  
Offers programs for youth in grades 4-12 in five core areas of learning experiences and skills. Services offered in Wausau, at the Greenheck Field House, and D. C. Everest Middle School.

Center for the Visual Arts  
(715) 842-4545  
www.cvawausau.org  
Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

D. C. Everest Community Services  
(715) 359-6563  
www.dce.k12.wi.us/greeneheckfieldhouse  
Offers a variety of educational and recreational opportunities for all ages at the Greenheck Fieldhouse.

Girl Scouts of the Northwestern Great Lakes  
(888) 747-6945  
www.gsnwgl.org  
Organization for girls to develop leadership, strong values, and a social conscience.

Hopeline – Text Crisis Line  
741741 – Text Short Code  
www.centerforsuicideawareness.org  
Confidential text service for WI residents, geared toward addressing the issue of suicide in teens and young adults. Support is available in crisis situations, or whenever someone is dealing with a problem that is too big to handle alone (such as depression, school problems, family/relationship issues).

Junior Achievement of Wisconsin  
(715) 842-1056  
https://www.juniorachievement.org/web/ja-wisconsin/  
Volunteers from the community bring hands-on business, financial literacy and workforce readiness concepts to the classroom.

Leadership Dance Group  
(715) 842-5663 (The Women’s Community)  
www.womenscommunity.org  
Combines the creativity of dance with life lessons such as leadership and responsibility for kids ages 8-17.

Spencer Kids Group  
(715) 659-4969  
Provides supervised activities, homework help, and a meal for students ages 6-18 in the Spencer area.

Wausau and Marathon County Parks, Recreation and Forestry Department  
(715) 261-1550  
www.co.marathon.wi.us/parks.asp  
Maintains Wausau and Marathon County parks, playgrounds and recreational facilities. Also provides recreational activities and sports programs for youth.

Woodson YMCA  
(715) 845-2177  
www.woodsonymca.com  
Offers exercise and aquatic programs that help youth build a healthy spirit, mind and body. Financial assistance and scholarships are available.

Youth Development  
(715) 845-4272  
www.sawausau.org  
After school program and character building, at The Salvation Army.

Youth Education Program  
(715) 845-1966  
www.neighborsplace.org  
After-school program for elementary school children that allows them to participate in enriching activities in a safe, supervised location.

YWCA  
(715) 842-3381  
www.ywca.org/wausau  
Offers activities and programming designed for girls’ and women’s personal growth, enrichment and fellowship with the goals of empowering women and eliminating racism.

CONSUMER PROTECTION

Better Business Bureau Serving Wisconsin  
(800) 273-1002  
Processes complaints against, and provides information for, companies and charities nationwide.

Consumer Protection Hotline  
(800) 422-7128  
www.datcp.wi.gov  
State consumer protection agency handles consumers’ and businesses’ questions and complaints regarding unfair business practices.

Do Not Call List  
(888) 382-1222 (National)  
www.donotcall.gov  
Note: Wisconsin is now using the federal Do Not Call list. Numbers registered on the former Wisconsin No Call List have been transferred to the federal list. Registration is permanent—no need to re-register every two years.

CRISIS INTERVENTION

NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line  
(715) 845-4326 or (800) 799-0122  
24 hours/day  
www.norcen.org  
Suicide and crisis intervention, a mobile crisis team, and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services of Wausau  
(715) 848-8444, 24 hours/day  
www.co.marathon.wi.us  
Helps governmental agencies, businesses, and organizations recover from stress reactions caused by a traumatic event and prevent post-traumatic stress.

Hopeline – Text Crisis Line  
741741 – Text Short Code  
www.centerforsuicideawareness.org  
Confidential text service for WI residents, geared toward addressing the issue of suicide in teens and young adults. Support is available in crisis situations, or whenever someone is dealing with a problem that is too big to handle alone (such as depression, school problems, family/relationship issues, etc.).

Lifeline Personal Emergency Response  
(715) 847-2781 (Aspirus)  
Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

The Women’s Community  
(715) 842-7323 (24-hour support line)  
(888) 665-1234 (Toll-free)  
www.womenscommunity.org  
Emergency shelter and crisis intervention for victims of abuse and their children.

Veterans Crisis Line  
(800) 273-8255 ext. 1, or 838255 (Text)  
www.veteranscrisisline.net  
Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.
CULTURAL OPPORTUNITIES

NOTE: To learn more about cultural opportunities in your area of interest, call United Way's 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/get-help/

Center for the Visual Arts
(715) 842-4545
www.cvawausau.org
Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

Hmong Art Study Collection
(715) 842-3381 ext. 102
www.ywca.org/wausau
Collection of Hmong art that preserves cultural history.

Ingwal S. Horgen Farm Museum
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Collection of historic farm equipment and tools, at Marathon Park.

LuCille Tack Center for the Arts
(715) 659-4499
www.lucille tackcenter.com
Community arts center brings professional musical, theatrical and dance performances to the Spencer area.

Performing Arts Foundation
(715) 842-0988
www.grandtheater.org
Stages live performances at Wausau's Grand Theater throughout the year.

Wausau Events
(715) 297-9531
www.wausauevents.org
Coordinates special events in Wausau.

Wausau/Central Wisconsin Convention and Visitors Bureau
(715) 355-8788 or (888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes an online Events Calendar.

Wausau Community Theatre
(715) 359-3972
www.wausaucommunitytheatre.org
Sensory Program for the Visual Arts provides special features that allow theater patrons with vision and hearing limitations to enjoy productions.

Wausau Conservatory of Music
(715) 845-6279
www.wausaushortory.org
Offers music lessons, group ensembles and classes for students of any age and ability.

Woodson Art Museum
(715) 845-7010
www.lywam.org
Offers permanent and changing art exhibits, specializing in art of the natural world. Also offers special programs for children and families.

Yawkey House Museum
(715) 842-5750
www.marathoncountyhistory.org
The Marathon County Historical Society operates this fully restored historical museum. Guided individual and group tours are available.

DAY CARE
See CHILD CARE ASSISTANCE

DISABILITIES
See PEOPLE WITH DISABILITIES

DISASTER RELIEF

American Red Cross
(877) 618-6628
www.redcross.org
Provides disaster relief in the form of emergency shelter, clothing, food, and other immediate disaster-related emergency needs for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Catholic Charities Disaster Relief Funds
(715) 849-3311 or (866) 849-3311
www.cdise.org
Provides assistance with food vouchers, clothing vouchers, insurance deductibles, temporary housing and relocation expenses for individuals affected by fire, tornado, flood, or any natural disaster event.

Marathon County Farm Service Agency (formerly ASCS Office)
(715) 848-2330 ext. 2
www.fsa.usda.gov/wi
Farm Disaster Assistance programs provide financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.

Marathon County Office of Emergency Management
(715) 261-1229
www.co.marathon.wi.us/Departments/EmergencyManagement.aspx
Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army
(715) 845-4272
(715) 845-6583 (After-hours hotline)
www.sawausau.org
Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

DISPOSAL-HOUSEHOLD & HAZARDOUS WASTE

Hazardous and Special Waste Collection Program
(715) 446-3101 ext. 101 or (877) 270-3989
www.marathoncountysolidwaste.org
Marathon County residents can drop off their hazardous waste including chemicals, paint, sharps, oil, and electronics, at the Ringle Landfill by appointment.

EDUCATION
See SCHOOLS & COLLEGES

ELDERLY
See SENIOR SERVICES

EMERGENCY SHELTER

Community Warming Center
(715) 849-3311 ext. 1729 (Catholic Charities)
www.cdise.org
Overnight shelter during the winter months (November – April) for adults age 18 and older who do not have a warm place to stay.

Crisis Stabilization
(715) 845-4326 or (800) 799-0122
www.norcen.org
North Central Health Care offers a short-term, non-medical crisis stabilization program that provides one on one support. A youth crisis program is available for adolescents.

The Salvation Army
Transitional Living Center
(715) 845-6583
www.sawausau.org
Community shelter and support for local homeless population. Offers case management, employment assistance, and computer training.
Women's Community Safe Shelter
(715) 842-7323 (24-hour support line)
(888) 685-1234 (Toll-free)
www.womenscommunity.org
Shelter for victims of domestic abuse, human trafficking, or sexual assault and their children at The Women's Community. Support groups, advocacy, and other specialized services are provided.

EMPLOYMENT & TRAINING

Career Connection Area
(715) 281-7230
www.mcpl.us/research/jobs
Offers resources for job seekers which include dedicated job computers, job/career books and A/V items for check-out, free computer classes, and reference assistance at the Marathon County Public Library in Wausau.

College Prep Center
(715) 803-1152
www.ntc.edu
Offers basic education and job seeking skills instruction for adult learners to help them obtain or retain a job, at NTC.

Dislocated Worker Office
(715) 261-8737 (Job Center)
www.dwd.wisconsin.gov/dislocatedworker/
Helps counsel workers affected by plant closings and/or permanent layoffs.

Division of Vocational Rehabilitation (DVR)
(715) 261-3750 (Job Center)
www.dwd.wisconsin.gov/dvr
State agency helps people who are disabled enter or re-enter the job market.

Employment Complaint Process
(715) 261-3747
A Complaint Specialist at Job Service answers questions regarding employment issues or concerns, provides complaint forms, and processes employment-related complaints.

FoodShare Employment & Training Program
(888) 445-1621 (Intake/referral)
(715) 203-0834 (Caseworker)
www.myfset.net
Employment and training program for FoodShare recipients helps people gain access to employment by increasing skills, overcoming barriers, and receiving supportive services.

Goodwill Industries of North Central Wisconsin
(715) 350-6066 (Weston)
(715) 356-9452 (Rib Mountain)
www.goodwillncw.org
Provides work experience for people with special needs.

Job Center of Wisconsin Website
www.JobCenterofWisconsin.com
A self-service computer-aided system that job seekers can use to find available job openings locally and statewide.

Job Corps Admissions and Placement
(414) 649-9044 or (800) 733-5627
http://jobcorps.gov
Offers vocational training and guidance, and job placement assistance, for qualifying 16 – 24 year olds.

Job Service
(715) 261-8700 (Job Center)
https://JobCenterofWisconsin.com
Helps job seekers with finding employment, writing résumés, interview preparation, workplace skills, and basic computer classes. Also helps employers recruit qualified job seekers.

Labor Standards Bureau, Wisconsin Department of Workforce Development
(608) 266-6860 (Madison)
http://dwd.wisconsin.gov/er/labor_standards/
Administers Wisconsin rules on minimum wage, overtime pay, breaks, and minor employment.

Now Hiring

Train * Learn * Advance
Start Your New Career with the Marathon Cheese Family!

We offer the following benefits:
- A competitive starting wage in a clean cool working environment
- 8 Paid Holidays including 1 personal day
- Paid Vacation
- Medical, Dental and Vision Insurance
- Great 401k with company match of .50 cents on every dollar up to 6% of your annual pay
- No cost Life insurance and accidental death and dismemberment insurance
- Short and Long Term Disability
- Tuition Reimbursement for approved job related courses
- Employee Assistance Program for employees and their families at no cost
- Flexible spending
- Cheese sales discount
- No interest computer loans
- $75 each year safety shoe reimbursement
- 25 year service award
- Thanksgiving and Christmas gifts
- Monthly employee events. We eat very well at Marathon Cheese.

Apply at McCheese.com

The path to your new career starts here.

QPS is hiring in the Central Wisconsin area. Positions ranging from Light Industrial to Skilled Trades + Clerical to Professional.

Call QPS to learn more + schedule your interview at 715-393-8606.
NCCAP AmeriCorps Team Greater Wausau Area
(715) 849-5212
www.northcentralcap.org
Participants work for a year in local agencies and schools to address specific problems such as literacy and early childhood issues.

