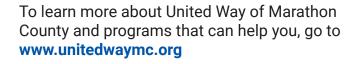


- Your daughter needs counseling that you can't afford
  - Your aging parents want to live independently but need some help
  - You struggle to pay for child care every month
  - You need to find a food pantry that's on a bus line
- You aren't sure how you're going to pay the rent this month

- You're afraid your utilities will be disconnected soon
- Your landlord isn't making repairs and you want to know what your options are
- You want to volunteer, but aren't sure how to get started
- Your child needs peer support and a positive environment

Because United Way's 211 is here for you, 24/7 connecting you to programs and services that help









# **HOW TO CONTACT UNITED WAY'S 211**



### **Text**

Text your zip code to 898-211

Monday - Friday 8am - 4pm\*
\*Standard message and data rates may apply. Text STOP to opt-out.

## **Online Chat**

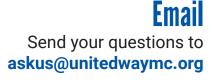
Chat with an Information Specialist online at: www.unitedwaymc.org/get-help Monday-Friday, 8am - 12 noon





### Call

Simply dial **211**, available 24/7 715-848-2255 or 800-922-5590 (toll free). Language interpreter service is available if needed.







## **Search our Database**

Search our online database at www.unitedwaymc.org/get-help and download free community resource publications.



