

United Way RSVP of Marathon County

Connecting Volunteers 55+ to Community Needs

Monthly Update
January 2019

Be "Safe Smart" in 2019

In response to increasing concerns related to personal safety, home security, fraud protection and related issues, United Way RSVP will host a "Safe Smart" program in cooperation with the Wausau Police and Fire Departments. Join us on **Tuesday, January 15 from 9:30 – 11:00 am at the United Way office located at 705 South 24th Avenue, Suite 400B in Wausau.** This program will help you become informed on what you need to know about personal safety both at home and out in the community. You'll find out what you can do to be safer at home, learn how to

protect yourself from fraud and other criminal activity. You'll also find out about home fire and carbon monoxide prevention, along with being prepared for a disaster or other emergency. Learn about fire extinguishers and their proper use. There will also be time for your questions along with informational handout materials. **Register by calling 715-298-5721 or email skrolow@unitedwaymc.org** to attend this important and highly informative community program. This program is open to the public, so bring a friend!



MLK Day of Service Project

United Way RSVP of Marathon County will be participating again this year in the nationwide MLK Day of Service. **Our local project will be held at Blessings in a Backpack (BIB) on Monday, January 21 from 9:30 – 11:30 am. BIB is in the Idea Charter School located at 4704 Camp Phillips Road in Weston.** (Please enter door Number 5 which is located at the south side of the building, next to the truck loading docks). BIB is one of our RSVP Volunteer Stations whose work focuses on providing food for children on weekends who need that help. As part of this service project, you will

learn about the need in our community of children who struggle with having enough food to eat and how BIB helps meet that need. This one day MLK service project consists of RSVP volunteers gathering around tables and packing food for the children in need as you meet and visit with other caring people like yourself. The food provided is nutritious and is able to be easily prepared by the children themselves. If you and a friend(s) would like to help or want more info, please **sign up by calling 715-298-5721 or email skrolow@unitedwaymc.org.**

Save the Date

**January 15
9:30 – 11:00 a.m.**
Safe Smart at Home
and in the Community

**January 21
9:30 – 11:30 a.m.**
MLK Day of Service
Project at Blessings in
a Backpack

**January 30
9:30 – 11:00 a.m.**
Preventing Identity
Theft and Internet
Fraud

Preventing Identity Theft and Internet Fraud Program

Wednesday, January 30 from 9:30 – 11:00 am at the United Way office. Wayne Staley, author of the book, They Will do Anything-Identity Theft and Internet Fraud will provide information on how to improve your safety with the knowledge and helpful information you need to know to safeguard yourself. **Register by calling 715-298-5721 or email skrolow@unitedwaymc.org**



United Way RSVP of Marathon County
705 S. 24th Ave., Ste. 400B, Wausau - 715-298-5721



Medication Drop– Box Program

Do you have unused or expired prescription or over-the-counter medications in your home? You can bring all your unused or unwanted medications in their original containers or a sealed bag to any of the following **FREE** drop-box locations!

Wausau Police Department

515 Grand Ave., Wausau
Mon-Fri 8am-4pm in Lobby

Rothschild Police Department

211 Grand Ave., Rothschild
Open 24 hrs/day in Lobby 365 days per year

Everest Metro Police Department

5303 Mesker Street, Weston
Mon-Fri 8am-5pm in Lobby

Kronenwetter Police Department

1582 Kronenwetter Dr., Kronenwetter
Open 24 hrs/day. Outside access 365 days per year

Items not accepted: Personal care products, vitamins, nuclear medicines, IV bags, inhalers, needles or syringes. Please call 1-877-270-3989 with any questions.

Are You Driven to do Good?

Mobile Meals Delivery.

Deliver noon meals to elderly neighbors in our community who are unable to prepare meals for themselves. Volunteer once a week or become a substitute with **Mobile Meals**.



Do You Have Wheel Appeal? If so, **Faith in Action** provides elderly and disabled residents transportation assistance to get to medical appointments and go shopping on an on-call basis. Food delivery help is also needed.

Deliver a Hot Meal. Give an hour daily, weekly, monthly or be on-call through the **Aging and Disability Resource Center** to deliver noon meals to elderly and disabled individuals.

Call 715-298-5721 or email Susan at skrolow@unitedwaymc.org for more info on any of these volunteer needs if you want to help.

Are you interested in auditing a class at the University of Wisconsin Stevens Point at Wausau Campus?

If you are a Wisconsin resident age 60 and older, you can audit a class for **FREE** at the Wausau campus! Applicants **MUST** be a resident of Wisconsin and age 60 and above to audit the class **FREE**.

To audit the class:

1. Create an on-line account through the University of Wisconsin Stevens Point at Wausau. Sign up is easy go to <https://apply.wisconsin.edu/>. Auditors are required to go through a special registration process to ensure they are offered the discounted prices.
2. After your application is complete, stop in the Solution Center located on campus, 518 S. 7th Ave, right inside the main entrance. The Solution Center will assist you in completing the necessary computerized steps.
3. After the registration process, an applicant must fill out an Add slip for the Course. The slip must be signed by the professor allowing permission to audit and returned to the Solution Center for processing.
4. Once this step is complete, the auditor will be notified of their class acceptance.

To check out course offerings, visit <http://uwmc.uwc.edu/academics/courses>. Registration must occur prior to the start of class! Spring 2019 classes are now open for registration.

Classes auditors may take are for lecture only. Labs and other classes that require additional fees may not be available or would be available for additional costs. Space is limited in each class. If you have questions, please contact the Solutions Center at 715-261-6100 for more information.



Wausau
UW-Stevens Point

Check out the RSVP Community Connection for information on FREE or LOW COST events and activities which support a healthy active lifestyle for older adults at:

www.unitedwaymc.org/rsvp