North Central Health Care Vocational Services-Community Services
(715) 848-4320
www.norcen.org
Helps people with mental and developmental disabilities enter the labor force, and provides follow-up and support.

Senior Service Program
(920) 593-3557
www.curativeconnections.org
A “stepping stone” program to help income-eligible seniors age 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites.

Unemployment Insurance
(414) 435-7069 (Claim Specialist)
www.dwd.wisconsin.gov/uiben/online/
Provides payments, based on work, to eligible workers who are temporarily unemployed.

Wage/Hour Division, U.S. Department of Labor
(866) 487-9243
www.dol.gov/whd
Enforces federal minimum wages, overtime and child labor laws.

WIOA Youth Employment and Training
(715) 261-8700
http://wisconsinjobcenter.org/training/programs.htm
Offers services for in-school and out-of-school youth that include one-on-one career counseling, awareness and assessment, and pre-employment skills training (job applications, résumés, and interviewing skills).

Wisconsin Works Program (W-2)
(715) 261-8700 (Job Center)
Offers employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Workers Compensation
(608) 266-1340 (Madison)
www.dwd.wisconsin.gov/wc
Provides payment of reasonable medical expenses and compensation for lost wages resulting from work-related injuries or disabilities.

Workforce Innovation and Opportunity Act (WIOA)
(715) 261-8700
http://dwd.wisconsin.gov/dwdwia/
Provides local job-related training programs and helps pay for tuition, fees, books and supplies for qualifying students who are training or re-training for employment.

FAMILY CAREGIVER EDUCATION
NOTE: To learn about additional services for caregivers, call United Way’s 2-1-1 any time day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/

Alzheimer’s Association of Greater Wisconsin
(715) 845-7070
(800) 272-3900 (24 Hour Hotline)
www.alz.org/gwwi
Provides educational and supportive resources aimed at meeting the needs of families involved in the care of someone with Alzheimer’s Disease and related dementias. Services include advocacy, public awareness and understanding, support groups, and a 24-hour hotline for people in need of support related to Alzheimer’s or dementia.

Powerful Tools for Caregivers
(715) 261-6070 or (888) 486-9545
www.adrc-wm.com
Educational workshops designed to help family caregivers learn how to reduce feelings of stress, manage time, make difficult decisions, and communicate effectively, through the Aging & Disability Resource Center.

FARMERS’ MARKETS
Aspirus Farmers Market
(715) 847-2000 ext. 52280
Public market held every Thursday, June-September, 9am-3pm or until sold out at 2727 Plaza Dr. WIC Farmer’s Market Nutrition Program checks accepted.

Big Bull Falls Farmers Market
(715) 675-0688
Locally grown produce sold every Saturday morning May-October, in the VFW parking lot.

Edgar Farmers Market
(715) 573-8885
General produce sold every Friday, July-September, 127 N. 3rd Ave. in Edgar from 2-6pm.

Kronenwetter Farmers Market
(715) 693-4200 ext. 30
Held in Sunset Park on Terrebonne Drive on Sundays, mid-June through mid-October, 9am-2pm or until sold out.

Marketplace Thursdays
(715) 297-9531
www.wausauevents.org
Arts and crafts as well as locally-grown produce sold in the 400 Block of 3rd Street. 9am-2pm, every Thursday in summer. Sponsored by Wausau Area Events.

Mosinee Farmers Market
(715) 693-4330
www.mosineechamber.org
Open Tuesdays, Noon until sold out, June through October, in River Park just off Main Street. WIC Farmer’s Market Nutrition Program and FoodShare benefits may be accepted by individual vendors.

Stratford Farmers Market
(715) 506-0960
Located at Stratford Homes, 402 S. Weber Ave. on Wednesdays, June-mid September from 4-7pm. Season may be extended depending on weather and harvest. WIC Farmer’s Market Nutrition Program and FoodShare benefits may be accepted by individual vendors.

Wausau Farmers Market
(715) 443-6647
www.farmersmarketofwausau.com
Sells locally-grown produce at 400 River Dr., just South of the old VFW Club House, every Wednesday and Saturday, mid-May through mid-November, from 7am until all vendors are sold out or choose to leave. FoodShare payments and WIC Farmer’s Market Nutrition Program checks accepted.

Weston Farmers Market
(715) 359-6114
Located at the corner of Camp Phillips Rd. & Schofield Ave., by Dunkin Donuts. Operates May-October, on Tuesday and Saturday from 8-11am or until sold out. FoodShare payments and WIC Farmer’s Market Nutrition Program checks accepted.

FARMERS’ RESOURCES
Easter Seals FARM Program
(Farm Assessment and Rehabilitation Methods)
(800) 422-2324
http://farm.eastersealswisconsin.com
Helps farm families return to farming after a disabling injury or illness, by providing on-site assessments and recommendations. Also provides information on equipment, worksite modifications, and referrals to funding sources.
Farmland Preservation Program
(715) 261-6000
www.co.marathon.wi.us/Departments/ConservationPlanningZoning/FarmlandPreservation.aspx
Offers state income tax credits to local farmers who participate in programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program
(715) 446-3101
www.marathoncountysolidwaste.org
Disposes of agriculture-related chemicals. Call this number to pre-register with the Marathon County Solid Waste Department.

Marathon County Farm Service Agency (FSA)
(715) 848-2330
www.fsa.usda.gov/wi
Offers agricultural credit to farmers, including operating loans, farm ownership loans, farm operating loans, and non-insured crop disaster assistance program (NAP).

Sowing the Seeds of Hope Counseling Program
(800) 942-2474
www.datcp.wi.gov
Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

UW-Extension, Marathon County
(715) 261-1230
http://marathon.uwex.edu
County Agents offer programs in farm succession planning, reproduction efficiency cover crops and no-till education, dairy revitalization, low-cost dairy facilities modernization, milk quality improvement conservation program support, and farm business management.

Wisconsin Farm Center
(608) 224-5048 or (800) 942-2474
www.datcp.wi.gov
Provides free financial and business counseling, as well as mediation to resolve farming-related disputes for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Housing & Economic Development Authority (WHEDA)
(800) 334-6873
www.wheda.com
Agricultural Financing Programs include CROP loans, and loans to help farmers who want to start, expand, or modernize their operations.

NOTE: For more information about help for farmers in distress, call United Way's 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590
Email askus@unitedwaymc.org
Search online at: www.unitedwaymc.org/get-help/

FINANCIAL/BUDGETING COUNSELING

Catholic Charities – Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.ccldse.org
Families and individuals receive an evaluation of their financial situation, develop a plan, and participate in financial and bankruptcy counseling.

Family Living Education
(715) 261-1230
http://marathon.uwex.edu/family-living
Family Living Educator provides consumer information about family financial management and consumer resource management, through UW-Extension. Also partners with the Get Smart Wausau Coalition to promote financial literacy through public events that provide free or low cost financial education.

Greenpath Financial Counseling
(800) 550-1961
www.greenpath.org
Offers free financial and budget counseling. Other services include student loan, housing, and bankruptcy counseling for a fee.

Project Step Up
(715) 849-3311
Provides family mentoring, case management and financial literacy for families seeking greater financial stability, through Catholic Charities.

NOTE: Local schools and colleges sometimes offer consumer finance courses. Call or log on for current schedules and fees.

Northcentral Technical College
(715) 675-3331
www.nctc.edu/

University of Wisconsin Stevens Point at Wausau
(715) 261-6294
www.uwm.edu/continuing_education/

FOOD ASSISTANCE

AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867 or (800) 551-3311
www.arcw.org
Provides emergency food and other emergency assistance for people with or affected by HIV/AIDS.

Athens Circle of Joy Food Pantry
(715) 257-7659
Provides food for residents of Athens School District. Distributes the 1st Wednesday of the month 9-11am, and 3rd Wednesday of the month 3-5pm at St. Anthony's Catholic Church.

Bridge Clinic Community Gardens
(715) 848-4884
www.wausaucommunitygardens.org
Community members can rent a plot in the Bridge Community Health Clinic gardens in Wausau. Renters receive free classes on sustainable gardening and help in the garden by experienced gardeners.

Café 60
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Provides elderly residents in rural Marathon County with meal coupons to use in local participating restaurants that will help meet their nutritional needs, through the Aging & Disability Resource Center.

Community Action Partnership (CAP)
(715) 241-7335 ext. 3
www.christcc.com
Distributes both fresh and non-perishable food every other Friday 2-4pm at Ministry of Christ Community Church.

Community Center of Hope Food Pantry
(715) 693-7145
www.chopene.net
Community food pantry for southern Marathon County residents in need. Distributes Monday 9am-Noon; Tuesday 2:30-5:30pm; and Friday Noon-2pm.

Community Garden
(715) 845-1966 (The Neighbors’ Place)
www.neighborsplace.org
Public garden plots in Wausau can be adopted by service organizations or community members. A percentage of items grown in gardens are donated to The Neighbors’ Place food pantry.
Community United Pantry (CUP)  
(715) 223-2166  
Food pantry for Colby, Curtiss, Abbotsford and Dorchester residents in an emergency, Tuesday 9-11am at Zion Lutheran Church.

Covenant Food Pantry  
(715) 359-6467  
www.covenantcommunitypc.org  
Provides emergency food for area families in need. Distributes the 2nd and 4th Wednesday of the month from the 3-5pm, at the Covenant Community Presbyterian Church in Schofield.

Edgar Circle of Joy Food Pantry  
(715) 352-2532 or (715) 443-6168  
Offers emergency food for residents in Edgar and Marathon City areas, the 1st Wednesday of the month 9-11am and 3rd Wednesday from 2-4pm, at Edgar Village Hall.

First Hmong Missionary Alliance Church Food Pantry  
(715) 212-4032  
www.fhmac.org  
Food pantry mainly provides Southeast Asian food items but may also have other non-perishable food items to those in need, 3rd Friday of the month 5-6:30pm.

First Presbyterian Church Food Pantry  
(715) 842-2116  
www.firstpreswausau.org  
Church volunteers distribute food on the 1st and 3rd Tuesday of the month, 1-2pm.

Jubilee House  
(715) 842-3148  
A Catholic Worker House that serves a community meal in Wausau every Thursday 4:30-6pm at Faith Christian Academy.

Marathon County Economic Support  
(888) 445-1621 or (715) 261-7500  
access.wisconsin.gov  
(call or log on to apply, or apply in person at Marathon County Social Services). Administers FoodShare/Food Stamps for all eligible Marathon County residents.

Meals and More  
(715) 842-0769  
www.trinityonstewart.org  
Offers monthly community meal and Christian fellowship, at Trinity Lutheran Church in Wausau on the 4th Wednesday of the month 4:30-6pm.

Meals on Wheels  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Provides home-delivered meals for senior citizens who are confined to their homes, through the Aging & Disability Resource Center.

Mosinee Circle of Joy  
(715) 693-2811 or (715) 693-1591  
Food assistance provided to Mosinee area residents in need, by appointment only.

Ruby’s Pantry  
(715) 845-8541  
www.newhopewausau.org  
Offers a share of food (2 big laundry baskets full) for a $20 donation on the 1st Tuesday of the month, 5:30-7:30pm, at New Hope Community Church.

Saint Agnes Food Pantry  
(715) 359-5675 (Church office)  
www.stagnescatholicparish.com  
Community food pantry for area residents who are in emergency need of food, 1st and 3rd Tuesday of the month 3-5pm.

Saint Florian’s Food Pantry  
(715) 446-3085 (Parish Center, may leave a message)  
www.stflios.org  
Food pantry for anyone in emergency need of food in Hatley, 3rd Tuesday and the following Saturday of the month 9am-Noon.

Saint Paul’s Food Distribution  
(715) 842-3733 (Church office)  
www.stpaululcwausau.org  
Church members distribute bags of groceries for people in need, while supplies last, at St. Paul’s United Church of Christ in Wausau on the 1st and 3rd Tuesday of the month 9am-Noon.

Saint Paul’s Neighborhood Meal  
(715) 842-3733  
www.stpaululcwausau.org  
Community meal served each Tuesday 4:30-6pm, at St. Paul’s United Church of Christ in Wausau.

Saturday Downtown Lunches  
(715) 845-6947  
www.stjohnsipelicalwausau.wordpress.com  
A full meal is served to everyone who comes to St. John the Baptist Episcopal Church in Wausau, on the last Saturday of each month at 11am.

Schofield Food Pantry  
(715) 359-5230  
www.cityofschofield.org  
Small food pantry located in front of Schofield City Hall. Anyone in need is welcome to access the pantry 24 hours/day.

Spencer King’s Pantry  
(715) 659-5181 (In an emergency)  
Helps Spencer area residents who are in emergency need of food, at Christ the King Catholic Church, on Monday from 10am-2pm.

Stratford Area Pantry  
(715) 687-3126  
Community pantry for people in the Stratford area who have emergency food needs, by pre-arrangement; please call ahead.

Summer Food Program  
(715) 359-4221 ext. 2408  
www.dce.k12.wi.us  
Provides breakfast and lunch to children age 18 and younger during the summer months.

Summer Food Service Program  
(715) 261-0807  
www.wausauschools.org  
Provides breakfast and lunch meals to Wausau School District students at several school locations during summer session.

Summer Meal Program  
(715) 845-2582  
www.bgclub.com  
The Boys and Girls Club in Wausau makes this USDA School Breakfast and Lunch Program available in the summer, Monday-Friday, for anyone age birth to 18 years old. Breakfast is served at 7:30am, lunch served at Noon.

Sunday Community Supper  
(715) 842-2116 (May leave message for Supper Coordinator)  
www.firstpreswausau.org  
Volunteers from area churches serve a Sunday evening meal for community members 4-5:10pm, at First Presbyterian Church in Wausau.

The Neighbors’ Place Food Pantry  
(715) 845-1966  
www.neighborsplace.org  
Distributes donated and government commodity foods in Wausau 5 days a week: Monday, Tuesday, Thursday, and Friday 10:30am-1:30pm; Wednesday 1:30-4:30pm.

The Salvation Army  
(715) 845-4272  
(715) 845-6883 (After-hours hotline)  
www.sawausau.org  
Free Hot Lunches available for everyone on a walk-in basis Monday-Saturday 11:30am-12:30pm (except holidays); Bread and Produce Distribution occurs each Monday, Wednesday, and Friday at 10am; Food Pantry
Aspirus Comfort Care and Hospice Services
(715) 847-2424
www.aspirus.org
Provides comprehensive hospice care for children or adults with terminal illness and their families.

Aspirus Walk-In Clinics
(715) 847-2472 (Family Walk-in, Wausau)
(715) 241-6404 (Weston Clinic)
www.aspirus.org.
Walk-in medical clinics for minor ailments and injuries.

Aspirus Wausau Hospital
(715) 847-2121
www.aspirus.org/ourservices
Local hospital providing community education programs as well as hospital services.

Atrium Post Acute Care of Weston (formerly Kennedy Park)
(715) 359-4257
http://atriumhsl.com/location/westonpac/about/
Nursing home and rehabilitation facility in Schofield.

BadgerCare Plus
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services). Public assistance program that provides health coverage to income-eligible individuals, families, and children.

Benedictine Living Community
(715) 675-9451
www.blcwausau.org
Nursing home and rehabilitation facility in Wausau.

Blood Pressure
(715) 355-6763
Free blood pressure checks at the Fire Dept. in Rib Mountain, and free blood pressure checks at the Weston Public Safety Building provided by South Area Fire and Emergency Response District.

Bridge Community Health Clinic
(715) 848-4884
www.bridgeclinic.org
A primary care clinic providing general medical, dental, and counseling services to all patients, regardless of their insurance status. Discounted fees for income-eligible patients.

Certified Application Counselors
Provides information and assistance to individuals, families, and small business owners on how to navigate and enroll in the Health Insurance Marketplace. The following agencies have Certified Counselors available to the general public:

* Bridge Community Health Clinic
  (715) 848-4884
* Aspirus locations
  (888) 620-1555
* Marshfield Clinic locations
  (800) 782-8581 ext. 94475
* Ascension St. Clare’s Hospital
  (715) 393-3094

Colonial Center
(715) 223-2352
www.colonialhealthcenter.com
Nursing home and rehabilitation facility in Colby.

Colonial Manor Medical and Rehabilitation Center
(715) 842-2028
www.mgnhealthcare.com
Nursing home and rehabilitation facility in Wausau.

Dental Hygiene Clinic
(715) 803-1585
www.ntc.edu
Dental Hygiene students at NTC provide basic teeth cleaning services.

Dycora Transitional Health & Living
(715) 223-2359
dycora.com
Nursing home and rehabilitation facility in Abbotsford.

Free Blood Pressure Screening
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
Volunteer nurses provide free blood pressure screening monthly at sites throughout Marathon County, through United Way RSVP.

Free Mammography and Breast Cancer Screening Services
(715) 847-2380 or (800) 847-4707
www.aspirus.org
Free mammograms and breast-related diagnostic services for women and men without health insurance or a high deductible and co-pay, through Aspirus Wausau Hospital.

Healthfirst Network
(800) 246-5743
www.healthfirstnetwork.org
Offers low-cost reproductive health care and education. Services include pregnancy testing and options, STD testing, pap and pelvic exams, contraception, and natural family planning instruction.

Family Planning Only Services
(888) 445-1621 or (715) 261-7500
access.wisconsin.gov
(call or log on to apply, or apply in person at Marathon County Social Services). Provides limited benefits relating to family planning services for low-income women and men age 15 and older.
Health Insurance Marketplace  
(800) 318-2596  
www.healthcare.gov  
Provides information about health insurance options, subsidies and available tax credits for health insurance, and the option to sign up for a health insurance plan through the Affordable Care Act.

Inclusa  
(715) 301-1809 (For current enrollees)  
To enroll, call the Aging & Disability Resource Center at (715) 261-6070 or (888) 486-9545  
www.inclusa.org  
This organization offers a long-term care benefit package to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Healthcare  
(715) 842-7707  
www.interimhealthcare.com  
Provides both hospice and palliative care services, as well as home health care, nursing, and respite care.

Marshfield Clinic – Urgent Care  
(715) 847-3281 (Wausau Center)  
(715) 393-1482 (Weston Center)  
www.marshfieldclinic.org  
Walk-in medical clinics for minor ailments and injuries.

Medicaid Program (M.A.)  
(888) 445-1621 or (715) 261-7500  
access.wisconsin.gov  
(call or log on to apply, or apply in person at Marathon County Social Services). Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

Mount View Care Center  
(715) 894-4300  
www.norcon.org/skilled-nursing  
Nursing home in Wausau. Includes a specialized dementia community, Legacies by the Lake.

Needle Exchange Program  
(715) 355-6867 ext. 3704  
www.arcw.org  
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, counseling, testing and referrals for drug treatment through the AIDS Resource Center.

Pride Therapy & Living Campus  
(715) 289-3833  
http://pridetc.com  
Assisted living and rehabilitation facility.

Refugee Health  
(715) 261-1900 (Health Department)  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Nurse coordinates services for refugees, through the Health Department.

Rennes Health and Rehab Center  
(715) 393-0400  
www.rennesgroup.com  
Nursing home and rehabilitation facility in Weston.

Retirement Well-being Series  
(715) 848-2927  
www.unitedwaywmc.org/rsvp.htm  
United Way RSVP of Marathon County provides free monthly informational and social programs that help plan for a meaningful and fulfilling retirement.

STD Clinic  
(715) 261-1000 (Health Department)  
www.marathon.wi.us/Departments/HealthDepartment/InfectiousDiseases/STDs/HIV.aspx  
Confidential HIV testing offered at Aspirus Wausau Family Medicine, 425 Wind Ridge Dr. in Wausau.

Seniors Eyecare  
(877) 887-6327  
www.aao.org/eyecare-america  
Participating ophthalmologists provide medical eye exams for eligible senior citizens through this project of the Foundation of the American Academy of Ophthalmology.

Shriners Hospitals for Children  
(715) 842-7701 (Wausau contact)  
(612) 596-6105 (Applications)  
www.shrinershospitalforchildren.org/hospitals/locations/minneapolis  
The Shriners Hospitals for Children-Twin Cities provides comprehensive medical, surgical and rehabilitative care for children with orthopedic conditions.

Vision USA--The Wisconsin Project  
(877) 435-2020  
www.woa-eyes.org/vision-usa-public  
Provides free eye exams to children from qualifying families, through the Wisconsin Optometric Association.

Wausau Manor Nursing Home  
(715) 842-0575  
www.wausaumannorcare.com  
Nursing home and rehabilitation facility in Wausau.
Wausau V. A. Medical Clinic
(800) 872-8662 (For Referral)
Provides primary medical care and mental health counseling for veterans only.

Well Badger Resource Center
(800) 642-7837
https://wellbadger.org
Provides public health information and referral to services that focus on women before, during, and after pregnancy, as well as children, including those with special health care needs.

Wisconsin Managed Care HMO Enrollment Specialist Program
(800) 291-2002 (Milwaukee)
Edutes recipients regarding managed care enrollment options and resolves problems with managed care providers.

Wisconsin Medicaid/BadgerCare Plus Member Services
(800) 362-3002
http://dhs.wisconsin.gov/medicaid
Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.

Wisconsin Well Woman Program
(715) 345-5712
www.co.portage.wi.us
Provides preventive health screening services to women ages 45-64 who have little or no health insurance. Services include mammograms, pap tests, and pelvic exams.

For additional Health Services resources, see
* PRESCRIPTION ASSISTANCE.

**HOME PURCHASE ASSISTANCE**

FHA (Federal Housing Administration) Resource Center
(800) 569-4287
Housing counselors can provide advice on buying a home, renting, default or foreclosure, credit issues, etc. Also offers information on FHA insured mortgages and referrals to local FHA lenders.

Habitat for Humanity of Wausau
(715) 848-5042
www.habitatwausau.org
Eligible low-income families may apply their “sweat equity” toward owning a home built with volunteers.

Wausau Community Development Department
(715) 261-6680
www.ci.wausau.wi.us
Helps people learn how to find a home to buy, and offers down payment assistance for eligible persons who buy a home in the City of Wausau.

Wisconsin Rural Development
(715) 345-7601
www.rd.usda.gov/wi
Guaranteed Rural Housing Program for low income applicants in rural areas who are unable to get a conventional loan from a bank.

**HOUSING ASSISTANCE**

Abbotsford Housing Authority
(715) 223-4631
Providess federally subsidized housing in Abbotsford.

AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867 or (800) 551-3311
www.arcw.org
Provides rent and other emergency financial assistance for people with or affected by HIV/AIDS.

Atrium Lofts
(715) 843-7799
www.paramark.us
Loft-style apartments in the renovated Sav-O-Supply building in Wausau, some units are reserved for income-eligible tenants.

Catholic Charities Foreclosure Prevention
(715) 849-3311 or (866) 849-3311
www.ccilsse.org
Provides in-person or telephone counseling to homeowners who are at risk of losing their home to foreclosure.

Catholic Charities – Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.ccilsse.org
Program participants receive case management services that may lead to rent payment assistance.

Diamonds Edge and Diamond View Apartments
(formerly Randolph Court)
(715) 675-7979
Housing unit subsidized by HUD (Housing & Urban Development).

East High Apartments and Townhouses
(715) 849-8230
www.stonehousedevelopment.com
Select units in the renovated East High School are reserved for income-eligible tenants. Please call for details.

Emergency Assistance Program
(800) 771-8420 (To make an appointment)
(715) 261-8700 (Job Center)
Needy families with a child that have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Housing Assistance Funds (EHAF)
Emergency rent payment assistance is administered locally by a collaboration of human service agencies for area residents who would otherwise be homeless. The general public may contact ONE of these agencies for an appointment:
* North Central Community Action Program (NCCAP): (715) 842-0681 (Wausau Area)
* Catholic Charities - Saint Lawrence Community Services: (715) 849-3311
* The Salvation Army: (715) 842-4272
* The Women’s Community: (715) 842-5663
(Victims of abuse only)

Federal Building Lofts
(715) 843-7799
www.paramark.us
Loft style apartments in the renovated Federal Building are reserved for income-eligible tenants.

Homeowner’s HOPE™ Hotline
(888) 995-4673
www.995hope.org
Provides free telephone or online credit counseling to help homeowners at risk of foreclosure, through Wisconsin Housing & Economic Development Authority.

Marathon County Veterans Service Office
(715) 261-1141
www.co.marathon.wi.us/Departments/Veterans.aspx
Emergency temporary assistance for rental or utility assistance may be available for veterans depending on individual circumstances.

Rural Housing
(888) 400-5974
www.wisconsinruralhousing.org
Provides assistance for those in rural counties with a security deposit or a past due rent payment, mortgage, and property taxes when local funding options have been exhausted.
Terrace Heights Apartments  
(715) 393-4544  
www.acmanagementgroup.com  
Housing unit subsidized by HUD (Housing & Urban Development).

Trolley Quarter Flats  
(715) 843-7799  
www.paramark.us  
Units in a renovated historic trolley barn in Wausau are reserved for income-eligible tenants. Please call for details.

Wausau Community Development Authority  
(715) 261-6687  
www.ci.wausau.wi.us  
Handles Section 8 Housing Assistance, "Scattered Site" Public Housing, and Senior/Handicapped Housing at Riverview Towers and Riverview Terrace.

Weston Pines Apartments  
(715) 355-1016  
www.westonpinesapartments.com  
Units are reserved for income-eligible tenants. Please call for details.

Housing for People with Disabilities

To learn about group homes and subsidized rental housing for people with disabilities, call United Way's 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/get-help/

Housing for Seniors

To learn about the variety of options for older people when choosing a place of residence or long-term care facility, call United Way's 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/get-help/

Immigrant Services

Catholic Charities Immigration Services  
(715) 849-3311  
www.ccwse.org  
Visiting attorney offers assistance with family-based immigration issues during monthly appointments in the Wausau office.

English Language Learner Services  
(715) 803-1152  
www.ntc.edu  
Offers English language instruction for non-English speaking adults, at NTC.

Hispanic Outreach Program  
(715) 842-5663  
www.womenscommunity.org  
Provides emergency intervention, support, and advocacy for Latina victims or survivors of domestic violence or sexual assault, through The Women's Community.

Migrant Project  
(855) 947-2529 (Madison)  
www.legalaction.org  
Helps migrant, seasonal farmworkers or dairy workers with civil legal problems, through Legal Action of Wisconsin.

The Neighbors' Place  
(715) 845-1966  
www.neighborsplace.org  
Offers bilingual assistance to individuals in Marathon County, including English as a Second Language classes and help with job and computer skills.

Refugee Cash Assistance  
(715) 261-8700  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. For refugees who enroll in an employment program at The Job Center, assistance is available for the first eight months they are in the country.

Refugee Health  
(715) 261-1902  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Nurses help refugees and immigrants connect with a medical provider and obtain immunizations, through the Health Department.

Southeast Asian Program (SEAP)  
(715) 842-5663  
www.womenscommunity.org  
Provides emergency intervention, support, and advocacy for Southeast Asian victims or survivors of domestic violence or sexual assault, through The Women's Community.

U. S. Citizenship and Immigration Services  
(formerly Immigration & Naturalization Service--INS)  
(800) 375-5283  
www.uscis.gov/portal/site/uscis  
This bureau of the Department of Homeland Security offers pre-recorded immigration information via touch-tone phone.

Immunization Clinics

Marathon County Health Department  
(715) 261-1900  
www.co.marathon.wi.us/departments/healthdepartment.aspx  
Provides routine childhood immunizations for uninsured/underinsured or Medicaid eligible children, and some vaccines for adults.

NOTE: For information about influenza vaccines, call United Way's 2-1-1 any time during flu season.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search the Wisconsin 2-1-1 Flu Clinic Locator at: www.wisconsinfluclinic.info

In-Home Care & Respite

Alzheimer's Family and Caregiver Support Program  
(715) 261-6070  
www.adrc-cw.com  
Provides support and reimbursement for some expenses related to caring for someone with Alzheimer's or related dementia, including respite and home care, through the Aging and Disability Resource Center.

Ascension at Home – Home Health  
(800) 397-0270  
www.ascensionathome.com  
State-licensed home health and personal care agency. Provides nursing, home health aide, and therapy services.

Aspirus Help at Home  
(715) 847-2600 or (800) 600-8296  
www.aspirus.org/ourservices  
State-licensed home health and personal care agency provides long-term or temporary help at home and supportive services that allow a person of any age to remain at home.
Compassion
Personal Home Care
(715) 298-6777
State-licensed personal care agency for individuals needing assistance in the home.

Faith in Action-Marathon County
(715) 848-8783
www.faithinactionmnc.org
Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing services. In-home services offered include food pantry delivery and safety apparatus installation.

Interim Healthcare
(715) 842-7707 ext. 113
www.interimhealthcare.com
State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Personal Assistant Services
(800) 382-8494 (Stevens Point)
www.milc-inc.org
Offers in-home services, ranging from personal needs to simple household tasks, for people with a disability, through Midstate Independent Living Choices.

Start Right Family Visiting
(715) 845-6747 (Wausau Family Resource Center)
Provides in-home parenting education that gives parents of children ages birth to 5 an opportunity to ask questions about health and well-being of their children and changing family.

Tongxeng Personal Home Care
(715) 298-9130
www.tongxenghomecare.com
Personal care workers provide in-home supportive care for those who are Medicaid eligible.

Tyler’s Home for Kids
(715) 847-1175 or (800) 472-4408
www.oppincwi.org
State-licensed group foster care home offers respite services on a 24-hour basis for families of children with special needs, through Opportunity, Inc. Also provides in-home respite by appointment.

Universal Home Health Care
(715) 298-0397
www.uhhc.com
State-licensed in-home personal care agency providing services for individuals with cognitive impairments, disability, or physical illness.

NOTE: Non-regulated in-home care providers may also be available in the Yellow Pages of the phone book or on-line, for example at www.YellowPages.com. You may learn more by calling the providers listed to compare services and fees.

JAIL TRANSITION

The Open Door
(715) 848-4044
www.opendoormarathoncounty.com
Volunteers provide support for inmates upon release from jail or prison, including clothing and footwear, toiletries, life skills training, and job readiness training at Saint Paul’s Community Center in Wausau.

LANDLORD/TENANT

Consumer Protection Hotline
(800) 422-7126 (Madison)
http://datcp.wi.gov
State consumer protection agency handles landlord/tenant complaints.

Riverview Terrace
Assisted Living (RCAC)

• Affordable Rent
• 1-Bedroom Private Apartments
• Walk-In Showers
• Storage Units
• Midday Meal Provided
• Utilities Included
• Overnight Security
• Convenience Store
• Beauty/Barber Shop
• Lifeline Service Provided
• Guest Room Available
• Social Activities

540 E. Thomas St.,
Wausau
For more information call:
Wausau Community Development Authority ~ 715-261-6687
Environmental Health and Safety Program  
(715) 261-1900  
www.co.marathon.wi.us/Departments/HealthDepartment.aspx  
Marathon County Health Department investigates local landlord problems involving heat, sanitation, and pest control.

Tenant Resource Center  
(877) 238-7368 (Madison)  
www.tenantresourcecenter.org  
Provides information regarding tenant and landlord concerns, such as eviction and repairs.

LEGAL ASSISTANCE

Aging & Disability Resource Center of Central Wisconsin  
(715) 261-6070 or (888) 486-9545  
www.adrc-cw.com  
Resource Specialists help seniors age 60 and older and adults with disabilities understand their government benefits and consumer rights.

Lawyer Referral and Information Service  
(800) 362-9082  
www.wisbar.org  
Legal hotline that refers callers to a lawyer dealing with their type of legal situation, through the State Bar of Wisconsin.

Modest Means Referral Program  
(888) 529-7599  
www.wisbar.org  
State Bar of Wisconsin helps connect clients whose income is too high to qualify for free legal aid, but too low to pay an attorney’s regular fees, with a lawyer who has agreed to consider certain cases at a reduced rate.

Public Defenders Office  
(715) 842-1603  
www.wisspd.org  
Legal counsel to low-income residents who have been accused of criminal activity.

Wisconsin Judicare  
(715) 842-1681  
www.judicare.org  
Legal aid for low-income residents of the northern 33 counties in WI, as well as 11 federally recognized tribes for a variety of legal issues.

LIBRARIES

Marathon County Public Library  
(715) 261-7200  
www.mcpl.us  
Public library system serves Marathon County residents with branches in:

Athens  
Edgar  
Hatley  
Marathon City  
Mosinee  
Rothschild  
Spencer  
Stratford  
Wausau  
(715) 261-7200  
(715) 257-7292  
(715) 352-3155  
(715) 446-3537  
(715) 443-2775  
(715) 693-2144  
(715) 359-6208  
(715) 659-3996  
(715) 687-4420  
(715) 261-7200

National Library for the Blind & Physically Handicapped  
(715) 261-7200  
www.mcpl.us/services/outreach  
Provides audio books, delivered free, to the visually impaired and qualified physically impaired persons, through the Marathon County Public Library.

LITERACY

Marathon County Literacy Council  
(715) 679-6170  
Trained volunteer tutors provide one-to-one literacy instruction for adults throughout Marathon County.

NTC’s College Prep Center  
(715) 803-1152  
www.ntc.edu  
Services available to adult learners include help with basic literacy skills.

MENTAL HEALTH SERVICES

NOTE: To learn more about counseling options in your area of interest, call United Way’s 2-1-1 any time, day or night.

Dial 2-1-1 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org  
Search online at: www.unitedwaymc.org/get-help/

Achieve Center  
(715) 845-4900  
www.uchievecenter.com

ACS Clinical Services  
(715) 848-3202  
www.correctionalservices.org

Affiliated Family Psychiatry of Wausau  
(715) 842-8600

American Telepsychiatry  
(414) 939-7132  
www.americanpsych.com/portfolio-items/wausau

Behavioral Health Clinic  
(715) 842-9500  
www.bhcwausau.com

Bridge Community Health Clinic Counseling  
(715) 848-4884  
www.bridgeclinic.org

Caring Tree Children’s Counseling Center  
(715) 301-0667  
www.caringtree.us

Center for Human Development  
(715) 842-0944 or (800) 236-3792  
www.chdevelopment.org

Centre for Well-Being  
(715) 848-5022  
www.centerforwellbeing.net

Charis Counseling  
(715) 848-0525  
www.chariscounselingwi.com

Child and Family Counseling (previously Children’s Service Society)  
(715) 848-1457  
www.cssw.org

Compass Counseling  
(715) 845-5493  
www.compasscounselors.com

Dix & Gillette Counseling Services  
(715) 675-3888

Elmgreen Associates  
(715) 845-7175  
www.elmgreen.com

Evans Counseling  
(715) 849-3988

North Central Health Care Outpatient Mental Health  
(715) 848-4356  
www.norcen.org

Peaceful Solutions Counseling  
(715) 675-3458  
www.peacefulsolutions.org

Stepping Stones Counseling Center  
(715) 355-4999  
www.steppingstonescounselingcenter.org
PARENTING

Family Birth Center
(715) 393-3258 (Ascension Saint Clare's Hospital)
ascension.org/wisconsin
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

Family Resource Centers
(715) 848-1457 (Wausau office and Parenting Warming)
(715) 218-8424 (Stratford)
www.chw.org/childrens-and-the-community/
Provides parenting education, support, and workshops through centers in Wausau and Stratford. Also offers in-home parenting education through the Start Right Family Visiting program.

MOPs Program
(715) 842-5683
www.highlandcommunitychurch.com
Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, at Highland Community Church.

Raise Great Kids Website
www.raisegreatkids.org
Website offers a way for community members to share information and work together to support young children by providing information about parenting, pregnancy, child development, and community resources.

Start Right Programs
(715) 261-1900
www.co.marathon.wi.us/Departments/HealthDepartment.aspx
Provides family support, case management and coaching for families from pregnancy to age 5. Provides information and assistance with infant care basics.

Women's Health Birthing Center
(715) 847-2380 (Aspirus Information Center)
www.aspirus.org
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PEOPLE WITH DISABILITIES

ABC for Health
(800) 585-4222
www.safetyweb.org
Offers legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability Resource Specialists
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Serves as the initial contact for resources that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Blind and Visually Impaired Services of Northcentral Wisconsin
(715) 298-0086
www.blindandvisuallyimpairedservices.com
Offers rehabilitation instruction for blindness and functional low vision that includes use of assistive technology, braille, and computers.

Central Housing Region Community Development Block Grant
(608) 847-7309
Provides deferred homeowner rehabilitation loans at 0% interest for income-eligible residents to make their home handicapped accessible.

Central Wisconsin Autism Society
(715) 370-0987
Provides support and information for parents and caregivers of children with Autism Spectrum Disorder, as well as social opportunities for those with Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs
(715) 261-1906
www.northeasternregionalcenter.org
Provides health benefits counseling, service coordination, and advocacy for local families of children with special health care needs and the providers who serve them, through the Marathon County Health Department.

Community Corner Clubhouse
(715) 843-1926
www.norcon.org
The Clubhouse is a psychosocial rehab program of North Central Health Care serving people with mental illness. Members are involved in the Clubhouse work-ordered day and through this process build relationships, self-confidence, self-esteem, and the tools to return to work or further their education.

D. C. Everest Area Schools’ Pupil Services and Special Education
(715) 359-4221 ext. 1351 (Pupil Services)
(715) 359-4221 ext. 1222 (Special Education)
Provides educational services for school-aged children with disabilities in the D.C. Everest Area Schools.

Downtown Memory Café
(715) 842-2201
www.fumcwausau.org
Individuals experiencing early stage dementia or mild memory loss are able to socialize and participate in activities on the 3rd Thursday of the month, 10:30am-Noon at First United Methodist Church.

Everest Area Special Olympics
(715) 359-9134
www.specialolympicswisconsin.org
Provides sports training and competition for children and adults with cognitive disabilities.

Goodwill Industries of North Central Wisconsin
(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillnw.org
Provides work experience for people with special needs.

Greater Wausau Christian Services
(715) 842-5635
www.gwcservices.org
Offers volunteer-led Bible classes for adults with developmental disabilities.

Homme Adult Day Center
(715) 845-1214
www.homme.org
Offers social and recreational activities for people with Alzheimer’s disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Inclusa
(877) 622-6700 (For current enrollees)
To enroll, call the Aging & Disability Resource Center at: (715) 261-6070 or (888) 486-9545
www.inclusa.org
Coordinates cost-effective and individualized long-term care supports through Wisconsin’s Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Health Care
(715) 842-7707
www.interimhealthcare.com
State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.
Marathon County Birth to Three
(715) 848-4580
www.norcen.org
Provides coordinated services for infants and toddlers who experience atypical development or developmental delays, through North Central Health Care.

Marathon County Department of Special Education
(715) 261-1980
www.mcspecialeducation.com
Offers educational services for school-aged children with disabilities in rural Marathon County.

Meals on Wheels
(715) 261-6070
www.adrc-cw.com
Provides home-delivered meals to seniors who are confined to their homes because of illness or disability and are unable to easily prepare a meal for themselves, through the Aging and Disability Resource Center.

Metro Ride Paratransit (formerly WATs+)
(715) 842-9287
http://ci.wausau.wi.us/Departments/metroride.aspx
Provides non-emergency, specialized transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Midstate Independent Living Choices
(800) 382-8484
www.milc-inc.org
Services available to people with disabilities of all ages, include Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, Peer Support, and Representative Payee.

Mosinee Community Development Block Grant Program
(800) 762-0665
www.oppincwi.org
Offers revolving loan funds for City of Mosinee residents that include help making a home handicap-accessible.

Mosinee School District’s Pupil Services
(715) 693-2530
www.mosineschools.org
Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

MyTeam Triumph
(920) 288-2359
Email info@myteamtriumph-wi.org
Individuals with disabilities are assisted by volunteer athletes in races such as 5ks, marathons, duathlons, triathlons, and cycling events.

North Central Health Care
(715) 848-4600 (Main switchboard)
(715) 848-4417 (Registration)
www.norcen.org
Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Northern Valley Industries
(715) 845-7316
Provides services designed for people with disabilities to reach his or her highest level of vocational achievement.

Office for the Blind and Visually Impaired
(888) 879-0017
http://dhs.wisconsin.gov/blind
Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Deaf and Hard of Hearing
(655) 359-5252
http://dhs.wisconsin.gov/
Offers information, referral, support and training for people who are deaf, deaf-blind, or hard of hearing.

Opportunity, Inc.
(715) 842-8700 or (800) 472-4408
www.oppincwi.org
Provides assistance for children and adults with disabilities, and their families, including Advocacy, Respite, and Assisted Living.

Rainbow’s End
(715) 847-2000 ext. 53488
www.aspirus.org/rainbowsend
Day camp for young people ages 5 - 21 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Regional Library for the Blind & Physically Handicapped
(715) 261-7248
www.mcpl.us/services/homebound
Provides “Talking Books” and players free to visually impaired and to qualified physically impaired persons, through the Marathon County Public Library.

Shared Blessings
(715) 432-4799
www.sharedblessingskids.org
Provides and host community events at various locations for Special Needs Families to meet for playgroups, therapy, and networking.

Social Security Administration
(800) 772-1213 or (855) 269-9186
www.socialsecurity.gov
Federal program provides monthly income for people who qualify as having a disability.

Special Olympics Wisconsin--North Central Area 2
(715) 848-0550
www.specialolympicswisconsin.org
Provides sports training and competition for children and adults with cognitive disabilities.

Stable Hands
(715) 359-6048
www.stablehandstherapy.com
Offers equine therapies and activities for people with special needs.

Transition Services
(715) 261-6070 or (888) 486-9545
www.adrc-cw.com
Specialists at the Aging & Disability Resource Center can connect with children nearing adulthood to determine what services they may be eligible for as an adult.

Tyler’s Home for Kids
(715) 847-1175 or (800) 472-4408
www.oppincwi.org
Facility offers respite services on a 24-hour basis for families of children with special needs.

Village of Athens Community Development Block Grant Program
(715) 257-9170
www.athenswis.com
Village of Athens residents may be eligible for a revolving loan fund to make homes handicap-accessible.

Village of Marathon Community Development Block Grant Program
(715) 443-2221
Village of Marathon residents may be eligible for a loan to make their homes handicap-accessible.

Village of Spencer Community Development Block Grant Rehab Loan
(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for making a home handicap accessible.
Wausau Area Mobile Meals
(715) 848-5848
www.wamobilemeals.com
Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wausau Community Development Department
(715) 261-6680
www.wausaudevelopment.com
City of Wausau property owners may be eligible for Homeowners’ Rehabilitation loans to make their homes handicap-accessible.

Wausau Outreach Center for the Blind and Visually Impaired
(715) 842-0769
www.trinityonstewart.org
Provides opportunities to network and experience fellowship for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District’s Special Education Services
(715) 261-0500
www.wausauschools.org
Provides educational services for school-aged children with disabilities in the Wausau School District.

Wisconsin Department of Transportation
(800) 924-3570 (Statewide Information Center)
www.dot.wisconsin.gov/drivers/vehicles/disabled
Processes Handicap Parking Cards for area residents with disabilities.

Wisconsin Division of Vocational Rehabilitation (DVR)
(715) 261-8700 (Job Center)
www.dwd.wisconsin.gov/dvr
Helps people with disabilities enter or reenter the job market, at the Job Center.

Wisconsin Lions Camp (Camp Rosholt)
(715) 677-4969 (Rosholt)
www.wisconsinlionscamp.com
Outdoor center and camp for visually and hearing impaired youth and adults, mildly cognitively disabled youth, and children with diabetes.

Wisconsin Relay System
(800) 947-3529 (For hearing impaired callers)
(800) 676-3777 (For hearing callers), or call 7-1-1
www.wisconsinsrelay.com
Telephone relay service for Wisconsin residents who are deaf, hard of hearing or speech-disabled.

Wisconsin Rural Development
(715) 345-7611
www.rurdev.usda.gov/wi
Provides grants for very low-income elderly in rural areas, include payment for making a home handicap-accessible.

WisLoan Program
(800) 382-8464 (Stevens Point)
www.milc-inc.org
Offers loans to help purchase assistive technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Choices.

PERSONAL NEEDS & HOUSEHOLD GOODS

Aging and Disability Resource Center Loan Closet
(715) 261-6070
www.adrc-cw.com
Provides temporary loan of medical equipment for seniors or people with disabilities. Accepts donated equipment in good shape.

Back to Basics and Bare Necessities
(715) 848-2927
workplacevolunteercouncilinc@gmail.com
Workplace Volunteer Council members collect, store, and distribute personal hygiene items, new undergarments and socks through its Back to Basics and Bare Necessities projects to agencies with clients in need.

Career Closet
(715) 298-5712
stiff@unitedwaymc.org
Provides donated career clothing, “business casual” clothing, accessories, and steel-toe boots to people who need attire for a job or job interview.

Coats for Kids
(715) 845-4272
www.kiwansiswausaum.com/events
Donated new or gently used winter coats, hats, boots, mittens, gloves, snow pants, and scarves are distributed each winter by The Salvation Army.

Fill A Backpack
Fill A Need Project
(715) 848-2927
www.unitedwaymc.org/get-involved/volunteer/workplace-volunteer-council/
Students in grades 4K-8 who qualify for free or reduced school hot lunch receive a free backpack filled with school supplies in August for the upcoming school year, through the Workplace Volunteer Council. Participating schools distribute tickets in advance.

HELP- Health Equipment Lending Program
(715) 843-5985
www.goodnewswi.com
The Good News Project provides temporary loan of medical equipment to area residents and accepts donated medical equipment to support its missions.

In-Kind Donation Requests
(715) 848-5723
http://unitedwaymc.galaxydigital.com/
A free online bulletin board that allows community members to search for items needed by local organizations.

Ministry of Christ Community Church
(715) 241-7335 ext. 3
www.christcc.com
Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month 1-3pm; and 4th Saturday of the month 9-11am.

Mt. Calvary Clothes Closet
(715) 359-4500
www.mtcalvaryrothschild.org
Provides free clothing for individuals and families in need, by appointment only. Items available depends on current donations.

Personal Needs Closet
(715) 842-2201
www.fumcwausau.org
Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month 1-3pm; and 4th Saturday of the month 9-11am.

Rebecca’s Closet
Email rebeccasclosetwausau@gmail.com
Distributes infant and children’s items to community service agencies and school staff that serve families in need.

The Open Door
(715) 848-4044
www.opendoormarathoncounty.com
Provides donated clothing, footwear and toiletry items to recently released inmates. Located behind St. Paul’s Church, entrance on 5th St.

Tiny Tots Closet
(715) 842-3733
www.stpauluccwausau.org
Provides diapers for those in need each Tuesday 10am-Noon at St. Paul’s United Church of Christ.
The Salvation Army distributes donated school supplies to students in grades K-12 who qualify for free or reduced school lunch, in August.

**PREGNANCY SERVICES**

**Aspirus Wausau Family Medicine**  
(715) 675-3391 ext. 25210  
www.aspirus.org  
Works to provide care for pregnant women seeing a resident physician for OB care who have no means to pay.

**BadgerCare Plus**  
(888) 445-1621  
access.wisconsin.gov  
(call or log on to apply)  
BadgerCare Plus is a state/federal program that provides health coverage for income-eligible pregnant women.

**Catholic Charities Pregnancy Services**  
(715) 849-3311 ext. 1721, or  
(866) 849-3311  
www.cclse.org  
Provides free and confidential support services to pregnant women and other people affected by an unplanned or crisis pregnancy.

**Family Birth Center**  
(715) 393-3258 (Ascension Saint Clare’s Hospital)  
ascension.org/wisconsin  
Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

**Family Health Program**  
(715) 261-1902  
www.co.marathon.wi.us/Departments/HealthDepartment.aspx  
Provides health education, resource identification and referral, and care coordination for pregnant women and families with newborns, through the Marathon County Health Department. Smoking cessation counseling also available for pregnant women.

**Hannah Center**  
(715) 387-6300  
www.hannahcenter.com  
Residence for pregnant women provides resources to help get lives back on track by finding emotional and financial independence through educational and employment opportunities.

**Health First Network**  
(800) 246-5743  
www.healthfirstnetwork.org  
Pregnancy testing and education available on a sliding fee scale.

**Hope Life Center**  
(715) 843-4673  
www.hopewi.org  
Offers free pregnancy testing, counseling and education for unplanned pregnancies and post-abortion services for women, men, and their families. Limited O/B ultrasound services are also available.

**Start Right Programs**  
(715) 261-1900  
www.co.marathon.wi.us/Departments/HealthDepartment.aspx  
Provides family support, case management and coaching for families from pregnancy to age 5. Pregnancy, prenatal, and post-partum care, as well as some baby items may be provided.

**WIC—Women, Infants & Children Nutrition Program**  
(800) 246-5743  
Provides mothers and young children who qualify for WIC benefits with checks to purchase foods that meet their nutritional needs.

**Women’s Health Birthing Center**  
(715) 847-2380 (Aspirus Information Center)  
or (800) 283-2881  
www.aspirus.org  
Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

**PRE SCHOOLS/4K SITES**

**Aspirus YMCA Pre-School**  
(715) 841-1857  
www.woodsonymca.com  
Preschool classes at the YMCA in Weston.

**Athens School District**  
(715) 257-7511  
www.athens1.org  
4K programming available at Athens Elementary School.

**Bethlehem Community Preschools**  
(715) 359-3366  
www.bethlehem-preschool.com  
Christian preschools.

**D. C. Everest Community Services Preschool Program**  
(715) 359-6563  
www.greenheckfieldhouse.com  
Preschool classes through D. C. Everest Community Services for 3-5 year olds.

**D. C. Everest School District**  
(715) 359-4221 ext. 1220  
www.doe.k12.wi.us  
Offers 4K at the following sites: Aspirus YMCA Child Development Center, Bethlehem Community Preschool and Childcare, Key to Life Childcare, KinderCare, Mount Olive Lutheran Church, Head Start (Schofield), St. Therese, St. Mark, St. John, Wausau Child Care (Cedar Creek).

**Daisy Mae Day Care**  
(715) 675-8845  
Day care includes preschool and 4K programs.

**Edgar School District**  
(715) 352-2727  
www.edgar.k12.wi.us  
Offers 4K at Edgar Elementary School.

**Head Start**  
(715) 845-2947 (Wausau)  
(715) 573-3698 (Schofield)  
(715) 693-4003 (Mosinee)  
www.mccdahs.org  
Federal Head Start program for 3-5 year old children from low-income families.

**Key to Life Preschool**  
(715) 359-5451  
www.keytolifeweston.org  
Offers Christian preschool program.

**KinderCare Learning Center**  
(715) 359-4118  
www.kindericare.com  
Includes preschool and 4K programs, in Schofield.

**Little Stars Preschool**  
(715) 223-3939  
Preschool for children from low-income families in Colby.

**Marathon City School District**  
(715) 443-2226  
www.marathon.k12.wi.us  
Offers 4K classes at Marathon Area Elementary School.

**Montessori School of Wausau**  
(715) 842-7917  
www.wausaumontessori.org  
Preschool.

**Mosinee Preschool**  
(715) 693-6965  
www.Marathon.k12.wi.us  
Preschool for children in the Mosinee area.
Mosinee School District
(715) 693-2530
www.mosineschools.org
Offers 4K at the following sites: KM Czech Headstart; Mosinee Elementary; Mosinee Preschool; St. Paul School; Storybook Kids.

Mount Olive Lutheran Preschool
(715) 359-5546 Ext: 202
www.mtoliveweston.org
Christian preschool.

Mountain View Montessori
(715) 298-3832
www.mtnviewmontessori.com
Includes preschool.

Newman Catholic Schools
(715) 845-5735
www.newmancatholicschools.com
Includes preschools at the St. Therese, St. Mark, and St. Michael Parish locations.

Our Savior's Ev. Lutheran Church School--WELS
(715) 845-3253
www.oursaviorswausau.org
Includes preschool.

St. John Lutheran School
(715) 845-7031
www.stjohnolwausau.org
Includes pre-kindergarten Lutheran education.

St. Mark's Lutheran Preschool
(715) 848-5511
www.stmarkscms.org
Christian preschool.

Stratford School District
(715) 687-3130
www.stratford.k12.wi.us
4K offered at Stratford Elementary.

Wausau School District
(715) 261-0265
www.wausauschools.org
Offers 4K at the following sites: G.D. Jones; Hawthorne Hills; Mountain View Montessori; Newman Catholic; St. Michaels; Riverview; Thomas Jefferson; Wausau Child Care East and West; Woodson YMCA.

Wipaman Ker’ da Head Start
Center/Ho- Chunk
Nation Head Start
(715) 253-3826 (Wittenberg)
Federal Head Start program for 3-5 year old children from Native American and low-income families in Eastern Marathon County.

Woodson YMCA Pre-school
(715) 845-2177 ext. 117
www.woodsonymca.com
Preschool classes at the YMCA in Wausau.

PRESCRIPTION ASSISTANCE
BadgerCare Plus
(888) 445-1621
access.wisconsin.gov
(call or log on to apply)
Prescription assistance is available to income-eligible participants of this public health coverage program.

Catholic Charities
(715) 849-3311 or (866) 849-3311
Families and individuals can receive an evaluation of their situation, develop a plan, participate in financial and budgeting education, and have case management. Program may offer non-emergency assistance with prescription expenses.

FamilyWize Prescription Drug Discount Card
(800) 222-2818
www.FamilyWize.org
Prescription discount cards are available online free of charge. Participants simply present their FamilyWize card with each prescription to the participating pharmacy at the time of purchase to receive discounts. Participant's cost will be the discount price with the FamilyWize card OR the pharmacy's usual customary retail price, whichever is lower.

Health Well Foundation
(800) 675-8416
www.healthwellfoundation.org
Provides financial assistance to income-eligible individuals living with chronic and life altering illnesses to assist with the cost of prescription medications.

NACo Prescription Discount Card Program
(877) 321-2651
www.nacorx.org
Prescription discount cards are available online free of charge. Participants may receive assistance through The National Association of Counties’ discount card program to help consumers with prescription drug costs.

NeedyMeds Website
(800) 503-6897
www.NeedyMeds.org
NeedyMeds.com is a non-profit that connects people with assistance programs to help with prescription costs.

Partnership for Prescription Assistance
(888) 477-2669 (Call Center)
https://www.pparx.org
Helps patients who lack prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
http://dhs.wisconsin.gov/seniorcare/index.htm
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

The Salvation Army
(715) 845-4272 ext.107
Provides limited assistance to purchase emergency medications.

Walgreens Pharmacy
(715) 845-8279 (Bridge St)
The pharmacy at the Bridge Street Walgreens location is open 24 hours/day.

Young's Drug Store Delivery Service
(715) 845-5203 (Bridge St)
(715) 845-3713 (Grand Ave)
This pharmacy offers prescription delivery service for a small fee.

RAPE VICTIMS
Sexual Assault Victim Services (SAVS)
(715) 842-5683 (Office)
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free 24-hour support line)
www.womenscommunity.org
Provides 24-hour assistance and support for victims of sexual assault and sexual abuse, through The Women's Community. Services include accompanying victims to medical appointments, police and court procedures; providing referrals and support.

RECREATION
Wausau & Marathon County Parks, Recreation, and Forestry
(715) 261-1550
www.co.marathon.wi.us/parks.asp
Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Wausau Events
(715) 297-9531
www.wausauevents.org
Coordinates diverse, affordable events in the Wausau area. Annual events include Balloon & Rib Fest, Concerts on the Square, Chalkfest, Summer Kick-Off Weekend, Market Place Thursdays, Beer and Bacon Festival, Big Bull Falls Blues Fest, Harvest Fest, Winter Fest, and Holiday Parades.
Wausau/Central Wisconsin Convention & Visitors Bureau
(888) 948-4748
www.visitwausau.com
Provides information about area attractions and events, and publishes the area's online Events Calendar.

For additional Recreation-related resources, see
*C.H.I.L.D./YOUTH SERVICES
*CULTURAL OPPORTUNITIES
*LIBRARIES

RENT ASSISTANCE
See HOUSING ASSISTANCE

RENTERS
See LANDLORD/TENANT

RUNAWAYS
National Runaway Safeline
(800) 786-2929
www.180runaway.org
Delivers messages between parents and runaways, and arranges transportation back home.

SCHOOLS & COLLEGES

Abbotsford Christian Academy (ACA)
(715) 223-4445
K - 12 Bible-based education.

Abbotsford Public Schools
(715) 223-2366
www.abbotsford.k12.wi.us
4K - 12th grade public education.

Alternative High School
(715) 803-1778
www.ntc.edu
Alternative high school at NTC.

Athens School District
(715) 257-7051
www.athens1.org
4K - 12th grade public education.

Colby District Education Center
(715) 223-2301
www.colby.k12.wi.us
K - 12th grade public education.

D. C. Everest Area School District
(715) 369-4221 ext. 1220
www.dce.k12.wi.us
4K - 12th grade public education, in Weston.

Edgar School District
(715) 352-2352
www.edgar.k12.wi.us
4K - 12th grade public education.

Faith Christian Academy
(715) 842-0797
www.faihca.org
3K - 12th grade Bible-based education.

Falcon Enterprises
Alternative High School
(715) 223-3118
www.abbotsford.k12.wi.us
Alternative education for students in grades 9 - 12 who are identified as at-risk of not graduating because they are credit deficient, in Abbotsford.

Hillside Christian School
(715) 241-7722
www.hillside22.adventistschoolconnect.org

Marathon City School District
(715) 443-2226
www.marathon.k12.wi.us
4K - 12th grade public education.

Mosinee School District
(715) 603-2530
www.mosineschools.org
4K - 12th grade public education.

Newman Catholic Schools
(715) 845-5735
www.newmancatholicschools.com
4K - 12th grade Catholic education.

Northcentral Technical College
(715) 675-3331
www.ntc.edu
Public vocational and technical education.

Northland Lutheran High School
(715) 359-3400 ext. 103
www.nlhs.org
Lutheran secondary school, in Mosinee.

Our Savior's Ev. Lutheran Church School WELs
(715) 845-3253
www.oursaviorswausau.org
4K-8th grade Lutheran education in Wausau.

Rasmussen College
(715) 841-8000
www.rasmussen.edu
Private college in Wausau.

Spencer School District
(715) 659-5347
www.spencer.k12.wi.us
4K - 12th grade public education.

St. Anthony School
(715) 257-7541
4K-8 Catholic education in Athens.

St. John Catholic Church School
(715) 352-3000
4K - 8th grade Catholic education in Edgar.

St. John Lutheran School
(715) 845-7031
www.stjohnofwausau.org
Pre-K - 8th grade Lutheran education.

St. Joseph Catholic School
(715) 687-4145
4K - 8th grade Catholic education in Stratford.

St. Mary's School
(715) 443-3430
www.stmarysmarathon.org
4K - 8th grade Catholic education in Marathon.

St. Paul School
(715) 693-2675
www.stpaulmosinee.org
4K - 8th grade Catholic education in Mosinee.

St. Peter Lutheran School
(715) 359-3200
www.stpeterschofield.org
Lutheran education for K-8th grade, in Schofield.

Montessori School of Wausau
Preparing Your Child for a Life-long Love of Learning
- We Are Wausau’s Original Montessori School
- Nurturing a Love of Learning and Discovery for 48 Years
- Diverse Preschool, Ages 2-5-6
- Affordable Rates
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Search for us at Google.com for more parent reviews.
1921 Wegner St. Wausau Near the UWMC Campus
wausauumontessori.org 715-842-7917 CALL TODAY!
New! Get connected to United Way's 2-1-1 via text message

Text your zip code to 898211
Available Monday - Friday, 8am - 4pm

Free, Confidential Information and Referral to Local Community Resources
Faith in Action of Marathon County
(715) 848-8783
www.faithinactionmc.org
Volunteer help for senior citizens whose needs are not currently being met by existing support services includes rides to medical appointments, grocery shopping, food pantry delivery, and safety apparatus installation.

Home Safety Checks
(715) 355-6763
Free fire safety checks offered for the general public. General home safety checks also offered for the elderly, through the S.A.F.E.R. (fire department).

Homme Adult Day Center
(715) 845-1214
www.homme.org
Offers social and recreational activities for people with Alzheimer's disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Marathon County Transportation Program
(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)
North Central Health Care offers a variety of transportation services for people age 60 and over, or individuals of any age who are not able to walk. Offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:
* Family Care participants should contact Inclusa for more information: (715) 345-5968.
* ForwardHealth members (Medicaid and BadgerCare Plus Recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Senior Home Safety Program
(715) 848-8783
www.faithinactionmc.org
Home safety program installs grab bars and/or hand rails to help reduce falls after a home safety assessment has been performed, through Faith in Action.

SeniorCare Prescription Drug Assistance Program
(800) 657-2038 (Customer Service Hotline)
http://dhs.wisconsin.gov/seniorcare/index.htm
State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Senior Service Program
(920) 593-3557
www.curativeconnections.org
A "stepping stone" program to help income-eligible seniors age 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites for up to 20 hours/week at minimum wage.

Social Security Administration
(800) 772-1213 or (655) 269-9186
www.socialsecurity.gov

Technology Tutoring
(715) 298-5721
www.unitedwaymc.org/rsvp.htm
United Way RSVP provides free basic technology classes in the use of Windows, iPad, iPhone, and more.

United Way RSVP of Marathon County
(715) 848-2927
www.unitedwaymc.org/rsvp.htm
Provides personalized volunteer placement opportunities for people age 55 and over. Supplemental auto, accident and liability insurance are provided during volunteer assignment.

SEXUAL ASSAULT
See RAPE VICTIMS

SHELTER
See EMERGENCY SHELTER

SUICIDE PREVENTION

Hopeline Text Crisis Line
741741 Text Short Code
www.centerforsuicideawareness.org
Confidential text service for suicide prevention and crisis intervention, through the Center for Suicide Awareness.

Suicide Prevention Line
(715) 845-4326 or (800) 799-0122, 24 hours/day
Suicide prevention and crisis intervention, through North Central Health Care.

Support Groups

Al-Anon
(888) 425-2666
www.areasa1afg.org
A recovery program for young people whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous
(715) 297-8897 (Available 24 hours)
www.area74.org
Provides 12-step Alcoholics Anonymous meetings.

Alzheimer's and Dementia Support Group
(715) 845-2004 (Westhill Medical Specialist)
Support group for anyone who is caring for someone with Alzheimer’s Disease or related dementia, at the Aspirus Hospital Memory Clinic.

Central Wisconsin AUSome Social Group
(715) 370-0987
Provides opportunities for individuals on the Autism Spectrum to interact socially with each other. In addition, families and caregivers are able to network and establish a positive support system.

Central Wisconsin Autism Society
(715) 370-0987
www.asw4autism.org
Offers support and information for parents and caregivers of children with Autism Spectrum Disorder.

Children's Domestic Abuse Support Group
(715) 842-5663
www.womenscommunity.org
Support group for children who have experienced domestic or sexual abuse, sponsored by The Women’s Community Domestic Abuse Program.

The Compassionate Friends, WauMara Chapter
(715) 581-4343
www.compassionatefriends.org
Self-help group offering friendship, understanding, support and hope to bereaved parents.

Death of a Partner Support Group
(800) 398-1297
www.compassionatefriends.org
Information and support provided in a 6-week series held in the Spring and Fall to help participants cope with the death of a spouse, partner, or companion.
DivorceCare Program  
(715) 370-2874  
www.highlandcommunitychurch.com  
Provides support for those going through divorce or separation, through Highland Community Church.

Epilepsy Support Group  
(715) 341-5811 (Stevens Point)  
www.epilepsywisconsin.org  
Offers meetings for individuals with epilepsy and their parents, siblings, friends and spouses at various locations in Wausau, sponsored by the Epilepsy Foundation. Transportation assistance to meetings may be available.

Family Birth Center  
(715) 393-3258 (Saint Clare’s Hospital)  
Offers a variety of support and education groups for new or expecting parents.

Finding Hope Together  
(715) 845-5525  
www.brainandfuneral.com  
Support group for anyone dealing with grief, at the Brainard Funeral Home Everest Chapel in Weston.

Gamblers Anonymous  
(715) 297-5317  
www.gamblersanonymous.org/  
Gamblers Anonymous (GA) meetings provide self-help and support for people to overcome gambling.

Getting Back to Life After Loss  
(715) 847-2703  
Support group for bereaved adults who are ready to move forward through education, recording memories, and searching for meaning, through Aspirus Comfort Care and Hospice Services.

Greater Wausau Area Stroke Club  
(715) 647-2827  
Offers mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Greater Wausau Christian Services  
(715) 842-5635  
www.gwserVICES.org  
Offers visitation, pastoral counseling and support to Wausau area nursing homes, assisted living facilities, and County Jail residents.

GriefShare Program  
(715) 842-0769 (Trinity Lutheran Church)  
Support for people grieving the loss of someone close, offered at Trinity Lutheran Church.

Leadership Dance Group  
(715) 842-5663 (The Women’s Community)  
Group for youth looking to connect with others and become positive leaders through dance.

LEAP (Learning Essentials About Parenting)  
(715) 845-1457  
Provides ongoing parent support and education through Family Resource Centers.

Look Good...Feel Better  
(715) 847-2803 (Registration)  
www.lookgoodfeelbetter.org  
American Cancer Society program helps cancer patients cope with the possible appearance-related side effects of cancer treatment. Local beauticians offer help with wigs and make-up application to help restore self-confidence and self-esteem.

Male Survivor Support Group  
(715) 842-5663  
www.womenscommunity.org  
Support for male survivors of sexual assault, through The Women’s Community Sexual Assault Victim Services Program.

MOPs (Mothers of Preschoolers) Program  
(715) 842-5683  
Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God’s love through relationships and resources, at Highland Community Church.

Mothers of Multiples  
(715) 561-9024  
Facebook Group: Mother of Multiple Group – Northcentral Wisconsin  
Provides support and educational resources, and helps develop friendships between mothers of multiple birth children.

Narcotics Anonymous-North Central Wisconsin Area  
(800) 500-2651  
www.ncwana.org  
Offers recovery from the effects of addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

National Alliance on Mental Illness (NAMI)  
(715) 432-0180  
www.naminorthwoods.org  
Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

Overeaters Anonymous  
(715) 212-0413  
www.oa.org  
Support group for adults who have an addiction to food and want to stop the problem.

Parents Helping Parents  
(715) 842-5663  
www.womenscommunity.org  
Support group for non-offending parents and caregivers of children who have been sexually abused, sponsored by The Women’s Community Sexual Assault Victim Services Program.

Path to Healing Support Group  
(715) 842-5663  
www.womenscommunity.org  
Support group for women who are 18 years and older who have experienced domestic abuse or are questioning if their relationship is healthy, through The Women’s Community.

Pride Alliance  
(715) 261-6260  
Email doug.hosler@uwec.edu  
Student club provides programs and support for people of alternative sexual orientation and gender identity (confidential email and phone contact through UW-Marathon County faculty advisor).

Prostate Cancer Support Group  
(715) 393-1400, or  
(800) 847-0016 ext. 11400  
Support group for men diagnosed with, treated for, or interested in learning about prostate cancer, at Marshfield Clinic-Weston Center.

Reach to Recovery  
(800) 237-2345  
One-on-one support program for women or men facing or living with breast cancer by matching them with a volunteer who has had similar breast cancer experiences, through the American Cancer Society.

Safe & Healthy Support Group  
(715) 842-5663  
www.womenscommunity.org  
Support group for victims of domestic abuse over age 50, through The Women’s Community.

Sexual Abuse Support Group  
(715) 842-5663  
www.womenscommunity.org  
Ongoing peer support group for women 18 and over who have been sexually abused, at The Women’s Community.
TOPS (Take Pounds off Sensibly)
(715) 359-0314
www.tops.org
For encouragement on sensible eating, and to share ideas that work to lose weight, log on to find local TOPS meetings.

Wausau Area Home Educators
(715) 693-0555 (President)
www.homeschool-life.com/wausauarea
Information and support for parents who are interested in teaching their own children at home.

Wausau Fibromyalgia Support Group
(715) 302-3851
Support group for those with muscle pain, fibromyalgia, or chronic fatigue. Meets 1st Tuesday of the month, 6pm at the Marathon County Public Library in Wausau.

Wausau Outreach Center for the Blind and Visually Impaired
(715) 842-9709
Offers experience of fellowship and social activities for blind or visually impaired members of the community and their caregivers, at Trinity Lutheran Church.

Women Living With Hope
(715) 383-1406
Support group for women affected by breast cancer, through Marshfield Clinic.

Women's Health Birthing Center
(715) 847-2380 (Aspirus Information Center)
Offers a variety of support and education groups for new or expecting parents.

LEND A HAND. TOUCH A LIFE.
VOLUNTEER TO CREATE LASTING CHANGE IN OUR COMMUNITY.

United Way
Volunteer Connection
Helping You Help Others

United Way Volunteer Connection connects you to volunteer needs or in-kind donation needs at dozens of organizations across the community.

United Way
RSVP of Marathon County
Connecting Volunteers 55+ to Community Needs

United Way RSVP Connects Volunteers 55+ to Community Needs
Find a volunteer position that fits your talents, interests and experience.

When you volunteer with RSVP you can:
• Improve your health, happiness and well-being
• Meet new people and make new friends
• Attend monthly social and informational events
• Attend the annual recognition celebration
• Accident, auto, and volunteer liability insurance while volunteering

Visit www.unitedwaymc.org or call 715-848-2927 to learn more.
TRANSPORTATION

All American Taxi
(715) 355-0899
Commercial taxi service with a discount for seniors who travel within the Wausau-Schofield-Weston-Rothschild area.

Disabled American Veterans Van Service
(608) 504-1313
www.norcon.org
Transportation services for veterans to Tomah, Milwaukee, and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes rides to outpatient clinics.

Elder Sanctuary
(715) 302-0773
Services offered include medical and non-medical transportation for both ambulatory and non-ambulatory individuals.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:
* Family Care participants should contact Inclusa for more information: (715) 345-5988.
* Forward Health members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Faith in Action-Marathon County
(715) 848-8783
www.faithinactionmc.org
Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing transportation services, by providing rides to medical appointments, food pantry delivery, and grocery shopping.

Jefferson Lines Bus Service
(900) 451-5333 (Schedule and fare information)
www.jeffersonlines.com
Daily routes to MINNEAPOLIS:
* Wausau-Abbotsford-Stanley-Chippewa Falls-Eau Claire-Menomonie-St. Paul-Minneapols
To MILWAUKEE:

Lamers Bus Lines
(715) 241-7799 (Bus station)
(800) 261-6600 (Tickets)
www.golamers.com
Daily routes to MILWAUKEE:
* Wausau-Sievers Point-Wausau-Appleton-Oshkosh-Fond du Lac-Milwaukee.

Marathon County Transportation Program
(715) 848-4555 (Dispatch)
(877) 814-4688 (Toll-free)
(715) 841-5101 (Office)
North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:
* Family Care participants should contact Inclusa for more information: (715) 345-5988.
* Forward Health members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Medical Transportation Management (MTM) by calling toll-free: (866) 907-1493.

Medical Transportation Management (MTM)
(866) 907-1493 (To schedule a ride)
(800) 865-2890 (TTY)
Staff at MTM arrange non-emergency transportation services for people that receive Medicaid and BadgerCare Plus who have no other way of getting a ride to a medical appointment (except for those who reside in a nursing home, or who are enrolled in Family Care). May also provide transportation to pharmacies for prescriptions.

Metro Ride Bus Service
(715) 842-9297 (Office)
www.ci.wausau.wi.us/Departments/metroride.aspx
Public bus service in Wausau.

Metro Ride Paratransit (formerly WATs+)
(715) 842-9297
www.ci.wausau.wi.us/Departments/metroride.aspx
Provides non-emergency, specialized curb-to-curb transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Northwoods Cab
(715) 363-7788
Commercial taxi service.

Safe Ride Program
(715) 359-8307
Employees of any Tavern League bar or restaurant may call a cab for customers who have had too much to drink. Also known as “Last Call,” this project provides a voucher for the cab driver to take customers home.

Wheels to Work
(715) 803-6693
Helps families and individuals overcome the barrier of unreliable transportation to and from work or school. Qualified applicants may receive a donated vehicle loan, or get a 0% interest vehicle repair loan.

UTILITY AND ENERGY ASSISTANCE

AIDS Resource Center of Wisconsin (ARCW)
(715) 355-6867
www.arcw.org
Provides utility and other emergency financial assistance for people with or affected by HIV/AIDS.

Catholic Charities – Saint Lawrence Community Services
(715) 849-3311 or (866) 849-3311
www.cdse.org
Program participants receive case management services that may lead to help with utility assistance.

Central Housing Region Community Development Block Grant Program
(608) 847-7309
Offers 0% interest homeowner rehabilitation loans for low to moderate income families that can help with furnace replacement.

Energy Assistance Programs
(715) 842-3111
http://homeenergyplus.wi.gov
Offers financial assistance for utility bills for income-eligible Marathon County residents, through Energy Services.

Focus on Energy
(800) 762-7077
www.focusonenergy.com
Offers cash-back rewards for the purchase and installation of qualifying home heating equipment.

Marathon County Veterans Service Office
(715) 261-1141
www.co.marathon.wi.us/Departments/Veterans.aspx
Emergency temporary utility assistance may be available for veterans, depending on individual circumstances.
Mosinee Community Development Block
Grant Program
(800) 762-0665
Rvolving loan funds available to City of Mosinee residents, include help with furnace repair or replacement.

North Central Community Action Program (NCCAP)
(715) 842-0681
www.northcentralcap.org
Energy Conservation/Home Weatherization Program provides furnace repairs, insulation, and air duct sealing to improve energy conservation for eligible participants.

The Salvation Army
(715) 845-4272
www.sawausau.org
There are times during the year when The Salvation Army may be able to offer limited utility assistance if it will prevent a disconnection or allow a reconnection of electric and natural gas service.

Village of Athens Community Development Block
Grant Program
(715) 257-9170
www.athenswis.com
Village of Athens residents may be eligible for a revolving loan fund for furnace replacement.

Village of Marathon Community Development Block
Grant Program
(715) 443-2221
Homeowners in the Village of Marathon may be eligible for a loan for a furnace.

Village of Spencer Community Development Block
Grant Rehabilitation Loan
(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for emergency furnace repair or replacement.

Wausau Community Development Department
(715) 261-6680
www.ci.wausau.wi.us
Wausau property owners may be eligible for Homeowners’ Rehabilitation loans for emergency furnace replacement.

VETERAN SERVICES

Disabled American Veteran Van Service
(608) 504-1313
Transportation services for veterans to Tomah, Milwaukee, and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes transportation to outpatient clinics.

Family Assistance Center
(800) 292-9464 Option 3 (24-hour hotline) http://wiscosminmilitary.org
Provides information on entitlements and programs, and referrals for assistance, to families of veterans or service members before, during, or after a deployment.

Homeless Veterans Hotline
(877) 424-3838
www.va.gov/homeless
Connects homeless and at-risk veterans with housing solutions, health care, community employment services, and other supports.

Hotline for Federal Veterans Benefits Information
(800) 827-1000
www.va.gov
Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Marathon County Veterans Service Office
(715) 261-1141 or (800) 236-0153
www.co.marathon.wi.us
Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, burial and death benefits, and State veterans’ benefits.

Montgomery-Plant-Dudley American Legion Post 10
(715) 574-9006 or (715) 581-5210
www.wausauamericanlegion.com
Volunteer veterans group provides assistance to local veterans. Services include limited financial assistance for gas or rent, physical support such as moving assistance or minor home repairs, and moral support.

Honor Bound Foundation
(800) 521-0198
www.nvsf.org
Provides limited financial assistance for veterans and their families. Funds can be used for a variety of needs such as utility bills, assistive technology, security deposits and housing, gift cards to purchase necessities, and a variety of other assistance on a case-by-case basis.

Never Forgotten Honor Flights
(715) 573-8519
www.neverforgottenhonorthone.org
Honor Flight chapters nation-wide transport America’s veterans to Washington, D.C. to visit the war memorials dedicated to honor their service and sacrifices.

Randlin Adult Family Care Homes
(715) 212-1868
www.randlinhomes.org
A sober living/transitional home that promotes self-sufficiency with emphasis on serving the homeless and veterans.

Randlin Home Veteran House
(715) 212-1868
www.randlinhomes.org
6-bed sober house for veterans; offers case management and help with food.

Veterans Crisis Line
(800) 273-8255 ext. 1, or 838255 (Text) www.veteranscrisisline.net
Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.

Veterans Services
(715) 218-0006
Provides job placement assistance and case management for veterans, at the Job Center.

VHA Office of Community Care
(608) 256-1901 (Madison)
(877) 372-3971 (Tomah)
www.va.gov/communitycare
Provides information about health insurance and benefits for veterans and their families.

Vietnam Veterans of America--Northcentral Wisconsin Chapter #479
(715) 257-1000
Group provides information to Vietnam veterans and their families, particularly regarding agent orange; post-traumatic stress disorder (PTSD); unemployment and under-employment of veterans; the plight of homeless vets; and the POW/MIA (Prisoners of War/Missing in Action) question.

Wausau V. A. Medical Clinic
(800) 872-8662 (Tomah for Intake)
Provides primary medical care and mental health counseling for veterans only.

Wausau Vet Center
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment services for returning war veterans and their family members.

Wisconsin Department of Veterans Affairs
(800) 947-8387
www.dva.state.wi.us
Provides information and assistance for WI veterans with benefits, claims, education, employment, veterans homes, and burials.
UNITED WAY COMMUNITY CLOSETS

United Way Career Closet
A Project of Emerging Leaders

The Career Closet serves women and men in need of clothing for interviews or employment. Individuals may receive up to two outfits at no cost to help them obtain a job, or to start their new work wardrobe.

Open: Tuesday 3-5pm | Wednesday 11am-1pm | Thursday 12-2pm
705 S. 24th Avenue, Suite 440, Wausau, WI 54401

United Way Boots to Work
A Project of Emerging Leaders

Steel toed boots for new employment are available through the Boots to Work program. Proof of employment and a completed voucher from a referring agency are needed to receive one pair of new or gently used steel toed boots.

United Way Rebecca’s Closet
A Project of Women in Action

Rebecca’s Closet provides new and gently used clothing for children sizes infant to 16/18. Human Service professionals are able to access our services based on their knowledge of the family situation.

Visit www.unitedwaymc.org or call 715-848-2927 to learn more about these services.
GIVE HELP

Why volunteer?
- Make the world a better place!
- Build your resume and gain job experience (and references!)
- Meet important local community needs
- Meet new people, make friends, and network
- Gain new skills and real-world training
- Spread positive energy and goodwill
- Improve your health and self-esteem

Find the volunteer opportunity that’s right for you:
- Search United Way Volunteer Connection’s online database by interest area, date, or location at: www.unitedwaymc.org/get-involved/volunteer
- Call United Way’s 2-1-1
- Volunteers age 55+ can call United Way RSVP at 715-298-5721 for personalized assistance

GET HELP

Call United Way’s 2-1-1 when you need information about community services or volunteering, or are looking for help with a personal or family matter. We’re here any time you don’t know where to turn.

United Way’s 2-1-1 is free and confidential and available 24 hours a day, 7 days a week, for non-emergency information and referral to community services. Interpreter services available.

Trained Information Specialists will answer your questions about where to find community services, who to contact, and how to take the next step toward solving your problems or meeting your needs.

Find help:
Simply dial 2-1-1 or 715-848-2255 or 800-922-5590
Text: 898211 - M-F, 8am-4pm

Access and search the 2-1-1 database anytime, anywhere, at your own pace. Find us online at: www.unitedwaymc.org/get-help

Email your questions to: askus@unitedwaymc.org

Download or call to request one of our free resource publications.

2018 Give and Get Help Guide for Marathon County Residents
Published September 2018 by United Way’s 2-1-1, Volunteer Connection and RSVP.
705 S. 24th Ave. Suite 400B | Wausau, WI 54401 | 715-848-2927